

APRIL 2022

MONTE VISTA VILLAGE SENIOR LIVING

(619) 465-1331
Lifestyle Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 MONTE VISTA VILLAGE SENIOR LIVING SENIOR APARTMENTS & ASSISTED LIVING	P Physical Wellness/Fitness S Social/Spiritual Engagements C Cognitive Visual & Language Skills M Music L Life Enrichment Skills O Outdoor Activities	Legend A.– Auditorium RL.– Residents Lounge FL.– Front Lawn PD.– Private Dining Room G.– Gazebo SD.– South Dining Room O.– Outing C– Conference Room			1 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A L 1:30 Wii GAMES (BOWLING)- RL M 2:30 COCKTAIL HOUR- RL 3:00 BILLARDS- RL	2 S 10:00 HYMN SINGING- RL 2:00 BRIDGE CLUB- RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
3 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 MOVIE-RL "INDIANA JONES" 2:30 BILLARDS- RL	4 P 9:00 LIVE FIT EXERCISE- A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 1:00 BINGO-RL 2:30 COLORING-RL C	5 P 9:00 LIVE FIT EXERCISE- A L 10:30 PEDALING-A 1:00 Wii GAME (BOWLING) -RL 1:30 TAI CHI- A 2:00 VIP BINGO- RL 1:30 BRIDGE CLUB- RL 3:00 MEXICAN TRAIN-RL	6 P 9:00 LIVE FIT EXERCISE-A S 10:00 CATHOLIC COMM.- C 10:30 COLORING- RL 1:00 BINGO-A M 2:30 HAPPY HOUR-RL "FIRST STRING BAND"	7 P 9:00 LIVE FIT EXERCISE-A 11:30 RESIDENT BIRTHDAY LUNCHEON- PD O 1:00 SCENIC DRIVE-O* 1:30 BRIDGE- RL 2:00 ROOTBEER FLOATS-RL S 2:00 GET TO KNOW YOU- PD 2:00 MEXICAN TRAIN-RL	8 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A L 1:30 Wii GAMES (BOWLING)- RL M 2:30 COCKTAIL HOUR- RL 3:00 BILLARDS- RL	9 2:00 BRIDGE CLUB- RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
10 S 7:45 TRIP TO LOCAL CHURCHES O* 1:00 MOVIE-RL "DOG DAY AFTERNOON" 2:30 BILLARDS- RL	11 P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 10:00 RESIDENT MEETING- A 1:00 BINGO-RL 2:30 COLORING-RL C	12 P 9:00 LIVE FIT EXERCISE- A L 10:30 PEDALING-A 1:00 Wii GAME (BOWLING) -RL 1:30 BRIDGE CLUB-RL 2:30 COLORING- RL 3:00 MEXICAN TRAIN-RL	13 P 9:00 LIVE FIT EXERCISE-A S 10:00 CATHOLIC COMM- C 10:30 COLORING- RL 1:00 BINGO-A M 2:30 HAPPY HOUR-RL "SOPHISTICATS"	14 P 9:00 LIVE FIT EXERCISE-A S 11:30 MENS LUNCHEON-G* O 1:00 SCENIC DRIVE-O* 1:30 BRIDGE- RL 2:30 ROOTBEER FLOATS-RL 2:30 MEXICAN TRAIN-RL	15 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A L 1:30 Wii GAMES (BOWLING)- RL M 2:30 COCKTAIL HOUR -RL 3:00 BILLARDS- RL	16 2:00 BRIDGE CLUB- RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
HAPPY EASTER! 17 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 MOVIE-RL "THE CIDER HOUSE RULES" 2:30 BILLARDS- RL	18 P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 1:00 BINGO-RL 2:30 ROUND TABLE-RL S 2:30 COLORING-RL C 3:00 PEDALING-A P	19 P 9:00 LIVE FIT EXERCISE- A O 11:30 OUTING TO ANTHONYS- O 1:00 Wii GAMES (BOWLING) -RL L 1:30 BRIDGE CLUB-RL 1:30 TAI CHI- A P 3:00 MEXICAN TRAIN-RL	20 P 9:00 LIVE FIT EXERCISE-A S 10:00 CATHOLIC COMM- C 10:30 COLORING- RL 1:00 BINGO-A M 2:30 HAPPY HOUR-RL "SYLVIA AND SALVADOR"	21 P 9:00 LIVE FIT EXERCISE-A O 1:00 SCENIC DRIVE-O* S 1:30 BRIDGE- RL 2:00 GETT TO KNOW YOU-PD 2:30 ROOTBEER FLOATS-RL 2:30 MEXICAN TRAIN-RL 3:00 LOTERIA	EARTH DAY! 22 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A L 1:30 Wii GAMES (BOWLING)- RL M 2:30 COCKTAIL HOUR -RL 3:00 BILLARDS- RL	23 2:00 BRIDGE CLUB- RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
24 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 MOVIE-RL "GOING IN STYLE" 2:30 BILLARDS- RL	25 P 9:00 LIVE FIT EXERCISE- A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 1:00 BINGO-RL 2:30 COLORING-RL C	26 P 9:00 LIVE FIT EXERCISE-A O 10:30 TRIP TO CASINO- O (SYCUAN) L 1:00 Wii GAMES (BOWLING) -RL 1:30 BRIDGE CLUB-RL 3:00 MEXICAN TRAIN-RL	27 P 9:00 LIVE FIT EXERCISE- A S 10:00 CATHOLIC COMM- C 10:30 COLORING- RL 1:00 BINGO-A M 2:30 HAPPY HOUR-RL "JOE PAL AND FRIENDS"	28 P 9:00 LIVE FIT EXERCISE-A O 1:00 SCENIC DRIVE-O* S 1:30 BRIDGE- RL 2:30 SUNSHINE LADIES TEA-SD 2:30 MEXICAN TRAIN-RL	28 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A L 1:30 Wii GAMES (BOWLING)- RL M 2:30 COCKTAIL HOUR -RL 3:00 BILLARDS- RL	30 2:00 BRIDGE CLUB- RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL