

February 2022

Golden Pond Senior Living

Golden Pond Senior Living *RCFE 347000985



Celebrating February

Black History Month

**Chinese New Year:
Year of the Tiger**
February 1

Groundhog Day
February 2

Winter Olympics Begin
February 4

Read in the Bathtub Day
February 9

Valentine's Day
February 14

World Day for Social Justice
February 20

Presidents' Day (U.S.)
February 21

Digital Learning Day
February 22

Tooth Fairy Day
February 28

Red is the Color of February

Chinese New Year begins on February 1st and ends on February 11th. 2022 is the year of the Tiger. Let your inner Tiger roar!!!

Another day that we recognize is Groundhog Day. The story goes...if the ground comes out of his burrow on February 2nd and does not see his shadow then, Spring will come early. If the groundhog sees his shadow, then it will go back into its' burrow and Winter will last 6 more weeks.

Valentines Day is February 14th. It is noted as the Feast of Saint Valentine and was established by Pope Gelasius I in AD 496 in honor of Saint Valentine of Rome. The day became associated with romantic love in the 14th & 15th centuries when notions of courtly love & "lovebirds" of early spring. In the 18th century England, it grew into an occasion in which couples expressed their love for each other by presenting flowers, chocolate candy, & sending greeting cards, known as "Valentines". Who's your valentine???

We also consider February as President's month, as we celebrate 2 of our fore Father's birthdays. Lincoln on February 12th and Washington on February 22nd. We consider Monday February 21st as President's Day.

Therefore, we have a lot of **RED** in this month. And speaking of celebrating birthdays...we will be celebrating the Golden Pond February residents' birthdays on Wednesday, February 16th at 2pm in the PAR. Come and celebrate with us as we celebrate you.

ACTIVITIES

Is there an activity that you would like to have here at Golden Pond? Let Tandy know. We try to change things around so that we are not playing some of the same games to the point of them not being fun anymore. If you would like to see a different game on the calendar or a different event on the calendar, please share that in writing, drop it off at the front desk to be put in the Activity box. We hope that you will join us for one or more activities in February. If you know of a band or someone who performs in a band and you would like to see them perform here at Golden Pond, let Tandy know by dropping off any contact information that will help her to reach out and review the information being provided.

NEW RESIDENTS

We understand whenever you move into a new environment that there is so much to learn and get use to. If you have any questions or concerns about where things are, where to go, where to meet for any of the activities, outings and meetings, do not hesitate to ask any of the staff. Let Tandy, the Activity Director, know if you need any additional information that will help you out that best meets your needs. A few reminders are...

FL ~ Front Lobby TR ~ Theater Room
 PAR ~ Performing Arts Room
 LP ~ Lucky's Pub SR ~ Sun Room
 ER ~ Exercise Room BH ~ Bingo Hall
 LIB ~ Library B ~ Bistro

Golden Pond Birthdays Residents

Duane Rohrer	02/04
Tomoko Ayers	02/07
Joyce Selby	02/10
Thomas Innerbichler	02/13
Lois Wood	02/15
Gregory Christiansen	02/20
Marylton Fielding	02/24



Staff

Monique Clark	02/02
Jemina John	02/06
Dainna Jorlanin	02/10
Raffaella Lettini	02/16
Inumia Fakalata	02/22
Elsa Cartagena	02/28

February 16th at 2 pm will we be celebrating all the birthdays that take place in February. Come and enjoy the treats and the fun. Hope to see you down in the PAR.

BOOKMOBILE

If you are new or you may have forgotten, the Sacramento Library Bookmobile comes to the front parking lot of Golden Pond every second Tuesday of every month. If you like reading or watching movies, come check out the Bookmobile and get all signed up to make this a monthly event for yourself. Don't have a library card, no worries, they will get you all signed up and ready to go. Have fun exploring.

MAY I PLEASE HAVE YOUR ATTENTION

We all enjoy our time together in the Dining Room. We love being able to share conversations with those sitting at our table. Knowing that many of us have portable cell phones and finding them indispensable, we still need to be aware of those around us. Please remember that others don't want to hear your phone conversations, so, if you receive a call or must make a call while in the dining room, please be courteous to your fellow diners and take your phone conversation to the lobby area adjacent to the dining room. This is common courtesy and will be greatly appreciated.

THE READING CLUB IS BACK

After taking a month off and speaking with residents about how the Reading Club could be better served, we found out that we needed to change the day of the week. Therefore, the Readers Club will meet on the first and third Saturday of each month. February dates will be...the 5th and the 19th at 10:30 am in the Library.

MAINTENANCE REMINDER

If you have ANY maintenance issues, please come to the Front Office and let them know your concerns. The information will be inputted into the RED Maintenance binder. This binder gets looked at daily so your requests will be looked at and dealt with in the best order possible. Remember that the maintenance guys are working on many different projects and all requests are prioritized so that everyone's requests will be met accordingly. Please be patient and respectful of everyone's needs. Thank you for your cooperation.

DINNING HOURS

Breakfast	7:30am – 9:30am
Lunch	11:30am – 1:30pm
Dinner	4:00pm – 6:30pm



Though you may choose to come to the dining room early, please be courteous of the Kitchen and Serving staff. They are preparing and doing their required duties and will not serve you until the designated times. Please continue to be patient and considerate, it is greatly appreciated and welcomed.

FOOD COMMITTEE MEETING

This is an open group and anyone can attend. Come, share your opinion about the food. What do you like? What do you not like? What would you like to see? Do you want to see different placemats? What are your thoughts and concerns, come share them with Chef Bernadette every 1st & 3rd Wednesday of the month in the Bistro.

RESIDENT COUNCIL

This is a meeting just for the residents. This is your time to share your concerns, requests and any other issues. Special guests are by invitation only. Come let your voice be heard every 2nd & 4th Wednesday of every month in the Library.

ELVIS WAS IN THE HOUSE



Pegi" is so in love with Elvis Presley, she is his #1 fan of all fans. What a beautiful smile. There were smiles on everyone's faces...



FEBRUARY COCKTAIL HOUR



4TH ~ Linda Bracamonte ~ 2pm PAR

11th ~ Linda Herring ~ 2pm PAR

18th ~ Mark Abdilla ~ 2pm PAR

25th ~ Stevie Mello ~ 2pm PAR

Our music line up for February is full as we have some familiar faces coming back and a few new ones that we are going to try. I really want your feedback on all the entertainers that come to Golden Pond. I want to make sure that I am meeting everyone's taste for many different styles of music.

Everyone had a wonderful time with Elvis!

