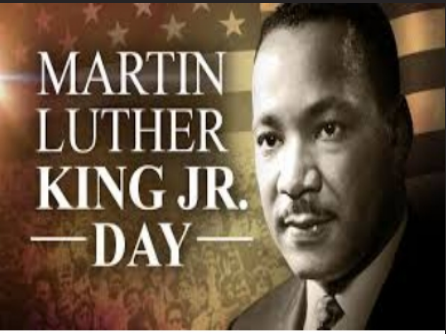


SUN	MON	TUE	WED	THUR	FRI	SAT
Happy Birthday Burnell T. 9:30 Daily Chronicles 10:00 Mass/ Nondenominational Service (Family Room) 10:30 Words in Words 11:00 Noodle Ball Exercise 1:30 Puzzles 2:00 Snack and Hydration 2:30 10 Questions Game 4:00 Social Hour 6:00 Sunday Cinema & Popcorn	10:00 Daily Chronicles 10:30 Morning Walk with Staff 11:00 Core & Balance 11:30 Hydration Time 1:30 Finish the Line 2:00 Snack and Hydration 2:30 Folding Club 2:30 Scenic Ride (*Sign Up with Activities) 3:00 Fox Stronger Together 4:00 Social Hour 6:00 Classic TV Shows	LOCATION KEY EW - East Wing LO - Lobby WC - Wellness Center WW - West Wing				New Year's Day 10:00 Daily Chronicles 10:30 Saturday Morning Devotional 11:00 Bingo with Staff (Daybreak Activity Room) 2:00 Snack and Hydration 2:30 Matching Games 4:00 Indoor Walking Club 6:00 Classic Movie
9:30 Daily Chronicles 10:00 Mass/ Nondenominational Service (Family Room) 10:30 Words in Words 11:00 Noodle Ball Exercise 1:30 Puzzles 2:00 Live Music with George Martin (LO) 4:00 Social Hour 6:00 Sunday Cinema & Popcorn	Happy Birthday Helga C. Happy Birthday Carolyn P. 10:00 Daily Chronicles 10:30 Morning Walk with Staff 11:00 Core & Balance 11:30 Hydration Time 1:30 Finish the Line 2:00 Snack and Hydration 2:30 Folding Club 3:00 Fox Stronger Together 4:00 Social Hour 6:00 Classic TV Shows	10:00 Daily Chronicles 10:15 Water Aerobics (WC) 10:30 Prize Bingo 11:30 Hydration Time 1:30 Live Music by Mr. C 2:00 Snack and Hydration 2:30 Nail Day! 3:00 FOX Dynamic Balance 4:00 Social Hour 6:00 Evening Reminiscence	10:00 Daily Chronicles 10:30 Painting & Crafts 11:00 Chair Cardio 11:30 Hydration Time 1:30 Answer This? 2:00 Snack and Hydration 2:30 Classic Board Games 3:00 Chair Volleyball 4:00 Social Hour 6:00 Comedy TV	10:00 Daily Chronicles 10:30 Hangman 11:00 Morning Movement Circuit 11:30 Hydration Time 1:30 Magazine Search & Find 2:00 Snack and Hydration 2:30 Movement & Sing-Along 3:00 Zumba 4:00 Social Hour 4:30 Communion with Deacon Schreckenberger (Family Room) 6:00 Classic Game Shows	10:00 Daily Chronicles 10:30 Morning Music Listening 11:00 Bingo w/Otis! (AL-West Wing) 11:00 FOX Flex 11:30 Hydration Time 1:30 Meditative Coloring 2:00 Snack and Hydration 2:30 Short Stories 3:00 Walking Club/Chair Cardio 4:00 Social Hour 6:00 Friday Cinema	10:00 Daily Chronicles 10:30 Saturday Morning Devotional 11:00 Bingo with Otis (Daybreak Activity Room) 2:00 Snack and Hydration 2:30 Matching Games 4:00 Indoor Walking Club 6:00 Classic Movie
Happy Birthday Roy J. 9:30 Daily Chronicles 10:00 Mass/ Nondenominational Service (Family Room) 10:30 Hymn Sing with Mr. C (Family Room) 11:00 Noodle Ball Exercise 1:30 Puzzles 2:00 Snack and Hydration 2:30 10 Questions Game 4:00 Social Hour 6:00 Sunday Cinema & Popcorn	10:00 Daily Chronicles 10:30 Morning Walk with Staff 11:00 Core & Balance 11:30 Hydration Time 1:30 Finish the Line 2:00 Snack and Hydration 2:30 Folding Club 2:30 Scenic Ride & "Joe on the Go" *Sign up with Activities* 3:00 Fox Stronger Together 4:00 Social Hour 6:00 Classic TV Shows	1:30 Ball Toss 10:00 Daily Chronicles 10:15 Water Aerobics (WC) 10:30 Hymn Sing-a-Long with Donna (EW) 11:30 Hydration Time 2:00 Sheila's Creations 3:00 FOX Dynamic Balance 4:00 Social Hour 6:00 Evening Reminiscence	10:00 Daily Chronicles 10:30 Painting & Crafts 11:00 Chair Cardio 11:30 Hydration Time 1:30 Answer This? 2:00 Snack and Hydration 2:30 Classic Board Games 3:00 Chair Volleyball 3:00 Live Music by Bill! (Bistro) 4:00 Social Hour 6:00 Comedy TV	10:00 Daily Chronicles 10:30 Hangman 11:00 Morning Movement Circuit 11:30 Hydration Time 1:30 Magazine Search & Find 2:00 Snack and Hydration 2:30 Movement & Sing-Along 3:00 Zumba 4:00 Communion with Pastor Shirley Polk (Family Room) 4:00 Social Hour 6:00 Classic Game Shows	10:00 Daily Chronicles 10:30 Morning Music Listening 11:00 Bingo w/Otis! (AL-West Wing) 11:00 FOX Flex 11:30 Hydration Time 1:30 Meditative Coloring 2:00 Snack and Hydration 2:30 Short Stories 3:00 Walking Club/Chair Cardio 4:00 Services with Chaplain Joseph Smith (AL- East Wing) 4:00 Social Hour 6:00 Friday Cinema	10:00 Daily Chronicles 10:30 Saturday Morning Devotional 11:00 Bingo with Otis (Daybreak Activity Room) 2:00 Snack and Hydration 2:30 Matching Games 4:00 Indoor Walking Club 6:00 Classic Movie
Happy Birthday Walter M. 9:30 Daily Chronicles 10:00 Mass/ Nondenominational Service (Family Room) 10:30 Words in Words 11:00 Noodle Ball Exercise 1:30 Puzzles 2:00 Live Music with DM Lee & Sandy Rubinstein (LO) 4:00 Social Hour 6:00 Sunday Cinema & Popcorn	Martin Luther King Jr. Day 10:00 Daily Chronicles 10:30 Morning Walk with Staff 11:00 Core & Balance 11:30 Hydration Time 1:30 Finish the Line 2:00 Snack and Hydration 2:30 Folding Club 3:00 Fox Stronger Together 4:00 Social Hour 6:00 Classic TV Shows	1:30 Ball Toss 10:00 Daily Chronicles 10:15 Water Aerobics (WC) 10:30 Prize Bingo 11:30 Hydration Time 2:30 Live Music by Jeanette Crosswait (EW) 3:00 FOX Dynamic Balance 4:00 Social Hour 6:00 Evening Reminiscence	10:00 Daily Chronicles 10:30 Painting & Crafts 11:00 Chair Cardio 11:30 Hydration Time 1:30 Answer This? 2:00 Snack and Hydration 2:30 Classic Board Games 3:00 Chair Volleyball 4:00 Social Hour 6:00 Comedy TV	10:00 Daily Chronicles 10:30 Hangman 11:00 Morning Movement Circuit 11:30 Hydration Time 1:30 Magazine Search & Find 2:00 Snack and Hydration 2:30 Movement & Sing-Along 3:00 Zumba 4:00 Social Hour 4:30 Communion with Deacon Schreckenberger (Family Room) 6:00 Classic Game Shows	10:00 Daily Chronicles 10:30 Morning Music Listening 11:00 Bingo w/Otis! (AL-West Wing) 11:00 FOX Flex 11:30 Hydration Time 1:30 Meditative Coloring 2:00 Snack and Hydration 2:30 Short Stories 3:00 Walking Club/Chair Cardio 4:00 Social Hour 6:00 Friday Cinema	10:00 Daily Chronicles 10:30 Saturday Morning Devotional 11:00 Bingo with Otis (Daybreak Activity Room) 2:00 Snack and Hydration 2:30 Matching Games 4:00 Indoor Walking Club 6:00 Classic Movie
9:30 Daily Chronicles 10:00 Mass/ Nondenominational Service (Family Room) 10:30 Words in Words 11:00 Noodle Ball Exercise 1:30 Puzzles 2:00 Snack and Hydration 2:30 10 Questions Game 4:00 Social Hour 6:00 Sunday Cinema & Popcorn	10:00 Daily Chronicles 10:30 Morning Walk with Staff 11:00 Core & Balance 11:30 Hydration Time 1:30 Finish the Line 2:00 Snack and Hydration 2:30 Folding Club 2:30 Scenic Ride & Krispy Kreme Donuts *Sign up with Activities* 3:00 Fox Stronger Together 4:00 Social Hour 6:00 Classic TV Shows	1:30 Ball Toss 10:00 Daily Chronicles 10:15 Water Aerobics (WC) 10:30 Prize Bingo 11:30 Hydration Time 2:00 Snack and Hydration 2:30 Nail Day! 3:00 FOX Dynamic Balance 4:00 Social Hour 6:00 Evening Reminiscence	10:00 Daily Chronicles 10:30 Painting & Crafts 11:00 Chair Cardio 11:30 Hydration Time 1:30 Live Music with Marty Berning (EW) 2:00 Snack and Hydration 2:30 Classic Board Games 3:00 Chair Volleyball 3:30 Resident Birthday Celebration (Bistro) 4:00 Social Hour 6:00 Comedy TV	10:00 Daily Chronicles 10:30 Hangman 11:00 Morning Movement Circuit 11:30 Hydration Time 1:30 Magazine Search & Find 2:00 Snack and Hydration 2:30 Movement & Sing-Along 3:00 Zumba 3:00 Casino Day 4:00 Social Hour 6:00 Classic Game Shows	10:00 Daily Chronicles 10:30 Morning Music Listening 11:00 Bingo (WW) 11:00 FOX Flex 11:30 Hydration Time 1:30 Meditative Coloring 2:00 Snack and Hydration 2:30 Short Stories 3:00 Walking Club/Chair Cardio 4:00 Social Hour 6:00 Friday Cinema	10:00 Daily Chronicles 10:30 Saturday Morning Devotional 11:00 Bingo with Otis (Daybreak Activity Room) 2:00 Snack and Hydration 2:00 Live Music by Tim Johnson (LO) 4:00 Indoor Walking Club 6:00 Classic Movie

January 2022

TheMansionsatGwinnettPark.com (Daybreak)

