Springhurst Health Campus Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change.	The number by the activity indicates the location of the activity. 1- Assisted Living Activity Room 2- Riley Lounge 3. Health Center Activity Room 4- Health Center Dining Room	6- Assisted Living Dining Room 7- Channel 2: Broadcasting Channel	Have an activity idea? Share it with our Life Enrichment Staff, wearing bright coral. Interested in volunteering? Contact Chelsea Johnson, the Life Enrichment Director.			New Year's Day 9:15 Noodle Balloon- 6 K 11:30 Guess the Word- 4 GF 12:00 Happy Noon Year- 4&6 K 2:00 BINGO- 4 I 3:30 New Year Resolution Video Making- 1
M 3:30 Sing-Along!- 2	9:15 Snowball Toss Exercise- 6 K 10:45 Activity Packets & Independent Supplies K 11:30 Trivia- 4 S 2:00 Chef Circle- 6	 9:15 Morning Exercise- 6 10:45 Winter Artistry- 1 11:30 Stories- 4 2:00 BINGO w/ Oak Street Health- 4 3:15 BINGO Store- 6 	9:15 Noodle Balloon- 6 10:45 Jingle Rails at Eiteljory Museum- Meeting at AL Front Entrance 4:00 Mens Group: Snacks and Chats- 1	9:15 Morning Exercise- 6 10:30 1:1 Visits and Check in's 11:30 Sing-Along-4 1 1:45 Inspirational Journaling Club- 1 4:30 Pass it!- 4	7 V 9:15 Noodle Balloon- 6 O 10:45 Country Cruise I 11:30 Jokes-4 I 1:30 Marvelous Manicures: 1 M 3:00 Ringing in the New Year	8 V 9:15 Noodle Balloon- 6 K 11:30 Guess the Word- 4 K 2:00 BINGO- 4 K 4:30 Who am I- 4
Methodist Church- 4	9:15 Snowball Toss Exercise- 6 K 10:45 Activitiy Packets & Independent Supplies K 11:30 Trivia- 4 5 2:00 Chef Circle- 6	9:15 Morning Exercise- 6 10:45 Winter Artistry- 1 K 11:30 Stories- 4 C 2:00 BINGO- 4 K 4:30 How Many Words-4 GF 6:00 Movie Night!- 7	 9:15 Noodle Balloon- 6 10:30 Greenfield Chocolates-Meeting at AL Front Entrance 1:45 Master Gardeners-Animals in our Garden- 	BookMobile- AL Front Entrance 10:30 1:1 Visits and Check in's	□ 11:30 Jokes-4	15 V 9:15 Noodle Balloon- 6 K 11:30 Guess the Word- 4 K 2:00 BINGO- 4 K 4:30 Who am I- 4
M 3:30 Sing-Along!- 2 1 4:30 Daily Devotional-4	9:15 Snowball Toss Exercise- 6 K 10:45 Activitiy Packets & Independent Supplies K 11:30 Trivia- 4 GF 12:00 BINGO Party- Olive	9:15 Morning Exercise- 6 10:45 Winter Artistry- 1 K 11:30 Stories- 4 K 2:00 BINGO- 4 3:15 BINGO Store- 1 K 4:30 How Many Words-4	 9:15 Noodle Balloon- 6 11:30 Applebee's- Meeting at AL Front Entrance 2:00 National Popcorn Day-Snack Time- 2 4:30 Finish the Line-4 	 9:15 Morning Exercise- 6 10:30 1:1 Visits and Check in's 11:30 Sing-Along-4 1:00 Travelogue with Jackie- 2:15 Inspirational Journaling 	11:30 Jokes-4	22 V 9:15 Noodle Balloon- 6 K 11:30 Guess the Word- 4 K 2:00 BINGO- 4 K 4:30 Who am I- 4
M 3:30 Lets Dance:	9:15 Snowball Toss Exercise- 6 K 10:45 Activitiy Packets & Independent Supplies K 11:30 Trivia- 4 5 2:00 Chef Circle- 6	25 V 9:15 Morning Exercise- 6 A 10:45 Winter Artistry- 1 K 11:30 Stories- 4 K 2:00 BINGO- 4 K 4:30 How Many Words-4 GF 6:00 Movie Night!- 7	9:15 Noodle Balloon- 6 1:15 Brandywine Winery- Meeting at AL Front Entrance 3:45 Men's Group- Men's Only Bingo- 1	M 11:30 Sing-Along-4 1:45 Inspirational Journaling Club- 1	□ 11:30 Jokes-4	29 V 9:15 Noodle Balloon- 6 K 11:30 Guess the Word- 4 K 2:00 BINGO- 4 K 4:30 Who am I- 4
M 3:30 Sing-Along!- 2	9:15 Snowball Toss Exercise- 6 K 10:45 Activitiy Packets & Independent Supplies K 11:30 Trivia- 4 5 2:00 Chef Circle- 6	Outings may be canceled or rescheduled due to inclement weather. Thank you for your understanding.	Follow us on social media to see the fun we have in our activities! Facebook: Springhurst Health Campus Twitter: SpringhurstHC			

Springhurst	Health	Campus
Health Cente	er.	



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Calendar is subject to change.	The number by the activity indicates the location of the activity. 1- Assisted Living Activity Room 2- Riley Lounge 3. Health Center Activity Room 4- Health Center Dining Room	6- Assisted Living Dining Room 7- Channel 2: Broadcasting Channel	Have an activity idea? Share it with our Life Enrichment staff, wearing bright coral. Interested in volunteering? Contact Chelsea Johnson, the Life Enrichment Director.			New Year's Day 10:00 Noodle Balloon Exercise - 2 MM 11:00 Mindful Moments - 2 K 11:30 Guess the Word - 4 GF 12:00 Happy Noon Year - 4&6 K 2:00 BINGO - 4
2 10:00 Morning Exercise- 2 MM 11:00 Mindful Moments- 2 11:30 Daily Chronicle-4 2:00 Religious Service-7 M 3:30 Sing-Along!- 2 4:30 Daily Devotional-4	 10:00 Morning Exercise 10:45 Activitiy Packets & Independent Supplies 11:00 Mindful Moments- 2 11:30 Trivia- 4 3:30 Creative Craft- 1 	V 10:00 Noodle Balloon Exercise - 2 A 10:45 Winter Artistry- 1 MM 11:00 Mindful Moments- 2 K 11:30 Stories- 4 C 2:00 BINGO- 4	 10:00 Snowball Toss Exercise- 2 10:45 Jingle Rails at Eiteljory Museum- Meeting at AL Front Entrance 11:00 Mindful Moments- 2 	10:00 Noodle Balloon Exercise - 2 10:30 1:1 Visits and Check in's 11:00 Mindful Moments - 2 M 11:30 Sing-Along-4 1:45 Inspirational Journaling	7 V 10:00 Morning Exercise O 10:45 Country Cruise MM 11:00 Mindful Moments- 2 I 11:30 Jokes-4 I 1:30 Marvelous Manicures: 1	V 10:00 Noodle Balloon Exercise - 2 MM 11:00 Mindful Moments- 2 K 11:30 Guess the Word- 4 K 2:00 BINGO- 4 K 4:30 Who am I- 4
9 V 10:00 Morning Exercise- 2 MM 11:00 Mindful Moments- 2 I 11:30 Daily Chronicle-4 I 1:30 Knightstown United Methodist Church- 4 M 3:30 Lets Dance:	 10 V 10:00 Morning Exercise K 10:45 Activitiy Packets & Independent Supplies MM 11:00 Mindful Moments- 2 K 11:30 Trivia- 4 A 3:30 Creative Craft- 1 	11 V 10:00 Noodle Balloon Exercise - 2 A 10:45 Winter Artistry- 1 MM 11:00 Mindful Moments- 2 K 11:30 Stories- 4 K 2:00 BINGO- 4	12 V 10:00 Snowball Toss Exercise- 2 O 10:30 Greenfield Chocolates- Meeting at AL Front Entrance MM 11:00 Mindful Moments- 2	9:45 Hancock County Library BookMobile- AL Front Entrance V 10:00 Noodle Balloon Exercise - 2 10:30 1:1 Visits and Check in's	V 10:00 Morning Exercise 10:45 Country Cruise MM 11:00 Mindful Moments- 2 1 11:30 Jokes-4 1 1:30 Marvelous Manicures:	15 V 10:00 Noodle Balloon Exercise - 2 MM 11:00 Mindful Moments- 2 K 11:30 Guess the Word- 4 K 2:00 BINGO- 4 K 4:30 Who am I- 4
16 V 10:00 Morning Exercise- 2 MM 11:00 Mindful Moments- 2 11:30 Daily Chronicle-4 1 2:00 Religious Service-7 M 3:30 Sing-Along!- 2 1 4:30 Daily Devotional-4	17 Martin Luther King Day V 10:00 Morning Exercise K 10:45 Activitiy Packets & Independent Supplies MM 11:00 Mindful Moments- 2 K 11:30 Trivia- 4 GF 12:00 BINGO Party- Olive	V 10:00 Noodle Balloon Exercise - 2 A 10:45 Winter Artistry- 1 MM 11:00 Mindful Moments- 2 K 11:30 Stories- 4 K 2:00 BINGO- 4	19 V 10:00 Snowball Toss Exercise- 2 MM 11:00 Mindful Moments- 2 O 11:30 Applebee's- Meeting at AL Front Entrance GF 2:00 National Popcorn Day-	V 10:00 Noodle Balloon Exercise - 2 10:30 1:1 Visits and Check in's MM 11:00 Mindful Moments- 2 M 11:30 Sing-Along-4 1:00 Travelogue with Jackie-	V 10:00 Morning Exercise 10:45 Country Cruise MM 11:00 Mindful Moments- 2 I 11:30 Jokes-4 I 1:30 Marvelous Manicures:	V 10:00 Noodle Balloon Exercise - 2 MM 11:00 Mindful Moments- 2 K 11:30 Guess the Word- 4 K 2:00 BINGO- 4 K 4:30 Who am I- 4
V 10:00 Morning Exercise- 2 MM 11:00 Mindful Moments- 2 1 11:30 Daily Chronicle-4 1 2:00 Religious Service-7 M 3:30 Lets Dance: Instruments and Song-	V 10:00 Morning Exercise K 10:45 Activitiy Packets & Independent Supplies MM 11:00 Mindful Moments- 2 K 11:30 Trivia- 4 K 2:00 LifeShare Games-3	V 10:00 Noodle Balloon Exercise - 2 A 10:45 Winter Artistry- 1 MM 11:00 Mindful Moments- 2 K 11:30 Stories- 4 K 2:00 BINGO- 4	26 V 10:00 Snowball Toss Exercise- 2 MM 11:00 Mindful Moments- 2 O 1:15 Brandywine Winery- Meeting at AL Front Entrance	V 10:00 Noodle Balloon Exercise - 2 10:30 1:1 Visits and Check in's MM 11:00 Mindful Moments- 2 M 11:30 Sing-Along-4 1 1:45 Inspirational Journaling	V 10:00 Morning Exercise O 10:45 Country Cruise MM 11:00 Mindful Moments- 2 I 11:30 Jokes-4 I 1:30 Marvelous Manicures:	29 V 10:00 Noodle Balloon
10:00 Morning Exercise- 2 MM 11:00 Mindful Moments- 2 11:30 Daily Chronicle-4 1 2:00 Religious Service-7 M 3:30 Sing-Along!- 2 1 4:30 Daily Devotional-4	V 10:00 Morning Exercise K 10:45 Activitiy Packets & Independent Supplies MM 11:00 Mindful Moments- 2 K 11:30 Trivia- 4 A 3:30 Creative Craft-Bubble	Outings may be canceled or rescheduled due to inclement weather. Thank you for your understanding.	Follow us on social media to see the fun we have in our activities! Facebook: Springhurst Health Campus T witter: SpringhurstHC			

Springhurst Health Campus Legacy Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 New Year's Day
						9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Cranberry Pecan Cheese Balls 12:45 Relax & Recharge 2:00 Creative Storytelling
2	3	4	5	6	7	8
9:00 Balance 9:30 Guess the Animal 10:45 Sausage & Peppers Hawaiian Sliders 12:45 Relax & Recharge 2:00 No Sew Fleece	9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Peanut Butter Cookie Cups 12:45 Relax & Recharge	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Cookies & Cream Ice Cream 12:45 Relax & Recharge	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Monster Cookie Energy Bites 12:45 Relax & Recharge A 2:00 Squeegee Canvas Paint	9:00 80s Flashback 9:30 Life Story 10:45 Pizza Quesadillas 12:45 Relax & Recharge 2:00 Life Timeline Creative Writing	 9:00 Mindfulness Matters 9:30 Rolling 31 Days 10:45 Chocolate Truffles 12:45 Relax & Recharge 2:00 Winter Sugar Painting 3:30 Float With Me Happy 	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Bacon Cheese Balls 12:45 Relax & Recharge 2:00 Art Appreciation-Renoir 3:30 Making Music
9	10	11	12	13	14	15
9:00 Balance 9:30 Guess the Animal 10:45 Ham, Egg & Cheese Hawaiian Sliders 12:45 Relax & Recharge 2:00 Kindness Flowers	9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Chocolate Cookie Cups 12:45 Relax & Recharge 2:00 Watercolor Snowman	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Strawberry Ice Cream 12:45 Relax & Recharge Newspaper Winter		9:00 80s Flashback 9:30 Life Story 10:45 Strawberry Peanut Butter Quesadilla 12:45 Relax & Recharge 2:00 To Be Creative Writing	 9:00 Mindfulness Matters 9:30 Rolling 31 Days 10:45 Nutty Truffles 12:45 Relax & Recharge 2:00 Splatter Paint 3:30 Float With Me Happy 	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Chocolate Chip Cheesecake Balls 12:45 Relax & Recharge 2:00 Art Appreciation
16	17 Martin Luther King Day	18	19	20	21	22
9:00 Balance 9:30 Guess the Animal 10:45 Philly Cheesesteak Hawaiian Sliders 12:45 Relax & Recharge 2:00 No Sew Fleece	9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Caramel Cookie Cups 12:45 Relax & Recharge 2:00 Watercolor Bubble Art	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Chocolate Ice Cream 12:45 Relax & Recharge 2:00 Snowman Craft		9:00 80s Flashback 9:30 Life Story 10:45 Veggie Quesadillas 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Hippy Dance	9:00 Mindfulness Matters 9:30 Rolling 31 Days 10:45 Candy Truffles 12:45 Relax & Recharge 2:00 Snow Sensory Bottle 3:30 Float With Me Happy	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Salami Cheese Balls 12:45 Relax & Recharge 2:00 Art Appreciation-Starry Night
23	24	25	26	27	28	29
9:00 Balance 9:30 Guess the Animal 10:45 Caprese Hawaiian Sliders 12:45 Relax & Recharge 2:00 Kindness Flowers	9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Cookies & Cream Cookie Cups 12:45 Relax & Recharge	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Caramel Ice Cream 12:45 Relax & Recharge 2:00 Paper Plate Penguins	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Sweet and Salty Energy Bites 12:45 Relax & Recharge 2:00 Paint Pouring	9:00 80s Flashback 9:30 Life Story 10:45 PB & J S'mores Quesadilla 12:45 Relax & Recharge 2:00 Creative Storytelling	9:00 Mindfulness Matters 9:30 Rolling 31 Days 10:45 Cranberry Truffles 12:45 Relax & Recharge 2:00 Winter Process Art 3:30 Float With Me Happy	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Nutty Pimento Cheese Balls 12:45 Relax & Recharge 2:00 Art Appreciation-Mona
30	31					
9:00 Balance 9:30 Guess the Animal 10:45 Roasted Veggie Hawaiian Sliders 12:45 Relax & Recharge 2:00 No Sew Fleece	 9:00 What a Wonderful World Chair Yoga 9:30 Memory Box 10:45 Dark Chocolate Cookie Cups 12:45 Relax & Recharge 					

Springhurst Health Campus Villas



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC - Community Connections GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce L - Lifelong Learning O - Out & About S - Signature Events V - Vitality	RSVP for Tuesday Lunch Outings by Noon on Monday					1 New Year's Day
2	 10:30 Chair Exercises at The Clubhouse 1:00 Villa Community Meeting 	11:00 Lunch Out & About on the Bus	GF 10:00 Coffee & Conversation at the Clubhouse V 2:00 Chair Exercises at The Clubhouse	6 1:00 Hawaiin Virtual Tour with Jackie's Travel ClubClubhouse	7 V 10:30 Chair Exercises GG 1:00 Dominoes with the Gang GF 2:00 Happy Hour	8
9	10 V 10:30 Chair Exercises at The Clubhouse CC 1:00 Soup Social	11 O 11:00 Lunch Out & About on the Bus	GF 10:00 Coffee & Conversation at the Clubhouse V 2:00 Chair Exercises at The Clubhouse	13 CC 10:00 Angie Visiting Everyone in Their Homes 10:00 Book Mobile at Main Campus	14 GG 1:00 Dominoes with the Gang GF 2:00 Happy Hour	15
16	Martin Luther King Day 10:30 Chair Exercises at The Clubhouse	18 O 11:00 Lunch Out & About on the Bus	GF 10:00 Coffee & Conversation at the Clubhouse V 2:00 Chair Exercises at The Clubhouse	20 S 2:00 Celebration of Birthdays	V 10:30 Chair Exercises GG 1:00 Dominoes with the Gang GF 2:00 Happy Hour	22
23	K 8:27 Trivia Time V 10:30 Chair Exercises at The Clubhouse	11:00 Lunch Out & About on the Bus	GF 10:00 Coffee & Conversation at the Clubhouse V 2:00 Chair Exercises at The Clubhouse	27	V 10:30 Chair Exercises G 1:00 Dominoes with the Gang GF 2:00 Happy Hour	29
30	10:30 Chair Exercises at The Clubhouse					