

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:00 Morning Musical Movie, LR 6:00 Bingo, L 6:00 Evening Movie, LR</p> <p>May Day</p>	<p>2</p> <p>9:00 Bible Study, AR 10:00 Morning Exercise, DR 2:00 Scenic Drive, L 6:00 Evening Movie, LR</p>	<p>3</p> <p>10:00 Morning Exercise, DR 1:00 Northwest Geriatrics 1:00 Wii Bowling, IC 2:00 Game Time with Barb, LR 3:00 Strike up the Band Barb, LR 6:00 Evening Movie, LR</p>	<p>4</p> <p>10:00 Strength Exercise, DR 1:00 Walking Group, L 2:00 Margarita Time, L 6:00 Evening Movie, LR</p>	<p>5</p> <p>Medical Transportation** 10:00 Catholic Services, AR 1:00 Documentary, LR 1:00 Northwest Geriatrics 2:00 Social Connection, LR 3:00 Afternoon Exercise, DR 6:00 Evening Movie, LR</p> <p>Cinco de Mayo</p>	<p>6</p> <p>10:00 Morning Exercise, DR 1:00 Walking Group With Joy, L 2:30 Birthday Celebration With Sandra Walker, DR 6:00 Evening Movie, LR</p>	<p>7</p> <p>10:00 Morning Stretch, DR 2:00 Music with Ken Sabalza, DR 6:00 Evening Movie, LR</p>
<p>8</p> <p>9:00 Morning Musical Movie, LR 6:00 Evening Movie, LR</p> 	<p>9</p> <p>9:00 Bible, AR 10:00 Morning Exercise, DR 2:00 Sing Along with Joy, LR 6:00 Evening Movie, LR</p>	<p>10</p> <p>10:00 Morning Exercise, DR 1:00 Northwest Geriatrics 1:00 Wii Bowling, IC 2:00 Game Time with Barb, LR 3:00 Strike up the Band Barb, LR 6:00 Evening Movie, LR</p>	<p>11</p> <p>10:00 Strength Exercise, DR 1:00 Walking Group, L 2:00 Red Hats, DR 6:00 Evening Movie, LR</p>	<p>12</p> <p>Medical Transportation** 10:00 Catholic Services, AR 1:00 Documentary, LR 1:00 Northwest Geriatrics 2:00 Social Connection, LR 3:00 Afternoon Exercise, DR 6:00 Evening Movie, LR</p>	<p>13</p> <p>10:00 Morning Exercise, DR 1:00 Walking Group With Joy, L 2:30 Happy Hour with Jon Pressman, DR 6:00 Evening Movie, LR</p>	<p>14</p> <p>10:00 Morning Stretch, DR 1:00 Pet Visit with Sophie, LR 2:30 Word Games, DR 6:00 Evening Movie, LR</p>
<p>15</p> <p>9:00 Morning Musical Movie, LR 2:00 Create It, DR 6:00 PO KE NO, L 6:00 Evening Movie, LR</p>	<p>16</p> <p>9:00 Bible Study, AR 10:00 Morning Exercise, DR 2:00 Scenic Drive, L 6:00 Evening Movie, LR</p>	<p>17</p> <p>10:00 Morning Exercise, DR 1:00 Northwest Geriatrics 1:00 Wii Bowling, IC 6:00 Evening Movie, LR</p>	<p>18</p> <p>10:00 Strength Exercise, DR 1:00 Walking Group, L 12:00 Kentucky Fried Chicken Lunch Bunch, \$\$ 6:00 Evening Movie, LR</p>	<p>19</p> <p>Medical Transportation** 10:00 Catholic Services, AR 1:00 Documentary, LR 1:00 Northwest Geriatrics 2:00 Social Connection, LR 3:00 Afternoon Exercise, DR 6:00 Evening Movie, LR</p>	<p>20</p> <p>10:00 Morning Exercise, DR 1:00 Walking Group With Joy, L 1:00 Pet Visit with Anubi, LR 2:30 Happy Hour with Hank Blumenthal, DR 6:00 Evening Movie, LR</p>	<p>21</p> <p>10:00 Morning Stretch, DR 2:00 Chicken Soup for the Soul Stories, ICP 2:30 Word Games, DR 6:00 Evening Movie, LR</p> <p>Armed Forces Day</p>
<p>22</p> <p>9:00 Morning Musical Movie, LR 6:00 Bingo, L 6:00 Evening Movie, LR</p>	<p>23</p> <p>9:00 Bible Study, AR 10:00 Morning Exercise, DR 2:00 Sing Along with Joy, LR 6:00 Evening Movie, LR</p> <p>Victoria Day (Canada)</p>	<p>24</p> <p>10:00 Morning Exercise, DR 1:00 Northwest Geriatrics 1:00 Wii Bowling, IC 2:00 Game Time with Barb, LR 3:00 Strike up the Band Barb, LR 6:00 Evening Movie, LR</p>	<p>25</p> <p>10:00 Strength Exercise, DR 1:00 Walking Group, L 2:00 Bingo Bash, DR 6:00 Evening Movie, LR</p>	<p>26</p> <p>Medical Transportation** 10:00 Catholic Services, AR 1:00 Documentary, LR 1:00 Northwest Geriatrics 1:00 Foot Care with Dr. Gorey, AR 2:00 Social Connection, LR 3:00 Afternoon Exercise, DR 6:00 Evening Movie, LR</p>	<p>27</p> <p>10:00 Morning Exercise, DR 1:00 Walking Group With Joy, L 2:30 Happy Hour with Doug Deems, DR 6:00 Evening Movie, LR</p>	<p>28</p> <p>10:00 Morning Stretch, DR 1:00 Pet Visit with Sophie, LR 2:30 Word Games, DR 6:00 Evening Movie, LR</p>
<p>29</p> <p>9:00 Morning Musical Movie, LR 2:00 Create It, DR 6:00 PO KE NO, L 6:00 Evening Movie, LR</p>	<p>30</p> <p>9:00 Bible Study, AR 10:00 Morning Exercise, DR 2:00 Resident Meeting, DR 6:00 Evening Movie, LR</p> <p>Memorial Day</p>	<p>31</p> <p>10:00 Morning Exercise, DR 1:00 Northwest Geriatrics 1:00 Wii Bowling, IC 2:00 Game Time with Barb, LR 3:00 Strike up the Band Barb, LR 6:00 Evening Movie, LR</p>				

May 2022

THE MONTHLY GAZETTE

*"Hail bounteous May that doth inspire
Mirth and youth and warm desire..."*

~ John Milton



Dog of the Month – Chihuahua

The chihuahua is a breed of dog native to Mexico that traces its lineage back thousands of years to pre-Columbian times. These adorable pups are named after the Mexican state of the same name. Chihuahuas are small, peppy dogs known for their vibrant personalities. In fact, they are one of the smallest breeds. They have large, expressive eyes and sweet faces. One of their defining features is an apple-shaped head. Chihuahuas come in a variety of colors, including tan, white, black, fawn, chocolate, red, and cream. Some even have coats in blue or lilac!



These charming dogs make popular pets, beloved for their unique spunk and playful nature. Affectionately known as purse dogs at under 10 inches long and just four to six pounds, they can actually be carried around in a handbag. They tend to live between 12 and 15 years, but have been known to survive up to 20 years.

Special Days

May Day
May 1

Cinco de Mayo
May 5

Mother's Day
May 8

Armed Forces Day
May 21

Victoria Day (Canada)
May 23

Memorial Day (U.S.)
May 30

Flower – Lily of the Valley



The flower for the month of May is the lily of the valley. It is prized for its sweet fragrance. It's a common folk belief that the scent of this inedible flower in the spring air is the signal for nightingales to begin their seasonal singing and choosing of a mate. Legend has it that King Charles IX of France was given this flower on May 1, 1561. He reportedly then gave the gift of lilies of the valley to all the ladies of his court each year on May 1.

Birthstone – Emerald



The stunning green emerald is the birthstone for May. It is also the anniversary gemstone for the 20th year of marriage. This beautiful gemstone is primarily mined in the Middle East and South America. The ancient Romans associated emeralds with fertility and rebirth. They dedicated the stone to Venus, the goddess of love and beauty. In the Middle Ages, it was believed that emeralds held the power to foretell the future and cure epilepsy and fever. Today, it is often thought to symbolize wisdom, growth, patience, and spring.



Assisted Living

A Great Place to Call Home

Hair Salon

Wednesdays

9:00 AM—1:30 PM

Stylist—Oanh

Sign Up at the Front Desk

Welcome:

Merle S. Skip D.

Happy Birthday:

Sandy W. 5/10 Kathy C. 5/11 Bobbie B. 5/25

Jean H. 5/25 Judy B. 5/28

Special Activities

- May 4th @ 2:00 Margarita Time
- May 6th @ 2:30 Birthday Celebrations with Sandra Walker
- May 7th @ 2:00 Music with Ken Sabalza
- May 8th ~ Happy Mother's Day!!**
- May 11th @ 2:00 Red Hat Crafts
- May 13th @ 2:30 Happy Hour with Jon Pressman
- May 18th @ 12:00 Kentucky Fried Lunch Bunch \$\$
- May 20th @ 2:30 Happy Hour with Hank Blumenthal
- May 25th @ 2:00 Bingo Bash
- May 27th @ 2:30 Happy Hour with Doug Deems

May 30th ~ Memorial Day

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