



# **Bringing Your Dreams to Life**



Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect. To learn more about our *Live* 

*a Dream* program, contact a member of our team today!









## Happy Birthday!

#### Residents

Judith M	5/04
Dolores C	5/10
Ruth D	5/10
Yvonne Z	5/16
Ila L	5/17
Carol R	5/18
Lorraine S	5/23
Evelyn A	5/23
Lonna H	5/28
Fae H	5/30
Staff	
Dusita S	5/10
Patrice A	5/13
Joseph L	5/16
Kevin B	5/23
Christine L	5/24
China L	5/24

SAVE THE DATE

May Brunch will be held on Sunday, May 15th. Please RSVP, 2 vaccinated guest per resident.

### SERVANT LEADER SPOTLIGHT

We would like to thank our wonderful leader, Judy Plantinga! For always inspiring, encouraging our staff and residents! We're so lucky to have you as our leader!



Welcome to May, everyone!

I hope these

last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme

Executive Director Corner

Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Judy Plantinga, HFA

**Executive Director** 





## **ACTIVITIES CORNER**

After ashes we created mosaic crosses during craft group!



**Creative Cooking** For National Pi-Day, we had our annual Pie Tasting for staff and residents! Resident's entered a homemade banana pudding pie!











HEALTH CAMPUS A Trilogy Senior Living Community

> 18275 S. Burr Street Lowell, IN 46356 219-696-6750 cedarcreekhc.com | 9 f

> > Judy Plantinga **Executive** Director

Kirsten Norris Director of Health Services Tina Hall Assistant Director of Health Services

> Barbara Oliver **Customer Service Specialist**

Jana Andriese Customer Service Representative

> Brittany Poti Life Enrichment Director

Vanessa Mazzaia Director of Social Services

Mick O'Sullivan Director of Plant Operations

Tim Merkel **Director of Dining Services** 

Patricia Pitrowski Environmental Services Director

> TRD MDS Coordinator

Jennie Aloia Therapy Program Director

#### Stay in the Loop 🍠 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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#### **Monthly Trivia & Activity Corner**

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All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

**Question 2:** Which candy has the slogan "Taste the rainbow"?

Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

**Question 5:** Which sense do dogs use the most?

Flip the page for last month's trivia answers: Q5: Which planet is closest to Earth? Mercury The shadow is what we think of it; the tree יהסף על געל מען געל אינטע וואָר א צאמעסיטי Q4: Which U.S. president once said "Character Best Picture in 1960? Ben-Hur Q3: What move sivon the Oscar for and is still on today? The Price Is Right Q2: What TV game shows aired in 1956 term "Rock N Roll" in 1951? Alan Freed OI: Who is the disc jockey who coined the

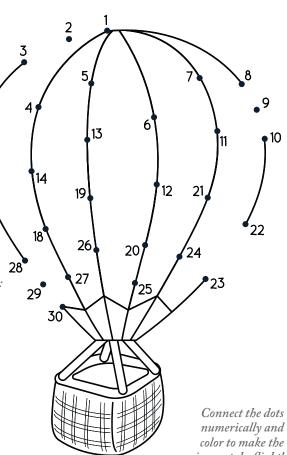


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BALLOON					LIVE			PLANE						THRILL				
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ENCOURAGE					MOTORCYCLE			SKYDIVE						ZIPLINE				