

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

# March 2022

		<p>1 9:00am-Full Body Exercise-ER <b>9:45am-Alpha One Blood Pressure-L</b> 2:30pm-Corn Hole-ER <b>4:00pm-Avalon Hearing Aid Checks-MR</b> 7:00pm-Bingo w/Fred-MR</p> <p>Mardi Gras</p>	<p>2 9:00am-Resistance Band Exercise (video)-ER <b>11:00am-Resident Birthday Brunch Celebration-DR</b> <b>3:00pm-Happy Hour w/DDJames</b> 7:00pm-Trivia w/Kay</p> <p>Ash Wednesday</p>	<p>3 9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR 2:00pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p>	<p>4 9:00am-Weights Workout-ER 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	<p>5 <b>12:30pm- Medicare Enrollment Presentation-MR</b> 1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR</p>
<p>6</p>	<p>7 9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Beanbag Baseball-ER 6:00pm-Bridge-MR</p>	<p>8 9:00am-Full Body Exercise-ER <b>1:00pm-Women Trailblazers Seminar w/Carolyn Martin-MR</b> 2:30pm-Indoor Golf-ER 7:00pm-Bingo w/Fred-MR</p>	<p>9 9:00am-Resistance Band Exercise (video)-ER <b>9:00am-Chair Massage Therapist-LIB (2nd floor)</b> <b>3:00pm-Happy Hour w/Jay Casl</b> 7:00pm-Trivia w/Kay</p>	<p>10 9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR <b>1:00pm-Bingo w/Zhanna-MR</b> 2:30pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p>	<p>11 9:00am-Weights Workout-ER 1:00pm-Pokeno w/Fred-MR <b>1:30pm-Crafts w/Zhanna-PR</b> 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	<p>12 1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR</p>
<p>13</p> <p>Daylight Saving Time Begins</p>	<p>14 9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Volleyball-ER 6:00pm-Bridge-MR</p>	<p>15 9:00am-Full Body Exercise-ER <b>9:45am-Alpha One Blood Pressure-L</b> <b>1:00pm-Book Club (upstairs 2nd floor)</b> 2:30pm-Corn Hole-ER 7:00pm-Bingo w/Fred-MR</p>	<p>16 9:00am-Resistance Band Exercise (video)-ER <b>3:00pm-Happy Hour w/Mike Ely</b> 7:00pm-Trivia w/Kay</p> <p>Purim Begins</p>	<p>17 9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR <b>1:00pm-The Price is Right Game &amp; Saint Patrick's Day Celebration</b> <b>Come On Down! -MR</b> 2:00pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p> <p>St. Patrick's Day</p>	<p>18 9:00am-Weights Workout-ER 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	<p>19 1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR</p>
<p>20</p> <p>3:00pm-Neighborly Chat-MR</p> <p>Spring Begins</p>	<p>21 9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Beanbag Baseball-ER 6:00pm-Bridge-MR</p>	<p>22 9:00am-Full Body Exercise-ER <b>1:00pm-Bookmobile (Side Entrance) Parking Lot</b> 2:30pm-Indoor Golf-ER 7:00pm-Bingo w/Fred-MR</p>	<p>23 9:00am-Resistance Band Exercise (video)-ER <b>9:00am-Chair Massage Therapist-LIB (2nd floor)</b> <b>3:00pm-Happy Hour w/Brandon the Accordion Player</b> 7:00pm-Trivia w/Kay</p>	<p>24 9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR <b>1:00pm-Bingo w/Deanna-MR</b> 2:30pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p>	<p>25 9:00am-Weights Workout-ER 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	<p>26 1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR</p>
<p>27</p>	<p>28 9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:30pm-Volleyball-ER 6:00pm-Bridge-MR</p>	<p>29 9:00am-Full Body Exercise-ER 2:30pm-Corn Hole-ER 7:00pm-Bingo w/Fred-MR</p>	<p>30 9:00am-Resistance Band Exercise (video)-ER <b>3:00pm-Happy Hour w/Roger Moyher</b> 7:00pm-Trivia w/Kay</p>	<p>31 9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR 2:00pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p>		

ER=Exercise Room, MR=Media Room, PA=Pond Area, LIB=Library, L=Lobby, DR=Dining Room, PR=Puzzle Room, GR=Game Room \*All Activities are subject to change