

Herald

May 2022

Bringing Your Dreams to Life



Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect.

To learn more about our *Live*

a Dream program, contact a

member of our team today!









Happy Birthday!

Residents	
Joanna M.	5/02
Della B.	5/04
Dorothy B.	5/06
Colleen B.	5/06
Robert F.	5/07
Walter S.	5/18
Staff	
Amber M.	5/04
Lacey T.	5/05
Dawn G.	5/09
Ryan S.	5/10
Kirsten R.	5/12
Tabitha N.	5/13
Jennifer H.	5/15
Jennifer M.	5/20
Deatra B.	5/23



Executive Director Corner

Welcome to May, everyone! I hope these last few

weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's

Ball. Much like our Theme
Week in February, this event
will capture the glamour and
glory of a one-of-a-kind ball,
with the added twist of a
unique "I Love Lucy" theme.
Come ready to celebrate in
your best polka dot dresses
and tuxedos as we recreate the
TV set with a week of theme
related activities, events,
menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Gean Medsker

Executive Director

Pet Corner

Although pet visitation has been restricted during COVID-19, when CMS, state and local restrictions allow, pet visitation can resume in green zones only where the family-resident visitation is occurring. Good hand hygiene should take place before and after each pet visit. Parading the pet throughout the campus is not permitted.

Please provide the Life Enrichment Director (Lacy) with a copy of your pets shot record prior to bringing your pet into the campus.

Culinary Olympics

Trilogy was excited to bring back Division Culinary Olympics this year after cancelling last year due to covid. Our Southwest division cook off was held at Washington's Villages at Oakridge in early March. Each of the 14 Directors of Food Service represented their campus in a random protein draw. Options were hangar steak, beef tenderloin, pork tenderloin, Frenched pork chop, airline chicken breast or chicken thigh. Each entree was to have a starch and vegetable accompaniment. In addition to three local judges, four residents were chosen to taste each of the 14 plates and choose their favorite. We are happy to announce that our very own Darla Davidson won the Resident's Choice award for her roasted airline chicken breast with white wine sauce, fondant potatoes and roasted asparagus.



Photo Highlights



Legacy Daily Rhythms



Music Class





Nail day

Sunday Brunch

Our Sunday Brunch is the third Sunday of every month from 11-1. The first two guest are free and after that the tickets are \$5.00. Please join us for our next brunch. Chef Darla and her team put out a beautiful spread of food.

Happy Hour

Happy Hour is every Friday 3-4 in the Harrisons Pub. There is live entertainment, delicious appetizers, & beer & wine. Come join your loved one to start the weekend off right.

Taste of Town

If there is a restaurant or favorite food you like or would like to try, please see your Chef Darla, and let her know what you would like to have for our next Taste of Town. We feature a new place the last Friday of every month.

Life Enrichment

We have some big adventures planned in the next few months for our residents. I am currently looking for someone to lead a music class of some kind if anyone is interested in volunteering to do so. Please see Lacy for details.

Helpful Tips!

Hello Family and friends, please be mindful to mark your loved one's laundry when bring in new garments for them. If you would like the campus to label them, we would be more than happy to do so, just find one of the lovely ladies in brown and we will get those items nicely marked.

We do have a lost in found rack located outside the dining room. Please look through it if you have a chance

Thanks so much

Martina,

Director of Environmental Services



A Trilogy Senior Living Community

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harrisonscrossinghc.com | 💆 f

Sean Medsker Executive Director

Ashley Quakenbush Director of Health Services

Marie Hormillosa Assistant Director of Health Services

Leslie Garcia Customer Service Representative

Tayna Land Business Office Manager

Lacy Malone Life Enrichment Director

Susan Allen Social Services Director

Eric Sones Director of Plant Operations

Darla Davidson Director of Food Services

> Alexis Waters Guest Relations

Brittany Woodsmall Legacy Lane Coordinator

Martina Clapp Environmental Services Director Debbie Railsback

Debbie Railsback AP/Payroll

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

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All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

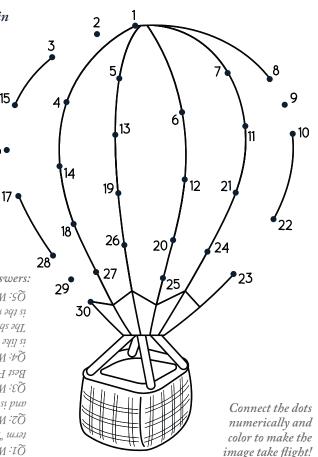
Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Best Picture in 1960? Ben-Hur
Q4: Which U.S. president once said "Character
is like a tree and reputation like a shadow.
The shadow is what we think of it; the tree
is the real thing."? Abraham Lincoln
Q5: Which planet is closest to Earth? Mercury

QI: Who is the disc jockey who conned the terr "Rock IV Roll" in 1951? Alan Freed Q2: What TV game show aired in 1956 and is still on today? The Price Is Right Q3: What movie won the Oscar for



Word Gearch

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ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER

SKYDIVE

STADIUM THRILL VISIT ZIPLINE