



SERRA HIGHLANDS

SENIOR LIVING

A large, faint, stylized leaf graphic in the background, split vertically with the left half in red and the right half in blue, with a white swoosh running through the center.

It's a new day...
And it's yours!





At Pacifica Senior Living, we don't expect our residents to "fit" into one of our communities. We've designed our communities to "fit" them – to meet their different needs, preferences, dreams and goals. From Independent Living to Assisted Living and Memory Care, our communities welcome residents to live by their own design.

Our communities provide residents with every service and amenity they need, want and deserve to live each day just as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

It's a New Day... And It's Yours!



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Senior Living Services

Pacifica Senior Living communities offer a variety of care and lifestyle choices to support our residents in living well.

Independent Living

Active seniors retire to carefree living at its best. No housework. No yardwork. No worries. Just time to spend as they choose. Our communities feature spacious apartment homes, amenities, services and engaging programs – all designed to provide residents with the lifestyle to which they've aspired.

Heartland™ Assisted Living

Delivering the optimal balance of independence and support, Heartland™ Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents enjoy assistance with activities such as:

- Meals
- Medication Management
- Bathing & Dressing
- Mobility
- Transportation

WELCOME

Welcome to Serra Highlands, a lovely appointed Senior Living community that elevates Independent and Assisted Living to a new standard of excellence.

Offering affordable lifestyles for Independent and Heartland™ Assisted Living, Serra Highlands just may be the best value in senior living in the area. Rich with amenities and services, Serra Highlands welcomes residents to enjoy a worry-free lifestyle that beautifully balances independence and support.

Our community has been thoughtfully created and designed to provide seniors with an enriching, fulfilling lifestyle, the company of peers and the peace of mind that comes with 24-hour support by a trained staff.

From a variety of floor plans to inviting spaces both indoor and out, Serra Highlands offers residents their choice of private apartments as well as community areas in which to gather with friends and enjoy social interaction.

Conveniently located, Serra Highlands is close to airport, shopping, healthcare services, religious establishments and cultural and educational opportunities.

At Serra Highlands, it's a new day – and it's yours! Make the most of it right here.



Points of Interest

- | | |
|------------------------------------|---|
| 1. Serra Highlands Senior Living | 6. Marshalls |
| 2. Safeway | 7. Target |
| 3. Kaiser Permanente San Francisco | 8. JC Penny |
| 4. US Post Office | 9. Costco |
| 5. Walgreens | 10. San Francisco International Airport |

Follow our driving directions

I-80 W:

- Take I-280 S to Westborough Blvd. in South San Francisco.
- Take Exit 45 from I-280 S
- Take Gellert Blvd and King Drive to destination

US-101 S/Central Freeway:

- Follow US-101 S and I-280 S to Westborough Blvd in South San Francisco.
- Take Exit 45 from I-280 S
- Take Gellert Blvd and King Drive to destination

RESPITE CARE

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to rest from the daily tasks required for a loved one.

Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay. Trained team members work together to enhance continued dignity and trust.

We know the difference a smile and kind word can make.

Respite Care includes:

- A beautiful home-like environment
- Furnished apartment
- 24-hour personal care and assistance
- Heartland™ Assisted Living

Room rates starting from:

- \$_____ per day for Assisted Living

(Not including care costs)

650.878.5111 | 501 King Drive | Daly City, CA 94015 | SerraHighlandsSeniorLiving.com



Lic. # 415600191



INDEPENDENT LIVING RATES

One Monthly Fee Includes the following Services and Amenities:

- 24-hour staff
- Chef prepared meals
- Activities calendar
- Apartment maintenance
- Scheduled transportation
- Housekeeping services
- Utilities
- Emergency alert system

Monthly fees:

Arroyo \$ _____

Avalon \$ _____

Community Fee \$ _____

Second Person Fee \$ _____

HEARTLAND™ ASSISTED LIVING

Serra Highlands Senior Living Heartland™ Assisted Living program is ideal for those who may benefit from assistance to remain living independently while enjoying a fulfilling lifestyle. Offering a unique combination of people, lifestyles, services and care, Heartland™ Assisted Living delivers the optimal balance of independence and support.

Our dedicated staff provides personalized, 24-hour assistance, ensuring residents enjoy freedom of choice, dignity, respect and the comfort of care. Families enjoy the peace of mind that comes with knowing their loved ones are happy and well cared for.

One Monthly Fee Includes the following Services and Amenities:

- 24-hour staff
- Chef prepared meals
- Activities calendar
- Apartment maintenance
- Scheduled transportation
- Housekeeping services
- Utilities
- Emergency alert system



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HEARTLAND™ ASSISTED LIVING RATES

Additional Assisted Living Care Services May Include:

- Caregivers available 24/7
- Escort to meals and activities
- Showering, bathing and dressing assistance
- Assistance with personal grooming/hygiene
- Medication assistance
- Visits from our rehabilitation professionals in the comfort of your home
- Incontinence management
- Insulin assistance

Assisted Living Monthly Rates*:

Monthly fees:

Arroyo \$_____

Avalon \$_____

Community Fee \$_____

Second Person Fee \$_____

Level of Care Services

A personalized assessment will be completed by our professional nursing staff to determine the appropriate Care Level for you or your loved one. Our experienced associate will go over the program and services from the assessment and will answer any questions you may have.

Level 1: \$_____ Level 2: \$_____ Level 3: \$_____

Level 4: \$_____ Level 5: \$_____

Diabetic Care offered

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FLOOR PLANS

AVALON



ARROYO




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Respite Care

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to take a break from the daily tasks required for a loved one. Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or simply wish to experience the Pacifica lifestyle.

(Respite Care based on availability.)

Companion Living

Companion Living enables seniors to enjoy all the care, services and amenities of a Pacifica Senior Living community with the added benefits of forging a new friendship, enhanced well-being and cost savings of sharing a suite, just to name a few.

Designed for Living Well

Our communities are designed to help our residents live well, surrounded by services, amenities and programs.



Dining

Dining is a delight at Pacifica Senior Living. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed, restaurant-style settings by attentive dining room staff.

Life Enrichment

Our Life Enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions, and so much more.

Transportation

A full-time, certified driver is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shops, religious services, banks, postal centers and more.

Pet Friendly

Pets are part of the family, so Pacifica Senior Living communities are pet friendly* and have designated pet areas for convenience.



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Our Mission



Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect. Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.

Independent Living | Assisted Living



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