

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2022

						<p>9:00am-Weights Workout-ER 1</p> <p>1:00pm-Pokeno w/Fred-MR</p> <p>3:00pm-Resident Wine Social-MR</p> <p>7:00pm-Bingo w/Fred-MR</p> <p>All Fools' Day</p>	<p>1:00pm-Sequence w/Willard-MR 2</p> <p>2:00pm-Poker w/Cliff-GR</p> <p>Ramadan Begins</p>
<p>3</p> <p>9:00am-Tai Chi w/Pati-ER</p> <p>1:00pm-Word Makers-ER</p> <p>2:30pm-Beanbag Baseball-ER</p> <p>6:00pm-Bridge-MR</p>	<p>4</p> <p>9:00am-Full Body Workout-ER</p> <p>9:45am-Alpha One Blood Pressure-L</p> <p>1:30pm-Meet the Chef! w/Victor Garcia-MR</p> <p>2:30pm-Indoor Golf-ER</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>5</p> <p>9:00am-Resistance Bands Exercise (video)-ER</p> <p>11:00am-Resident Birthday Brunch Celebration-DR</p> <p>3:00pm-Happy Hour w/The Deleon's</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>6</p> <p>9:00am-Resistance Bands Exercise (video)-ER</p> <p>11:00am-Resident Birthday Brunch Celebration-DR</p> <p>3:00pm-Happy Hour w/The Deleon's</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>7</p> <p>9:00am-Full Body Exercise-ER</p> <p>10:00am-Wii Bowling-MR</p> <p>2:00pm-Blackjack w/Cliff-GR</p> <p>3:00pm-A Stitch in Time-MR</p>	<p>8</p> <p>9:00am-Weights Workout-ER</p> <p>11:00am-Sunrise Mall Outing w/Zhanna</p> <p>1:00pm-Pokeno w/Fred-MR</p> <p>3:00pm-Resident Wine Social-MR</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>9</p> <p>1:00pm-Sequence w/Willard-MR</p> <p>2:00pm-Poker w/Cliff-GR</p>	
<p>10</p> <p>9:00am-Tai Chi w/Pati-ER</p> <p>1:00pm-Word Makers-ER</p> <p>2:30pm-Volleyball-ER</p> <p>4:00-Benefits of Exercise for Arthritis Presentation w/Pati Staines-MR</p> <p>6:00pm-Bridge-MR</p> <p>Palm Sunday</p>	<p>11</p> <p>9:00am-Full Body Workout-ER</p> <p>2:30pm-Corn Hole-ER</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>12</p> <p>9:00am-Resistance Bands Exercise (video)-ER</p> <p>1:00pm-Birds of the Sac Valley Presentation w/Dan Murphy</p> <p>9:00am-Chair Massage Therapist-LIB (2nd floor)</p> <p>3:00pm-Happy Hour w/Jim & Linda Baughman</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>13</p> <p>9:00am-Resistance Bands Exercise (video)-ER</p> <p>1:00pm-Birds of the Sac Valley Presentation w/Dan Murphy</p> <p>9:00am-Chair Massage Therapist-LIB (2nd floor)</p> <p>3:00pm-Happy Hour w/Jim & Linda Baughman</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>14</p> <p>9:00am-Full Body Exercise-ER</p> <p>10:00am-Wii Bowling-MR</p> <p>1:00pm-Bingo w/Zhanna-MR</p> <p>2:30pm-Blackjack w/Cliff-GR</p> <p>3:00pm-A Stitch in Time-MR</p>	<p>15</p> <p>9:00am-Weights Workout-ER</p> <p>1:00pm-Pokeno w/Fred-MR</p> <p>3:00pm-Resident Wine Social-MR</p> <p>7:00pm-Bingo w/Fred-MR</p> <p>Spring Egg Hunt!</p> <p>Good Friday Passover Begins</p>	<p>16</p> <p>1:00pm-Sequence w/Willard-MR</p> <p>2:00pm-Poker w/Cliff-GR</p>	
<p>17</p> <p>9:00am-Tai Chi w/Pati-ER</p> <p>1:00pm-Word Makers-ER</p> <p>2:30pm-Beanbag Baseball-ER</p> <p>6:00pm-Bridge-MR</p> <p>Easter Sunday</p>	<p>18</p> <p>9:00am-Full Body Workout-ER</p> <p>9:45am-Alpha One Blood Pressure-L</p> <p>1:00pm-Book Club-LIB (Upstairs 2nd floor)</p> <p>2:30pm-Indoor Golf-ER</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>19</p> <p>9:00am-Resistance Bands Exercise (video)-ER</p> <p>10:00am-Fused Glass Class w/Deanna-PR (Class 1)</p> <p>1:30pm-Fused Glass Class w/Deanna-PR (Class 2)</p> <p>3:00pm-Happy Hour w/Country Club Aires</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>20</p> <p>9:00am-Resistance Bands Exercise (video)-ER</p> <p>10:00am-Fused Glass Class w/Deanna-PR (Class 1)</p> <p>1:30pm-Fused Glass Class w/Deanna-PR (Class 2)</p> <p>3:00pm-Happy Hour w/Country Club Aires</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>21</p> <p>9:00am-Full Body Exercise-ER</p> <p>10:00am-Wii Bowling-MR</p> <p>2:00pm-Blackjack w/Cliff-GR</p> <p>3:00pm-A Stitch in Time-MR</p>	<p>22</p> <p>9:00am-Weights Workout-ER</p> <p>11:00am-Target Outing w/Zhanna</p> <p>1:00pm-Pokeno w/Fred-MR</p> <p>3:00pm-Resident Wine Social-MR</p> <p>7:00pm-Bingo w/Fred-MR</p> <p>Earth Day</p>	<p>23</p> <p>1:00pm-Sequence w/Willard-MR</p> <p>2:00pm-Poker w/Cliff-GR</p>	
<p>24</p> <p>9:00am-Tai Chi w/Pati-ER</p> <p>1:00pm-Word Makers-ER</p> <p>2:30pm-Volleyball-ER</p> <p>6:00pm-Bridge-MR</p>	<p>25</p> <p>9:00am-Full Body Workout-ER</p> <p>1:00pm-Bookmobile (Side Entrance) Parking Lot</p> <p>2:30pm-Corn Hole-ER</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>26</p> <p>9:00am-Resistance Bands Exercise (video)-ER</p> <p>9:00am-Chair Massage Therapist-LIB (2nd floor)</p> <p>3:00pm-Happy Hour w/Michelle Devol</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>27</p> <p>9:00am-Resistance Bands Exercise (video)-ER</p> <p>9:00am-Chair Massage Therapist-LIB (2nd floor)</p> <p>3:00pm-Happy Hour w/Michelle Devol</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>28</p> <p>9:00am-Full Body Exercise-ER</p> <p>10:00am-Wii Bowling-MR</p> <p>1:00pm-Bingo w/Deanna-MR</p> <p>2:30pm-Blackjack w/Cliff-GR</p> <p>3:00pm-A Stitch in Time-MR</p>	<p>29</p> <p>9:00am-Weights Workout-ER</p> <p>1:00pm-Pokeno w/Fred-MR</p> <p>3:00pm-Resident Wine Social-MR</p> <p>7:00pm-Bingo w/Fred-MR</p> <p>Arbor Day</p>	<p>30</p> <p>1:00pm-Sequence w/Willard-MR</p> <p>2:00pm-Poker w/Cliff-GR</p>	

ER=Exercise Room, MR=Media Room, PA=Pond Area, LIB=Library, L=Lobby, DR=Dining Room, PR=Puzzle Room, GR=Game Room

All Activities are subject to change