

Messenger

A Trilogy Senior Living Community

Bringing Your Dreams to Life



Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect.

To learn more about our *Live* a *Dream* program, contact a member of our team today!









Happy Birthday!

Residents	
Dorothy D.	5/03
Helen R.	5/08
Joneal B.	5/14
Margaret B.	5/15
Leslie B.	5/15
Mary M.	5/18
Ruth U.	5/21
Larry B.	5/26
Patricia B.	5/26
Thomas J.	5/31
Staff	
Staff Tyler W.	5/02
	5/02 5/05
Tyler W.	_
Tyler W. Kara T.	5/05
Tyler W. Kara T. Michelle G.	5/05 5/06
Tyler W. Kara T. Michelle G. Michala C.	5/05 5/06 5/17
Tyler W. Kara T. Michelle G. Michala C. Kathryn B.	5/05 5/06 5/17 5/17
Tyler W. Kara T. Michelle G. Michala C. Kathryn B. Jennifer T.	5/05 5/06 5/17 5/17 5/21
Tyler W. Kara T. Michelle G. Michala C. Kathryn B. Jennifer T. Clora T.	5/05 5/06 5/17 5/17 5/21 5/24



Executive Director Corner

Welcome to May, everyone! I hope these last few

weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's

Ball. Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Billie Jean Gerding

Executive Director

PHOTO HIGHTLIGHTS





We spent time crafting some beautiful jewelry

FAMILY NIGHT

Our recent Casino themed family night reminded us how lucky we are to be a part of the Trilogy Family. Each family night has a different theme. Let us know if you have an idea for what the next family night theme should be!



DID YOU KNOW?

Chef Ashley got 1st place for the North Ohio division in the 2022 Culinary Olympics. Because of her hard work and dedication, residents are able to enjoy meals every day that are both fresh and delicious.



Smile of the Month

Rey and June recently celebrated their 75th wedding anniversary.



Upcoming Events

May 03: Chefs Circle (10:00AM)

May 06: Happy Hour with Gene Z. (3:00PM)

May 08: Sunday Brunch (11:00AM)

May 13: Happy Hour with Alan (2:30PM)

May 18: Chair Zumba (10:00AM)

May 20: Happy Hour with Lyle (3:00)

May 27: Happy Hour w/ Dave R. (3:00PM)

May 30: Memorial Day



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Billie Jean Gerding Executive Director

Corinna Root Director of Health Services

Chris Lyon Social Services Director

Kristen Lowenstein Therapy Director

Anissa Rendeiro Business Office Manager

Ashley Westmeyer Director of Food Services

Tessa Rice Legacy Neighborhood Director

Molly Vogel Life Enrichment Director

Neena Mossing Community Services Representative

> Krista Cox Villa Lifestyle Director

Roxanne Bening Director of Environmental Services

Timothy Osstifin Director of Plant Operations

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

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All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

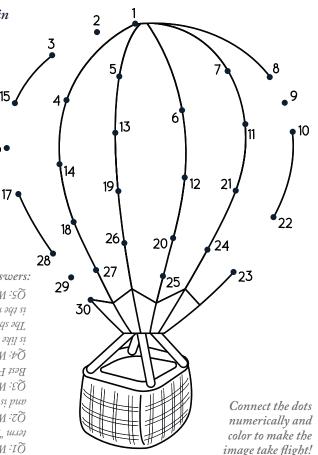
Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Q3: What moovie won the Oscar for Best Picture in 1960? Ben-Hur
Q4: Which U.S. president once said "Character is like a shadow.
The shadow is what we think of it; the tree is the real thing." ? Abraham Lincoln
Q5: Which planet is closest to Earth? Mercury

OI: Who is the disc jockey who comed the reed reem "Rock IN Roll" in 1951? Alan Freed Se. What TW game show aired in 1956 and its till on today? The Price Is Right



Word Gearch

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ADVENTURE BALLOON DREAM ENCOURAGE GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER

SKYDIVE

STADIUM THRILL VISIT ZIPLINE