

Sunday

Monday

Tuesday

Wednesday























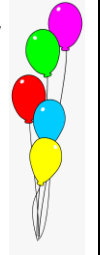

Thursday

Friday

Saturday

# April 2022

## Roseville Commons Activities

<p>9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR</p>  <p>6:00 Board Games ~ LB Brain Teasers ~ RR</p>	<p>10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ RR w/Pati Staines</p>  <p>1:00 <b>Activity Talk</b> ~ RR We want to know what's on your mind. New ideas for activities.</p> <p>2:30 <b>Bean Bag baseball</b> ~ RR 6:00 Resident Games ~ LB</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 12:30 <b>Piano Man Dan</b> ~ RR</p>  <p>2:30 <b>BUNCO</b> ~ RR No money needed</p>  <p>6:00 Resident Games ~ LB</p>	<p>9:00 Tai Chi ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:30 <b>POKENO</b> ~RR (18 nickels &amp; 2 Quarters) 2:30 <b>Bingo</b> ~ RR (10 dimes &amp; 2 quarters) 6:00 Games ~ LB Get your friends and neighbors to play board games!</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 <b>Happy Hour</b> ~ RR w/Beny Rivers Singing you mixed music, along with some Jazz.</p> 	<p>9:00 Tai Chi ~ DVD ~ RR 10:00 Weights &amp; Balance ~ RR 11:00 Tai Chi ~ RR 12:30 <b>Left, Right, Center</b> ~ RR Dice game, 6 quarters to play</p>  <p>2:30 Crafts w/Tina ~ RR Making Spring Bonnets 6:00 Resident Games ~ LB</p> 	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 10:00 <b>Vendor Selling</b> ~ RR 11:00 Seated Yoga~ DVD ~ RR 1:00 Matinee Movie ~ RR 2:30 Yahtzee ~ LR No Money needed</p>  <p>6:00 Saturday Night Movie ~ RR</p> 
<p>9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR</p>  <p>6:00 Board Games ~ LB Brain Teasers ~ RR</p> <p>Palm Sunday</p>	<p>10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ w/Pati ~RR 12:30 Wii Bowling ~ RR</p>  <p>1:00 Wii Bowling ~ RR 2:30 <b>Bean Bag baseball</b> ~ RR 6:00 Resident Games ~ LB</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 9:00 Seated Massages ~ CR By Kevin McLachlan sign-up in the pink book</p>  <p>10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 1:30 <b>POKENO</b> ~RR (18 nickels &amp; 2 Quarters) 6:00 Resident Games ~ LB</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:00 <b>POKENO</b> ~RR (18 nickels &amp; 2 Quarters) 2:30 <b>Spring Bingo</b> ~ RR w/Kathy, playing for prizes</p>  <p>6:00 Games ~ LB Get your friends and neighbors to play board games!</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 <b>Spring Celebration</b> ~ RR w/Capital City Reflections Come celebrate with a Spring Bonnet contest music, appetizers, drinks, and dancing!</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Weights &amp; Balance ~ RR 11:00 Tai Chi ~ RR 12:30 <b>Ceramics Class</b> ~ RR Start new project 2:30 <b>Wine Social</b> ~ RR w/Michael Jasper Everything &amp; Jazz 6:00 Friday Night Movie-RR</p>  <p>Good Friday Passover Begins</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Seated Yoga~ DVD ~ RR 1:00 Matinee Movie ~ RR 2:30 Yahtzee ~ LR No Money needed</p>  <p>6:00 Saturday Night Movie ~ RR</p> 
<p>9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR 10:00am-1:00pm <b>Spring Brunch</b> Don't forget to pick up your boxed Supper!</p>  <p>1:00 Matinee Movie ~ RR 6:00 Board Games ~ LB Brain Teasers ~ RR</p> <p>Easter Sunday</p>	<p>10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ w/Pati ~ RR 12:00 Wii Bowling ~ RR 12:30 Wii Bowling ~ RR</p> <p>1:30 <b>Monday Speaker</b> ~RR Arthritis ~ What helps control it. By Patricia Staines ~ Kaiser</p> <p>2:45 <b>Bean Bag baseball</b> ~ RR 6:00 Resident Games ~ LB</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 9:00 Seated Massages ~ CR By Kevin McLachlan sign-up in the pink book</p>  <p>10:00 Weights &amp; Balance ~ RR 12:30 <b>Piano Man Dan</b> ~ RR</p>  <p>2:30 <b>BUNCO</b> ~ RR No money needed</p>  <p>6:00 Resident Games ~ LB</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:30 <b>Afternoon Show</b> ~RR Lincoln Hills Entertainers 2:45 <b>Bingo</b> ~ RR (10 dimes &amp; 2 quarters) 6:00 Games ~ LB Get your friends and neighbors to play board games!</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 <b>Happy Hour</b> ~ RR w/Evening Star Band Singing you music from the 30's-80's, and country</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 11:00 Tai Chi ~ RR 1:00 <b>POKENO</b> ~RR (18 nickels &amp; 2 Quarters) 2:00 <b>Karaoke</b> ~ RR</p>  <p>6:00 Friday Night Movie-RR</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Seated Yoga~ DVD ~ RR 1:00 Matinee Movie ~ RR 2:30 Yahtzee ~ LR No Money needed</p>  <p>6:00 Saturday Night Movie ~ RR</p> 
<p>9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR</p>  <p>6:00 Board Games ~ LB Brain Teasers ~ RR</p>	<p>10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ w/Pati ~RR 12:30 Wii Bowling ~ RR</p>  <p>1:00 Wii Bowling ~ RR 3:00 <b>Patio Grand Opening</b> ~ BP Come celebrate with us. BBQ, music by the Old West Trio, games, and raffles!</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 9:00 Seated Massages ~ CR By Kevin McLachlan</p>  <p>10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 1:00 <b>Bingo</b> ~ RR (10 dimes &amp; 2 quarters to play) 2:30 <b>Horse Races</b> ~ RR 6 quarters to place your bets, or just</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 <b>Resident Birthday Brunch</b> ~ DR</p>  <p>1:30 <b>POKENO</b> ~RR (18 nickels &amp; 2 Quarters) 2:30 <b>Bingo</b> ~ RR (10 dimes &amp; 2 quarters) 6:00 Games ~ LB</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 <b>Happy Hour</b> ~ RR w/Todd Morgan Singing you music from the 50's-60's, Blues, and Rock N Roll!</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 11:00 Tai Chi ~ RR 1:00 <b>Bingo</b> ~ RR (10 dimes &amp; 2 quarters) 2:00 Tina Working on Boards &amp; Decorating 6:00 Friday Night Movie-RR</p> <p>Arbor Day</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Seated Yoga ~ RR 1:00 Matinee Movie ~ RR 2:30 Yahtzee ~ LR No Money needed</p>  <p>6:00 Saturday Night Movie ~ RR</p> 

RR = Rose Room on the 1<sup>st</sup> floor, LB = Library on the 1<sup>st</sup> floor, DR = Dining Room on the 1<sup>st</sup> floor, CR = Craft Room, 1<sup>st</sup> floor, BP = Back Patio Events on the calendar are subject to change!