

Sunday

Monday

Tuesday

































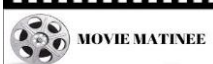





Wednesday

Thursday

Friday

Saturday

# March 2022

<p>9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR</p>  <p>6:00 Scrabble or Yahtzee ~ LB Brain Teasers ~ RR</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Tai Chi ~ DVD ~ RR 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR Carpet Cleaning in Common areas 2:30 Crafts w/Tina ~ RR Rainbow Lacing Craft Come have Fun!</p>  <p>6:00 Resident Games ~ LB</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 12:30 Music w/Dan ~ RR</p> <p><i>Sing A Long</i></p> <p>2:30 Bean Bag baseball ~ RR</p> <p>6:00 Resident Games ~ LB</p>  <p>Mardi Gras</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:30 POKENO ~RR (18 nickels &amp; 2 Quarters) 2:45 Bingo ~ RR (10 dimes &amp; 2 quarters) 6:00 Cards ~ LB Get your friends &amp; neighbors &amp; play some cards!</p>  <p>Ash Wednesday</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 Happy Hour ~ RR w/Back 2 Back Singing you Frank Sinatra, Tony Bennett, Elvis and more</p> 	<p>9:00 Tai Chi ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 12:30 Ceramics Class ~ RR 2:00 BINGO ~ RR w/Meg Sayles from Bright Smile Dentist. Come win some prizes!</p>  <p>6:00 Friday Night Movie-RR</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Seated Yoga~ DVD ~ RR 1:00 Matinee Movie ~ RR 2:30 Yahtzee ~ LR No Money needed</p>  <p>6:00 Saturday Night Movie ~ RR</p> 
<p>9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR</p>  <p>6:00 Scrabble or Yahtzee ~ LB Brain Teasers ~ RR</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Tai Chi ~ DVD ~ RR 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR Carpet Cleaning in Common areas 2:30 Crafts w/Tina ~ RR Rainbow Lacing Craft Come have Fun!</p>  <p>6:00 Resident Games ~ LB</p>	<p>9:00 Qi Gong ~ DVD ~ RR 9:00 Seated Massages ~ CR By Kevin McLachlan sign-up in the pink book</p>  <p>10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 2:30 Yahtzee ~ RR No Money needed to play. Join in the Fun</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:30 POKENO ~RR (18 nickels &amp; 2 Quarters) 2:30 Bingo ~ RR (10 dimes &amp; 2 quarters) 6:00 Cards ~ LB Get your friends &amp; neighbors &amp; play some cards!</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 Happy Hour ~ RR w/The Doo-Wops variety of music that you can dance to!</p> 	<p>9:00 Tai Chi ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 2:30 Wine Social ~ RR w/Gary Blodgett Mixed, Country, Swing 6:00 Friday Night Movie-RR</p> 	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Seated Yoga~ DVD ~ RR 1:00 Matinee Movie ~ RR 2:30 Yahtzee ~ LR No Money needed</p>  <p>6:00 Saturday Night Movie ~ RR</p> 
<p>9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR 6:00 Scrabble or Yahtzee ~ LB Brain Teasers ~ RR</p>  <p>Daylight Saving Time Begins</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Tai Chi ~ DVD ~ RR 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 St. Patty's BINGO ~ RR 10 dimes &amp; 2 quarters</p>  <p>LUCKY BINGO</p> <p>6:00 Resident Games ~ LB</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 12:30 Music w/Dan ~ RR</p> <p><i>Sing A Long</i></p> <p>2:30 POKENO ~ RR 18 nickels &amp; 2 quarters 6:00 Resident Games ~ LB</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:30 POKENO ~RR (18 nickels &amp; 2 Quarters) 2:30 Bingo ~ RR (10 dimes &amp; 2 quarters) 6:00 Cards ~ LB Get your friends &amp; neighbors &amp; play some cards!</p>  <p>Purim Begins</p>	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 St. Patty's Party ~ RR w/The Moon Glow Band</p>  <p>St. Patrick's Day</p>	<p>9:00 Tai Chi ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 12:30 Ceramics Class ~ RR 2:30 Bean Bag baseball ~ RR</p>  <p>6:00 Friday Night Movie-RR</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Seated Yoga~ DVD ~ RR 1:00 Matinee Movie ~ RR 2:30 Yahtzee ~ LR No Money needed</p>  <p>6:00 Saturday Night Movie ~ RR</p> 
<p>9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR 6:00 Scrabble or Yahtzee ~ LB Brain Teasers ~ RR</p>  <p>Spring Begins</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Tai Chi ~ DVD ~ RR 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR Carpet Cleaning in Common Areas 2:30 Bean Bag baseball ~ RR 6:00 Resident Games ~ LB</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 1:00 Sip &amp; Paint Class ~ RR, Spring into painting! by Claudie. 14 spots Sign-up in the pink book</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Resident Birthday Brunch ~ DR 1:30 POKENO ~RR (18 nickels &amp; 2 Quarters) 2:30 Bingo ~ RR (10 dimes &amp; 2 quarters) 6:00 Cards ~ LB</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 Happy Hour ~ RR w/Last Four Standing Golden Oldies, Country, Doo-Wop, 50-60's!</p> 	<p>9:00 Tai Chi ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 2:30 Wine Social ~ RR w/Jim Hall Oldies to current Music!</p>  <p>6:00 Friday Night Movie-RR</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Seated Yoga~ DVD ~ RR 1:00 Matinee Movie ~ RR 2:30 Yahtzee ~ LR No Money needed</p>  <p>6:00 Saturday Night Movie ~ RR</p> 
<p>9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR</p>  <p>6:00 Scrabble or Yahtzee ~ LB Brain Teasers ~ RR</p>	<p>10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Tai Chi ~ DVD ~ RR 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 6:00 Resident Games ~ LB</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Weights &amp; Balance ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 1:00 Bingo ~ RR (10 dimes &amp; 2 quarters to play) 2:30 Horse Races ~ RR 6 quarters to place your bets</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:30 POKENO ~RR (18 nickels &amp; 2 Quarters) 2:30 Bingo ~ RR (10 dimes &amp; 2 quarters) 6:00 Cards ~ LB Get your friends &amp; neighbors &amp; play some cards!</p> 	<p>9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 Happy Hour ~ RR w/Colin Hobbs &amp; The Invisibles Music from the 20's to present</p> 	<p style="text-align: center;"><i>Roseville Commons Activities</i></p> 	

RR = Rose Room on the 1<sup>st</sup> floor, LB = Library on the 1<sup>st</sup> floor, DR = Dining Room on the 1<sup>st</sup> floor, CR = Craft Room, 1<sup>st</sup> floor. Events on the calendar are subject to change!