March

3515 Diana Queen Dr. Muscatine, IA 52761



(563) 263-5108

Meet Our Management

Director: MEGAN JOHNSON Community Relations Coordinator: JORDAN LLOYD

Healthcare Coordinator: **KENZIE WEGTER** Culinary Coordinator: SAMANTHA HARRIS Life Enrichment Coordinator: MEAGAN VANDEMAAT

Maintenance Coordinator: JOE STEINKE

Nurse: LINDA BARCLAY

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Administrative Assistant: CASSIE COTTRELL



We'd like to give a big thank you to our very SWEET friends at St. Croix Hospice for hosting an ice cream social for our residents!

Resident Birthdays

March 5 - Kitty L.	
March 16 - Shirley H.	
March 21 - Paul S.	
March 25 - Tom G.	

Staff Birthdays

March 22 - Kimber K.

Do you follow us on Facebook?

If you don't, you need to! Scan the square below with your smartphone to see our newest Facebook video!



Professionally Managed by **JAYBIRD**



March





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All About Addington

Mark Your Calendars...

-March 9th: Lunch For A Cause event benefiting the Muscatine Meals on Wheels program (RSVP required)

-March 17th: Family and Friends St. Patrick's Day Event (RSVP required)

-March 21st: "CockADoodleDoo Hatchery Crew"– We're hatching chickens at Addington and are eggs arrive this day!

-Thirsty Thursday- Every Thursday, we are hosting Thirsty Thursday at 3:30pm for our residents and friends!



This month's theme is...





Ganelda painting a spring bouquet to summon the warmer weather!

Exceptional Care. Extraordinary Living.

Cardio Drumming Class

Two things we know about our residents: 1. They love staying active

2. They are always up to trying new things

Combining those two facts, we decided to switch up our exercise routines with something new and exciting called CARDIO DRUMMING! Using giant exercise balls , laundry baskets, and drumsticks, you would be

surprised with the rhythm that can be created!

Our residents had a great time during our test run class with Life Enrichment Coordinator, Meagan, confirming that we will definitely be adding cardio drumming into our weekly schedule! Come out and try it with us sometime!







Backstage Pass to Circa 21

Last month, our community theme was "Backstage Pass" and what fits that better than a trip to a musical theatre performance! Our ladies headed out to Circa 21 in Rock

Island, IL to see the comedic drama, "The Play That Goes Wrong". It was a HIT! Our residents had an amazing time and it was so great to get out on the town for a day.

This month, our theme is "Grow With Us" and we have some very exciting activities planned, including our own chicken egg hatchery, garden club, and much more!

Cookies & Company



Caring Corner Series

We know that families who are caring for loved ones with dementia struggle to know how best to live with this disease process. We want to provide you with some tools to make the best of a less than ideal situation. With the QR code to your right, you can scan to register for the Caring Corner's March virtual event presented by our management company, Jaybird Senior





for caregivers, family, friends, and loved ones of seniors living with dementi Held virtually on the last Monday of each month

Join us for this month's Lunch For a Cause community lunch fundraising event benefiting Senior Resources' Meals on Wheels program! Purchase a meal for only \$8.00!

RSVP today by calling 563-263-5108!

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