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Stamp



### Leadership Team

**Executive Director:**

**Tawnya Theodore**

**Community Relations Director:**

**Randy Dickens**

**Wellness Director, Alpine:**

**Sally Campos**

**Wellness Director, Beechwood:**

**Mara Campos Chan**

**Wellness Director, Ponderosa:**

**Melissa Garza**

**Wellness Coordinator:**

**Mila Dena**

**Wellness Nurse:**

**Franciene Thompson**

**Business Office Director:**

**Jane Smith**

**Life Enrichment Director:**

**Anjee Thompson**

**Maintenance Director:**

**Paul Burns**

**Our mission is to create and  
sustain comfortable,  
caring environments for those  
who depend on us.**

# The Farmington Times

**April 2022 Newsletter**



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# Spring Into Volunteering!

You've probably heard the famous Aesop quote: "No act of kindness, no matter how small is ever wasted." It's true - we can better the world in so many different ways. This Spring, consider making a difference in a way you feel passionately about. It's the perfect time of year for giving as the season brings re-growth, warmer weather for connecting, and more opportunities to do so outdoors.

Starting right here at our senior living community, we offer options for volunteering including companionship, therapy animal visits, interactive lessons for many skillsets, and talent showcases (musical instrument playing, singing, magic, art, etc.). Reach out to our life enrichment director at our main number for information on how to sign-up.

In the greater community, consider numerous options for making a difference!

- Seek out a local community gardening group that gets together to grow vegetables or plant trees. Gardening with others of all ages is a great way to better the community, source produce locally, and grow intergenerational relationships.
- Head to a nearby animal shelter or call up an animal rescue organization to see how you can be of service. Rescues can benefit from animal companions, fosters, and donators. You may just fall in love with some fuzzy friends in the process!
- Contact a local food bank. FeedingAmerica.org is a great spot to start as it can link you to food banks in need of volunteers. Efforts vary from sorting and packing food for distribution to assisting at drive-up pantries, delivering meals, fundraising, food drives, and beyond.

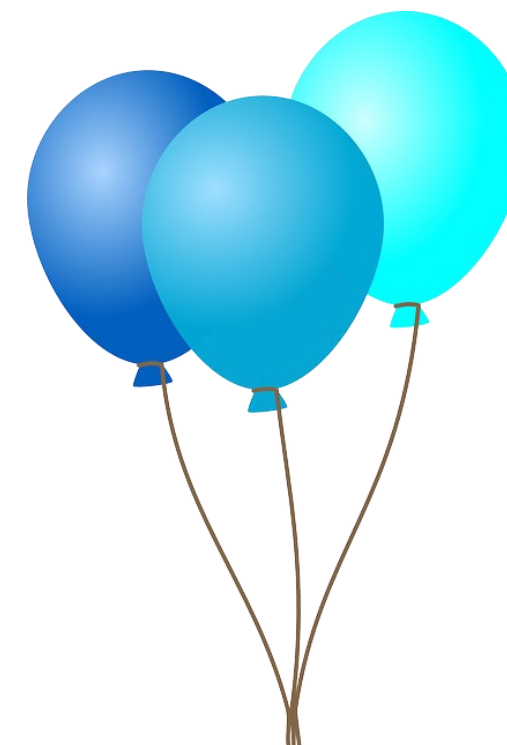


**Ring Ring! Let the doorbell signal to supplies on the front step for one in need. Giving to others is also giving to yourself! Those who volunteer may experience mental health benefits and an increased sense of belonging in the greater community.**

- Join a clean up crew! Keep America Beautiful has an online portal for volunteering. This Spring, you can participate in the Great American Cleanup program between March 21 and June 22.
- Visit the library and spend some time assisting with shelving books, helping with story time, hosting classes, or doing outreach. This option is great for inspiring responsibility among young volunteers.
- Get creative. Knit some hats for local NICU babies, create craft kits for children's hospitals, or write letters for seniors or soldiers who would love to receive them!

Check out VolunteerMatch.org for more ideas local to your area and interests. If you have a chance, let us know your favorite ways to volunteer or ideas for others to do so on our Facebook newsletter post on the first!

## Special Moments



## Happy Birthday!

**Crysanne: April 3**

**Linda: April 9**

**Elizabeth: April 3**

**Ella: April 11**

**Bob: April 9**

**Joan: April 9**

Those born in April are Aries (March 21 - April 19) and Taurus (April 20-May 20). The birthstone for April is the diamond. The birth flowers for April are the daisy and the sweet pea. April babies are said to be fearless, enthusiastic, and optimistic!



# April 2022 Highlights

**April observes Volunteering, Stress Awareness, and Healthcare Innovations. It celebrates guitars, jazz, poetry, humor, and gardening!**

01 April Fool's Day; Sourdough Bread Day  
02 PBJ Day; Ferret Day; Handmade Day  
03 Film Score Day; Chocolate Mousse Day  
04 Walk Around Things Day; Vitamin C Day  
05 Caramel Day; Deep Dish Pizza Day  
06 Bookmobile Day; Walking Day  
07 World Health Day; Beer Day; Burrito Day  
08 Zoo Lovers' Day; Reflect on Gratitude Day  
09 Cherish Antiques Day; Name Yourself Day  
10 Farm Animal Day; Cinnamon Crescent Day  
11 Barbershop Quartet Day; Pet Day  
12 Grilled Cheese Day; Colorado Day  
13 Scrabble Day; Peach Cobbler Day  
14 Gardening Day; Pecan Day; Dolphin Day  
15 Good Friday; Glazed Ham Day  
16 Bean Count Day; Eggs Benedict Day; PJ Day  
17 Easter; Haiku Day; Ellis Island History Day  
18 Intl. Monuments & Sights Day; Radio Day  
19 Amaretto Day; Garlic Lovers' Day

20 Twin Day; Pineapple Upside Down Day;  
21 British Tea Day; Chocolate Cashews Day  
22 Earth Day; Jelly Bean Day  
23 Picnic Day; Cherry Cheesecake Day  
24 Pigs in Blankets Day; Pet Parent Day  
25 Hairstylist Day; Zucchini Bread Day;  
26 Audubon Day; Pretzel Day  
27 Prime Rib Day; Administrative Staff Day  
28 Poem Day; Superhero Day  
29 Arbor Day; Dance Day  
30 Oatmeal Cookie Day; Raisin Day; Jazz Day

Did you know?  
Earth Day, first  
celebrated in 1970,  
has a new theme  
each year. In 2022,  
it's "Invest in Our  
Planet!"



## Regarding Covid-19:

Our resident and staff safety and comfort remain our first priority as Coronavirus cases have occurred nationwide. We are following mandated health guidelines. All activities are subject to cancellation per those guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.



April 26th is Audubon Day celebrating the birth of John James Audubon in 1785. He was a French-American bird expert and painter famous for his illustrations and studies of American birds. These are some of the birds we admire:

"Cardinal" -Bob  
"Blue Bird" -Sharon  
"Humming Bird" -Sandy  
"Crow" -Ronnie  
"Hawk" -Bob  
"Eagle" -Bill



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FarmingtonSquare  
Tualatin](https://www.facebook.com/FarmingtonSquareTualatin)



**Staff Spotlight: Kelli**

**Energy!** If you ask anyone that has met Kelli how to describe her, it would be Energy or maybe a giant smile. Kelli is a member of the Life Enrichment Team and her energy and smile amazing parts of how she is able to help her residents.

**Her upbeat and joyful manner keeps the building filled with happiness and fun.**

**During her time at home, she loves to be with her family and her grandson is truly the light of her life.**

**Thank you for all your hard work and smile, Kelli!**



**Resident Spotlight: Shirley**

**Shirley is a devoted mother and all-around kind lady. She is always checking to make sure that her friends are doing well and that everyone has what they need. She has been an avid church member for years and still enjoys seeing services online.**

**Her favorite things are playing cards with her friends and having coffee and pumpkin bread with her daughter. They like to sit on the bench outside and chat while they drink their coffee.**

**We love having Shirley's smile and caring heart in our community and can't help but smile when we see her!**



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SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.		Happy Birthday  Chrysanne: April 3 Linda: April 9 Ella: April 11			1 9:30 Exercise IN2L 10:00 Word games 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	2 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
3 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	4 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	5 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Texas 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	6 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 Word Games 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	7 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	8 9:30 Exercise IN2L 10:00 Word Games 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	9 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
10 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	11 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	12 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Iran 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 Puzzle Time 6:00 Comedy TV	13 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 One on One 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	14 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	15 9:30 Exercise IN2L 10:00 Word Games 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	16 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
17 Easter Sunday 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	18 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	19 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Peru 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	20 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 Word Games 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	21 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	22 9:30 Exercise IN2L 10:00 Word Games 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	23 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
24 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	25 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	26 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Maine 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	27 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 Word Games 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	28 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	29 9:30 Exercise IN2L 10:00 Word Games 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	30 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show



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3 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 6:00 Comedy TV	4 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Ball Toss 2:00 Brain Games 3:00 Walking Club 4:00 Trivia IN2L 6:00 Western Movie	5 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Comedy TV	6 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Read Aloud 1:00 Jokes and Poems 2:00 Crafts and Create 3:00 Ring Toss 4:00 Game Show 6:00 How its Made IN2L	7 9:30 Exercise IN2L 10:00 Snack and Show 11:00 One on One 1:00 Word Game 2:00 Bingo 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	8 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 6:00 Comedy TV	9 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Word Games 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
10 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 6:00 Comedy TV	11 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Ball Toss 2:00 Brain Games 3:00 Walking Club 4:00 Trivia IN2L 6:00 History Show	12 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Documentary	13 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Read Aloud 1:00 Jokes and Poems 2:00 Crafts and Create 3:00 Ring Toss 4:00 Game Show 6:00 Classic TV	14 9:30 Exercise IN2L 10:00 Snack and Show 11:00 One on One 1:00 Word Game 2:00 Bingo 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	15 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 6:00 How its Made IN2L	16 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Word Games 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
17 Easter Sunday 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 6:00 Comedy TV	18 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Ball Toss 2:00 Brain Games 3:00 Walking Club 4:00 Trivia IN2L 6:00 Western Movie	19 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Comedy TV	20 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Read Aloud 1:00 Jokes and Poems 2:00 Crafts and Create 3:00 Ring Toss 4:00 Game Show 6:00 How its Made IN2L	21 9:30 Exercise IN2L 10:00 Snack and Show 11:00 One on One 1:00 Word Game 2:00 Bingo 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	22 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 6:00 Comedy TV	23 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Word Games 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
24 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 6:00 Comedy TV	25 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Ball Toss 2:00 Brain Games 3:00 Walking Club 4:00 Trivia IN2L 6:00 History Show	26 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Comedy TV	27 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Read Aloud 1:00 Jokes and Poems 2:00 Crafts and Create 3:00 Ring Toss 4:00 Game Show 6:00 How its Made IN2L	28 9:30 Exercise IN2L 10:00 Snack and Show 11:00 One on One 1:00 Word Game 2:00 Bingo 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	259 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 6:00 Comedy TV	30 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Word Games 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show



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All activities subject to change per mandated health guidelines.		Happy Birthday  Elizabeth: April 3 Bob: April 9			1  9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 5:00 Dinner 6:00 Funny TV Show	2  9:30 0 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Travel Show 6:00 Music IN2L 7:00 Movie
3  9:30 Bible Study 10:00 Exercise IN2L 11:00 Board Games 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 6:00 Movie IN2L	9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 1:00 One on One 2:00 News and Chat 3:00 Cards 4:00 Funny Videos 6:00 Music IN2L 7:00 Movie IN2L	5  9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Spa Time 1:00 Art Video 2:00 Cribbage/ Games 3:00 One on One Visit 4:00 Walking Group 6:00 Music IN2L 7:00 Movie	6  8 9:30 Exercise IN2L 10:00 News and Chat 11:00 How Much Does it Cost 1:00 Card Games 2:00 Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 6:00 Funny TV Show 7:00 Movie IN2L	7  9:30 Exercise IN2L 10:00 Card Games 11:30 One on One 1:00 Art Class 2:00 Book Club 3:00 Trivia IN2L 4:00 Corn Hole 6:00 History Video IN2L 7:00 Movie IN2L	8  9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 6:00 Funny TV Show 7:00 Movie	9  9:30 0 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Zoo Tour Video 6:00 Music IN2L 7:00 Movie
10  9:30 Bible Study 10:00 Exercise IN2L 11:00 Board Games 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 6:00 Movie IN2L	11  9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 1:00 One on One 2:00 News and Chat 3:00 Cards 4:00 Funny Videos 6:00 Music IN2L 7:00 Movie IN2L	12  9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Spa Time 1:00 Art Project 2:00 Cribbage/ Games 3:00 One on One Visit 4:00 Walking Group 6:00 Music IN2L 7:00 Movie	13  9:30 Exercise IN2L 10:00 News and Chat 11:00 Bible Study 1:00 Card Games 2:00 Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 6:00 Funny TV Show 7:00 Movie IN2L	14  9:30 Exercise IN2L 10:00 Card Games 11:30 One on One 1:00 Art Class 2:00 Book Club 3:00 Trivia IN2L 4:00 Corn Hole 6:00 History Video IN2L 7:00 Movie IN2L	15 Good Friday  9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 6:00 Funny TV Show 7:00 Movie	16  9:30 0 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Travel Show 6:00 Music IN2L 7:00 Movie
17 Easter Sunday  9:30 Bible Study 10:00 Exercise IN2L 11:00 Board Games 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 5:00 Dinner 6:00 Movie IN2L	18  9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 1:00 One on One 2:00 News and Chat 3:00 Cards 4:00 Funny Videos 5:00 Dinner 6:00 Music IN2L	19  9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Spa Time 1:00 Art Video 2:00 Cribbage/ Games 3:00 One on One Visit 4:00 Walking Group 5:00 Dinner 6:00 Music IN2L	20  9:30 Exercise IN2L 10:00 News and Chat 11:00 How Much does it Cost 1:00 Card Games 2:00 Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 6:00 Funny TV Show 7:00 Movie IN2L	21  9:30 Exercise IN2L 10:00 Card Games 11:30 One on One 1:00 RESIDENT COUNCIL 2:00 Book Club 3:00 Trivia IN2L 4:00 Corn Hole 6:00 History Video IN2L 7:00 Movie IN2L	22  9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 6:00 Funny TV Show 7:00 Movie	23  9:30 0 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Travel Show 6:00 Music IN2L 7:00 Movie
24  9:30 Bible Study 10:00 Exercise IN2L 11:00 Board Games 1:00 Trivia IN2L 2:00 Word Search 3:00 Walk n Roll walking 4:00 Past Times IN2L 6:00 Movie IN2L	25  9:30 Exercise IN2L 10:00 Snack and News 11:00 Read Aloud 1:00 One on One 2:00 News and Chat 3:00 Cards 4:00 Funny Videos 6:00 Music IN2L	26  9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Spa Time 1:00 Art Project 2:00 Cribbage/ Games 3:00 One on One Visit 4:00 Walking Group 6:00 Music IN2L 7:00 Movie	27  9:30 Exercise IN2L 10:00 News and Chat 11:00 Bible Study 1:00 Card Games 2:00 Scenic Drive 3:00 Spa Time 4:00 Puzzles Time 6:00 Funny TV Show 7:00 Movie IN2L	28  9:30 Exercise IN2L 10:00 Card Games 11:30 One on One 1:00 Art Class 2:00 Book Club 3:00 Trivia IN2L 4:00 Corn Hole 6:00 History Video IN2L 7:00 Movie IN2L	29  9:30 Chair Stretching 10:00 Games IN2L 11:00 Card Games 1:00 Scrabble 2:00 Bible Study 3:00 Craft 4:00 Trivia IN2L 6:00 Funny TV Show 7:00 Movie	30  9:30 0 Exercise IN2L 10:30 BINGO 11:00 Puzzle Time 1:00 Spa Time 2:00 One On One 3:00 Walking Group 4:00 Travel Show 6:00 Music IN2L 7:00 Movie