The Birches Daybreak Calendar of Events January 2022

Tuesday Wednesday Friday **Saturday Sunday Monday Thursday** "TO READ A POEM IN JANUARY IS AS 10:45am Morning **Games n Juice** LOVELY AS TO GO FOR A WALK IN JUNE.' 1:00pm Numbers -JEAN PAUL Game Hello January! Make my wishes come true! 2:30pm Snack Time Chat 3:00pm Balloon **Volley Ball** 5:30pm Evening movie and Snack Time 10:00am Morning Games 10:45am Morning 10:00am Morning 10:00am Morning 10:00am Morning 10:45am Morning 10:30am Morning n Juice **Games n Juice Games n Juice** Games n Juice **Games n Juice** Games N Juice **Games n Juice** 10:00am Rosary and 10:35am FOX Sit N Fit 10:35am Fox Sit N Fit 10:30am Music 11:00am Letter of 10:45am FOX Sit N Snack **Communion** 1:00pm Time for Art 1:00pm Mini Manis the Day **Therapy with Ted** Fit 11:00am Catholic 10:35am Fox Sit N Fit 2:00pm Balloon 2:00pm Balloon 2:30pm Snack Time Jordan 1:00pm BINGO! **Communion Rite** 1:00pm Sing A Long Volley Volley Chat 1:15pm Craft Corner 2:00pm Circle Kick Songs **1:00pm BINGO!** 2:30pm Snack Time 2:30pm Snack Time 3:00pm Balloon 2:30pm Snack Time 2:30pm Snack Time Ball 3:00pm-3:30pm 2:30pm Piano 3:00pm-3:30pm **Volley Ball** 3:00pm-3:30pm 3:00pm-3:30pm **FOX Fitness** 2:30pm Snack Time **Hymns by David FOX Fitness** 5:30pm Evening **FOX Fitness FOX Fitness** 3:30pm Trivia **3:15pm Fox Fitness Cornwall (DBAR)** 3:30pm Trivia movie and Snack 3:30pm Trivia Challenge 6:00pm Evening Challenge 6:30pm Music with Challenge 6:00pm Arts n Crafts & Time 6:00pm Evening Movie **Movie and Snack** 6:30pm Evening Jeff Dershin (Bistro) 6:00pm I Love Lucy **Evening Snack** & Snack Time 10 11 12 13 14 **15** 10:30am Morning 10:00am Morning 10:00am Morning 10:00am Morning 10:00am Morning 10:45am Morning 10:45am Morning **Games N Juice Games n Juice Games n Juice Games n Juice** Games n Juice **Games n Juice** Games N Juice 10:30am Stories for 10:35am FOX Sit N Fit 10:45am FOX Sit N Fit 10:00am Rosary and 11:00am Letter of the 10:35am FOX Sit N Fit Snack **Seniors with Trisha** 1:00pm BINGO! 1:00pm Time for Art Communion Day 11:00am Brain Teasers Gallagher 2:00pm Balloon **1:00pm BINGO!** 1:30pm 2:00pm Circle Kick 10:35am Fox Sit N Fit **1:00pm BINGO!** 1:00pm Mini Manis Volley **Trivia Corner** Ball 1:00pm Brain Games 2:30pm Snack Time 2:30pm 2:00pm Balloon 2:30pm Snack Time 2:30pm Snack Time 2:30pm Snack Time 2:00 KARAOKE! (PCLR) 3:00pm-3:30pm 4:00pm TV Time Volley 3:00pm-3:30pm Chat 3:15pm Fox Fitness **FOX Fitness** 2:30pm Snack Time **FOX Fitness** 3:00pm Balloon 3:00pm-3:30pm 6:30pm Evening 6:30pm Music with 3:00pm-3:30pm 6:00pm Evening 3:30pm Trivia **Volley Ball FOX Fitness** Movie & Snack **FOX Fitness Marc Sherman** Challenge **Movie and Snack** 5:30pm Evening 6:00pm Arts n Crafts & 3:30pm Trivia 6:00pm Evening Movie (Bistro) movie and **Evening Snack** Challenge & Snack **Snack Time** 6:00pm I Love Lucy

& Evening Snack

The Birches Daybreak Calendar of Events January 2022

THE DIFFIE DAY STORE CHICAGO JULIANA JACK						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 10:45am Morning Games & Juice Snack 11:00am Catholic Communion Rite 1:00pm BINGO! 2:30pm Music From The Harp With Gloria Galante 6:30pm Evening Movie & Snack	17 FULL MOON 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Evening music with	18 10:00am Morning Games and Juice 10:35am Fox Sit N Fit 1:30pm Letter of The Day 2:00pm Kick Ball Circle 2:30pm Snack Time 3:45pm FOX Fitness 6:00pm I Love Lucy & Evening Snack	19 10:00am Morning Games n Juice 10:00am Rosary Group 10:35am Fox Sit N Fit 1:00pm Brain Games 2:30 KARAOKE! (PCLR) 3:45pm FOX Fitness 6:00pm Arts n Crafts & Evening Snack	10:30am Morning Games and Juice 10:35am Fox Sit N Fit 1:00pm Time For Art 2:00pm Balloon Volley 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:30pm Evening Movie	21 10:30amMorning Greetings! 10:35am Fox Sit N Fit 1:00pm BINGO! 1:30pm The Phrase Game 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Evening Movie and Snack Time	10:45am Morning Games and Juice 11:00am Letter of the Day 1:00pm Numbers Game 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 5:30pm Evening movie and Snack Time
10:45am Morning Games and Juice Snack 1:30pm BINGO! 2:30pm Snack Time 3:00pm Sing A Long (DBLR) 6:30pm Evening Movie & Snack Time	10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:30pm Evening Music with George	25 10:00am Morning Games and Juice 10:35am Fox Sit N Fit 1:00pm Mini Manis 1:30pm Letter of The Day 2:00pm Kick Ball Circle 2:30pm Snack Time 3:45pm FOX Fitness 6:00pm I Love Lucy & Evening Snack	26 10:00am Morning Games n Juice 10:00am Rosary Group 10:35am Fox Sit N Fit 1:00pm Brain Games 2:30 Snack Time 3:45pm FOX Fitness 6:00pm Arts n Crafts & Evening Snack	10:30am Morning Games and Juice 10:35am Fox Sit N Fit 1:00pm Time For Art 2:00pm Balloon Volley 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:30pm Evening Movie	10:00am Morning Games n Juice 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm Prose n Poetry 1:30pm The Phrase Game 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 6:00pm Evening Movie and Snack Time	10:45am Morning Games and Juice 11:00am Letter of the Day 1:00pm Numbers Game 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 5:30pm Evening movie and Snack Time
30 10:45am Morning Games and Juice Snack 1:30pm BINGO! 2:30pm Snack Time 3:00pm Sing A Long (DBLR) 6:30pm Evening	31 10:00am Morning Games and Juice 10:35am FOX Sit N Fit 1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge	< * * * * * * * * * * * * * * * * * * *	Consta There Dolor Kath Nanc	y A. 15th nce B. 17th sa G. 17th es K. 21st i H. 23rd y M. 25th	Daybreak Activity Room ~ DAR Blue Dining Room - BDR Daybreak Living Room - DLR PC Living Room ~ PCLR Private Dining Room~ PDR Bistro ~ B	The Daybreak Daily Sheet is posted in the Daybreak entry way and Bulletin Boards in the

Anna V. 25th

Emma J. 27th

Carolyn K. 28th

6:30pm Evening

Pelligrini (PCLR)

Music with Claudia

Movie & Snack Time

Theater ~ T

Lobby ~ L

Daybreak Activity Room

Thank you.