

## Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



# Happy Birthday!

## Residents

Louis L. 5/10

Paul F. 5/11

Mary Ann R. 5/21

## Staff

Xavier J. 5/06

## Vitality Program

We all need to get moving and here at Norwich Springs is no exception! Residents enjoy Chair Volleyball, Bowling, Basketball (we are a bit competitive!) and Chair Yoga. When the weather permits, we are looking forward to a weekly Walking Club, which will take us to area parks to get some fresh air along with our exercise! Move it or lose it!!



## Executive Director Corner

Welcome to May, everyone! I hope these last few

weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you! From May 15th through the 21st, we'll be kicking off our next

Theme Week – Lucille's Ball. Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more! The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon.

Yours in Service,  
*Noah Moore*  
Executive Director





## ARTISAN PROGRAM

Residents enjoyed getting their artistic juices flowing by designing sculptures out of modeling clay. Our creative folks sculpted a pig, a hot dog with onions and a free form abstract! So talented!



## Taste of Town

**When:** Wednesday, May 11

**Time:** 5:00PM

**From:** Abner's Casual Dinings

## Senior Executive Club

**When:** Wednesday, May 11

**Time:** 1:00PM

**\*Sec is held on the 2nd Wednesday of each month**



## APRIL FOOL'S HAPPY HOUR

We had a blast at our April Fool's Happy Hour! Residents were treated to "Jello" punch, mashed potato and black bean "chocolate chip cookies", Ferrero Rocher "meatballs" and Nilla wafer and peppermint patty "sliders". It's safe to say the Resident's were thoroughly fooled!



# NORWICH SPRINGS

HEALTH CAMPUS

*A Trilogy Senior Living Community*

4680 Library Way

Hilliard, OH 43026

614-363-1833

[norwichspringshc.com](http://norwichspringshc.com) | [t](#) [f](#)

*Noah Moore*  
Executive Director

*Melisa Newman*  
Director of Health Services

*Alison Marsh*  
Assistant Director of Health Services

*Andrea Cullinan*  
Community Services Representative

*Erika Lane*  
Business Office Manager

*Michelle Nicholson*  
Director of Social Services

*Tom Heflin*  
Director of Plant Operations

*Nikki Brandel*  
Director of Environmental Services

*Kevin Stuhldreher*  
Director of Food Services

*Mary Jablonski*  
Life Enrichment Director

*Abby Holland*  
Therapy Program Director

*Veronica Granger*  
MDS Coordinator

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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## Monthly Trivia & Activity Corner

*All trivia answers will be printed in  
our upcoming month's newsletter!*

**Question 1:** In what  
sport is "love" a score?

**Question 2:** Which candy has  
the slogan "Taste the rainbow"?

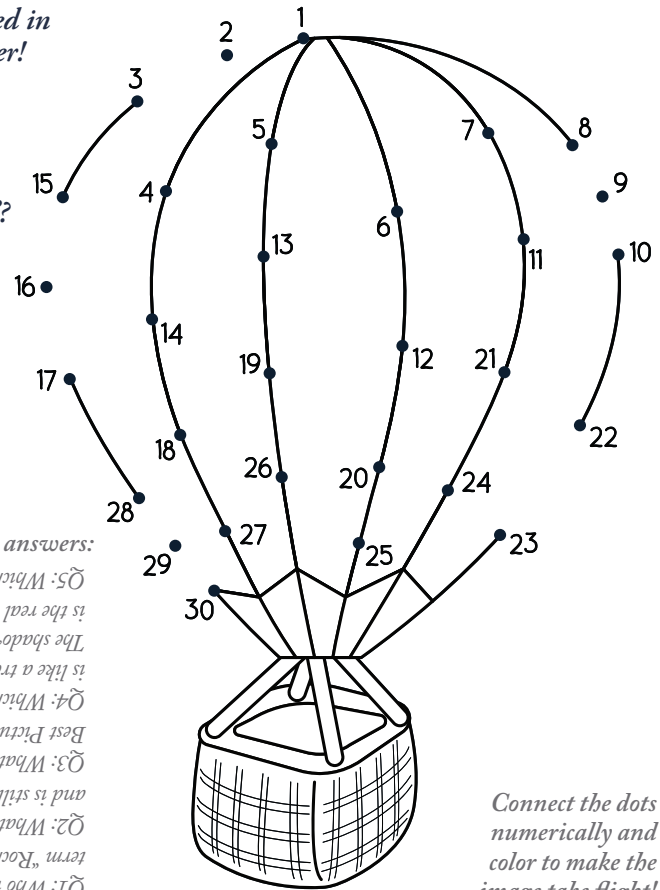
**Question 3:** Who was  
the fourth president  
of the United States?

**Question 4:** Which state is  
known as the "Granite State"?

**Question 5:** Which sense  
do dogs use the most?

*Flip the page for last month's trivia answers:*

Q5: Which planet is closest to Earth? Mercury  
is the real thing. "Abraham Lincoln  
The shadow is what we think of it; the tree  
is like a tree and reputation like a shadow."  
Q4: Which U.S. president once said "Character  
Best Picture in 1960? Ben-Hur  
Q3: What movie won the Oscar for  
and is still on today? The Price Is Right  
Q2: What TV game show aired in 1956  
term "Rock N Roll" in 1951? Alan Freed  
Q1: Who is the disc jockey who coined the



## Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
L	R	U	Q	O	R	L	O	U	D	C	Y	S	W	I	U	U	P	E
D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE  
BALLOON  
DREAM  
ENCOURAGE

GAME  
LIVE  
MEMORY  
MOTORCYCLE

OPPORTUNITY  
PLANE  
SEEKER  
SKYDIVE

STADIUM  
THRILL  
VISIT  
ZIPLINE