

Bringing Your Dreams to Life



Seeing the Grand Canyon.

Visiting a new city.

Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just “go for it”. Maybe it was the thrill seeker in your family reminding you that “you only live once.” Or maybe it was your parents reminding you that you’re still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we’d like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We’ve had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We’ll get the car ready if you pick the day. Even if you’re just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you’ve come to expect. To learn more about our *Live a Dream* program, contact a member of our team today!



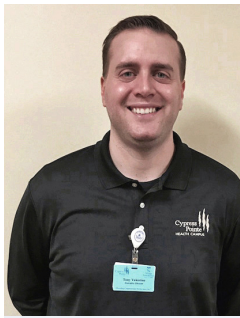
Happy Birthday!

Residents

Clara S.	5/01
Deloris C.	5/02
Frank G.	5/07
Stephen C.	5/08
Jerrie M.	5/12
Patricia R.	5/14
Mary Z.	5/14
Regina C.	5/22
Carol D.	5/24
Darlene J.	5/30
Darlene J.	5/30

Staff

Sue F.	5/02
Tyler. F.	5/03
Samara J.	5/06
Fayth H.	5/12
Ainsley M.	5/14
Summer G.	5/15
Maggie L.	5/17
Maria J.	5/25
Emma B.	5/30



Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's

Ball. Much like our Theme Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,
Tony Valentine, LNHA
Executive Director

Save the Date

Virtual Dementia Tour
Community Event - May 10th 1-3 (Please call the campus Admissions team in advance to RSVP and reserve your time slot.)

Senior Executive Club
Bingo - May 11th

Lucille's Ball Theme Week
May 16th – 20th

Living with Alzheimer's May 18th 1-2:30 pm -Villa Clubhouse

Assisted Living Open House
May 21st 10-12pm

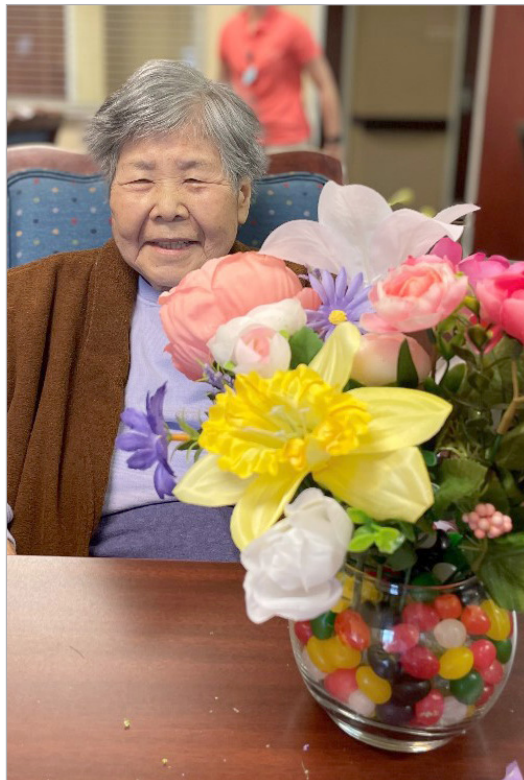
TASTE OF TOWN

Our residents look forward to our monthly Taste of Town. Last month was no different when we brought Perkins to Cypress Pointe and served "Breakfast for Dinner"!



ARTISANS

We have some talented artist! Last month our residents worked hard to welcome warmer Spring weather by making some beautiful creations!



VITALITY

We don't like to call it exercise, so we find fun ways to keep our bodies active and healthy! Here are just a couple examples!



Sunday Brunch

Sunday Brunch

May 8th Mother's Day

Brunch 11:30 -1.

Volunteers Needed

Share your talents with our residents! Our Life Enrichment team is looking for volunteers to help create memorable experiences for the residents that call our campus home. Contact our campus today to learn more about how you can begin your volunteer journey. We are currently looking for help with:

- Campus in Color Gardening
- Lifelong Learning classes
- Calling Bingo • Attending Outings • Painting Nails
- and so much more!



CYPRESS POINTE

HEALTH CAMPUS

A Trilogy Senior Living Community

600 W. National Road
Englewood, OH 45322

937-836-3149

cypresspointehs.com |

Tony Valentine, LNHA
Executive Director

Annie Carico
Administrator

Summer Garrett
Director of Health Services

Dondi Henry
Assistant Director of Health Services

Jacob Carico
Director of Food Services

Nicole Shively
Director of Environmental Services

Jason Walker
Director of Plant Operations

Jessica Ward
Customer Service Representative

Julie Shirk
Legacy Neighborhood Director

Alyssa Woods
Villa Life Style Director

TBD
Life Enrichment Director

Saundra Mendenhall
Director of Social Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

*All trivia answers will be printed in
our upcoming month's newsletter!*

Question 1: In what
sport is "love" a score?

Question 2: Which candy has
the slogan "Taste the rainbow"?

Question 3: Who was
the fourth president
of the United States?

Question 4: Which state is
known as the "Granite State"?

Question 5: Which sense
do dogs use the most?

Flip the page for last month's trivia answers:

Q5: Which planet is closest to Earth? Mercury

is the real thing? Abraham Lincoln

The shadow is what we think of it; the tree

is like a tree and reputation like a shadow.

Q4: Which U.S. president once said "Character

Best Picture in 1960? Ben-Hur

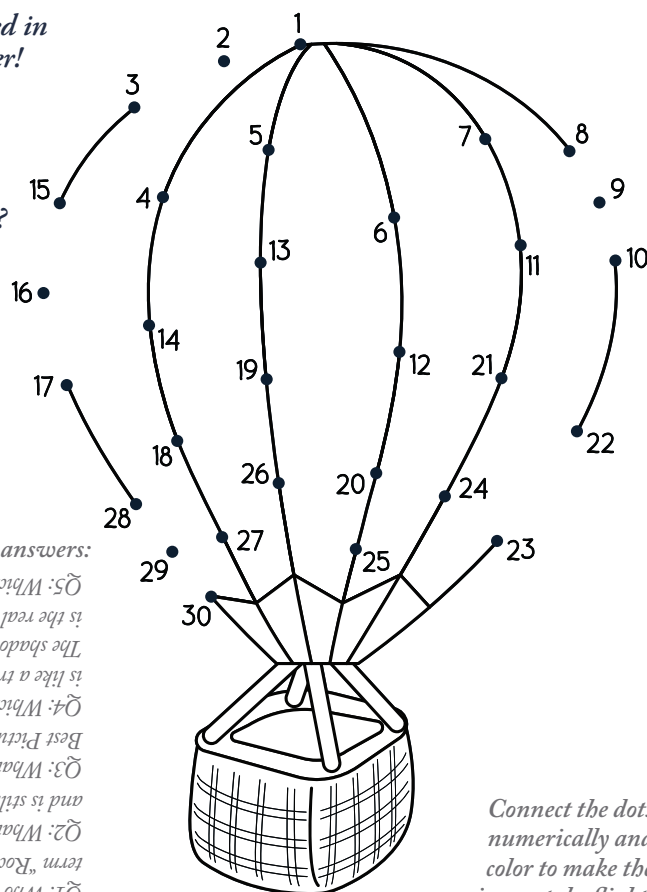
Q3: What movie won the Oscar for

and is still on today? The Price Is Right

Q2: What TV game show aired in 1956

term "Rock N Roll" in 1951? Alan Freed

Q1: Who is the disc jockey who coined the



Word Search

Z	U	L	I	V	E	E	Z	B	K	C	E	O	K	X	K	L	X	T
M	A	S	R	E	N	W	J	A	X	E	R	X	O	I	Q	Q	B	F
S	E	V	Z	I	D	E	L	E	C	R	P	L	A	N	E	D	J	Z
P	U	M	L	X	D	L	R	B	H	A	E	I	M	V	D	B	J	O
P	G	P	O	O	I	H	C	A	O	M	Q	K	S	I	A	O	W	B
M	I	N	B	R	I	A	U	O	A	V	T	V	T	Z	D	P	J	X
Z	S	C	H	Y	Y	X	C	G	E	H	S	R	E	N	V	P	H	H
T	U	T	K	M	B	J	Z	N	N	T	K	U	O	Z	E	O	J	F
F	H	J	A	P	J	B	U	O	Y	E	U	X	J	B	N	R	E	R
M	J	E	M	R	S	M	O	A	J	N	S	G	X	N	T	T	B	U
L	R	U	Q	O	R	L	O	U	D	C	Y	S	W	I	U	U	P	E
D	D	Q	D	I	L	Q	D	T	O	O	M	U	S	C	R	N	X	F
F	P	E	K	A	Z	C	I	N	O	U	F	I	I	N	E	I	V	Q
Q	U	P	B	L	V	S	X	D	I	R	V	X	R	P	R	T	I	S
A	E	W	I	H	A	U	J	D	B	A	C	K	S	S	K	Y	I	E
W	O	T	B	R	O	Z	A	W	Q	G	A	Y	F	X	B	N	U	E
U	H	W	O	D	P	T	B	L	I	E	H	K	C	A	U	Y	K	K
W	Y	S	N	F	S	O	S	F	N	D	N	S	W	L	T	D	F	E
B	Y	Y	D	J	U	S	K	Y	D	I	V	E	H	Z	E	M	B	R

ADVENTURE
BALLOON
DREAM
ENCOURAGE

GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER
SKYDIVE

STADIUM
THRILL
VISIT
ZIPLINE