



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| | | | <u>Primary Benefit Keys:</u> AT = Art Therapy/Crafts CP = Cognitive ME = Meditation/Yoga/Tai Chi MS = Multi-Sensory MT = Music Therapy OT = Other PT = Pet Therapy PH = Physical RE = Religious SO = Social TO = Task Oriented | <u>Location Keys:</u> MC = Memory Care AL = AL Activity Rm AD = AL Dining Room RO = Rooms PB = Pub FR = Fitness room LB = Library IL = IL Activity Rm LO = Lobby | 10:30a Walk & Talk (IL, OT) 11:30a Meet the New Resident Social (AL) 1p Chair Exercise (MC, OT) 2p Games (AL, OT) 4p Bowling (MC, OT) 4p Chair Volleyball (AL, OT) | 10a Morning Stretch (MC, OT) 11a Morning Walk (AL, OT) 3p Puzzles (AL, OT) |
| 11a Church Service on TV (AL, OT) 1p Sit & Stretch (MC, OT) 3p Afternoon Walk (AL, OT) 5p Cards (AL, OT) | 10:30a Coffee Talk (AL, OT) 11a Morning Walk (MC, OT) 12p Walk & Talk (IL, OT) 1p Shopping Day (LO, OT) 2:30p Manicures (AL, OT) | 10:30a Chair Exercise (AL, OT) 10:30a YMCA (LO, OT) 11a Sit & Stretch (MC, OT) 12p Genesis Rehab Seminar (AL, OT) 12:30p Tech Tuesday (IL, OT) 3p Room Visits (RO, OT) 4:30p Tippy Tuesday (PB, OT) | 10:30a Sit and Stretch (FR, OT) 11:30a Bible Study (LB, OT) 12:30p Lunch Out (LO, OT) 3p Table Tennis (MC, OT) | 10a Morning Stretch (MC, OT) 10:30a Coffee Chat (AL, OT) 12p Exercise With Genesis (AL, OT) 1p Monthly Birthday Celebration (IL, OT) 2p Sing Along with Brittany (AL, OT) 3p Room Visits (RO, OT) 4:30p Thirsty Thursday (PB, OT) | 10:30a Walk & Talk (IL, OT) 11:30a Donut and Coffee Social (AL, OT) 1p Chair Exercise (MC, OT) 2:30p Board Games (AL, OT) | 10a Morning Stretch (MC, OT) 11a Morning Walk (AL, OT) 3p Puzzles/ Crosswords (AL, OT) |
| 11a Church Service on TV (AL, OT) 1p Sit & Stretch (MC, OT) 3p Afternoon Walk (AL, OT) 5p Cards (AL, OT) | 10:30a Coffee Talk (AL, OT) 11a Morning Walk (MC, OT) 12p Walk & Talk (IL, OT) 1p Shopping Day (LO, OT) 2:30p Charades (AL, OT) | 10:30a Chair Exercise (AL, OT) 11a Blood Pressure Checks (IL, OT) 11a Sit & Stretch (MC, OT) 12:30p Tech Tuesday (IL, OT) 3p Bingo (IL, OT) 4:30p Tippy Tuesday (PB, OT) | 10:30a Sit and Stretch (FR, OT) 11:30a Bible Study (LB, OT) 12:30p Scrabble (AL, OT) 3p Bracelet Making (AL, OT) | 10a Morning Stretch (MC, OT) 10:30a Coffee Chat (AL, OT) 12p Exercise With Genesis (AL, OT) 2p Sing Along with Brittany (AL, OT) 3p Room Visits (RO, OT) 4:30p Thirsty Thursday (PB, OT) | 10:30a Walk & Talk (IL, OT) 11:30a Chef Chat with Residents (PB, OT) 1p Chair Exercise (MC, OT) 3p Easter Jeopardy Trivia (AL, OT) | 10a Morning Stretch (MC, OT) 11a Morning Walk (AL, OT) 3p Puzzles (AL, OT) |
| 11a Church Service on TV (AL, OT) 1p Sit & Stretch (MC, OT) 3p Afternoon Walk (AL, OT) 5p Cards (AL, OT) | 10:30a Coffee Talk (AL, OT) 11a Morning Walk (MC, OT) 12p Walk & Talk (IL, OT) 1p Shopping Day (LO, OT) 2:30p Canasta (AL, OT) | 10:30a Chair Exercise (AL, OT) 11a Craft with Dawn (IL, OT) 11a Sit & Stretch (MC, OT) 12:30p Tech Tuesday (IL, OT) 2:30p Alzheimer's Support Group (AL, OT) 3:30p Cooking Demo with Lilly (IL, OT) 4:30p Tippy Tuesday (PB, OT) | 10:30a Sit and Stretch (FR, OT) 11:30a Bible Study (LB, OT) 3p Golf Keystone Style (AL, OT) | 10a Morning Stretch (MC, OT) 10:30a Coffee Chat (AL, OT) 12p Exercise With Genesis (AL, OT) 2p Sing Along with Brittany (AL, OT) 3p Room Visits (RO, OT) 4:30p Thirsty Thursday (PB, OT) | 10:30a Walk & Talk (IL, OT) 11:30a Resident Council Meeting (PB, OT) 1p Chair Exercise (MC, OT) 2:30p Potting Flowers (AL, OT) 3p Book of the Month Meeting (LB, OT) | 10a Morning Stretch (MC, OT) 11a Morning Walk (AL, OT) 3p Connect Four (AL, OT) |
| 11a Church Service on TV (AL, OT) 1p Sit & Stretch (MC, OT) 3p Afternoon Walk (AL, OT) 5p Cards (AL, OT) | 10:30a Coffee Talk (AL, OT) 11a Morning Walk (MC, OT) 12p Walk & Talk (IL, OT) 1p Shopping Day (LO, OT) | 10:30a Chair Exercise (AL, OT) 11a Sit & Stretch (MC, OT) 12:30p Tech Tuesday (IL, OT) 3p Cornhole (IL, OT) 3p Room Visits (RO, OT) 4:30p Tippy Tuesday (PB, OT) | 10:30a Sit and Stretch (FR, OT) 11:30a Bible Study (LB, OT) 12:30p Lunch Brought In (IL, OT) 3p Noodle Ball (MC, OT) 3p Trivia (AL, OT) | 10a Morning Stretch (MC, OT) 10:30a Coffee Chat (AL, OT) 12p Exercise With Genesis (AL, OT) 2p Sing Along with Brittany (AL, OT) 3p Room Visits (RO, OT) 4:30p Thirsty Thursday (PB, OT) 7p Family Night (AD, OT) | 10:30a Walk & Talk (IL, OT) 11:30a Cards with Nancy (AL, OT) 1p Chair Exercise (MC, OT) 3p After Lunch Bingo (AL, OT) | 10a Morning Stretch (MC, OT) 11a Morning Walk (AL, OT) 3p Dominos (AL, OT) |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |