

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Meet & Greet, CS 10:00 Nail Spa, CS 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>May Day</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 1:30 Snack Break 1:30 Music with Larissa, LR 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 12:30 Reminiscing with Barb, TC 1:00 Northwest Geriatrics 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy, TC 10:00 Color My World, TC 10:30 Bingo, TC 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Catholic Prayers 12:30 Strike Up the Band with Barb, LR 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Arm Chair Traveler, LR 5:00 Evening Movie Theater</p> <p>Cinco de Mayo</p>	<p>9:00 Meet n' Greet, TC 10:00 Chef Friday, TC 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p>
<p>9:00 Meet & Greet, CS 10:00 Nail Spa, CS 1:30 Snack Break 5:00 Evening Movie Theater</p> 	<p>9:00 Music and Movement, LC 10:00 Library, TC 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Golden Oldies, TC 12:30 Art Expression with Barb, TC 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Scenic Bus Ride 5:00 Evening Movie Theater</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy, TC 10:00 Color My World, TC 10:30 Bingo, TC 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Catholic Prayers 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Arm Chair Traveler, LR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 10:00 Chef Friday, TC 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p>
<p>9:00 Meet & Greet, CS 10:00 Nail Spa, CS 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 1:30 Snack Break 1:30 Music with Larissa, LR 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Golden Oldies, TC 12:30 Trivia and Conversation with Barb, TC 1:00 Northwest Geriatrics 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy, TC 10:00 Color My World, TC 10:30 Bingo, TC 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Catholic Prayers 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Arm Chair Traveler, LR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 10:00 Chef Friday, TC 12:30 Pet Visit with Anubi 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p> <p>Armed Forces Day</p>
<p>9:00 Meet & Greet, CS 10:00 Nail Spa, CS 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 1:30 Snack Break 2:00 Music with Randy Rogers, LR 5:00 Evening Movie Theater</p> <p>Victoria Day (Canada)</p>	<p>9:00 Music and Movement, LC 10:00 Golden Oldies, TC 12:30 Field Day with Barb, TC 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Scenic Bus Ride 5:00 Evening Movie Theater</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy, TC 10:00 Color My World, TC 10:30 Bingo, TC 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Catholic Prayers 12:30 Strike Up the Band with Barb, LR 1:00 Northwest Geriatrics 1:00 Foot Care with Dr. Gorey 1:30 Snack Break 2:00 Arm Chair Traveler, LR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 10:00 Chef Friday, TC 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p>	<p>9:00 Meet n' Greet, TC 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p>
<p>9:00 Meet & Greet, CS 10:00 Nail Spa, CS 1:30 Snack Break 5:00 Evening Movie Theater</p>	<p>9:00 Music and Movement, LC 10:00 Library, TC 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>Memorial Day</p>	<p>9:00 Music and Movement, LC 10:00 Golden Oldies, TC 12:30 Field Day with Barb, TC 1:00 Northwest Geriatrics 1:30 Snack Break 5:00 Evening Movie Theater</p>	 <p>May 2022 Memory Care</p>			

May 2022

THE MONTHLY GAZETTE

*"Hail bounteous May that doth inspire
Mirth and youth and warm desire..."*
~ John Milton



Dog of the Month – Chihuahua

The chihuahua is a breed of dog native to Mexico that traces its lineage back thousands of years to pre-Columbian times. These adorable pups are named after the Mexican state of the same name. Chihuahuas are small, peppy dogs known for their vibrant personalities. In fact, they are one of the smallest breeds. They have large, expressive eyes and sweet faces. One of their defining features is an apple-shaped head. Chihuahuas come in a variety of colors, including tan, white, black, fawn, chocolate, red, and cream. Some even have coats in blue or lilac!



These charming dogs make popular pets, beloved for their unique spunk and playful nature. Affectionately known as purse dogs at under 10 inches long and just four to six pounds, they can actually be carried around in a handbag. They tend to live between 12 and 15 years, but have been known to survive up to 20 years.

Special Days

May Day
May 1

Cinco de Mayo
May 5

Mother's Day
May 8

Armed Forces Day
May 21

Victoria Day (Canada)
May 23

Memorial Day (U.S.)
May 30

Flower – Lily of the Valley



The flower for the month of May is the lily of the valley. It is prized for its sweet fragrance. It's a common folk belief that the scent of this inedible flower in the spring air is the signal for nightingales to begin their seasonal singing and choosing of a mate. Legend has it that King Charles IX of France was given this flower on May 1, 1561. He reportedly then gave the gift of lilies of the valley to all the ladies of his court each year on May 1.

Birthstone – Emerald



The stunning green emerald is the birthstone for May. It is also the anniversary gemstone for the 20th year of marriage. This beautiful gemstone is primarily mined in the Middle East and South America. The ancient Romans associated emeralds with fertility and rebirth. They dedicated the stone to Venus, the goddess of love and beauty. In the Middle Ages, it was believed that emeralds held the power to foretell the future and cure epilepsy and fever. Today, it is often thought to symbolize wisdom, growth, patience, and spring.



Memory Care

A Great Place to Call Home

Hair Salon
Wednesdays
9:00 AM—1:30 PM
Stylist—Oanh
Sign Up at the Front Desk

Special Activities

Music with Larissa ~ May 2nd @ 1:30 pm

Reminiscing with Barb ~ May 3rd @ 12:30 pm

Strike Up the Band with Barb ~ May 5th @ 12:30 pm

Happy Mother's Day ~ May 8th

Art Expression with Barb ~ May 10th @ 12:30 pm

Scenic Bus Ride ~ May 10th @ 2:00 pm

Music with Larissa ~ May 16th @ 1:30 pm

Trivia and Conversation with Barb ~ May 17th @ 12:30 pm

Pet Visit with Anubi ~ May 20th @ 12:30

Music with Randy Rogers ~ May 23rd @ 2:00 pm

Field Day with Barb ~ May 24th @ 12:30 pm

Scenic Bus Ride ~ May 24th @ 2:00 pm

Strike Up the Band with Barb ~ May 26th @ 12:30 pm

Field Day with Barb ~ May 31st @ 12:30 pm

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