

January IQ

- 1. Which January event occurred first?
A. The March of Dimes was established.
B. The Emancipation Proclamation was issued.
C. Ellis Island Immigration Station formally opened.
D. The League of Nations was officially inaugurated.
- 2. Believed to have been born on January 6, 1492, Joan of Arc was of what nationality?
A. Italian B. German C. English D. French
- 3. True or false? Only two months have the letter J in their name.
- 4. Which of the following is a false statement about January’s birthstone, the garnet?
A. It comes in red only.
B. Garnet jewelry has been found dating back to the Bronze Age.
C. It is the only birthstone for January.
D. The stone was once believed to ward off plague.
- 5. The famous poem “The Raven” was first published in New York’s Evening Mirror on January 29, 1845. Who wrote it?
- 6. Which of the following states did NOT join the U.S. in the month of January?
A. Georgia B. Hawaii C. Michigan D. Alaska
- 7. Buzz Aldrin was born on January 20, 1930. What was his profession?
- 8. True or false? January is the warmest month of the year in the southern hemisphere.
- 9. What are the two traditional January birth flowers?
A. Carnation and poppy
B. Snowdrop and daisy
C. Carnation and snowdrop
D. Rose and carnation
- 10. The first Rose Bowl was held on New Year’s Day in what year?
A. 1902 B. 1922 C. 1942 D. 1962

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Clean Touch Dry Cleaning 916-366-6666
Pick-up & drop-off Monday & Thursday

- 11. Shirley Temple stars in the film Captain January. What is the captain’s occupation?
A. Shipmaster
B. Lighthouse keeper
C. Pilot
D. Policeman
- 12. True or false? The January zodiac signs are Capricorn and Pisces.
- 13. Born on January 27, 1832, Lewis Carroll wrote which of the following?
A. Oliver Twist
B. The Lion, the Witch, and the Wardrobe
C. The Wizard of Oz
D. Alice’s Adventures in Wonderland
- 14. On January 10, 1863, the world’s first subway opened in what city? Hint: It’s the capital of England.
- 15. Betty White was born on January 17, 1922. What character does she play on The Golden Girls?
A. Dorothy Zbornak
B. Rose Nylund
C. Blanche Devereaux
D. Sophia Petrillo

Answers: 1-B, 2-D, 3-False, 4-A, 5-Edgar Allan Poe, 6-B, 7-Astronaut, 8-True, 9-C, 10-A, 11-B, 12-False, 13-D, 14-London, 15-B

CAMPUS COMMONS

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Beginning at the End

“New year, new me” is a common refrain on January 1. For many, the start of a new year presents the opportunity for a restart. You know what that means: dreaded new year’s resolutions. Some promise to start healthy habits like eating right and exercising. Others open new bank accounts or resolve to save more money. The boldest decision-makers might embark on life-changing journeys: a move to a new city, a decision to have a baby, or opening a new business. But just because it’s the start of a new year doesn’t mean everybody wants a new beginning. In fact, some people want just the opposite.

Zack, Zoe, and Zeke might remind you that January 1 is Z Day, a day to ditch beginnings altogether and start at the end. So many things in life are organized according to the alphabet, leaving those with Z names waiting until the end for their opportunity to shine. Sure, today is a day to give Zane and Zelda a little extra attention, but it is also a day to reverse your order of thinking. Instead of prioritizing the usual resolutions, give some attention to the items at the bottom of the list, the stuff that so often gets ignored, like trying a new hobby, donating your wedding dress to Goodwill, or even cleaning the garage.

If you find resolutions to be a chore, have no fear: January 17 is Ditch New Year’s Resolutions Day. After keeping up the charade for a couple of weeks, exercising when you don’t want to, and eating healthful but unappetizing foods, this is a day to be honest with yourself if you’ve set unrealistic or unattainable goals. Skip the workout, grab a bowl of ice cream, and retool your resolutions to make them more manageable and enjoyable! Remember, January wasn’t always a month for reinvention and rebirth. January and February were the last months to be added to the calendar, falling after December. For centuries, March was used as the time of annual renewal. It wasn’t until 153 BC that the Romans decreed January 1 the New Year, and some countries still didn’t adopt the date until the 18th century.

Tonya’s Activity Corner

Happy New Year to everyone... It’s January 2022! This month the weather is cold and wet, the more reason to stay warm and dry inside. This is a great opportunity to get to know your neighbors and build new friendships or stronger ones. So, get together, and get engaged in our activity programs and events.

Be sure to sign up in the Activity Center on the back countertop for Podiatrist: Dr. Hague on the 10th, Paint & Sip w/ Teresa on the 19th, and Ceramic’s w/ Claudie on the 26th. I really appreciate and thank our instructors for coming on a regular basis to provide their services to you all. I would like to include Diane Holland for Chair Exercise and PT Brody Choy for Physical Therapy Class; they are all amazing!

I am grateful for all our 2021 resident volunteers: **Joann Charamuga, Barbara Cross, Lorraine Day, Pat Edmonds, Sue Erlich, Christa Henkelmann, Barbara Holland, Ginny Johnson, Margaret Kozlowski, Nina Lyon, Nancy Millin, Genelle Palmer, Linda Reitzenstein, Paige Small, Annabeth Terry, and Dorothy Wooldridge.** I have an insert of all our volunteers and duties listed and all of December’s winner/prizes with the Community Activity they won.

I have a special thank you to all the Campus Commons Riverview Choir. We all enjoyed their holiday carols. This was a wonderful performance that was led by Sue and Lorraine. It was festive and fun. The holiday cookies and eggnog were a perfect way to end our event.

We are so pleased for Lorraine Day and enjoyed the many years she played the piano for us. She has a gift and a great talent in playing the piano. We are sad to hear she will no longer be playing. Sue Erlich and I are looking for a new resident volunteer or someone you may know to continue playing the piano. For the meantime, we plan to continue Sing Along by YouTube on January 11th & 25th at 2:30pm in the Cabaret Lounge.

January Birthdays

In astrology, those born from January 1–19 are Capricorn’s Goats. Like goats that perch on mountain crags, Capricorns are masters of self-control and responsibility. Intense focus and fortitude help them reach their goals. Those born from January 20–31 are the Water Bearers of Aquarius. Just as water gives life to the land, Aquarians are the humanitarians of the zodiac. Their heightened compassion and empathy compel them to help those in need.

- Mark Beik, January 1st
- Virginia Sawyer, January 12th
- George Tygret, January 14th
- Joanne McKee, January 17th
- Birgitta Ellis, January 25th
- Jon Hayward, January 28th
- Lorraine Day, January 31st

January Anniversaries

- Michael Halfant – 8 years
- Nat Linenberger – 6 years
- Eleanor Witter – 6 years
- Sam Adrien – 5 years
- Nina Lyon – 4 years
- Carol Doring – 2 years
- Shirley Marks – 2 years
- Dorothy Wooldridge – 2 years

January Move-Ins

Doris H. #148

Tonya’s Activity Corner continues...

Happy Hour on the 7th Happy Trails Duo, on the 14th, new entertainers, The Deleons; a husband-and-wife duo singing from the 50’s era. A new Campus Commons favorite entertainer on the 21st, Jerry Lopes, and lastly, on the 28th, Moon Glow a Jazz Group. So, come on down and dance the hour away!

Have a wonderful January!

Christine’s Comments

I’ve been trying to come up with something to write about to welcome 2022, but the only thing I can think of with a New Year, is to hope for the best! But then again, I said that last January. In 2020 and 2021, we kept reminding everyone to stay positive, this will pass, and now that we’re approaching almost two years of living life with COVID, I think it’s the norm. I *still* don’t like it. But I can *still* hope for the best!

What are you hoping for in 2022? I am asking you because you are the fine people that live here and what better people to ask? Right? Inside this newsletter is an Activities/Community Survey. Please read through it and give me your honest feedback. I am listening! Please return to the office at your earliest convenience.

In 2020 and 2021, we were not able to have our annual Casino Night, but we are planning for one this year! It will be our **Valentine Casino Night** on Friday, February 11th from 3pm – 6pm. We provide the chips for free so you can play Blackjack, Roulette, Texas Holdem and Craps. Your winnings will be redeemed for raffle tickets to win prizes at the end of the evening. Enjoy delicious hors d’oeuvres, drinks, and dessert. More to come on that later this month.

We’ve got one more holiday this month (it’s true). Housekeeping notices for the Martin Luther King Holiday (January 17th) will be out shortly, so be on the lookout.

From the Campus Commons and Sodexo Senior Services staff, thank you for your end of the year gratuities! You made the holidays that much extra special for all of us!

thank you!

I’m wishing everyone a happy and healthy 2022!

Marketing Minutes by Karla Weymouth

Welcome 2022! I hope everyone had a Happy Holiday and a Happy New Year!

On January 6, 2022, at 2:30pm, we will have a speaker from the AmeriCorps Seniors organization. This organization is a nonprofit chartered in California in 2015. The African Education Support Foundation is the proud recipient of an Americorps Seniors Grant connecting and supporting volunteers (55+) to tutor students in California in grades 3-5 who have fallen behind in mathematics.

This is an exciting program that is 100% virtual. If you are homebound, physically restricted, or want to volunteer but don’t want to travel to a site and wish you could still serve, this program is for you.

This program can be conducted from any place where there is Wi-Fi. All tutors will be assigned to one student who lives in California with the task of assisting them in homework completion for mathematics only. They ask that you work with your student 3 to 5 days a week, 15 – 45 minutes a day.

AmeriCorps will augment your math knowledge, if needed, to reflect current California standards.

This is 100% virtual. No driving, no COVID worries, you can contribute from anywhere!

If you are interested in volunteering, please attend the presentation on January 6 at 2:30pm.

