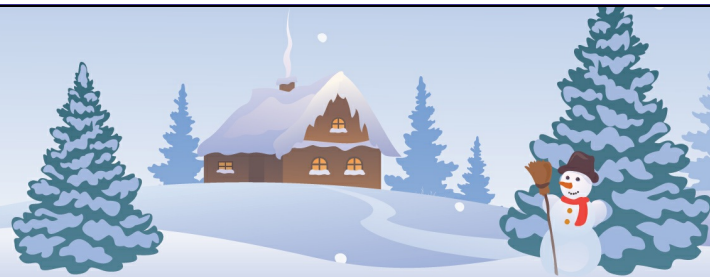




JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CC - Community Connections I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events V - Vitality</p>	<p>Location Key: RR=Residents' Room DR=Dining Room SR=Sun Room AL/AR=Activity Room TS=Town Square CH 2 - Channel 2</p>	<p>Calendar activities are subject to change. Please check the Lifeshare television for the most up to date scheduled activities</p>	<p>Entertainment is in Town Square Bus Outings will resume in the Spring All events are subject to covid restrictions</p>			<p>1 New Year's Day K 9:30 Daily Chronicle & Monthly Gazette K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise S 1:00 Showtime - CH 2</p>
<p>2 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Church Service with Father Robert TS</p>	<p>3 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Word Game I 11:00 Daily Devotionals S 1:00 Showtime - CH 2</p>	<p>4 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Men's Bible Group K 10:30 Card Bingo AL/AR S 1:00 Showtime - CH 2</p>	<p>5 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals</p>	<p>6 K 9:30 Daily Chronicle I 9:30 Catholic Communion TS V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise CC 10:30 Therapy Dogs - CH 2</p>	<p>7 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Brain Busters - TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2</p>	<p>8 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:00 Bingo Town Square S 1:00 Showtime - CH 2</p>
<p>9 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Church Service with Father Robert TS</p>	<p>10 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Word Game I 11:00 Daily Devotionals S 1:00 Showtime - CH 2</p>	<p>11 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Men's Bible Group K 10:30 Card Bingo AL/AR S 1:00 Showtime - CH 2</p>	<p>12 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals</p>	<p>13 K 9:30 Daily Chronicle I 9:30 Catholic Communion TS V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise CC 10:30 Therapy Dogs - CH 2</p>	<p>14 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Brain Busters - TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2</p>	<p>15 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:00 Bingo Town Square CC 10:30 Pet Visits on Campus S 1:00 Showtime - CH 2</p>
<p>16 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Church Service with Father Robert TS</p>	<p>17 Martin Luther King Day K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Word Game I 11:00 Daily Devotionals S 1:00 Showtime - CH 2</p>	<p>18 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Men's Bible Group K 10:30 Card Bingo AL/AR S 1:00 Showtime - CH 2</p>	<p>19 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals</p>	<p>20 K 9:30 Daily Chronicle I 9:30 Catholic Communion TS V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise CC 10:30 Therapy Dogs - CH 2</p>	<p>21 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Brain Busters - TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2</p>	<p>22 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:00 Bingo Town Square S 1:00 Showtime - CH 2</p>
<p>23 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Church Service with Father Robert TS</p>	<p>24 K 9:30 Resident Council, Chefs Circle K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Word Game</p>	<p>25 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Interfaith Communion Episcopal Church S 1:00 Showtime - CH 2</p>	<p>26 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals</p>	<p>27 K 9:30 Daily Chronicle I 9:30 Catholic Communion TS V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise CC 10:30 Therapy Dogs - CH 2</p>	<p>28 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Brain Busters - TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2</p>	<p>29 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:00 Bingo Town Square S 1:00 Showtime - CH 2</p>
<p>30 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Church Service with Father Robert TS</p>	<p>31 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Word Game I 11:00 Daily Devotionals S 1:00 Showtime - CH 2</p>					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC - Community Connections GF - Gathering of Friends I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	Location Key: RR=Residents' Room SR=Sun Room AR=Activity Room TS=Town Square CW= Campus Wide	OLL= Oxbow 200 Hall Common Area CLL= Carroll Lake 300 Hall Common Area DR=Dining Rooms	All activities are subject to change Entertainment is in Town Square as Covid restrictions allow			1 New Year's Day K 9:30 Daily Chronicle & Monthly Gazette K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living
2 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living	3 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	4 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 10:30 Men's Bible Group S 1:00 Showtime - CH 2	5 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 10:30 Bible Study with Pastor Chris - AR	6 I 9:30 Catholic Communion TS V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS CC 10:30 Therapy Dogs Lacey & Louis TS	7 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	8 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS S 1:00 Showtime - CH 2
9 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS	10 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	11 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 10:30 Men's Bible Group S 1:00 Showtime - CH 2	12 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 10:30 Bible Study with Pastor Chris - AR	13 I 9:30 Catholic Communion TS V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS CC 10:30 Therapy Dogs Lacey & Louis TS	14 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	15 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS CC 10:30 Pet Visits on Campus S 1:00 Showtime - CH 2
16 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS	17 Martin Luther King Day K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	18 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 10:30 Men's Bible Group S 1:00 Showtime - CH 2	19 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 10:30 Bible Study with Pastor Chris - AR	20 I 9:30 Catholic Communion TS V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS CC 10:30 Therapy Dogs Lacey & Louis TS	21 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	22 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS S 1:00 Showtime - CH 2
23 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS	24 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	25 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 10:30 Interfaith Communion Episcopal Church	26 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 10:30 Bible Study with Pastor Chris - AR	27 I 9:30 Catholic Communion TS V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS CC 10:30 Therapy Dogs Lacey & Louis TS	28 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	29 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS S 1:00 Showtime - CH 2
30 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS	31 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2					



JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 New Year's Day V 9:00 Roll in the New Year K 9:30 New Year Word Poem CC 10:45 Cranberry Pecan Cheese Balls 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa
2 V 9:00 Balance I 9:00 Catholic Mass Channel 2 I 9:30 Church Service with Pastor Gary and Donna K 9:30 Guess the Animal CC 10:45 Peanut Butter Cookie Cups	3 V 9:00 What a Wonderful World Chair Yoga K 9:30 Memory Box CC 10:45 Peanut Butter Cookie Cups 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	4 V 9:00 Drum Circle K 9:30 Tell Me Something Good CC 10:45 Cookies & Cream Ice Cream 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	5 V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Monster Cookie Energy Bites 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	6 V 9:00 80s Flashback I 9:30 Catholic Communion - TS K 9:30 Life Story CC 10:30 Therapy Dogs Lacee & Louis TS CC 10:45 Peanut Butter Quesadilla	7 V 9:00 Mindfulness Matters K 9:30 Rolling 31 Days CC 10:45 Chocolate Truffles 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Winter Sugar Painting M 2:30 Float With Me-Happy	8 V 9:00 Roll in the New Year K 9:30 New Year Word Poem CC 10:45 Bacon Cheese Balls 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Renoir M 2:30 Making Music
9 V 9:00 Balance I 9:00 Catholic Mass Channel 2 I 9:30 Church Service with Pastor Gary and Donna K 9:30 Guess the Animal CC 10:45 Peanut Butter Cookie Cups	10 V 9:00 What a Wonderful World Chair Yoga K 9:30 Memory Box CC 10:45 Chocolate Cookie Cups 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	11 V 9:00 Drum Circle K 9:30 Tell Me Something Good CC 10:45 Strawberry Ice Cream 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	12 V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Blueberry Muffin Energy Bites 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	13 V 9:00 80s Flashback K 9:30 Life Story CC 10:30 Therapy Dogs Lacee & Louis TS CC 10:45 Strawberry Peanut Butter Quesadilla	14 V 9:00 Mindfulness Matters K 9:30 Rolling 31 Days CC 10:45 Nutty Truffles 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Splatter Paint M 2:30 Float With Me-Happy	15 V 9:00 Roll in the New Year K 9:30 New Year Word Poem CC 10:30 Pet Visits on Campus CC 10:45 Chocolate Chip Cheesecake Balls 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa
16 V 9:00 Balance I 9:00 Catholic Mass Channel 2 I 9:30 Church Service with Pastor Gary and Donna K 9:30 Guess the Animal CC 10:45 Peanut Butter Cookie Cups	17 Martin Luther King Day V 9:00 What a Wonderful World Chair Yoga K 9:30 Memory Box CC 10:45 Caramel Cookie Cups 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	18 V 9:00 Drum Circle K 9:30 Tell Me Something Good CC 10:45 Chocolate Ice Cream 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	19 V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Peanut Butter Chocolate Chip Energy Bites 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	20 V 9:00 80s Flashback K 9:30 Life Story CC 10:30 Therapy Dogs Lacee & Louis TS CC 10:45 Veggie Quesadillas 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	21 V 9:00 Mindfulness Matters K 9:30 Rolling 31 Days CC 10:45 Candy Truffles 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Snow Sensory Bottle M 2:30 Float With Me-Happy	22 V 9:00 Roll in the New Year K 9:30 New Year Word Poem CC 10:45 Salami Cheese Balls 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Starry Night
23 V 9:00 Balance I 9:00 Catholic Mass Channel 2 I 9:30 Church Service with Pastor Gary and Donna K 9:30 Guess the Animal CC 10:45 Peanut Butter Cookie Cups	24 V 9:00 What a Wonderful World Chair Yoga K 9:30 Memory Box CC 10:45 Cookies & Cream Cookie Cups 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	25 V 9:00 Drum Circle K 9:30 Tell Me Something Good CC 10:45 Caramel Ice Cream 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	26 V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Sweet and Salty Energy Bites 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa	27 V 9:00 80s Flashback K 9:30 Life Story CC 10:30 Therapy Dogs Lacee & Louis TS CC 10:45 PB & J S'mores Quesadilla	28 V 9:00 Mindfulness Matters K 9:30 Rolling 31 Days CC 10:45 Cranberry Truffles 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Winter Process Art M 2:30 Float With Me-Happy	29 V 9:00 Roll in the New Year K 9:30 New Year Word Poem CC 10:45 Nutty Pimento Cheese Balls 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa
30 V 9:00 Balance I 9:00 Catholic Mass Channel 2 I 9:30 Church Service with Pastor Gary and Donna K 9:30 Guess the Animal CC 10:45 Peanut Butter Cookie Cups	31 V 9:00 What a Wonderful World Chair Yoga K 9:30 Memory Box CC 10:45 Dark Chocolate Cookie Cups 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Art Appreciation-Mesa					



JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 New Year's Day 10:00 Men's Coffee Club 2:00 Poker
2 1:00 Bridge 2:00 Clubhouse reserved	3 V 1:00 Strength & Balance GG 2:00 Euchre GF 5:00 Pizza & A Movie	4 12:00 Scrapbooking 1:00 Dominoes: Mexican Train Game 4:00 Dinner Club: Prime 7	5 12:00 Lunch & Learn 2:00 Pinochle 4:00 Wine Down Wednesday	6 11:30 Therapy Dogs 1:00 Villa Monthly Forum 2:00 Strength & Balance 3:00 Spa Day	7 GG 12:00 Shopping Trip 3:00 Happy Hour	8 10:00 Men's Coffee Club 2:00 Poker
9 1:00 Bridge 3:00 Celebration of Life	10 V 1:00 Strength & Balance GG 2:00 Euchre	11 1:00 Dominoes: Mexican Train Game 3:00 Bingo	12 12:00 Soup & Sandwiches 2:00 Pinochle 4:00 Wine Down Wednesday	13 9:00 Hot Breakfast 11:30 Therapy Dogs 2:00 Strength & Balance 3:00 Spa Day	14 GG 12:00 Shopping Trip 3:00 Happy Hour	15 10:00 Men's Coffee Club 2:00 Poker
16 1:00 Bridge	17 Martin Luther King Day V 1:00 Strength & Balance GG 2:00 Euchre 5:00 Pizza & A Movie	18 12:00 Scrapbooking 1:00 Dominoes: Mexican Train Game 2:00 MJR Waterford Digital Cinema: Movie and Time closer to date	19 2:00 Pinochle 4:00 Wine Down Wednesday	20 11:30 Therapy Dogs 2:00 Strength & Balance 3:00 Spa Day	21 GG 12:00 Shopping Trip 3:00 Happy Hour	22 10:00 Men's Coffee Club 2:00 Poker
23 1:00 Bridge	24 V 1:00 Strength & Balance GG 2:00 Euchre	25 1:00 Dominoes: Mexican Train Game 3:00 Bingo	26 2:00 Pinochle 4:00 Wine Down Wednesday	27 11:30 Therapy Dogs 2:00 Strength & Balance 3:00 Spa Day 4:00 Sip & Sample	28 GG 12:00 Shopping Trip 3:00 Happy Hour	29 10:00 Men's Coffee Club 2:00 Poker 4:00 Clubhouse Reserved
30 1:00 Bridge	31 V 1:00 Strength & Balance GG 2:00 Euchre 5:00 Pizza & A Movie					