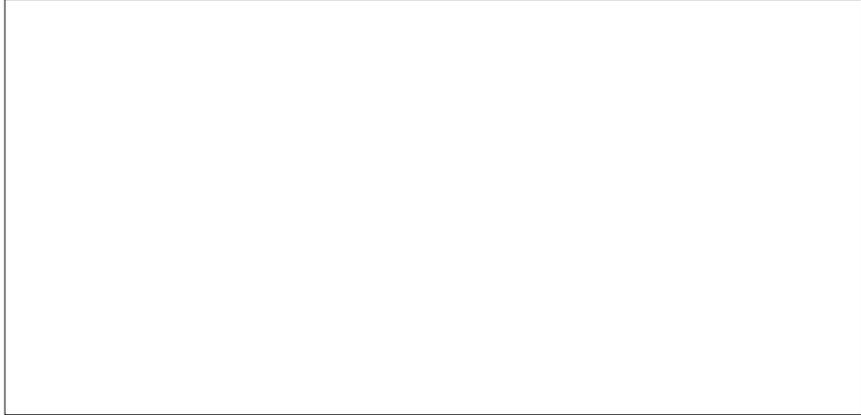




1547 N. Hunters Way
Bozeman, MT 59718

Stamp



Leadership Team
 Phone: 406.522.5452
 Email: info@bozeman-lodge.com
 Website: bozeman-lodge.com

Executive Director:
 Caitlyn Stolz

Assistant Executive Director:
 Tina Espeland

Community Relations Director:
 Gregory Wagner

Wellness Director:
 Christina Espeland

Wellness Coordinator:
 Pam Madden

Business Office Director:
 Zandra Stolz

Life Enrichment Director:
 Tina Thompson

Dining Services Director:
 Tim Green

Maintenance Director:
 Garret Hofmaster

Our mission is to create and sustain comfortable, caring environments for those who depend on us.

Bozeman Lodge News

April 2022 Newsletter



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- 3 Team Spotlight & Resident Poetry
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- 7 Special Moments & Birthdays
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Spring Into Volunteering!

You've probably heard the famous Aesop quote: "No act of kindness, no matter how small is ever wasted." It's true - we can better the world in so many different ways. This Spring, consider making a difference in a way you feel passionately about. It's the perfect time of year for giving as the season brings re-growth, warmer weather for connecting, and more opportunities to do so outdoors.

Starting right here at our senior living community, we offer options for volunteering including companionship, therapy animal visits, interactive lessons for many skillsets, and talent showcases (musical instrument playing, singing, magic, art, etc.). Reach out to our life enrichment director at our main number for information on how to sign-up.

In the greater community, consider numerous options for making a difference!

- Seek out a local community gardening group that gets together to grow vegetables or plant trees. Gardening with others of all ages is a great way to better the community, source produce locally, and grow intergenerational relationships.
- Head to a nearby animal shelter or call up an animal rescue organization to see how you can be of service. Rescues can benefit from animal companions, fosters, and donators. You may just fall in love with some fuzzy friends in the process!
- Contact a local food bank. FeedingAmerica.org is a great spot to start as it can link you to food banks in need of volunteers. Efforts vary from sorting and packing food for distribution to assisting at drive-up pantries, delivering meals, fundraising, food drives, and beyond.

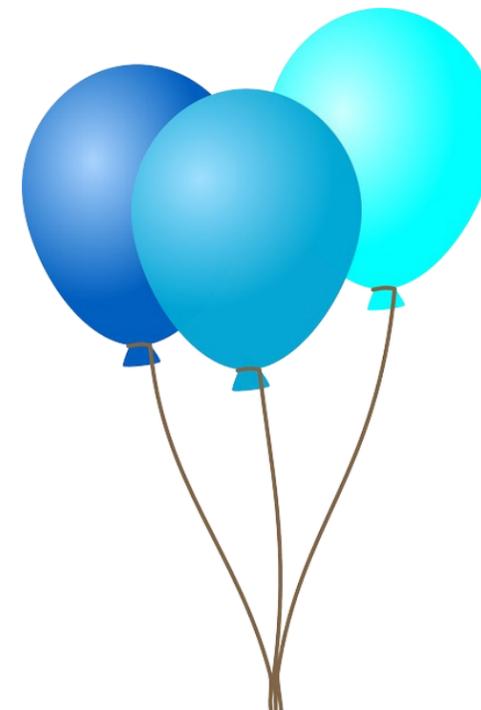


Ring Ring! Let the doorbell signal to supplies on the front step for one in need. Giving to others is also giving to yourself! Those who volunteer may experience mental health benefits and an increased sense of belonging in the greater community.

- Join a clean up crew! Keep America Beautiful has an online portal for volunteering. This Spring, you can participate in the Great American Cleanup program between March 21 and June 22.
- Visit the library and spend some time assisting with shelving books, helping with story time, hosting classes, or doing outreach. This option is great for inspiring responsibility among young volunteers.
- Get creative. Knit some hats for local NICU babies, create craft kits for children's hospitals, or write letters for seniors or soldiers who would love to receive them!

Check out VolunteerMatch.org for more ideas local to your area and interests. If you have a chance, let us know your favorite ways to volunteer or ideas for others to do so on our Facebook newsletter post on the first!

Special Moments



Happy Birthday!

Nancy H.: April 2
Bill P.: April 17
Gib L.: April 28
Hank W.: April 28
Nancy L.: April 29

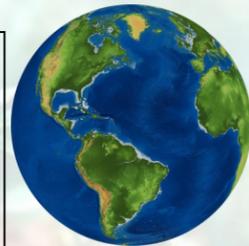
Those born in April are Aries (March 21 - April 19) and Taurus (April 20-May 20). The birthstone for April is the diamond. The birth flowers for April are the daisy and the sweet pea. April babies are said to be fearless, enthusiastic, and optimistic!

April 2022 Highlights

April observes Volunteering, Stress Awareness, and Healthcare Innovations. It celebrates guitars, jazz, poetry, humor, and gardening!

- | | |
|---|---|
| 01 Shopping at Walmart* | 20 Newcomer's Social |
| 01 Resident Council Meeting | 21 Health Talk and Treats |
| 02 Lunch at Makenzie River Pizza in Belgrade* | 22 Museum of the Rockies Trip* |
| 05 Make a Spring Bunny Door Hanger | 23 Coffee at Coldsmoke* |
| 06 Happy Hour with Alice & Ray | 23 Woodworking Club |
| 08 Shopping at Dollar Tree/Hobby Lobby* | 27 Visit from Bozeman Library Bookmobile |
| 09 Decorate Easter Bonnets/Hats* | 27 Share Your Stories: Legacy Group Info Session with Gregg |
| 10 MSU Spring Rodeo* | 28 Men's Pizza Party* |
| 11 Music Therapy with Trina | 29 Cabinets of Curiosity Interactive Exhibit* |
| 12 Easter Egg Dying | 29 Woodworking Club |
| 13 Blood Pressure Clinic with Encompass | 30 The Artful Deceiver: Live Magic at the Ellen Theater* |
| 13 Ladies Easter Tea* | |
| 14 Make Fabric Plates with Amber | |
| 15 Lunch at Super Chix* | |
| 15 Welcoming Committee Meeting | |
| 16 Help Hide Easter Eggs for Kid's Egg Hunt | |
| 17 Easter Brunch, 2 Seatings* | |
| 19 Montana Repertory Theater Presents: Reentry* | |

Did you know? Earth Day, first celebrated in 1970, has a new theme each year. In 2022, it's "Invest in Our Planet!"



Regarding Covid-19:

Our resident and staff safety and comfort remain our first priority as Coronavirus cases have occurred nationwide. We are following mandated health guidelines. All activities are subject to cancellation per those guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.

Easter Brunch

Sunday, April 17th

The first seating will be at 11:30am
The second seating will be at 1:00pm

Guest meals cost \$10. Kids meals are free.

RSVPs for residents and guests are due no later than Wednesday, April 13th

Please note: You can pay with cash, checks, or charge to your bill. Bingo Bucks cannot be used



Visit our facebook at:
[Facebook.com/BozemanLodge](https://www.facebook.com/BozemanLodge)



Staff Spotlight: Colton S.

Colton, our dining room supervisor, has worked at the Lodge for about a year and a half. Originally from Spokane, WA, he came to Bozeman to attend MSU where he was studying business. At home, he has 2 older siblings and two cats named Beowulf and Bootsy. In his off time, Colton's favorite hobby is fly fishing. He also is currently working towards playing video games professionally! His favorite color is purple, and his favorite food is quesadillas. Colton loves to cook, but jokingly says he isn't sure if anyone here would actually like to eat what he cooks. We appreciate your positivity and the care you show others everyday! Thank You Colton!



This is Life Now

Poem & Photo by Gib L.

This is life now for him, the old man, day after day with a similar plan. Wake up early, plant his feet on the floor, grab the walker and head out the door. What will he see as he looks through the glass, blue sky with few clouds or clouds enmass? He's dubbed by a friends as Skywatcher, you know. His photo library will soon overflow, with sunrise pics, sunsets and more, elk, bear, and bison, plus bald eagles galore. He's back now from breakfast and will take his pills, doesn't worry much, his wife pays the bills. Working on poems now gives him delight, the bad part is that he thinks during the night. "Oh well," he says "I'll just take a nap, with one eye open and a camera in my lap." A trip to the country now sure would be fun, a Go Fund Me post should be number one. As gas prices rise, the trips will be fewer, unless someone buys him an e-car that's newer. "He's losing his mind", they are tempted to think, the old man gets up and goes for a drink. Of course, it's just water, keep hydrated they say. Before you know, it's another new day. If this brings a smile to someone you find, please pass it on, the author won't mind. He's had a good day, already you know, "Put a smile on a face, go ahead, let it glow."

APRIL 2022

Bozeman Lodge • 1547 N. Hunters Way, Bozeman, MT 39718 • (406) 522-5452

SUN	MON	TUE	WED	THU	FRI	SAT	
<p>All activities subject to change per mandated health guidelines</p>					<p>1 April Fool's Day 9:45 Shopping at Walmart* 10:30 Coffee Chat 1:30 Bible Study with Bill Bell 2:30 Resident Council Meeting 3:00 Afternoon Movie 4:00 Switzerland's Spaghetti Harvest Fun Facts 7:00 Evening Movie</p>	<p>2 9:30 Saturday Smoothies 10:00 Circuit Exercise 10:30 Lunch at Makenzie River Pizza in Belgrade* 1:00 Theater: Voices of Fire Documentary Show 2:00 Bingo 3:00 Afternoon Movie 3:30 Play Family Feud 7:00 Evening Movie</p>	
	<p>3 9:30 Sunday Sweet Treats 10:00 Calvary Baptist Church Service 11:00 IN2L: Wordle Brain Game 1:00 Walking Club 2:00 Ecumenical Service via Video 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie</p>	<p>4 9:30 This Week in History 10:15 Snack Chat 1:00 Men's Strength Training 1:30 Bridge Club 2:00 Bingo 3:00 Afternoon Movie 3:30 Painting Club 4:00 IN2L: Music 7:00 Evening Movie</p>	<p>5 9:30 Chocolate Frappuccinos 10:45 Zumba Gold Exercise 1:00 Theater: Dolly Parton's Heartstrings 2:00 Play Scrabble 3:00 Afternoon Movie 3:30 Make a Spring Bunny Door Hanger 7:00 Evening Movie</p>	<p>6 9:30 Exercise with Cheryl 10:45 IN2L: Brain Games 1:00 Theater: Magical Andes Documentary 2:00 Cooking Club 3:00 Afternoon Movie 3:45 Happy Hour w/ Alice & Ray 7:00 Evening Movie</p>	<p>7 9:30 IN2L: Crosswords 10:45 Chair Exercise 1:00 Knit/Crochet/Needlework Club 2:00 Bingo 3:00 Afternoon Movie 3:30 Minute to Win It Games 4:00 Coloring for Relaxation 7:00 Evening Movie</p>	<p>8 9:45 Shopping at Dollar Tree/Hobby Lobby* 10:30 Coffee Chat 1:30 Bible Study with Bill Bell 2:00 Play Gin Rummy 3:00 Afternoon Movie 3:00 Sing Along with Grace 4:00 IN2L: Bending Lines 7:00 Evening Movie</p>	<p>9 9:30 Saturday Smoothies 10:00 Circuit Exercise 1:00 Theater: Voices of Fire Documentary Show 2:00 Bingo 3:00 Afternoon Movie 3:30 Decorate Easter Bonnets/Hats* 7:00 Evening Movie</p>
	<p>10 9:30 Sunday Sweet Treats 10:00 Calvary Baptist Church Service 12:00 MSU Spring Rodeo* 1:00 Walking Club 2:00 Ecumenical Service 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie</p>	<p>11 9:30 This Week in History 10:15 Snack Chat 1:00 Men's Strength Training 1:30 Bridge Club 2:15 Music Therapy with Trina 3:00 Afternoon Movie 3:30 Painting Club 4:00 IN2L: Music 7:00 Evening Movie</p>	<p>12 9:30 Strawberry Orange Julius Drinks 10:45 Zumba Gold Exercise 1:00 Theater: Dolly Parton's Heartstrings 2:00 Easter Egg Dying 3:00 Afternoon Movie 3:30 Enjoy a Slice of Jell-O Pie 7:00 Evening Movie</p>	<p>13 9:00 Blood Pressure Clinic with Encompass Health 9:30 Exercise with Cheryl 10:45 IN2L: Trivia 12:45 Visit from Bozeman Library Bookmobile 1:00 Theater: Magical Andes Documentary 2:00 Music with Edis & Cliff 3:30 Ladies Easter Tea* 7:00 Evening Movie</p>	<p>14 9:00 Resident Store 9:30 IN2L: Crosswords 10:45 Chair Exercise 1:00 Knit/Crochet/Needlework Club 2:00 Bingo 3:00 Afternoon Movie 3:30 Make Fabric Plates 4:00 IN2L: Classic TV 7:00 Evening Movie</p>	<p>15 Good Friday 9:45 Five Minute Mysteries 10:45 Lunch at Super Chix* 1:30 Bible Study with Bill Bell 2:00 Welcoming Committee Meeting 3:00 Sing Along with Grace 4:00 IN2L: Field of Dreams 3:00 & 7:00 Movie: The Passion of the Christ</p>	<p>16 9:30 Help Hide Easter Eggs 11:00 Kid's Easter Egg Hunt & Refreshments 1:00 Theater: Voices of Fire Documentary Show 2:00 Bingo 3:00 Afternoon Movie 3:30 Fresh Flower Arranging 7:00 Evening Movie</p>
	<p>17 Easter 10:00 Calvary Baptist Church Service 11:30 Easter Brunch 1st Seating* 1:00 Easter Brunch 2nd Seating* 2:30 Ecumenical Service 3:00 & 7:00 Movie: Hop</p>	<p>18 9:30 This Week in History 10:15 Snack Chat 1:00 Men's Strength Training 1:30 Bridge Club 2:00 Bingo 3:00 Afternoon Movie 3:30 Painting Club 4:00 IN2L: Music 7:00 Evening Movie</p>	<p>19 9:30 Peanut Butter & Jelly Smoothie 10:45 Zumba Gold Exercise 1:00 Theater: Dolly Parton's Heartstrings 2:00 Play Gin Rummy 3:30 Blueberry Ice cream Sundaes 6:30 Montana Repertory Theater Presents: Reentry* 7:00 Evening Movie</p>	<p>20 9:30 Exercise with Cheryl 10:45 IN2L: Brain Games 1:00 Theater: Magical Andes Documentary 2:00 Cooking Club 3:00 Afternoon Movie 3:30 Newcomer's Social 7:00 Evening Movie</p>	<p>21 9:30 IN2L: Crosswords 10:45 Chair Exercise 1:00 Knit/Crochet/Needlework Club 2:00 Bingo 3:00 Afternoon Movie 3:30 Health Talk & Treats 4:00 Coloring for Relaxation 7:00 Evening Movie</p>	<p>22 Earth Day 9:45 Five Minute Mysteries 10:30 Coffee Chat 1:30 Bible Study with Bill Bell 1:30 Museum of the Rockies Trip: Human Plus Exhibit* 3:00 Afternoon Movie 3:00 Sing Along with Grace 4:00 IN2L: Still Dreaming 7:00 Evening Movie</p>	<p>23 9:30 Coffee at Coldsmoke* 10:00 Treats in the Bistro 1:00 Theater: Voices of Fire Documentary Show 2:00 Bingo 3:00 Afternoon Movie 3:30 Woodworking Club 7:00 Evening Movie</p>
	<p>24 9:30 Sunday Sweet Treats 10:00 Calvary Baptist Church Service 11:00 IN2L: Wordle Brain Game 1:00 Walking Club 2:00 Ecumenical Service 3:00 Afternoon Movie 4:00 IN2L: Bob Ross Art 7:00 Evening Movie</p>	<p>25 9:30 This Week in History 10:15 Snack Chat 1:00 Men's Strength Training 1:30 Bridge Club 2:00 Bingo 3:00 Afternoon Movie 3:30 Book Club Meeting 4:00 IN2L: Music 7:00 Evening Movie</p>	<p>26 9:30 Chocolate "Frosty" Drinks 10:45 Zumba Gold Exercise 1:00 Theater: Dolly Parton's Heartstrings 2:00 Play Scrabble 3:00 Afternoon Movie 3:30 Historical Photos Discussion 7:00 Evening Movie</p>	<p>27 9:30 Exercise with Cheryl 10:45 IN2L: Trivia 12:45 Visit from Bozeman Library Bookmobile 1:00 Theater: Magical Andes Documentary 2:00 Share Your Stories Legacy Group Info Session 3:00 Afternoon Movie 3:45 Happy Hour w/ Alice & Ray 7:00 Evening Movie</p>	<p>28 9:00 Resident Store 9:30 IN2L: Crosswords 10:45 Chair Exercise 12:00 Men's Pizza Party* 1:00 Knit/Crochet/Needlework Club 2:00 Bingo 3:00 Afternoon Movie 3:30 Minute to Win It Games 4:00 IN2L: Classic TV 7:00 Evening Movie</p>	<p>29 Arbor Day 9:45 Cabinets of Curiosity Interactive Art Exhibit* 10:30 Coffee Chat 1:30 Bible Study with Bill Bell 2:00 Gardening Club Meeting 3:00 Afternoon Movie 3:00 Sing Along with Grace 4:00 IN2L: Living the Change 7:00 Evening Movie</p>	<p>30 9:30 Saturday Smoothies 10:00 Circuit Exercise 1:00 Theater: Voices of Fire Documentary Show 2:00 Bingo 3:00 Afternoon Movie 3:30 Play Family Feud 6:30 The Artful Deceiver: Live Magic at the Ellen* 7:00 Evening Movie</p>