

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



## Patriots Landing Independent & Assisted Living Activities

<p>8:20 Depart St. Frances Cabrini Church 9:30 Church @ Patriots Landing 1:00 Scenic Drive 1:00 Putting Practice 2:00 Bingo 6:30 Triominos 7:00 Movie Night</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Water Aerobics 1:00 Sit &amp; Fit 2:00 Patti's Game D'Jour Pool/Billiards Rm 3<sup>rd</sup> Fl 6:30 Mexican Train 6:30 Poker</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 1:00 Sit &amp; Fit 2:00 Bingo 3:15 George's Haus Musik 3:30 Happy Hour 6:30 Triomino's 7:00 Movie Night</p>	<p>9:30 Ft Lewis Commissary/PX 9:30 S.A.I.L. Fitness 10:30 Water Aerobics 10:30 *Catholic Prayer Service 1:00 Sit &amp; Fit 3:00 Needle Group 6:30 Bingo 6:30 Cribbage 6:30 Poker</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:15 Bible Study 1:00 Sit &amp; Fit 2:00 Jeopardy 3:00 Happy Hour 3:00 Pinochle 6:30 Mexican Train</p>	<p>9:30 SAIL Fitness 10:30 Water Aerobics 1:00 Sit &amp; Fit 2:00 Bingo 3:15 "Story Time" w/Dee&amp;Patti 4:00 Bar Trivia 6:30 Poker 6:30 Triomino's 7:00 Friday Night Movie</p>	<p>9:15 Support Run 2 Remember Meet on McNeil St. 3:00 Cribbage 6:30 Mexican Train 7:00 Saturday Movie Night</p> <p>New Year's Day</p>
<p>8:20 Depart St. Frances Cabrini Church 9:30 Church @ Patriots Landing 1:00 Scenic Drive 1:00 Putting Practice 2:00 Bingo 6:30 Triominos 7:00 Movie Night</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 11:00 Brain Fitness w/Linda 10:30 Water Aerobics 1:00 Sit &amp; Fit 2:00 Song Birds Choir w/Alan 6:30 Mexican Train 6:30 Poker</p>	<p>9:30 Cardio/Strength Fitness 1:00 Sit &amp; Fit 2:00 Bingo 3:00 New Comer Happy Hour 3:15 George's Haus Musik 3:30 Happy Hour 6:30 Triomino's 7:00 Movie Night</p>	<p>9:30 McChord Commissary/BX 9:30 S.A.I.L. Fitness 10:30 *Catholic Prayer Service 10:30 Water Aerobics 1:00 Sit &amp; Fit 2:00 RAPL Mtg. for all residents 3:00 Needle Group 6:30 Bingo 6:30 Cribbage 6:30 Poker</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:15 Bible Study 1:00 Sit &amp; Fit 2:00 Jeopardy 3:00 Happy Hour 3:00 Pinochle 6:30 Mexican Train</p>	<p>9:30 SAIL Fitness 11:00 Pet License Renewal help 1:00 Sit &amp; Fit 2:00 Bingo 3:15 "Story Time" w/Alan Z 4:00 Bar Trivia 6:30 Poker 6:30 Triomino's 7:00 Friday Night Movie</p>	<p>9:15 Support Run 2 Remember Meet on McNeil St. 3:00 Cribbage 6:30 Mexican Train 7:00 Saturday Movie Night</p>
<p>8:20 Depart St. Frances Cabrini Church 9:30 Church @ Patriots Landing 1:00 Scenic Drive 1:00 Putting Practice 2:00 Bingo 6:30 Triominos 7:00 Movie Night</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Water Aerobics 11:00 Brain Fitness W/Patti 1:00 Sit &amp; Fit 2:00 Patti's Game Fun 6:30 Mexican Train 6:30 Poker</p> <p>Martin Luther King Jr. Day</p>	<p>9:30 Cardio/Strength Fitness 10:00 Book Club 1:00 Sit &amp; Fit 2:00 Bingo 3:30 Memphis Belles Entertain &amp; Wine Social 6:30 Triomino's 7:00 Movie Night</p>	<p>9:30 Ft Lewis Commissary/PX 9:30 S.A.I.L. Fitness 10:30 Water Aerobics 10:30 *Catholic Prayer Service 1:00 Sit &amp; Fit 3:00 Needle Group 6:30 Bingo 6:30 Cribbage 6:30 Poker</p>	<p>Transportation: APPT. Day 9:30 Cardio/ Fitness 10:15 Bible Study 1:00 Sit &amp; Fit 2:00 Resident Birthday Party &amp; Trivia 6:30 Mexican Train 7:00 Historian/Story Teller "Tacoma Gift Basket"</p>	<p>9:30 SAIL Fitness 10:30 Water Aerobics 1:00 Sit &amp; Fit 2:00 Bingo 3:15 "Story Time" Larry w/ Metzler 4:00 Bar Trivia 6:30 Triomino's &amp; Poker 7:00 Friday Night Movie</p>	<p>9:15 Support Run 2 Remember Meet on McNeil St. 3:00 Cribbage 6:30 Mexican Train 7:00 Saturday Movie Night</p>
<p>8:20 Depart St. Frances Cabrini Church 9:30 Church @ Patriots Landing 1:00 Scenic Drive 1:00 Putting Practice 2:00 Bingo 6:30 Triominos 7:00 Movie Night</p> <p>Activity Professionals Week</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Water Aerobics 11:00 Brain Fitness w/Patti 1:00 Sit &amp; Fit 2:00 Song Birds Choir w/Alan 6:30 Mexican Train 6:30 Poker</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Tech Tuesday 1:00 Sit &amp; Fit 2:00 Bingo 3:15 George's Haus Musik 3:30 Happy Hour 6:30 Triomino's 7:00 Movie Night</p>	<p>9:30 McChord Commissary/BX 9:30 S.A.I.L. Fitness 10:30 *Catholic Prayer Service 10:30 Water Aerobics 1:00 Sit &amp; Fit 2:00 Town Hall 6:30 Bingo 6:30 Cribbage 6:30 Poker</p> <p>Australia Day (observed)</p>	<p>Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:15 Bible Study 1:00 Sit &amp; Fit 2:00 CRAFTERS CORNER 3:00 Happy Hour 3:00 Pinochle 6:30 Mexican Train 7:00 Music4Vets Band</p>	<p>9:30 SAIL Fitness 10:30 Water Aerobics 1:00 Sit &amp; Fit 2:00 Bingo 3:15 "Story Time" w/MaryLyn 4:00 Bar Trivia 6:30 Poker 6:30 Triomino's 7:00 Friday Night Movie</p>	<p>9:15 Support Run 2 Remember Meet on McNeil St. 3:00 Cribbage 6:30 Mexican Train 7:00 Saturday Movie Night</p>
<p>8:20 Depart St. Frances Cabrini Church 9:30 Church @ Patriots Landing 1:00 Scenic Drive 1:00 Putting Practice 2:00 Bingo 3:00 Sound Celebration Quartet Wine Social 6:30 Triominos-/ 7pm MOVIE</p>	<p>Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Water Aerobics 1:00 Sit &amp; Fit 2:00 Patti's Game D'Jour Putting Compeition 6:30 Mexican Train 6:30 Poker</p>	<h1>Happy New Year!</h1>				