Westp	ort Place
Assiste	ed Living



JANUARY 2022

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
We are in need of Volunteers. Volunteers enhance the lives of our residentsPlease Check with the Activities staff to get info on Volunteering with us today!	Cards, Puzzles, Movies, Tablets, Magazines, and Board Games available from Life Enrichment team per resident request.	Location Key: AR=Activity Room TS=T own Square SD=Small Dinning Room Bistro	A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears	O - Out & About S - Signature Events V - Vitality		1 New Year's Day A 10:00 Saturday Crafts and Creations/AR K 11:00 Food Trivia GG 2:00 Bingo/AR V 3:00 Afternoon walk/ TS
1 10:00 Bible Study/ AR 1 11:00 Historical Society/ AR 1 1:00 Puzzle packets/R2R 2:00 book cart- R2R 3:00 Card games/AR	1 10:00 Morning Exercise/Bistro 1 11:00 Inspirations from the past year 2 1:15 Shopping-Goodwill 3:00 Bingo/AR	 4 K 10:00 Pass the Bag/TS GG 10:45 Wheel of fun/TS I 2:00 New year resolution boards/AR A 3:00 Arts & Crafts/AR 	V 10:00 Morning Meditation/AR I 11:00 Smart phone class/AR I 1:30 Catholic confession 2:00 Catholic mass K 3:00 Board Games/AR 4:30 Dinner and a	V 10:00 Bingo 11:00 Out to lunch/ Mexican 2:00 Music w. Dorney on Channel 2 A 3:00 Arts & Crafts	7 V 10:00 Morning Exercise with hand weights/ Bistro 1 10:45 Catholic communion/R2R 1 11:00 Word Games/ AR GG 1:00 Horse Shoes/ AR	8 A 10:00 Saturday Crafts and Creations/AR K 1:00 Book cart/R2R GG 2:00 Bingo/AR GG 3:00 Hang man word game/AR
9 1 10:00 Inspired Sunday on Channel 2 5 11:00 Sunday Brunch GG 1:00 Bean Bag Toss/TS V 2:00 Name that tune/AR MM 3:00 Manicures/ AR	10 V 10:00 Chair Yoga/ AR K 11:00 Spelling bee/ AR O 1:00 Out Shopping at Kroger GG 3:00 Bingo/AR	11 10:00 Jeopardy/AR GG 11:00 Balloon Games/ AR MM 2:00 Creative Cooking savory/AR A 3:00 Arts & Crafts/AR	12 V 10:00 Morning Meditation/AR I 11:00 Bible Study/AR S 11:30 Taste of Town/ GF 1:00 Midweek Matinee on Channel 2 1 3:00 Tours of the World/AR	13 V 10:00 Bingo O 11:00 Out to lunch/Moby Dick M 2:00 Music w. Dorney on Channel 2 A 3:00 Arts & Crafts Drum making/AR	14 V 10:00 Morning Exercise with hand weights/ Bistro 1 10:45 Catholic communion/R2R 1 11:00 Word Games/ AR M 2:30 Kevin on the sax / TS	15 A 10:00 Saturday Crafts and Creations/AR GG 2:00 Bing o/AR V 3:00 Afternoon walk/ TS
16 1 10:00 Bible Study/ AR 1 11:00 Historical Society/ AR 1:00 Puzzle packets/R2R 2:30 Hand Massages- manicures/ TS	Martin Luther King Day V 10:00 Morning Exercise/Bistro S 1:15 MLK Day celebration/ TS GG 3:00 Bingo/AR	I8 K 10:00 Pass the Bag/ AR K 1:00 Myth busters-AR GG 2:00 Scavenger hunt- snow flake M 3:00 Kevin on the sax/TS S 4:00 Resident Council/ PC	19 V 10:00 Morning Meditation/AR I 11:00 Bible Study/AR GF 1:00 Midweek Matinee on Channel 2 O 2:00 shopping- Dollar tree	V 10:00 Bingo 11:00 Out to lunch/Mall food court M 2:00 Music w. Dorney on Channel 2 A 3:00 Arts & Crafts	M 3:15 karaoke/ TS V 10:00 Morning Exercise with hand weights/ Bistro I 10:45 Catholic communion/R2R GG 1:30 pass the pickle/ TS	A 10:00 Saturday Crafts and Creations/AR GG 2:00 Bingo/AR GG 3:00 Uno/ AR
1 10:00 Inspired Sunday on Channel 2 GG 1:00 Horse shoes/TS V 2:00 Name that tune/AR K 3:00 Puzzels/AR	V 10:00 Chair Yoga/ AR GG 11:00 WII games/AR O 1:00 Out Shopping at Dillards GG 3:15 Bingo/AR	10:00 Jeopardy/AR 11:00 Balloon Games/ AR 11:30 Hot chocolate cart/ R2R and TS A 3:00 Arts & Crafts/AR	V 10:00 Morning Meditation/AR K 11:00 On this day in history/AR GF 1:00 Midweek Matinee on Channel 2 GG 3:00 Wheel of fun/ AR	V 10:00 Bing o 11:00 Out to lunch/Chinese GG 1:30 Washer Toss/ AR M 2:00 Music w. Dorney on Channel 2 A 3:00 Arts & Crafts	V 10:00 Morning Exercise with resistance bands/ Bistro 1 10:45 Catholic communion/R2R 1 11:00 Word Games/ AR	A 10:00 Saturday Crafts and Creations/AR K 11:00 Daily Chronical/AR GG 2:00 Bingo/AR V 3:00 Afternoon walk/ TS
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