



WHAT SETS HARMONY APART:

Caring for Our Memory Care Residents Like They are Family!

“ When a resident comes to Harmony, we learn as much as we can about them. From this meeting, we construct a comprehensive Life Story, and once they move in, we validate them by using our knowledge of their life story...That connection and sharing is what ensures a high quality of life. ”

Jeff Gruber RN
CDP Regional Clinical Director

Contact Us Today!

To learn how Harmony can help your family.



Your questions
are unique and
so is our care.



 **HARMONY
Reflections**
MEMORY CARE PROGRAM

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MEMORY CARE PROGRAM



**At Harmony, Family
Serving Families is at the
heart of everything we do.**



Key Components

- **Family Focused**
- **Wellness**
- **Reflections Program:**
Echoes in Time Art Program
& Rhythms Music Program
- **Dining with Dignity**
- **Harmony Square**

Family Focused

As a Family Serving Families company our memory care program reflects the same commitment to families looking for support with Alzheimer's and dementia care.

Nothing can impact a family member more than having a loved one diagnosed with Alzheimer's and dementia. That is why Harmony places such an important focus on our memory care program—Harmony Reflections.

As you join the Harmony family, you will be integrated into the care and wellness that we provide each of our residents in Harmony Square.



MEMORY CARE PROGRAM

Wellness

With our comprehensive assessment, individualized care plans, and family care conferences, our wellness for our memory care residents is a priority and communicated consistently to all that provide care. Harmony partners with third party providers for consultation and with professional health and wellness partners for therapy, behavioral health, pharmaceutical support, and medical attention.

Caring for our memory care residents like they truly are our family sets our memory care apart.

Dining with Dignity

Creating and maintaining independence in dining services is a key focus. The Reflection program achieves this through "MY Pleasure".

- P** Promote home-like experience
- L** Link with a resident- engage
- E** Encourage Social Interaction
- A** Alleviate anxiety, emotions
- S** Slow Down, spend time
- U** Understand their reality
- R** Respect, honor choices
- E** Engage resident skills/abilities



Echoes In Art

Providing residents a sense of purpose through art-based opportunities for creative communication and self expression.

Rhythms Music

Enhancing social interaction and cognition with therapeutically designed music and movement exercises.

Harmony Square

Harmony Square is where you will find all of the Reflection Program being enjoyed by our memory care residents. Harmony Square is designed as a secured neighborhood with additional safety enhancements for our residents. It allows for freedom of space, for exercise and movement.

Our community offers several life skill stations and reminiscing kits for residents to enjoy. Each dining room is designed specifically for memory care with a warm and inviting feel. Common spaces such as secured courtyards and patios offer a secured space for our Memory Care residents to enjoy the great outdoors.