# DISCOVER Anthology Senior Living

### MEMORY CARE Expert care in a safe and nurturing environment, delivered with compassion and respect

## EXPERIENCE THE CARE of

compassionate team members

Care team members available 24/7

Robust COVID-19 safety protocols and programs

Care designed to promote independence while providing assistance as needed

Wellness profile and personalized wellness plan completed by a licensed nurse

Ongoing professional oversight of healthcare, behavioral, and cognitive needs

Assistance with activities of daily living such as dressing, bathing, grooming, transportation, and medication management

Balanced Living program: designed to reduce falls while improving physical health and balance

In-suite personal alert system

Occupational and physical therapy provided by *Legacy*<sup>®</sup> Healthcare Services

Ongoing, extensive team member training

Partnership with national pharmacies for safe dispensing and delivery of medications



### Continue Your Life Story With Us

Continue your life story with joy, connection and comfort every day. Experience the personalized, compassionate care and vibrant living you deserve. It is our honor to be a part of your next chapter.

### ANTHOLOGY SENIOR LIVING MAYFIELD HEIGHTS

6200 Landerhaven Drive Mayfield Heights, OH 44124

**440-753-8931** AnthologySeniorLiving.com/Mayfield-Heights

### A CA SENIOR LIVING COMMUNITY

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## ANTHOLOGY SENIOR LIVING MAYFIELD HEIGHTS

MEMORY CARE



### GAIN PEACE OF MIND,

knowing your loved one has certified care in a safe, secure environment within a supportive warm community



# PURPOSEFULLY ENGAGE with daily enrichment opportunities

- Daily activities nurture six dimensions of wellness: physical, emotional, social, intellectual, spiritual, environmental
- iN2L<sup>®</sup> large-screen and personal tablet-based activities to entertain and engage in group and individual settings
- Fit Minds<sup>™</sup> instructor-led classes to engage five domains of cognition: language and music, visual and spatial, critical thinking, computation, long-term and working memory

### GAIN FAMILY SUPPORT and

education from an understanding community

- Dementia education series for current and prospective family and friends
- Focus groups for current family and friends
- Dementia resource library
- Sagely<sup>®</sup> Family App, to track resident activity and participation

### LIVE WITH ASSURANCE in

an intentionally designed, secure environment

- Residential, non-clinical ambience
- Decor, colors, music, team uniforms selected to foster a serene environment
- Artwork and nostalgic images to evoke feelings of home
- Personalized memory box outside each suite, for familiarity

## DELIGHT in

### fine cuisine

- Chef-inspired fresh menus, supervised by a registered dietitian
- Personalized plated meals
- Bite-sized servings (utensil-free) option
- Pureed option piped to maintain color and appeal
- Team members dedicated to Memory Care residents only, for familiarity and continuity

## ENJOY

### premium amenities

- Gracious contemporary private suites
- Full housekeeping, linen and maintenance services
- Escorts to and from meals and events
- Concierge services
- Transportation to appointments, shopping, dining and outings
- Salon and barber shop
- Community activity center, craft room, library, and theatre
- Well-appointed common areas
- Landscaped gardens and courtyards

## SCHEDULE YOUR TOUR TODAY!

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