



HEARTHSTONE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

# Herald

May 2022

## Bringing Your Dreams to Life



Seeing the Grand Canyon.  
Visiting a new city.  
Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



# Happy Birthday!

## Residents

Virgil B.	5/04
Cherie S.	5/17
Daisy M.	5/19
Glenna A.	5/19
Marjorie E.	5/24
Glendora D.	5/25
Norma S.	5/26

## Staff

Madison W.	5/04
Beth T.	5/05
Sarah H.	5/11
Jeremiah B.	5/16
Tiffany B.	5/18
Diane A.	5/23
Angela E.	5/26
Ghazal B.	5/27
Heather B.	5/29

# Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme Week in February, this event will

capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

*Sara Kelley*  
Executive Director

# Photo Highlights

## May Entertainment

May 6th- Guitar by John

May 13th- Music by Steve

May 20th- Guitar by Nathan

May 27th- Piano by James

### Legacy

May 6th- Bass and Piano By Ron and Paulo

May 13th- Piano by James

May 20th- Guitar by Nathan

May 27th- Guitar by John

## Happy Hour

May 6th – Cinco de Mayo

May 13th – Black Cats and Boos

May 20th- Lucille Ball

May 27th – Flower Power



*Bob and Riana making sock bunnies*



*Bowling Party!*



*Gloria make a beautiful bookmark*



*Mary Alice making a beach in a jar*

# More Photo Highlights



*The group out to Cracker Barrel*



*Cameron grillin up a storm*



*Campus in Color Gardening*



*Gladys planting for our CIC garden*



*Michele's April Fool's Mask*



*Mary Alice our crochet queen*



*Hearthstone Heroes*

## Taste of Town

Taste of Town today will be on May 28th. We will be having Mexican food!

## Theme Dinner

We will be having Lucille Ball Theme week May 15th- May 21st.

## Save the Date

We will be having a Mother's Day Tea Party May 7th at 2pm. Please join us for drinks, refreshments and a craft!

## Brunch is Back!

Help us bring families back together here at Hearthstone!

We are opening our doors for our families to come back and enjoy our monthly Family Brunch. Our May Brunch will May 15th from 11am to 1pm. Please come and enjoy this day of fun with us!

## Out & About

Outings are Back!! Every Thursday afternoon Legacy will be going on their Country Cruises. Every Tuesday afternoon Health Center and Assisted Living will be going on their Country Cruise or our destination outings! Register for Outings at the Life Enrichment Office no later than the day before the outing. Weather conditions may postpone outings.

## Live A Dream

Did you know Hearthstone has a Live a Dream program? Imagine doing one thing you have always wanted to do, and through a partnership with the Trilogry Foundation, dreams can become a reality. The Life Enrichment team is here to help facilitate your dreams, please talk with one of our team members to get more information.



# HEARTHSTONE

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Director of Food Services

*Kneesa Booker*  
Social Service Director

*Donna Burgess*  
Environmental Services Director

*John Swindell*  
Assistant Director of  
Plant Operations

*Bailey Anderson*  
Legacy Neighborhood Director

*Moriah Straban*  
Life Enrichment Director

*Karalyn Jones*  
Business Office Manager

*Rachel Bernard*  
AP/Payroll

*Hannah Marsh*  
Community Services Representative

## Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)

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# Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

**Question 1:** In what sport is "love" a score?

**Question 2:** Which candy has the slogan "Taste the rainbow"?

**Question 3:** Who was the fourth president of the United States?

**Question 4:** Which state is known as the "Granite State"?

**Question 5:** Which sense do dogs use the most?

Flip the page for last month's trivia answers:

Q5: Which planet is closest to Earth? Mercury

is the real thing? Abraham Lincoln

The shadow is what we think of it; the tree

is like a tree and reputation like a shadow.

Q4: Which U.S. president once said "Character

Best Picture in 1960? Ben-Hur

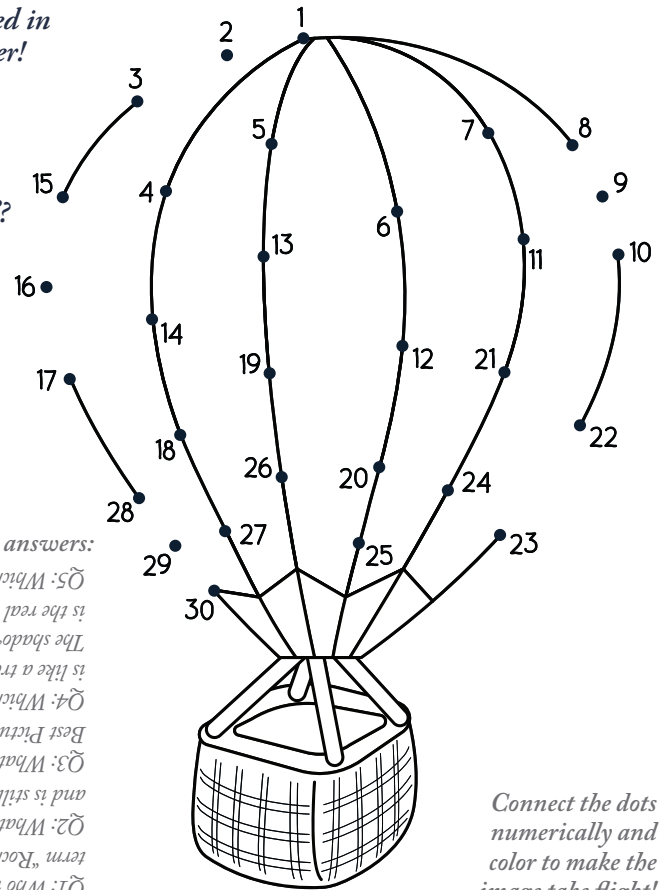
Q3: What movie won the Oscar for

and is still on today? The Price Is Right

Q2: What TV game show aired in 1956

term "Rock N Roll" in 1951? Alan Freed

Q1: Who is the disc jockey who coined the



Connect the dots numerically and color to make the image take flight!

## Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
L	R	U	Q	O	R	L	O	U	D	C	Y	S	W	I	U	U	P	E
D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE  
BALLOON  
DREAM  
ENCOURAGE

GAME  
LIVE  
MEMORY  
MOTORCYCLE

OPPORTUNITY  
PLANE  
SEEKER  
SKYDIVE

STADIUM  
THRILL  
VISIT  
ZIPLINE