



May 2022

Bringing Your Dreams to Life



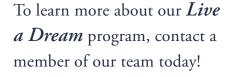
Seeing the Grand Canyon. Visiting a new city. Skydiving out of a plane.

If you were thinking about doing any of these things when you were 22, your loved ones might have had a *few* things to say. Maybe it was one of your closest friends telling you to just "go for it". Maybe it was the thrill seeker in your family reminding you that "you only live once." Or maybe it was your parents reminding you that you're still young - and that you should take the opportunity to go on adventures as they come.

Now, as a resident of a Trilogy campus, we'd like to offer you the same advice.

Through our *Live a Dream* program, we encourage our seniors to come to us with what it is they want to do most so that we can bring those dreams to life. Wanting to feel the wind blow through

your hair? We've had residents go on motorcycle rides before. Want to watch a baseball game at your favorite stadium? We'll get the car ready if you pick the day. Even if you're just wanting to go for a stroll down memory lane with a visit your hometown, our Life Enrichment team will be here to make that dream a reality – all while offering the same quality care that you've come to expect.









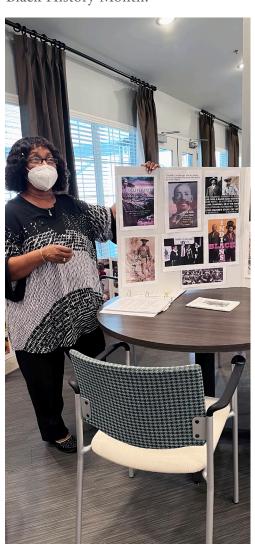


Happy Birthday!

Residents	
Judy H.	5/08
Earl W.	5/21
Pattie B.	5/29
Staff	
David W.	5/03
Heather B.	5/12
Alisha J.	5/17
Natasha N.	5/23

COMMUNITY CONNECTIONS

Joyce Morton with the Winchester Black History and Heritage Committee gave our residents an informative presentation in honor of Black History Month.



Executive Director Corner

Welcome to May, everyone!

I hope these last few weeks have found you in good health and in good spirits. If you're like me and have been waiting patiently for the cold weather to be put to bed, now is the perfect time to enjoy an afternoon stroll through our garden, where the cool air and shining sun are finally here to let us know that summer is just around the corner. Once you come inside to cool off, we'll have plenty of exciting things waiting for you!

From May 15th through the 21st, we'll be kicking off our next Theme Week – Lucille's Ball. Much like our Theme

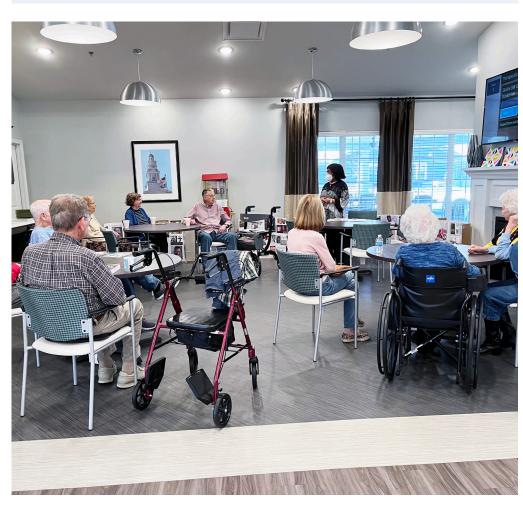
Week in February, this event will capture the glamour and glory of a one-of-a-kind ball, with the added twist of a unique "I Love Lucy" theme. Come ready to celebrate in your best polka dot dresses and tuxedos as we recreate the TV set with a week of theme related activities, events, menu options, and more!

The good times are just getting started – and with the weather getting warmer, there's no signs of them slowing down any time soon. Let's have an amazing month!

Yours in Service,

Kevin Trent

Executive Director



HAPPY 100TH BIRTHDAY, JOE R.!

Family, friends, and staff celebrated the party of the century for Joe R.'s 100th Birthday! Fox 56 was there to capture Joe enjoying some of his favorite things – fried bologna sandwiches, a Patsy Cline impersonator, and time with precious family. The Mayor even proclaimed the day in his name!







Family Night

Go Cards! Our latest family night celebrated the George Roger's Clark Cardinals recent state championship win!









A Trilogy Senior Living Community

2101 Old Boonesboro Rd Winchester, KY 40391 859-236-9644

boonesborotrail.com | > f

Kevin Trent Executive Director

Stephanie Brock Director of Health Services

Alisha James Community Services Representative

> Bryanna Otis Business Office Manager

Brandi Anderson Life Enrichment Director

Marvin Clifton Director of Food Services

David Willis Director of Plant Operations

Hannah Miller Guest Services Representative

Lisa Baker Legacy Lane Coordinator

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

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All trivia answers will be printed in our upcoming month's newsletter!

Question 1: In what sport is "love" a score?

Question 2: Which candy has the slogan "Taste the rainbow"?

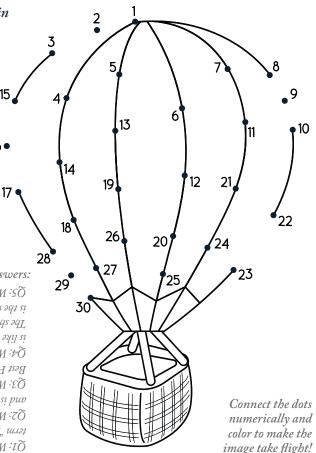
Question 3: Who was the fourth president of the United States?

Question 4: Which state is known as the "Granite State"?

Question 5: Which sense do dogs use the most?

Q3: What moone won the Oscar for Best Picture in 1960? Ben-Hur
Q4: Which U.S. president once said "Character is like a tree and reputation like a shadow.
The chadow is what we think of it; the tree is the real thing." ? Abraham Lincoln
is the real thing." ? Abraham Lincoln
Q5: Which planet is closest to Earth? Mercury

OI: Who is the disc fockey who coined the term "Rock IN Roll" in 1951? Alan Freed O.: What TV game show aired in 1956 and is still on today? The Price Is Right



Word Gearch

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ADVENTURE BALLOON DREAM ENCOURAGE GAME
LIVE
MEMORY
MOTORCYCLE

OPPORTUNITY
PLANE
SEEKER

SKYDIVE

STADIUM THRILL VISIT ZIPLINE