



# At Home

*Making The Most of Living in a Cowboy  
Properties Community  
April 22, 2022*

## Hiking is All The Range

Get out and take a hike this weekend on one of these lesser-known trails. You may still encounter some late season snow, take spikes if you have them!

### [Mehraban Wetland Park](#)

890 E Riparian Dr., Draper

Features a mile of a combination of paved and gravel trails along with two ponds.

### [Old Sheep Trail](#)

Silver Lake Flat Reservoir, American Fork

The trail head is located a mile before the reservoir. A 3.4 mile route that is also great for mountain biking. Be prepared for the rough dirt road to get there.

### [Lizard Lake Trail](#)

Mount Nebo Wilderness, Payson

A 4.6 mile moderate hike with a lake. Follow Nebo Loop Road approximately 10 miles to the trailhead at Forest Road 312. Some people have indicated that the trail can be difficult to follow, so make sure to take a map. Also a great biking trail.

### [Yellow Pine Trail](#)

Forest Road 431, Kamas

This 9.2 mile hike is rated as moderate by AllTrails, but you'll still get 2,700 feet of elevation gain. Most of the trail follows Yellow Pine Creek.

## Social Media Giveaway

Are you following us on social media? Stop by your leasing office to show us that you are following your community on either Facebook or Instagram and receive a candy bar treat, as well as be entered into a drawing to win a \$500 gift card!

Contest rules: You must be a current resident of a Cowboy Properties community to win. You must be following the page through the gift card drawing to win. One entry per person. Account must be under your name (no business accounts). Entries accepted through the end of business on Wednesday, April 27 (6:00 PM).

## Utah Dessert Recipes

Rainy Saturday mornings are great for baking and we recommend one of these local recipes.

### **Laurel Brasserie & Bar Bread Pudding**

Laurel opened in the Grand America Hotel in downtown Salt Lake in December, and the warm custardy bread pudding made from croissants and covered in a caramely rum sauce is a perfect ending to the evening. [Download the recipe here.](#)

### **Caputo's Market & Deli Sea Salt Chocolate Chip Cookies**

The specialty deli sells a wide variety of craft chocolate which makes for great chocolate chip cookies. [Find the recipe here.](#)

## Covid-19 Update

[Click for the latest resources on vaccine eligibility and distribution.](#) Everyone ages 5 and up is eligible for the vaccine in Utah. Need a rapid test? [Here is a list of locations.](#) Visit [COVIDtests.gov](#) to receive four free at-home test kits. [The CDC recently recommended an additional booster shot for certain individuals.](#)

[Click for a list of pharmacies offering free N95 masks.](#)

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

### **Housing Assistance**

[rentrelief.utah.gov](#)

### **General Assistance (Utilities, Food, Housing)**

[utahca.org/housing/](#) or call (801) 359-2444  
[211utah.org/](#) or call 211

### **Utah Department of Workforce Services Resources**

[jobs.utah.gov/](#)

### **Food Resources, and Mobile Food Pantry Dates and Locations**

[slc.gov/sustainability/food-covid/](#)  
[utahfoodbank.org/programs/mobile-pantry/](#)  
[feedut.org/](#)