

JANUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	If you are looking for a volunteer opportunity, please let a member of Life Enrichment know.	Donations of Candy, Cookies, Chips and Crackers are always welcomed and appreciated! The residents love to play bingo, and they love to win their snacks!			New Year's Day 9:30 Hospitality Cart 10:30 Art Cart 11:00 Balloon Volleyball 2:00 Word in Word 30 2:30 New Year Bingo
 9:30 Hospitality Cart 10:00 Word in Word (in room activity) 1:30 Inspirations 2:00 Hymn Sing Along 2:30 Bean Bag Toss 	10:30 News and Views1:00 Just the Guys2:30 Ice Cream Social - Root	9:00 Hospitality Cart 10:00 Cookies, Coffee and Trivia 10:30 Crafters Corner - floral arranging 2:00 Bingo	5 9:00 Hospitality Cart 1 10:30 Bible Study with Bob and Susan 1 10:30 Catholic Communion 0 11:30 Out to Eat V 2:00 Chair yoga	 9:00 Hospitality Cart 10:00 Music and Movement 10:30 Chefs Circle 1:30 Giant Crossword Puzzle 2:15 Bake Club - Rice Cakes different ways 	9:00 Hospitality Cart 9:45 Out and About - Shopping 10:00 Inspirations non- religious A 1:00 Nail Spa	9:30 Hospitality Cart 10:30 Art Cart V 11:00 Balloon Volleyball C 2:00 Word in Word C 2:30 Bingo
9 S 9:30 Hospitality Cart 10:00 Word in Word (in room activity) 1 1:30 Inspirations M 2:00 Hymn Sing Along V 2:30 Bean Bag Toss	 9:00 Hospitality Cart 10:00 Coffee & Music 10:30 News and Views 2:00 Inspired Living 2:30 Ice Cream Social - milkshakes 	 9:00 Hospitality Cart 10:00 Cookies, Coffee and Trivia 10:30 Crafters Corner - Winter Pine Cone Fairies 	9:00 Hospitality Cart 1 10:30 Bible Study with Bob and Susan 1 10:30 Catholic Communion 0 11:30 Out to Eat V 2:00 Chair yoga	 9:00 Hospitality Cart 10:00 Music and Movement 10:30 Chefs Circle 1:30 Giant Crossword Puzzle 2:15 Bake Club - Peanut Butter Dip 	9:00 Hospitality Cart 9:45 Out and About - Shopping 1 10:00 Inspirations non- religious A 1:00 Nail Spa	9:30 Hospitality Cart 10:30 Art Cart 11:00 Balloon Volleyball 2:00 Word in Word 33 Bingo
 9:30 Hospitality Cart 10:00 Word in Word (in room activity) 1:30 Inspirations 2:00 Hymn Sing Along 2:30 Bean Bag Toss 	Martin Luther King Day 9:00 Hospitality Cart 10:00 Coffee & Music 10:30 Learn about Martin Luther King 1:00 Just the Guys 3:30 Ice Cream Social	 9:00 Hospitality Cart 10:00 Cookies, Coffee and Trivia 10:30 Crafters Corner - Q-Tip Snowflakes 1:00 Resident Council 	9:00 Hospitality Cart 1 10:30 Bible Study with Bob and Susan 1 10:30 Catholic Communion 0 11:30 Out to Eat 2:00 Chair yoga	 9:00 Hospitality Cart 10:00 Music and Movement 10:30 Chefs Circle 1:30 Giant Crossword Puzzle 2:15 Bake Club - Cauliflower Pizza 	 9:00 Hospitality Cart 9:45 Out and About - Shopping 10:00 Inspirations non- religious 1:00 Nail Spa 	9:30 Hospitality Cart 10:30 Art Cart V 11:00 Balloon Volleyball K 2:00 Word in Word GG 2:30 Bingo
 9:30 Hospitality Cart 10:00 Word in Word (in room activity) 1:30 Inspirations 2:00 Hymn Sing Along 2:30 Bean Bag Toss 	K 10:30 News and Views GF 2:30 Ice Cream Social - specialty bars	9:00 Hospitality Cart 10:00 Cookies, Coffee and Trivia 10:30 Crafters Corner - Pine Cone Bird Feeders 2:00 Bingo	9:00 Hospitality Cart 1 10:30 Bible Study with Bob and Susan 1 10:30 Catholic Communion 0 11:30 Out to Eat V 2:00 Chair yoga	5 9:00 Hospitality Cart M 10:00 Music and Movement S 10:30 Chefs Circle K 1:30 Giant Crossword Puzzle C 2:15 Bake Club - Hand Held Sloppy Joes	9:00 Hospitality Cart 9:45 Out and About - Shopping 1 10:00 Inspirations non- religious A 1:00 Nail Spa	5 9:30 Hospitality Cart 10:30 Art Cart V 11:00 Balloon Volleyball K 2:00 Word in Word GG 2:30 Bingo
 9:30 Hospitality Cart 10:00 Word in Word (in room activity) 1:30 Inspirations 2:00 Hymn Sing Along 2:30 Bean Bag Toss 	 9:00 Hospitality Cart 10:00 Coffee & Music 10:30 News and Views 2:30 Ice Cream Social - mixers 3:30 Horseshoes 					

Wellbrooke of Avon Health Care Activities Calendar



JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears O - Out & About S - Signature Events V - Vitality		If you are looking for a volunteer opportunity, please let a member of Life Enrichment know.			New Year's Day 9:30 Hospitality Cart 10:30 Art Cart V 11:00 Balloon Volleyball 2:00 Word in Word M 3:30 Sing Along with Susie
9:30 Hospitality Cart K 10:30 Word in Word (in room activity) 1 1:30 Inspirations M 2:00 Sing Along Hymns GF 2:30 Bean Bag Toss	3 S 9:00 Hospitality Cart K 10:00 Coffee and Music K 10:30 News and Views GG 10:45 Card Bingo in the Dining Room GG 1:00 Just the Guys	 9:00 Hospitality Cart 10:00 Cookies, Coffee and Trivia 10:30 Crafters Corner - Floral Arranging 3:00 Ladderball 	5 9:00 Hospitality Cart 1 10:30 Bible Study with Bob and Susan 1 10:30 Catholic Communion K 10:45 Card Bingo in the Dining Room	 9:00 Hospitality Cart 10:00 Music and Movement 10:30 Chefs Circle 1:30 Giant Crossword Puzzle 2:15 Bake Club - Rice Cakes different ways 	 9:00 Hospitality Cart 9:45 Out and About - Shopping 10:00 Inspirations (non religious) 10:45 Bingo in the Dining 	9:30 Hospitality Cart 10:30 Art Cart 11:00 Balloon Volleyball 2:00 Word in Word 3:30 Sing Along with Susie
9 S 9:30 Hospitality Cart K 10:30 Word in Word (in room activity) I 1:30 Inspirations M 2:00 Sing Along Hymns GF 2:30 Bean Bag Toss	 9:00 Hospitality Cart 10:00 Coffee and Music 10:30 News and Views 10:45 Card Bingo in the Dining Room 11:00 Inspired Living 	 9:00 Hospitality Cart 10:00 Cookies, Coffee and Trivia 10:30 Crafters Corner - Winter Pine Cone Fairies 	 9:00 Hospitality Cart 10:30 Bible Study with Bob and Susan 10:30 Catholic Communion 10:45 Card Bingo in the Dining Room 	 9:00 Hospitality Cart 10:00 Music and Movement 10:30 Chefs Circle 1:30 Giant Crossword Puzzle 2:15 Bake Club - Peanut Butter Dip 	9:00 Hospitality Cart 9:45 Out and About - Shopping 10:00 Inspirations (non religious) K 10:45 Bingo in the Dining	 9:30 Hospitality Cart 10:30 Art Cart 11:00 Balloon Volleyball 2:00 Word in Word 3:30 Sing Along with Susie
 9:30 Hospitality Cart 10:30 Word in Word (in room activity) 1:30 Inspirations 2:00 Sing Along Hymns 2:30 Bean Bag Toss 	 Martin Luther King Day 9:00 Hospitality Cart 10:00 Coffee and Music 10:30 Learn about Martin Luther King 10:45 Card Bingo in the Dining Room 	 9:00 Hospitality Cart 10:00 Cookies, Coffee and Trivia 10:30 Crafters Corner - Q-Tip Snowflakes 10:30 Resident Council 	 9:00 Hospitality Cart 10:30 Bible Study with Bob and Susan 10:30 Catholic Communion 10:45 Card Bingo in the Dining Room 	 9:00 Hospitality Cart 10:00 Music and Movement 10:30 Chefs Circle 1:30 Giant Crossword Puzzle 2:15 Bake Club - Cauliflower Pizza 	 9:00 Hospitality Cart 9:45 Out and About - Shopping 10:00 Inspirations (non religious) 10:45 Bingo in the Dining 	 9:30 Hospitality Cart 10:30 Art Cart 11:00 Balloon Volleyball 2:00 Word in Word 3:30 Sing Along with Susie
9:30 Hospitality Cart 10:30 Word in Word (in room activity) 1:30 Inspirations 2:00 Sing Along Hymns GF 2:30 Bean Bag Toss	S 9:00 Hospitality Cart K 10:00 Coffee and Music K 10:30 News and Views GG 10:45 Card Bingo in the Dining Room GF 2:30 Ice Cream Social	 9:00 Hospitality Cart 10:00 Cookies, Coffee and Trivia 10:30 Crafters Corner - Pine Cone Bird Feeders 3:00 Ladderball 	 9:00 Hospitality Cart 10:30 Bible Study with Bob and Susan 10:30 Catholic Communion 10:45 Card Bingo in the Dining Room 	 9:00 Hospitality Cart 10:00 Music and Movement 10:30 Chefs Circle 1:30 Giant Crossword Puzzle 2:15 Bake Club - Hand Held Sloppy Joes 	9:00 Hospitality Cart 9:45 Out and About - Shopping 1 10:00 Inspirations (non religious) K 10:45 Bingo in the Dining	 9:30 Hospitality Cart 10:30 Art Cart 11:00 Balloon Volleyball 2:00 Word in Word 3:30 Sing Along with Susie
 9:30 Hospitality Cart 10:30 Word in Word (in room activity) 1:30 Inspirations 2:00 Sing Along Hymns 2:30 Bean Bag Toss 	 9:00 Hospitality Cart 10:00 Coffee and Music 10:30 News and Views 10:45 Card Bingo in the Dining Room 2:30 Ice Cream Social 	tors around the campus for daily program				

Wellbrooke of Avon Life Enrichment Activities- Legacy	ANUARY	202

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking GF - Gathering of Friends G - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears	S - Signature Events V - Vitality					New Year's Day 9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Cranberry Pecan
9:00 Balance 9:30 Guess the Animal 10:45 Sausage & Peppers Hawaiian Sliders	9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Peanut Butter Cookie Cups	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Cookies & Cream Ice Cream	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Monster Cookie Energy Bites 12:45 Relax & Recharge	9:00 80s Flashback 9:30 Life Story 10:45 Pizza Quesadillas 12:45 Relax & Recharge 2:00 Life Timeline	9:00 Mindfulness Matters 9:30 Rolling 31 Days 10:45 Chocolate Truffles 12:45 Relax & Recharge	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Bacon Cheese
9 9:00 Balance 9:30 Guess the Animal 10:45 Ham, Egg & Cheese Hawaiian Sliders	9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Chocolate Cookie Cups	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Strawberry Ice Cream	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Blueberry Muffin Energy Bites 12:45 Relax & Recharge	9:00 80s Flashback 9:30 Life Story 10:45 Strawberry Peanut Butter Quesadilla	9:00 Mindfulness Matters 9:30 Rolling 31 Days 10:45 Nutty Truffles 12:45 Relax & Recharge	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Chocolate Chip
16	17 Martin Luther King Day	18	19	20	21	22
9:00 Balance 9:30 Guess the Animal 10:45 Philly Cheesesteak Hawaiian Sliders	9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Caramel Cookie Cups	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Chocolate Ice Cream	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Peanut Butter Chocolate Chip Energy Bites	9:00 80s Flashback 9:30 Life Story 10:45 Veggie Quesadillas 12:45 Relax & Recharge	9:00 Mindfulness Matters 9:30 Rolling 31 Days 10:45 Candy Truffles 12:45 Relax & Recharge	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Salami Cheese
23	24	25	26	27	28	29
9:00 Balance 9:30 Guess the Animal 10:45 Caprese Hawaiian Sliders 12:45 Relax & Recharge	9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Cookies & Cream Cookie Cups	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Caramel Ice Cream	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Sweet and Salty Energy Bites 12:45 Relax & Recharge	9:00 80s Flashback 9:30 Life Story 10:45 PB & J S'mores Quesadilla 12:45 Relax & Recharge	9:00 Mindfulness Matters 9:30 Rolling 31 Days 10:45 Cranberry Truffles	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Nutty Pimento
9:00 Balance 9:30 Guess the Animal 10:45 Roasted Veggie Hawaiian Sliders 12:45 Relax & Recharge	9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Dark Chocolate Cookie Cups					