



*Betty and Robbie Vance,
Medi Home Health & Hospice,
performed a concert for AL and MC!
Many thanks for a lovely time!*



*Wine
Social
By
Dottie,
Affinity*

*Melissa and Taylor, with Genesis Therapy,
are an amazing help in activities!*

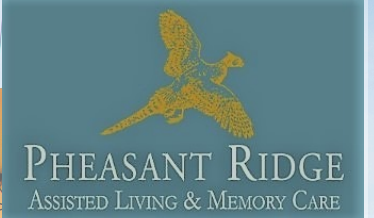


"40 Years After" with Joe, Tom & Steve

May 2022

Pheasant Ridge Senior Living

4435 Pheasant Ridge Road
Roanoke, VA 24014



*Phyllis
plays
for
us!*



*Thank you
for sharing
your talent
with us!*



*How
can
one
cat
be
loved
by
so
many?*



*Ridge, our
community cat, is
spoiled rotten and
rules the place!*




*Pheasant
Ridge
Senior
Living
Community
pulled
TABS
for
You!*

**PULL FOR THE
HOUSE!**

You are welcome to bring your tabs in!

May 2022
Pheasant Ridge Lifestyle & Leisure Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>10:00 PE Exercise with Kay (60 min)</div> <div>11:00 SS Watch a Church Service on TV</div> <div>1:30 SS Bible Service with Richard Carr, Barnhardt Baptist Church (30-60 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>7:00 CE Find a Friend and Play a Card Game (60 min)</div> <div>1</div>	<div>10:00 PE Volleyball (30 min)</div> <div>1:30 CE BINGO (60 min)</div> <div>2:30 SS Catholic Communion, Our Lady of Nazareth (30 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>6:30 CE Work on the Puzzle (60 min)</div> <div>2</div>	<div>Happy Birthday Georgette #116</div> <div>10:00 PE Exercise with Kay (60 min)</div> <div>1:30 CE Trivia with Kay (60 min)</div> <div>3:15 PE Stretch those Legs (30 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>6:30 CE Chinese Checkers (60 min)</div> <div>3</div>	<div>No Van Trip</div> <div>10:00 PE Volleyball (30 min)</div> <div>1:30 CC Wine Social compliments to Vicky and her daughter Cindy - bring a friend (60 min)</div> <div>6:00 PE Visit a friend (30 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>7:30 LL Take an evening stroll with a friend (30 min)</div> <div>4</div>	<div>Cinco de Mayo</div> <div>10:00 SS Communion with Pastor Troy (30 min)</div> <div>1:30 CC Cinco de Mayo Social with Virgin Margaritas and music by dj Pat (60 min)</div> <div>3:00 PE Let's Take a Walk and Stretch those Legs (30 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>7:00 CE UNO - limit of 4 (60 min)</div> <div>5</div>	<div>"Kentucky Oats" on NBC 1:00pm - 5:00pm</div> <div>Nat'l Nurses Day (let's honor Rhonda)</div> <div>10:00 PE Volleyball (30 min)</div> <div>1:30 CC "Let's Honor Rhonda as our Nurse" Social (60 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>6:30 CE Scrabble (60 min)</div> <div>6</div>	<div>"Kentucky Derby" (Derby Day) on channel 10 NBC from 2:30pm to 7:30pm</div> <div>10:00 PE Volleyball (30 min)</div> <div>12:30 CE Rummy - limit of 4 (60 min)</div> <div>2:30 CE Browse the books and magazines in the Country Kitchen (30 min)</div> <div>3:00 PE Take a walk with a friend (30 min)</div> <div>6:00 CE Card Game (60 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>7</div>
<div>Mother's Day</div> <div>10:00 PE Exercise with Kay (60 min)</div> <div>11:00 SS Watch a Church Service on TV</div> <div>1:30 SS Bible Service with Richard Carr and the teens, Barnhardt Baptist Church (30-60 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>7:00 CE Find a Friend and Play a Card Game (60 min)</div> <div>8</div>	<div>10:00 PE Volleyball (30 min)</div> <div>1:30 CC Elvis Concert followed by cake to honor the mothers (90 min) [I]</div> <div>2:30 SS Catholic Communion, Our Lady of Nazareth (30 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>6:30 CE Work on the Puzzle (60 min)</div> <div>9</div>	<div>10:00 PE Balloon Volleyball (30 min)</div> <div>10:30 PE Grab a friend and take a stroll outside (30 min)</div> <div>2:00 CC Country Kitchen is reserved today from 2:00-5:00 pm</div> <div>6:00 CC Concert by Paul Kidd and Friends (90 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>6:30 CE Chinese Checkers (60 min)</div> <div>10</div>	<div>Happy Birthday Larry - #114</div> <div>9:00 LL Walmart Trip - must be on the signup sheet (120 min)</div> <div>1:30 CE Social Activity (60 min)</div> <div>3:00 PE Volleyball (30 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>6:30 CE UNO - limit of 4 (60 min)</div> <div>7:30 LL Take an evening stroll with a friend (30 min)</div> <div>11</div>	<div>10:00 PE Volleyball (30 min)</div> <div>1:30 CC Concert by Branchwater Bluegrass (dj Pat and his fellow musicians) (60min)</div> <div>3:00 PE Take a stroll outside to stretch those legs (30 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>7:00 CE UNO - limit of 4 (60 min)</div> <div>12</div>	<div>10:00 PE Volleyball (30 min)</div> <div>1:30 CE Brain Game of Kay's choice (60 min)</div> <div>6:00 CE UNO (60 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>6:30 LL Grab a Friend and Play a Game (60 min)</div> <div>13</div>	<div>10:00 PE Volleyball (30 min)</div> <div>12:30 CE UNO - limit of 4 (60 min)</div> <div>1:30 LL Invite a friend to take a walk or sit and talk for awhile! (60 min)</div> <div>2:30 CE Browse the books and magazines in the Country Kitchen (30 min)</div> <div>6:00 CE Card Game (60 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>14</div>
<div>11:00 SS Watch a Church Service on TV</div> <div>1:30 SS Bible Service with Richard Carr, Barnhardt Baptist Church (30-60 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>7:00 CE Find a Friend and Play a Card Game (60 min)</div> <div>15</div>	<div>10:00 PE Volleyball (30 min)</div> <div>1:30 CC Concert by Marc Baskind (60 min)</div> <div>2:30 SS Catholic Communion, Our Lady of Nazareth (30 min)</div> <div>3:00 PE Let's take a walk! (30 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>6:30 CE Work on the Puzzle (60 min)</div> <div>16</div>	<div>10:00 PE Exercise with Kay (30 min)</div> <div>1:30 CE Trivia with Kay (60 min)</div> <div>3:15 PE Stretch those Legs (30 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>6:30 CE Chinese Checkers (60 min)</div> <div>17</div>	<div>10:00 PE Volleyball (30 min)</div> <div>1:30 CC Bingo with Dottie, Affinity Care of VA (60 min)</div> <div>3:00 PE Take a walk with a friend (30 min)</div> <div>6:00 PE Visit a friend (30 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>7:30 LL Take an evening stroll with a friend (30 min)</div> <div>18</div>	<div>10:00 PE Exercise with Kay (60 min)</div> <div>1:30 CC Ice Cream and Trivia with LaDonna, Salem Health & Rehab (60 min)</div> <div>3:00 PE Take a stroll outside to stretch those legs (30 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>7:00 CE UNO - limit of 4 (60 min)</div> <div>19</div>	<div>10:00 PE Volleyball (30 min)</div> <div>1:00 CC Concert by Tiffany (60 min)</div> <div>2:30 LL Let's chat with Kay! (60 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>6:30 CE Rummy (60 min)</div> <div>20</div>	<div>10:00 PE Volleyball (30 min)</div> <div>12:30 CE Rummy - limit of 4 (60 min)</div> <div>2:30 CE Browse the books and magazines in the Country Kitchen (30 min)</div> <div>6:00 CE Card Game (60 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>21</div>
<div>10:30 SS Church Service with Dave and Donna Spangler, First Baptist Church (30)</div> <div>11:00 SS Watch a Church Service on TV</div> <div>1:30 SS Bible Service with Richard Carr, Barnhardt Baptist Church (30-60 min)</div> <div>3:00 PE Volleyball (30-45 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>7:00 CE Find a Friend and Play a Card Game (60 min)</div> <div>22</div>	<div>10:00 CE Resident Council (30-60 min)</div> <div>1:30 LL Wine and Cheese Social compliments to Vicky and her daughter Cindy (60 min)</div> <div>2:30 SS Catholic Communion, Our Lady of Nazareth (30 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>6:30 CE Work on the Puzzle (60 min)</div> <div>23</div>	<div>10:00 PE Exercise with Kay (60 min)</div> <div>1:30 CC Concert by Saxy Keys (90 min)</div> <div>3:00 PE Take a quick stroll to stretch those legs (30 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>6:30 CE Chinese Checkers (60 min)</div> <div>24</div>	<div>10:00 SS Hymns and Bible Study with Pastor Atkins (60 min)</div> <div>1:00 LL Van Trip to Ikenberry's and the Amish Country Store - must be on sign-up sheet (180 min)</div> <div>3:00 CE Work on the Parlor Puzzle (60 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>6:30 CE UNO - limit of 4 (60 min)</div> <div>7:30 LL Take an evening stroll with a friend (30 min)</div> <div>25</div>	<div>Happy Birthday Philip - #343</div> <div>10:00 PE Volleyball (30 min)</div> <div>1:30 CE Ice Cream, You Scream, Everyone Screams for Ice Cream & Trivia (60 min)</div> <div>3:00 PE Take a stroll outside to stretch those legs (30 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>7:00 CE UNO - limit of 4 (60 min)</div> <div>26</div>	<div>10:00 PE Volleyball (30 min)</div> <div>1:30 CE BINGO (60 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>6:30 CE Rummy (60 min)</div> <div>6:30 CE Scrabble (60 min)</div> <div>27</div>	<div>10:30 SS Gospel Music by Central Baptist Church (60 min)</div> <div>12:30 CE UNO - limit of 4 (60 min)</div> <div>2:30 CE Browse the books and magazines in the Country Kitchen (30 min)</div> <div>3:00 PE Volleyball (30 min)</div> <div>3:00 PE Volleyball (30 min)</div> <div>6:00 CE Card Game (60 min)</div> <div>6:00 CE Watch the evening news and game shows in your apt</div> <div>28</div>
<div>10:00 PE Exercise with Kay (60 min)</div> <div>11:00 SS Watch a Church Service on TV</div> <div>1:30 SS Bible Service with Richard Carr, Barnhardt Baptist Church (30-60 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>7:00 CE Find a Friend and Play a Card Game (60 min)</div> <div>29</div>	<div>Memorial Day</div> <div>10:00 PE Volleyball (30 min)</div> <div>1:30 CC Concert by the Star City Girls (60 min)</div> <div>2:30 SS Catholic Communion, Our Lady of Nazareth (30 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>6:30 CE Work on the Puzzle (60 min)</div> <div>30</div>	<div>10:00 PE Exercise with Kay (60 min)</div> <div>1:30 LL Birthday Social - let's have cake and ice cream (60 min)</div> <div>6:00 LL Watch your favorite tv shows in your room</div> <div>6:30 CE Chinese Checkers (60 min)</div> <div>31</div>	<div></div> <div>CC Community Connections</div> <div>CE Continuing Education</div> <div>LL Lifestyle & Leisure</div> <div>PE Physical Engagement</div> <div>SS Spiritual Support</div> <div>Location Keys In the Parlor and then in the Country Kitchen I</div>			