# DISCOVER **Anthology Senior Living**

#### PERSONAL CARE

A personalized care plan with day-to-day assistance, supported by passionate caregivers

### EXPERIENCE THE CARE of

compassionate team members

Care team members available 24/7

Robust COVID-19 safety protocols and programs

Care designed to promote independence while providing assistance as needed

Wellness profile and personalized wellness plan completed by a licensed nurse

Ongoing professional oversight of healthcare, behavioral, and cognitive needs

Assistance with activities of daily living such as dressing, bathing, grooming, transportation, and medication management

Balanced Living program: designed to reduce falls while improving physical health and balance

In-suite personal alert system

Occupational and physical therapy provided by Legacy® Healthcare Services

Ongoing, extensive team member training

Partnership with national pharmacies for safe dispensing and delivery of medications



#### ANTHOLOGY SENIOR LIVING LOUISVILLE

1105 Dorsey Lane Louisville, KY 40223

502-907-2649

AnthologySeniorLiving.com/Louisville

A CA SENIOR LIVING COMMUNITY

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## ANTHOLOGY SENIOR LIVING LOUISVILLE

PERSONAL CARE



#### ENVISION

all the comforts of home, with personalized care and the support of a vibrant community, blended with utmost discretion and privacy



# PURPOSEFULLY ENGAGE with enriching activities for body, mind and spirit

- Daily activities nurture six dimensions of wellness: physical, emotional, social, intellectual, spiritual, environmental
- Social, cultural, educational, exercise, wellness, and recreational programs
- On-site entertainment
- Intergenerational art program for creative self-expression and social engagement
- Sagely® Family App, to track resident activity and participation
- Fit Minds<sup>TM</sup> instructor-led classes to engage five domains of cognition: language and music, visual and spatial, critical thinking, computation, long-term and working memory
- iN2L® large-screen and personal tablet-based activities to entertain and engage in group and individual settings

#### **SCHEDULE YOUR TOUR TODAY!**

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#### **DELIGHT** in

fine cuisine

- On-trend gourmet dining
- In-house professional chefs
- Fresh menus supervised by a registered dietitian
- Snack options 24 hours a day

#### **ENJOY**

premium accommodations and amenities

- Gracious, contemporary private suites
- Full housekeeping, linen and maintenance services
- Escorts to and from meals and events
- Concierge services
- Transportation to appointments, shopping, dining and outings
- Salon and barber shop
- On-site fitness facilities
- Community activity center, craft room, library, and theatre
- Well-appointed common areas