





# The Birches Daybreak Calendar of Events January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"TO READ A POEM IN JANUARY IS AS LOVELY AS TO GO FOR A WALK IN JUNE."</p> <p>—JEAN PAUL</p> 						<p>1 10:45am Morning Games n Juice 1:00pm Numbers Game 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 5:30pm Evening movie and Snack Time</p>
<p>2 10:45am Morning Games N Juice Snack 11:00am Catholic Communion Rite <b>1:00pm BINGO!</b> 2:30pm Piano Hymns by David Cornwall (DBAR) 6:30pm Evening</p>	<p>3 10:30am Morning Games n Juice <b>10:45am FOX Sit N Fit</b> <b>1:00pm BINGO!</b> 2:00pm Circle Kick Ball <b>2:30pm Snack Time</b> <b>3:15pm Fox Fitness</b> <b>6:30pm Music with Jeff Dershin (Bistro)</b></p>	<p>4 10:00am Morning Games n Juice <b>10:35am Fox Sit N Fit</b> <b>1:00pm Mini Manis</b> 2:00pm Balloon Volley 2:30pm Snack Time <b>3:00pm—3:30pm FOX Fitness</b> 3:30pm Trivia Challenge 6:00pm I Love Lucy</p>	<p>5 10:00am Morning Games n Juice <b>10:00am Rosary and Communion</b> <b>10:35am Fox Sit N Fit</b> <b>1:00pm Sing A Long Songs</b> <b>2:30pm Snack Time</b> <b>3:00pm—3:30pm FOX Fitness</b> 3:30pm Trivia Challenge <b>6:00pm Arts n Crafts &amp; Evening Snack</b></p>	<p>6 10:00am Morning Games n Juice <b>10:35am FOX Sit N Fit</b> <b>1:00pm Time for Art</b> 2:00pm Balloon Volley 2:30pm Snack Time <b>3:00pm—3:30pm FOX Fitness</b> 3:30pm Trivia Challenge 6:00pm Evening Movie &amp; Snack Time</p>	<p>7 10:00am Morning Games n Juice <b>10:30am Music Therapy with Ted Jordan</b> 1:15pm Craft Corner 2:30pm Snack Time <b>3:00pm—3:30pm FOX Fitness</b> 6:00pm Evening Movie and Snack</p>	<p>8 10:45am Morning Games n Juice 11:00am Letter of the Day 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 5:30pm Evening movie and Snack Time</p>
<p>9 10:45am Morning Games N Juice Snack <b>1:00pm BINGO!</b> 2:30pm 4:00pm TV Time 6:30pm Evening Movie &amp; Snack</p>	<p>10 10:30am Morning Games n Juice <b>10:45am FOX Sit N Fit</b> <b>1:00pm BINGO!</b> 2:00pm Circle Kick Ball <b>2:30pm Snack Time</b> 3:15pm Fox Fitness <b>6:30pm Music with Marc Sherman (Bistro)</b></p>	<p>11 10:00am Morning Games N Juice <b>10:30am Stories for Seniors with Trisha Gallagher</b> <b>1:00pm Mini Manis</b> 2:00pm Balloon Volley 2:30pm Snack Time <b>3:00pm—3:30pm FOX Fitness</b> 3:30pm Trivia Challenge 6:00pm I Love Lucy &amp; Evening Snack</p>	<p>12 10:00am Morning Games n Juice <b>10:00am Rosary and Communion</b> <b>10:35am Fox Sit N Fit</b> <b>1:00pm Brain Games</b> 2:00 KARAOKE! (PCLR) <b>3:00pm—3:30pm FOX Fitness</b> <b>6:00pm Arts n Crafts &amp; Evening Snack</b></p>	<p>13 10:00am Morning Games n Juice <b>10:35am FOX Sit N Fit</b> <b>1:00pm Time for Art</b> 2:00pm Balloon Volley 2:30pm Snack Time <b>3:00pm—3:30pm FOX Fitness</b> 3:30pm Trivia Challenge 6:00pm Evening Movie &amp; Snack</p>	<p>14 10:00am Morning Games n Juice <b>10:35am FOX Sit N Fit</b> 11:00am Brain Teasers <b>1:00pm BINGO!</b> 2:30pm Snack Time <b>3:00pm—3:30pm FOX Fitness</b> 6:00pm Evening Movie and Snack</p>	<p>15 10:45am Morning Games n Juice 11:00am Letter of the Day 1:30pm Trivia Corner 2:30pm Snack Time Chat 3:00pm Balloon Volley Ball 5:30pm Evening movie and Snack Time</p>

When I was Seventeen!



# The Birches Daybreak Calendar of Events January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> <b>10:45am</b> Morning Games & Juice Snack <b>11:00am</b> Catholic Communion Rite <b>1:00pm BINGO!</b> <b>2:30pm</b> Music From The Harp With Gloria Galante <b>6:30pm</b> Evening Movie & Snack	<b>17 FULL MOON</b> <b>10:00am</b> Morning Games and Juice <b>10:35am FOX Sit N Fit</b> <b>1:00pm BINGO!</b> <b>2:00pm</b> Circle Kick Ball <b>2:30pm</b> Snack Time <b>3:00pm—3:30pm FOX Fitness</b> <b>3:30pm</b> Trivia Challenge <b>6:00pm</b> Evening music with	<b>18</b> <b>10:00am</b> Morning Games and Juice <b>10:35am Fox Sit N Fit</b> <b>1:30pm</b> Letter of The Day <b>2:00pm</b> Kick Ball Circle <b>2:30pm</b> Snack Time <b>3:45pm FOX Fitness</b> <b>6:00pm</b> I Love Lucy & Evening Snack	<b>19</b> <b>10:00am</b> Morning Games n Juice <b>10:00am Rosary Group</b> <b>10:35am Fox Sit N Fit</b> <b>1:00pm Brain Games</b> <b>2:30 KARAOKE! (PCLR)</b> <b>3:45pm FOX Fitness</b> <b>6:00pm Arts n Crafts &amp; Evening Snack</b>	<b>20</b> <b>10:30am</b> Morning Games and Juice <b>10:35am Fox Sit N Fit</b> <b>1:00pm Time For Art</b> <b>2:00pm</b> Balloon Volley <b>2:30pm</b> Snack Time <b>3:00pm—3:30pm FOX Fitness</b> <b>3:30pm</b> Trivia Challenge <b>6:30pm</b> Evening Movie	<b>21</b> <b>10:30am</b> Morning Greetings! <b>10:35am Fox Sit N Fit</b> <b>1:00pm BINGO!</b> <b>1:30pm</b> The Phrase Game <b>2:30pm</b> Snack Time <b>3:00pm—3:30pm FOX Fitness</b> <b>3:30pm</b> Trivia Challenge <b>6:00pm</b> Evening Movie and Snack Time	<b>22</b> <b>10:45am</b> Morning Games and Juice <b>11:00am</b> Letter of the Day <b>1:00pm</b> Numbers Game <b>2:30pm</b> Snack Time Chat <b>3:00pm</b> Balloon Volley Ball <b>5:30pm</b> Evening movie and Snack Time
<b>23</b> <b>10:45am</b> Morning Games and Juice Snack <b>1:30pm BINGO!</b> <b>2:30pm</b> Snack Time <b>3:00pm</b> Sing A Long (DBLR) <b>6:30pm</b> Evening Movie & Snack Time	<b>24</b> <b>10:00am</b> Morning Games and Juice <b>10:35am FOX Sit N Fit</b> <b>1:00pm BINGO!</b> <b>2:00pm</b> Circle Kick Ball <b>2:30pm</b> Snack Time <b>3:00pm—3:30pm FOX Fitness</b> <b>3:30pm</b> Trivia Challenge <b>6:30pm</b> Evening Music with George	<b>25</b> <b>10:00am</b> Morning Games and Juice <b>10:35am Fox Sit N Fit</b> <b>1:00pm Mini Manis</b> <b>1:30pm</b> Letter of The Day <b>2:00pm</b> Kick Ball Circle <b>2:30pm</b> Snack Time <b>3:45pm FOX Fitness</b> <b>6:00pm</b> I Love Lucy & Evening Snack	<b>26</b> <b>10:00am</b> Morning Games n Juice <b>10:00am Rosary Group</b> <b>10:35am Fox Sit N Fit</b> <b>1:00pm Brain Games</b> <b>2:30</b> Snack Time <b>3:45pm FOX Fitness</b> <b>6:00pm Arts n Crafts &amp; Evening Snack</b>	<b>27</b> <b>10:30am</b> Morning Games and Juice <b>10:35am Fox Sit N Fit</b> <b>1:00pm Time For Art</b> <b>2:00pm</b> Balloon Volley <b>2:30pm</b> Snack Time <b>3:00pm—3:30pm FOX Fitness</b> <b>3:30pm</b> Trivia Challenge <b>6:30pm</b> Evening Movie	<b>28</b> <b>10:00am</b> Morning Games n Juice <b>10:35am FOX Sit N Fit</b> <b>11:00am</b> Brain Teasers <b>1:00pm</b> Prose n Poetry <b>1:30pm</b> The Phrase Game <b>2:30pm</b> Snack Time <b>3:00pm—3:30pm FOX Fitness</b> <b>6:00pm</b> Evening Movie and Snack Time	<b>29</b> <b>10:45am</b> Morning Games and Juice <b>11:00am</b> Letter of the Day <b>1:00pm</b> Numbers Game <b>2:30pm</b> Snack Time Chat <b>3:00pm</b> Balloon Volley Ball <b>5:30pm</b> Evening movie and Snack Time
<b>30</b> <b>10:45am</b> Morning Games and Juice Snack <b>1:30pm BINGO!</b> <b>2:30pm</b> Snack Time <b>3:00pm</b> Sing A Long (DBLR) <b>6:30pm</b> Evening Movie & Snack Time	<b>31</b> <b>10:00am</b> Morning Games and Juice <b>10:35am FOX Sit N Fit</b> <b>1:00pm BINGO!</b> <b>2:00pm</b> Circle Kick Ball <b>2:30pm</b> Snack Time <b>3:00pm—3:30pm FOX Fitness</b> <b>3:30pm</b> Trivia Challenge <b>6:30pm</b> Evening Music with Claudia Pelligrini (PCLR)	<div><p>Happy Birthday</p></div> <div><p>Kathy A. 15th Constance B. 17th Theresa G. 17th Dolores K. 21st Kathi H. 23rd Nancy M. 25th Anna V. 25th Emma J. 27th Carolyn K. 28th</p></div>			<div><h3>Activity Location Key</h3><div><p>Daybreak Activity Room ~ DAR Blue Dining Room - BDR Daybreak Living Room - DLR PC Living Room ~ PCLR Private Dining Room~ PDR Bistro ~ B Theater ~ T Lobby ~ L</p><p>The Daybreak Daily Sheet is posted in the Daybreak entry way and Bulletin Boards in the Daybreak Activity Room Thank you.</p></div></div>	