

February 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For more information about the Saturday Bridge Group please contact Arlene Fricke-908-337-3296.	To learn more about the Mah Jong group, please contact Kathy Birkead at 502-290-6304.	1 Chinese New Year	2 Groundhog Day	3 11:00 CH Reserved for weekly villa luncheon, 10am-2pm, Jennifer Winrich	4 1:00 Mah Jong (1-4:30pm)	5 1:00 Bridge Group (1:00-4:00pm)
6	7 1:30 Office Hours in Club House (1:30-3pm) 3:00 Chair Yoga, \$5/person	8 3:00 Happy Hour (RSVP to 502-412-3775)	9 3:30 BUNCO, RSVP required to Ann Peters at 502-749-8886	10 11:00 CH Reserved for weekly villa luncheon, 10am-2pm, Jennifer Winrich	11 1:00 Mah Jong (1-4:30pm)	12 1:00 PRIVATE EVENT RESERVATION 1-4PM
13	14 Valentine's Day 1:30 Office Hours in Club House (1:30-3pm) 3:00 Chair Yoga, \$5/person	15 3:00 Happy Hour (RSVP to 502-412-3775)	16 11:00 Resident Council with Carla (Address 3350-3360 & 9700-9718) 2:00 Resident Council with Carla	17 11:00 CH Reserved for weekly villa luncheon, 10am-2pm, Jennifer Winrich	18 1:00 Mah Jong (1-4:30pm)	19 1:00 Bridge Group (1:00-4:00pm)
20	21 Presidents' Day 1:30 Office Hours in Club House (1:30-3pm) 3:00 Chair Yoga, \$5/person	22 3:00 Snowflake Ball Happy Hour (RSVP to 502-412-3775)	23 10:45 Bookmobile 12:00 Potluck	24 11:00 CH Reserved for weekly villa luncheon, 10am-2pm, Jennifer Winrich	25 1:00 Mah Jong (1-4:30pm)	26
27	28 1:30 Office Hours in Club House (1:30-3pm) 3:00 Chair Yoga, \$5/person	For Event RSVPs to the Life Enrichment Department, please contact Melissa.Cusick@willowsatspringhurst.com	For Calendar & Club House Reservations, please contact Miranda Tirbs at 502-412-3775			

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Executive Director - Carla Sieckert Legacy Lane Coordinator - Taylor Carruthers Director of Health Services - Jessica Vanover Assistant Director of Health Services - Dawn Edwards	Main Phone: (502)412-3775 Legacy Lane Cordless Phone: (502)313-6266	1 Chinese New Year V 9:00 Snowball Fight K 9:30 Chronicles & Chit Chat K 9:30 Tell Me Something Good CC 10:45 Rise & Shine Parfaits 12:45 Relax & Recharge A 2:00 DIY Postcards M 3:30 Toe Tapping Tuesday	2 Groundhog Day V 9:00 Quick Qigong K 9:30 Chronicles & Chit Chat K 9:30 Famous Pairs CC 10:45 Tropical Trail Mix 12:45 Relax & Recharge A 2:00 Bird Brain Portraits M 3:30 Dance Your Own Way GG 4:00 Throwing Horseshoes	3 V 9:00 Ballroom Dancing K 9:30 Chronicles & Chit Chat K 9:30 Life Story CC 10:45 Honey Spiced Bread 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Hippy Dance GG 4:00 Word Works	4 V 9:00 Mindfulness Matters K 9:30 Chronicles & Chit Chat K 9:30 Rolling 31 Days CC 10:45 Classic Chocolate Chip Cookie 12:45 Relax & Recharge A 2:00 Love Collage M 3:30 Float With Me Happy	5 V 9:00 Drum Circle K 9:30 Chronicles & Chit Chat K 9:30 New Year Word Poem CC 10:45 Strawberry Hand Pies 12:45 Relax & Recharge A 2:00 Art & Poetry-Direction M 3:30 Making Music GG 4:00 Roll the Dice and Break
6 V 9:00 Balance K 9:30 Chronicles & Chit Chat K 9:30 Guess the Animal CC 10:45 Italian Pinwheel Sandwiches with Cream Cheese 12:45 Relax & Recharge A 2:00 Valentine Bookmarks	7 V 9:00 What a Wonderful World Chair Yoga K 9:30 Chronicles & Chit Chat K 9:30 Conversation Hearts CC 10:45 Blueberry Oat Muffins 12:45 Relax & Recharge A 2:00 Black Glue Heart Art M 3:30 Groovin' to Songs with	8 V 9:00 Snowball Fight K 9:30 Chronicles & Chit Chat K 9:30 Tell Me Something Good CC 10:45 Apple Yogurt Parfaits 12:45 Relax & Recharge A 2:00 Valentine Hearts M 3:30 Toe Tapping Tuesday	9 V 9:00 Quick Qigong K 9:30 Chronicles & Chit Chat K 9:30 Famous Pairs CC 10:45 Chocolate Raspberry Trail Mix 12:45 Relax & Recharge A 2:00 Canvas Hearts M 3:30 Dance Your Own Way	10 V 9:00 Ballroom Dancing K 9:30 Chronicles & Chit Chat K 9:30 Life Story CC 10:45 Orange Cranberry Bread with Glaze 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Hippy Dance	11 V 9:00 Mindfulness Matters K 9:30 Chronicles & Chit Chat K 9:30 Rolling 31 Days CC 10:45 Peanut Butter Cookies 12:45 Relax & Recharge A 2:00 Fizzing Heart Art M 3:30 Float With Me Happy Hour	12 V 9:00 Drum Circle K 9:30 Chronicles & Chit Chat K 9:30 New Year Word Poem CC 10:45 Apple Hand Pies 12:45 Relax & Recharge A 2:00 Art Appreciation-Monet M 3:30 Making Music GG 4:00 Roll the Dice and Break
13 V 9:00 Balance K 9:30 Chronicles & Chit Chat K 9:30 Guess the Animal CC 10:45 Sandwich Pinwheel 12:45 Relax & Recharge A 2:00 Heart Candy Jar M 3:30 Lift Your Voices GG 4:00 Parachute Circle	14 Valentine's Day V 9:00 What a Wonderful World Chair Yoga K 9:30 Chronicles & Chit Chat K 9:30 Conversation Hearts CC 10:45 Banana Nut Muffins 12:45 Relax & Recharge A 2:00 Watercolor Love Print M 3:30 Love Song Trivia	15 V 9:00 Snowball Fight K 9:30 Chronicles & Chit Chat K 9:30 Tell Me Something Good CC 10:45 Peanut Butter Banana Yogurt Parfaits 12:45 Relax & Recharge A 2:00 Monogrammed Cutout	16 V 9:00 Quick Qigong K 9:30 Chronicles & Chit Chat K 9:30 Famous Pairs CC 10:45 Ginger Apricot Trail Mix 12:45 Relax & Recharge A 2:00 Cubism Portraits M 3:30 Dance Your Own Way GG 4:00 Throwing Horseshoes	17 V 9:00 Ballroom Dancing K 9:30 Chronicles & Chit Chat K 9:30 Life Story CC 10:45 Apple Praline Bread 12:45 Relax & Recharge A 2:00 Act of Kindness Day M 3:30 Hippy Dance GG 4:00 Word Works	18 V 9:00 Mindfulness Matters K 9:30 Chronicles & Chit Chat K 9:30 Rolling 31 Days CC 10:45 S'more Cookies 12:45 Relax & Recharge A 2:00 Feel Good Art M 3:30 Float With Me Happy Hour	19 V 9:00 Drum Circle K 9:30 Chronicles & Chit Chat K 9:30 New Year Word Poem CC 10:45 Blackberry Hand Pies 12:45 Relax & Recharge A 2:00 Art & Poetry-Winter M 3:30 Making Music GG 4:00 Roll the Dice and Break
20 S Theme Week: Snowflake Ball V 9:00 Balance K 9:30 Chronicles & Chit Chat K 9:30 Guess the Animal CC 10:45 Buffalo Chicken Pinwheels 12:45 Relax & Recharge	21 Presidents' Day S Theme Week: Snowflake Ball V 9:00 What a Wonderful World Chair Yoga K 9:30 Chronicles & Chit Chat K 9:30 Conversation Hearts CC 10:45 Cherries in the Snow 12:45 Relax & Recharge	22 S Theme Week: Snowflake Ball V 9:00 Snowball Fight K 9:30 Chronicles & Chit Chat K 9:30 Tell Me Something Good CC 10:45 Snowberry Parfait 12:45 Relax & Recharge	23 S Theme Week: Snowflake Ball V 9:00 Quick Qigong K 9:30 Chronicles & Chit Chat K 9:30 Famous Pairs CC 10:45 Snowy Day Trail Mix 12:45 Relax & Recharge A 2:00 Bob Ross Art	24 S Theme Week: Snowflake Ball V 9:00 Ballroom Dancing K 9:30 Chronicles & Chit Chat K 9:30 Life Story CC 10:45 Snowman Cupcake 12:45 Relax & Recharge A 2:00 Picture This	25 S Theme Week: Snowflake Ball V 9:00 Mindfulness Matters K 9:30 Chronicles & Chit Chat K 9:30 Rolling 31 Days CC 10:45 Snowfetti Cookies 12:45 Relax & Recharge A 2:00 Press & Paint	26 S Theme Week: Snowflake Ball V 9:00 Drum Circle K 9:30 Chronicles & Chit Chat K 9:30 New Year Word Poem CC 10:45 Tomato Hand Pies 12:45 Relax & Recharge A 2:00 Art Appreciation-
27 V 9:00 Balance K 9:30 Chronicles & Chit Chat K 9:30 Guess the Animal CC 10:45 Cream Cheese Pinwheels-Fresh Veggies 12:45 Relax & Recharge A 2:00 Cookie in a Jar	28 V 9:00 What a Wonderful World Chair Yoga K 9:30 Chronicles & Chit Chat K 9:30 Conversation Hearts CC 10:45 Apple Cinnamon Muffins 12:45 Relax & Recharge A 2:00 A Cup of Tea	Follow Us on Facebook! Springhurst Pines Senior Living				

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Life Enrichment 502-412-3775	Transportation is on Tuesdays & Thursdays	1 Chinese New Year 9:00 Daily Chronicles & Activities 10:30 Morning Tai Chi (Ch. 97 or 37-3) 11:00 Inspired Living Committee	2 Groundhog Day 10:45 Spring or Snow? Punxsutawney Phil's 2022 Prediction 11:00 Sit & Be Fit 2:00 Groundhog BINGO	3 10:45 Coffee & Current Events 11:00 Sit & Be Fit 2:00 Ice Cream Social 3:00 Technology Time	4 National Wear Red Day for Heart Disease Awareness Winter Olympics 2022 Beijing on NBC, Peacock, USA	5 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 9:00 Coffee & Daily Chronicle
6 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 8:00 Mass @ 8am, 12pm, 7pm (Ch.	7 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 9:00 Daily Chronicles & Activities	8 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 9:00 Daily Chronicles & Activities	9 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 10:45 Coffee & Chronicles	10 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 10:45 Coffee & Current Events	11 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 10:00 Coffee & Daily Chronicles	12 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 9:00 Coffee & Daily Chronicle
13 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 8:00 Mass @ 8am, 12pm, 7pm (Ch.	14 Valentine's Day Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 9:00 Daily Chronicles & Activities	15 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 9:00 Daily Chronicles & Activities	16 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 10:45 Coffee & Chronicles	17 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 10:45 Coffee & Current Events	18 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 10:00 Coffee & Daily Chronicles	19 Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC 9:00 Coffee & Daily Chronicle
20 Theme Week: Snowflake Ball Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC	21 Presidents' Day Theme Week: Snowflake Ball 9:00 Daily Chronicles & Activities 10:30 Snowflake Hunt 11:00 Gin Rummy	22 Theme Week: Snowflake Ball 9:00 Daily Chronicles & Activities 10:45 Coffee & Current Events	23 Theme Week: Snowflake Ball 10:45 Coffee & Chronicles 11:00 Sit & Be Fit 2:00 Ball Gown BINGO	24 Theme Week: Snowflake Ball 10:45 Coffee & Current Events 11:00 Sit & Be Fit 2:00 Make Your Own	25 Theme Week: Snowflake Ball 10:00 Coffee & Daily Chronicles 11:00 Nail Spa 2:00 Bunco	26 Theme Week: Snowflake Ball 9:00 Coffee & Daily Chronicle 10:30 St. Bernadette Catholic
27 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) 9:00 Coffee & Daily Chronicle 11:00 Who, What, When?	28 9:00 Daily Chronicles & Activities 11:00 Gin Rummy 2:00 Monday Movie Matinee: Holiday in the Wild (Ch. 97	The Store is open Wednesdays! Hours may vary.				Activities are subject to change.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends G - Group Games	I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	1 Chinese New Year K 9:30 Daily Chronicle & Coffee GG 11:00 Morning Games & Social V 1:30 Sit & Be Fit (Ch. 97 & 37-3)	2 Groundhog Day K 10:30 Coffee & Daily Chronicles GF 11:00 Spring or Snow? Punxsutawney Phil's 2022 Prediction	3 K 9:30 Daily Chronicle & Coffee A 10:30 Nail Spa GG 11:00 Morning Games & Social V 1:30 Sit & Be Fit (Ch.	4 National Wear Red Day for Heart Disease Awareness I Winter Olympics 2022 Beijing on	5 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &
6 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC I 8:00 Mass @ 8am,	7 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	8 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	9 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	10 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	11 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	12 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &
13 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC I 8:00 Mass @ 8am,	14 Valentine's Day I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	15 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	16 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	17 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	18 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &	19 I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network, CNBC K 9:30 Daily Chronicle &
20 S Theme Week: Snowflake Ball I Winter Olympics 2022 Beijing on NBC, Peacock, USA Network,	21 Presidents' Day S Theme Week: Snowflake Ball K 9:30 Daily Chronicle & Coffee 10:30 Snowflake Hunt L 2:00 Monday Movie	22 S Theme Week: Snowflake Ball K 9:30 Daily Chronicle & Coffee S 11:00 Resident Council V 1:30 Sit & Be Fit (Ch.	23 S Theme Week: Snowflake Ball K 9:30 Daily Chronicle & Coffee K 10:30 Coffee & Daily Chronicles	24 S Theme Week: Snowflake Ball K 9:30 Daily Chronicle & Coffee A 10:30 Nail Spa V 1:30 Sit & Be Fit (Ch.	25 S Theme Week: Snowflake Ball K 9:30 Daily Chronicle & Coffee GG 11:00 Morning Games & Social	26 S Theme Week: Snowflake Ball K 9:30 Daily Chronicle & Coffee GG 11:00 Snowflake Matching Game
27 I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) K 9:30 Daily Chronicle & Coffee L 2:00 Who, What,	28 K 9:30 Daily Chronicle & Coffee L 2:00 Monday Movie Matinee: Holiday in the Wild (Ch. 97 or 37-3)	M - Mindful Moments M - Music to My Ears S - Signature Events V - Vitality	Find The Willows of Springhurst on Social Media! Facebook.com/WillowsAtSpringhurst/ Twitter.com/willowsspringhurst			