

January 2022

JANUARY 2022

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 New Year's Day
9:00 Celebrate All Day With a New Year!!!
9:00 Keeping It Sharp Dailies

2
9:00 Keeping It Sharp Dailies
10:00 Card Club - HCDR
10:00 Mass - CH 102
1:00 Regular Worship - CH 102
1:30 Movie - CH 102
2:00 BINGO - HCDR

3
9:00 Keeping It Sharp Dailies
10:00 Exercise - CH 102
10:00 Exercise - HCDR
10:30 Puzzles - LER Room
1:30 Movie - CH 102
2:00 Cooking With Sarah - LER

4
9:00 Keeping It Sharp Dailies
10:00 Exercise - CH 102
10:00 Mindful Moments - HCDR
10:30 Trivia - HCDR
1:30 Movie - CH 102
2:00 BINGO - HCDR

5
9:00 Keeping It Sharp Dailies
10:30 Resident Council - Small HCDR HC Only
1:30 Resident Council AL Lobby - AL Only
2:30 Card Club - HCDR

6
9:00 Keeping It Sharp Dailies
10:00 Cornhole - HCDR
10:00 Exercise - CH 102
10:30 Games - HCDR
1:30 Movie - CH 102
3:00 BINGO - HCDR

7
9:00 Keeping It Sharp Dailies
10:00 Ring Toss - HCDR
10:30 Coffee and Current Events - HCDR
1:30 Movie - CH 102
2:30 Happy Hour - HCDR

8
9:00 Keeping It Sharp Dailies
10:00 Exercise - HCDR
10:30 Card Club - HCDR
1:30 Art with Sarah - LER Room

9
9:00 Keeping It Sharp Dailies
10:00 Coffee and Current Events
10:00 Mass - CH 102
10:30 Game Club - HCDR
1:00 Worship Service - CH 102

10
9:00 Keeping It Sharp Dailies
10:00 Mindful Moments - LER Room
10:30 Cooking With Sarah - LER
1:30 Movie - CH 102
2:00 BINGO - HCDR

11
9:00 Keeping It Sharp Dailies
10:00 Exercise - CH 102
10:00 Memory Game - HCDR
11:00 Coffee and Current Events - HCDR
1:30 Movie - CH 102
2:00 BINGO - HCDR

12
9:00 Keeping It Sharp Dailies
10:00 Exercise with Music - HCDR
10:30 Puzzles Club - LER Room
1:30 Movie - CH 102
2:00 Art With Sarah - LER

13
9:00 Keeping It Sharp Dailies
10:00 Coffee And Current Events
10:30 Hangman - HCDR
1:30 Movie - CH 102
3:00 BINGO - HCDR

14
9:00 Keeping It Sharp Dailies
10:00 Exercise - CH 102
10:00 Washers - HCDR
10:30 Card Club - HCDR
1:30 Movie - CH 102
3:00 Happy Hour - HCDR

15
9:00 Keeping It Sharp Dailies
10:00 Exercise - CH 102
10:00 Game Club - HCDR
2:00 Art with Sarah - LER

16
9:00 Keeping It Sharp Dailies
10:00 Mass - CH 102
10:00 Mindful Moments - LER
10:30 Trivia - HCDR
1:00 Worship Service - CH 102
2:00 BINGO - HCDR

17 Martin Luther King Day
9:00 Keeping It Sharp Dailies
10:00 Exercise - HCDR
10:30 Card Club - HCDR
1:30 Movie - CH 102
2:00 Baking With Sarah - LER

18
9:00 Keeping It Sharp Dailies
10:00 Exercise - CH 102
10:00 Puzzles - LER
1:30 Movie - CH 102
3:00 BINGO - HCDR

19
9:00 Keeping It Sharp Dailies
10:00 Exercise - CH 102
10:00 Games - HCDR
2:00 Art With Sarah - HCDR

20
9:00 Keeping It Sharp Dailies
10:00 Coffee and Current Events - LER
10:30 Card Club - HCDR
1:30 Movie - CH 102
3:00 BINGO - HCDR

21
9:00 Keeping It Sharp Dailies
10:00 Exercise - HCDR
10:30 Coffee and Current Events - HCDR
1:30 Movie - CH 102
3:00 Happy Hour - HCDR

22
9:00 Keeping It Sharp Dailies
10:00 Exercise - HCDR
10:30 Card Club - HCDR
1:30 Movie - CH 102
2:00 Art With Sarah - LER

23
9:00 Keeping It Sharp Dailies
10:00 Exercise with Music - HCDR
10:00 Mass - CH 102
10:30 Game Club - HCDR
1:30 Movie - CH 102
2:00 BINGO - HCDR

24
9:00 Keeping It Sharp Dailies
10:00 Mindful Moments - LER
10:30 Card Club - HCDR
1:30 Movie - CH 102
2:00 Cooking With Sarah - LER

25
8:37 Movie - CH 102
9:00 Keeping It Sharp Dailies
10:00 Exercise - HCDR
10:30 Puzzles - HCDR
1:30 Movie - CH 102
3:00 BINGO - HCDR

26
9:00 Keeping It Sharp Dailies
10:30 Cornhole - HCDR
10:30 Coffee and Current Events
2:00 Art With Sarah - LER

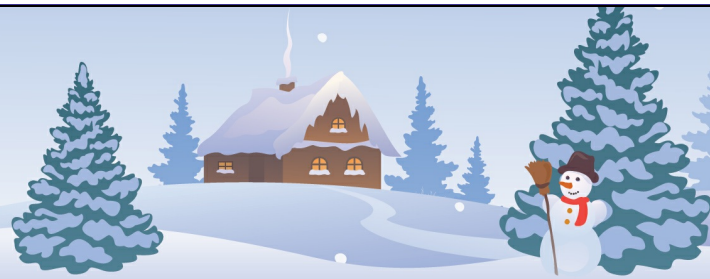
27
9:00 Keeping It Sharp Dailies
10:00 Exercise - HCDR
10:30 Card Club - HCDR
1:30 Movie - CH 102
3:00 BINGO - HCDR

28
9:00 Keeping It Sharp Dailies
10:00 Coffee and Current Events
10:30 Board Game Club - HCDR
3:00 Happy Hour

29
9:00 Keeping It Sharp Dailies
10:00 Exercise - HCDR
10:00 Mindful Moments
2:00 Art With Sarah - LER

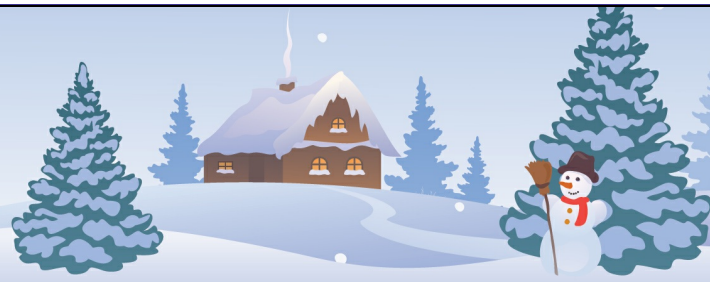
30
9:00 Keeping It Sharp Dailies
10:00 Exercise - HCDR
10:00 Mass - CH 102
1:00 Worship Service - CH 102
3:00 BINGO - HCDR

31
9:00 Keeping It Sharp Dailies
10:00 Exercise - HCDR
10:30 Coffee and Current Events - LER
2:00 Baking With Sarah - LER



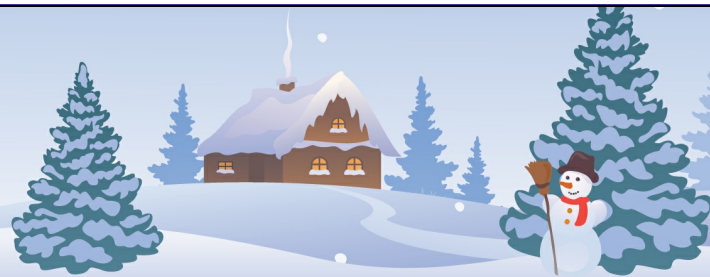
JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events	LER: Life Enrichment Room HCDR: Health Center Dining Room ALDR: Assisted Living Dining Room HCC: Health Center Commons					1 New Year's Day 9:00 Keeping It Sharp Dailies 9:00 Celebrate All Day With a New Year!!! 9:00 Keeping It Sharp Dailies 1:30 PM Movie: Ch 102 2:00 Craft Time: LER
2 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Card Club - HCDR 10:00 Mass - CH 102 K 11:45 Facts and Fun Trivia- HCDR	3 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Exercise - HCDR 10:30 Puzzles - LER Room K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102	4 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Mindful Moments - HCDR 10:30 Trivia - HCDR 1:30 PM Movie: CH 102	5 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:30 Resident Council - Small HCDR HC Only K 1:30 PM Movie: Ch 102 1:30 Resident Council AL 1:30 PM Movie: CH 102	6 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Cornhole - HCDR 10:00 Exercise - CH 102 10:30 Games - HCDR K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102	7 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Ring Toss - HCDR 10:30 Coffee and Current Events - HCDR K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102	8 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 Art with Sarah - LER 1:30 PM Movie: CH 102
9 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Coffee and Current Events 10:00 Mass - CH 102 10:30 Games Club - HCDR	10 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Mindful Moments - LER Room 10:30 Cooking With Sarah - LER 1:30 PM Movie: CH 102	11 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Memory Game - HCDR 11:00 Coffee and Current Events - HCDR 1:45 PM Movie: CH 102	12 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise with Music - HCDR 10:30 Puzzles Club - LER Room 1:30 PM Movie: CH 102	13 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Coffee And Current Events 10:30 Hangman - HCDR K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102	14 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Washers - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102	15 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Game Club - HCDR K 1:30 PM Movie: Ch 102 A 2:00 Craft Time: LER 2:00 Art With Sarah - LER
16 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Mass - CH 102 10:00 Mindful Moments - LER 10:30 Trivia - HCDR 11:45 Facts and Fun Trivia- HCDR	17 Martin Luther King Day 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 Movie - CH 102 2:00 Games Club - LER	18 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Puzzles - LER K 1:30 PM Movie: Ch 102 1:30 Movie - CH 102 2:00 Bingo - HCDR	19 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Games - HCDR K 1:30 PM Movie: Ch 102 2:00 Art With Sarah - HCDR 2:00 PM Movie: CH 102	20 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Coffee and Current Events - LER 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102	21 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Coffee and Current Events - HCDR K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102	22 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 Movie - CH 102 2:00 Craft Time: LER
23 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Exercise with Music - HCDR 10:00 Mass - CH 102 10:30 Games Club - HCDR	24 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Mindful Moments - LER 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 Movie - CH 102 2:00 Cooking Club - LER	25 8:37 Movie - CH 102 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Puzzles - HCDR K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102	26 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:30 Cornhole - HCDR 10:30 Coffee and Current Events K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102 2:00 Art With Sarah - LER	27 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 Movie - CH 102 2:00 Bingo - HCDR	28 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Coffee and Current Events 10:30 Board Game Club - HCDR K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102	29 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:00 Mindful Moments K 1:30 PM Movie: Ch 102 A 2:00 Craft Time: LER 2:00 Art With Sarah - LER
30 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Exercise - HCDR 10:00 Mass - CH 102 K 11:45 Facts and Fun Trivia- HCDR	31 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Coffee and Current Events - LER K 1:30 PM Movie: Ch 102 1:30 PM Movie: CH 102					



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A - Artisans CC - Creative Cooking I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events			HCDR- Health Center Dining Room ALDR- Assisted Living Dining Room Commons- One located in AL and HC LER- Life Enrichment Room Ch 102- Our In House Broadcast			1 New Year's Day 9:00 Keeping It Sharp Dailies 9:00 Celebrate All Day With a New Year!!! 9:00 Keeping It Sharp Dailies K 1:30 PM Movie: Ch 102 A 2:00 Craft Time: LER
2 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Card Club - HCDR 10:00 Mass - CH 102 K 10:30 Facts and Trivia Fun I 1:00 Church Service - Ch 102	3 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Exercise - HCDR 10:30 Puzzles - LER Room K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	4 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Mindful Moments - HCDR 10:30 Trivia - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	5 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:30 Resident Council - Small HCDR HC Only K 1:30 PM Movie: Ch 102 1:30 Resident Council AL I 1:30 Movie - CH 102	6 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Cornhole - HCDR 10:00 Exercise - CH 102 10:30 Games - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	7 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Ring Toss - HCDR 10:30 Coffee and Current Events - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	8 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 Art with Sarah - LER I 1:30 Movie - CH 102
9 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Coffee and Current Events 10:00 Mass - CH 102 K 10:30 Facts and Trivia Fun I 1:00 Church Service - Ch 102	10 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Mindful Moments - LER Room 10:30 Cooking With Sarah - LER K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	11 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Memory Game - HCDR 11:00 Coffee and Current Events - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	12 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise with Music - HCDR 10:30 Puzzles Club - LER Room K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	13 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Coffee And Current Events 10:30 Hangman - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	14 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Washers - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	15 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Game Club - HCDR K 1:30 PM Movie: Ch 102 A 2:00 Craft Time: LER I 1:30 Movie - CH 102
16 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Mass - CH 102 10:00 Mindful Moments - LER K 10:30 Facts and Trivia Fun I 1:00 Church Service - Ch 102	17 Martin Luther King Day 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	18 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Puzzles - LER 1:30 PM Movie: Ch 102 1:30 Movie - CH 102 K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	19 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - CH 102 10:00 Games - HCDR K 1:30 PM Movie: Ch 102 2:00 Art With Sarah - HCDR I 1:30 Movie - CH 102	20 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Coffee and Current Events - LER 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	21 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Coffee and Current Events - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	22 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 Movie - CH 102 A 2:00 Craft Time: LER I 1:30 Movie - CH 102
23 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Exercise with Music - HCDR 10:00 Mass - CH 102 K 10:30 Facts and Trivia Fun I 1:00 Church Service - Ch 102	24 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Mindful Moments - LER 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	25 8:37 Movie - CH 102 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Puzzles - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	26 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:30 Cornhole - HCDR 10:30 Coffee and Current Events K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	27 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Card Club - HCDR K 1:30 PM Movie: Ch 102 1:30 Movie - CH 102 I 1:30 Movie - CH 102	28 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Coffee and Current Events 10:30 Board Game Club - HCDR K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102	29 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:00 Mindful Moments K 1:30 PM Movie: Ch 102 A 2:00 Craft Time: LER I 1:30 Movie - CH 102
30 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies M 10:00 Mass: Ch 102 10:00 Exercise - HCDR 10:00 Mass - CH 102 K 10:30 Facts and Trivia Fun I 1:00 Church Service - Ch 102	31 9:00 Keeping It Sharp Dailies 9:00 Keeping It Sharp Dailies 10:00 Exercise - HCDR 10:30 Coffee and Current Events - LER K 1:30 PM Movie: Ch 102 I 1:30 Movie - CH 102					



JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality			HCDR- Health Center Dining Room ALDR- Assisted Living Dining Room Commons- One located in AL and HC LER- Life Enrichment Room Ch 102- Our In House Broadcast			1 New Year's Day V 8:00 Roll in the New Year K 8:30 New Year Word Poem 9:00 Celebrate All Day With a New Year!!! 9:00 Keeping It Sharp Dailies CC 9:45 Cranberry Pecan
2 V 8:00 Balance K 8:30 Guess the Animal 9:00 Keeping It Sharp Dailies CC 9:45 Sausage & Peppers Hawaiian Sliders 10:00 Card Club - HCDR 10:00 Mass - CH 102	3 V 8:00 What a Wonderful World Chair Yoga K 8:30 Memory Box 9:00 Keeping It Sharp Dailies CC 9:45 Peanut Butter Cookie Cups	4 V 8:00 Drum Circle K 8:30 Tell Me Something Good 9:00 Keeping It Sharp Dailies CC 9:45 Cookies & Cream Ice Cream	5 V 8:00 Quick Qigong K 8:30 Famous Pairs 9:00 Keeping It Sharp Dailies CC 9:45 Monster Cookie Energy Bites 10:30 Resident Council - Small	6 V 8:00 80s Flashback K 8:30 Life Story 9:00 Keeping It Sharp Dailies CC 9:45 Pizza Quesadillas 10:00 Cornhole - HCDR 10:00 Exercise - CH 102	7 V 8:00 Mindfulness Matters K 8:30 Rolling 31 Days 9:00 Keeping It Sharp Dailies CC 9:45 Chocolate Truffles 10:00 Ring Toss - HCDR 10:30 Coffee and Current	8 V 8:00 Roll in the New Year K 8:30 New Year Word Poem 9:00 Keeping It Sharp Dailies CC 9:45 Bacon Cheese Balls 10:00 Exercise - HCDR 10:30 Card Club - HCDR
9 V 8:00 Balance K 8:30 Guess the Animal 9:00 Keeping It Sharp Dailies CC 9:45 Ham, Egg & Cheese Hawaiian Sliders 10:00 Coffee and Current	10 V 8:00 What a Wonderful World Chair Yoga K 8:30 Memory Box 9:00 Keeping It Sharp Dailies CC 9:45 Chocolate Cookie Cups 10:00 Mindful Moments - LER	11 V 8:00 Drum Circle K 8:30 Tell Me Something Good 9:00 Keeping It Sharp Dailies CC 9:45 Strawberry Ice Cream 10:00 Exercise - CH 102	12 V 8:00 Quick Qigong K 8:30 Famous Pairs 9:00 Keeping It Sharp Dailies CC 9:45 Blueberry Muffin Energy Bites 10:00 Exercise with Music -	13 V 8:00 80s Flashback K 8:30 Life Story 9:00 Keeping It Sharp Dailies CC 9:45 Strawberry Peanut Butter Quesadilla 10:00 Coffee And Current	14 V 8:00 Mindfulness Matters K 8:30 Rolling 31 Days 9:00 Keeping It Sharp Dailies CC 9:45 Nutty Truffles 10:00 Exercise - CH 102 10:00 Washers - HCDR	15 V 8:00 Roll in the New Year K 8:30 New Year Word Poem 9:00 Keeping It Sharp Dailies CC 9:45 Chocolate Chip Cheesecake Balls 10:00 Exercise - CH 102
16 V 8:00 Balance K 8:30 Guess the Animal 9:00 Keeping It Sharp Dailies CC 9:45 Philly Cheesesteak Hawaiian Sliders 10:00 Mass - CH 102	17 Martin Luther King Day V 8:00 What a Wonderful World Chair Yoga K 8:30 Memory Box 9:00 Keeping It Sharp Dailies CC 9:45 Caramel Cookie Cups 10:00 Exercise - HCDR	18 V 8:00 Drum Circle K 8:30 Tell Me Something Good 9:00 Keeping It Sharp Dailies CC 9:45 Chocolate Ice Cream 10:00 Exercise - CH 102	19 V 8:00 Quick Qigong K 8:30 Famous Pairs 9:00 Keeping It Sharp Dailies CC 9:45 Peanut Butter Chocolate Chip Energy Bites	20 V 8:00 80s Flashback K 8:30 Life Story 9:00 Keeping It Sharp Dailies CC 9:45 Veggie Quesadillas 10:00 Coffee and Current Events - LER	21 V 8:00 Mindfulness Matters K 8:30 Rolling 31 Days 9:00 Keeping It Sharp Dailies CC 9:45 Candy Truffles 10:00 Exercise - HCDR 10:30 Coffee and Current	22 V 8:00 Roll in the New Year K 8:30 New Year Word Poem 9:00 Keeping It Sharp Dailies CC 9:45 Salami Cheese Balls 10:00 Exercise - HCDR 10:30 Card Club - HCDR
23 V 8:00 Balance K 8:30 Guess the Animal 9:00 Keeping It Sharp Dailies CC 9:45 Caprese Hawaiian Sliders 10:00 Exercise with Music -	24 V 8:00 What a Wonderful World Chair Yoga K 8:30 Memory Box 9:00 Keeping It Sharp Dailies CC 9:45 Cookies & Cream Cookie Cups	25 V 8:00 Drum Circle K 8:30 Tell Me Something Good 8:37 Movie - CH 102 9:00 Keeping It Sharp Dailies CC 9:45 Caramel Ice Cream	26 V 8:00 Quick Qigong K 8:30 Famous Pairs 9:00 Keeping It Sharp Dailies CC 9:45 Sweet and Salty Energy Bites 10:30 Cornhole - HCDR	27 V 8:00 80s Flashback K 8:30 Life Story 9:00 Keeping It Sharp Dailies CC 9:45 PB & J S'mores Quesadilla 10:00 Exercise - HCDR	28 V 8:00 Mindfulness Matters K 8:30 Rolling 31 Days 9:00 Keeping It Sharp Dailies CC 9:45 Cranberry Truffles 10:00 Coffee and Current Events	29 V 8:00 Roll in the New Year K 8:30 New Year Word Poem 9:00 Keeping It Sharp Dailies CC 9:45 Nutty Pimento Cheese Balls 10:00 Exercise - HCDR
30 V 8:00 Balance K 8:30 Guess the Animal 9:00 Keeping It Sharp Dailies CC 9:45 Roasted Veggie Hawaiian Sliders 10:00 Exercise - HCDR	31 V 8:00 What a Wonderful World Chair Yoga K 8:30 Memory Box 9:00 Keeping It Sharp Dailies CC 9:45 Dark Chocolate Cookie Cups					