



May 2022

Bringing Your Dreams to Life



Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect.

To learn more about our *Live* a *Dream* program, contact a member of our team today!









Happy Birthday!

| Residents | |
|--------------|------|
| Dorothy S. | 5/03 |
| Maria R. | 5/03 |
| Dorothy S. | 5/03 |
| Steven G. | 5/11 |
| Mary A. | 5/16 |
| Geraldine G. | 5/26 |
| Larry S. | 5/28 |
| Karol T. | 5/29 |
| Staff | |
| Linda R. | 5/12 |
| Shelly D. | 5/17 |
| Rachel M. | 5/18 |
| Billie V. | 5/19 |
| Patricia C. | 5/20 |
| Keyaira A. | 5/30 |

Sunday Brunch

Please join us for Sunday
Brunch with your loved one on
May 15th and have a wonderful
meal created by our Culinary
Team! Hope to see you then!

Theme Dinner

Up Coming Theme week is May 15th- May 21st. Our theme week is "Lucille Ball"! Keep an eye on activities that has a twist on "I Love Lucy". Our Theme Dinner is on May 19th at 4pm followed by a entertainment from Dudley Fetzer!

Out & About

Our next Divisional outing is to the Horseshoe Derby Race in Shelbyville.



Executive Director Corner

Welcome to May, everyone!

I hope these

last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's

Ball. Much like our Theme
Week in February, this event
will capture the glamour and
glory of a one-of-a-kind ball,
with the added twist of a
unique "I Love Lucy" theme.
Come ready to celebrate in
your best polka dot dresses
and tuxedos as we recreate the
TV set with a week of theme
related activities, events,
menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month! Yours in Service.

Robin Huston
Executive Director

ER3 HIGHLIGHTS

ER3 allows us to celebrate our staff and to show appreciation. We appreciate all our employees for all they do!







MUSEUM HIGHLIGHTS

We had so much fun going to the Wayne County Museum! The favorite attraction was the doll house and of course the Jail!





CASINO HIGHLIGHTS







APRIL FOOLS HAPPY HOUR

We had lots of laughs during our April Fool's Day Wild West Happy Hour! Creativity from our Culinary team had a sense of humor serving: Spaghetti and Meatballs (Cupcakes), Cake (Meatloaf with Potato icing) and Cherry drinks (Jell-O).







LIVE A DREAM

We honored one of our residents and made his wish come true! He wanted to go shopping at Meijer and eat at Taco Bell before a big procedure he was having. Dreams do come true at Forest Park Health Campus!

Employee of the Month



We honored our "Oh Great One" for January and February.

January-Lisa Davis. CRMA. Lisa

has been with Trilogy for 5 years. She has a servant heart and goes above and beyond for our residents. Lisa has that pleasant personality that just warms your heart with just her smile. Congratulations Lisa!

February- Jean Varner. MDS Coordinator. Jean has been with Trilogy for 13 years. Jean will go above and beyond for not only for the residents but for the staff as well. You will find Jean work the floors when they are short staff while still having that servant heart to put everyone at ease.

Congratulations Jean!
We love you both.

Happy Hour

Come join us for our Happy Hour every Friday at 3pm! May 5th

Rain Showers/May Flowers Happy Hour

May 13th

Carnival with Lucky the Clown Happy Hour

May 20th

I Love Lucy Happy Hour *May 27th*

Memorial/Veteran's Day Happy Hour



A Trilogy Senior Living Community

2401 South L Street Richmond, IN 47374 765-966-5705 forestparkhc.com | ♥ f

> Robin Huston Executive Director

Kodi Jones Customer Service Representative

> Christine Cela Business Office Manager

Cindy Manning Life Enrichment Director

TBL

AL Unit Manager

Heather Graham Director of Environmental Services

> Kendra Lester Director of Social Services

Chuck Berry Director of Food Services

Bill Amyx Director of Plant Operations

Nikki Kemp Therapy Program Director

Jean Varner MDS Coordinator

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

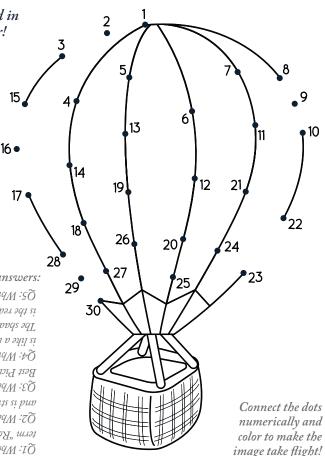
Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Q3: What moone won the Oscar for Best Picture in 1960? Ben-Hur
Q4: Which U.S. president once said "Character is like a shadow.
The chadow is what we think of it; the tree is the real thing." ? Abraham Lincoln is the real thing? ? Abraham Lincoln
U.S. Which planet is closest to Earth? Mercury

QI: Who is the disc jockey who coined the reed Sel m "Bock N Roll" in 1819. Man Treed O.S. What TW game show aired is Right and is still on today? The Price Is Right



Word Gearch

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ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER

SKYDIVE

STADIUM THRILL VISIT ZIPLINE