



Bringing Your Dreams to Life



May 2022

Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect. To learn more about our *Live*

a Dream program, contact a member of our team today!









Happy Birthday!

Residents

Kathryn C.	5/03
Raymond R.	5/06
Leland P.	5/11
Mary C.	5/12
Dorothy S.	5/12
Mary C.	5/12
Patsy S.	5/14
Marilyn F.	5/18
Linda L.	5/20
Daphne W.	5/24
Elizabeth M.	5/26
Staff	
Anna S.	5/08
Jody H.	5/11
Daisy C.	5/12
Sierra H.	5/17



Welcome to May, everyone! I hope these last few

weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's

JUST FOR FUN!

Executive Director Corner

Ball. Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme

> The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

related activities, events,

menu options, and more!

Yours in Service,

Gean McCoy

Executive Director



INSPIRATIONS

Pictured is the 9th Street Church who comes on the third Sunday of every month. The Life Enrichment Department now has most Sundays covered with wonderful volunteer churches. The first and second Sundays are covered by the Teals. The fourth Sunday Paul Davis is here. The fifth Sunday the LE department takes care of with a worship video. A big thank you to all our Church volunteers. You definitely make a difference in our residents' lives!





VITALITY

Residents are exercising with poles while watching a 99-year-old instructor on YouTube. They had fun! Penny the daughter of a resident, who is a Phys-Ed teacher stopped by and exercised with our residents. The residents are doing arm exercises in the picture.



ONE TO ONE FUN



playing checkers with one of the Life Enrichment Associates.

Evelyn is

It looks to me that she probably beat them too!

OUTINGS

Pictured in Sally with a big smile on her face. She is happily shopping at Walmart. The residents are now able to be out and about. In May Life Enrichment will take them to Abbott's Candys in Hagerstown for the "Lucille Ball" theme week. In June we are planning to go to an Indian's baseball game. If any family members would like to volunteer to go on a trips Life Enrichment would welcome them.

Life Enrichment will be planning Summerfield trips this Summer. Look for dates, times and places in the next newsletter





A Trilogy Senior Living Community

601 W County Rd 200 South New Castle, IN 47362 765-529-5796 glenoakshc.com | У f

> Sean McCoy **Executive Director**

Director of Health Services

Assistant Director of Health Services

Heidi Carmichael Community Service Representative

> Anna Selvidge **Business Office Manager**

Ann Knott Life Enrichment Director

Kathleen Chaney Director of Social Services

> David McMullen **Plant Operations**

Briana Harter **Environmental Services Director**

> Austin Smith **Director of Food Services**

Heather Lawson Director of Rehabilitation

Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

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All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Flip the page for last month's trivia answers: Q5: Which planet is closest to Earth? Mercury The shadow is what we think of it; the tree יהסף על געל מען געל אינטע וואָר א צאמעסיטי Q4: Which U.S. president once said "Character Best Picture in 1960? Ben-Hur Q3: What move sivon the Oscar for and is still on today? The Price Is Right Q2: What TV game shows aired in 1956 term "Rock N Roll" in 1951? Alan Freed OI: Who is the disc jockey who coined the

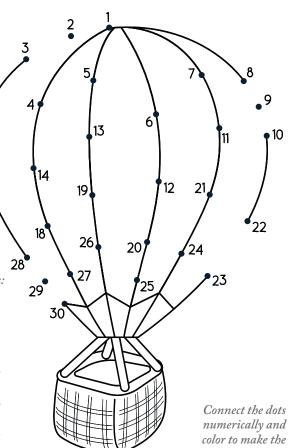


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