



# JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans  <b>CC</b> - Community Connections  <b>CC</b> - Creative Cooking  <b>GF</b> - Gathering of Friends  <b>GG</b> - Group Games  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning</p>	<p><b>MM</b> - Mindful Moments  <b>M</b> - Music to My Ears  <b>O</b> - Out &amp; About  <b>S</b> - Signature Events  <b>V</b> - Vitality</p>	<p><u>Birthdays</u></p>				<p><b>1</b> <b>New Year's Day</b>  <b>V</b> 10:00 Roll in the New Year  <b>K</b> 10:30 New Years Word Poem  <b>CC</b> 10:45 Pecan Cheese Ball  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>A</b> 2:00 Straw Fireworks for New Year's Day</p>
<p><b>2</b>  <b>V</b> 10:00 Sunday Stretch  <b>K</b> 10:30 Name 10  <b>CC</b> 10:45 Sunday Cinnamon Rolls  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>A</b> 2:00 Bracelet Making</p>	<p><b>3</b>  <b>I</b> 10:00 Songs with Hope Church  <b>CC</b> 10:45 Cake Mix Monday  <b>V</b> 11:00 Monday Movement  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll</p>	<p><b>4</b>  <b>I</b> 10:00 Church with Rob and Jenny  <b>V</b> 10:00 Yoga Stretch  <b>CC</b> 10:45 Winter Fudge  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll</p>	<p><b>5</b>  <b>CC</b> 10:00 Pet Therapy with Athena!  <b>M</b> 10:30 Cheering Voices!  12:45 Relax &amp; Recharge  <b>V</b> 1:15 Walk and Roll  <b>A</b> 2:00 Watercolor</p>	<p><b>6</b>  <b>V</b> 10:00 Weight Lifting  <b>I</b> 10:15 Inspirations  <b>CC</b> 10:45 Winter Cookies  12:45 Relax &amp; Recharge  <b>V</b> 1:15 Walk and Roll  <b>S</b> 2:00 Winter Hunting Day!</p>	<p><b>7</b>  <b>V</b> 10:00 Noodle Ball  <b>CC</b> 10:00 Coffee with a Cop  <b>CC</b> 10:30 Pie Day Friday!  12:45 Relax &amp; Recharge  <b>V</b> 1:15 Walk and Roll  <b>M</b> 2:00 Rock Concert with Ellen!</p>	<p><b>8</b>  <b>V</b> 10:00 Saturday Stretch  <b>I</b> 10:30 Hymn Songs  12:45 Relax &amp; Recharge  <b>V</b> 1:15 Walk and Roll  <b>A</b> 2:00 Winter Bubble Painting  <b>GG</b> 3:30 You Know, It's Uno!</p>
<p><b>9</b>  <b>V</b> 10:00 Sunday Stretch  <b>K</b> 10:30 Name 10  <b>I</b> 10:45 Inspirations  <b>S</b> 11:30 Family Brunch  12:45 Relax &amp; Recharge  <b>V</b> 1:15 Walk and Roll</p>	<p><b>10</b>  <b>I</b> 10:00 Songs with Hope Church  <b>CC</b> 10:45 Cake Mix Monday  <b>V</b> 11:00 Monday Movement  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll</p>	<p><b>11</b>  <b>I</b> 10:00 Church with Rob and Jenny  <b>V</b> 10:00 Yoga Stretch  <b>K</b> 10:30 Toss and Talk  <b>CC</b> 10:45 Winter Fudge  12:45 Relax &amp; Recharge</p>	<p><b>12</b>  <b>V</b> 10:00 Dancing Bands  <b>M</b> 10:30 Cheering Voices!  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>A</b> 2:00 Library Craft with Debbie!</p>	<p><b>13</b>  <b>V</b> 10:00 Weight Lifting  <b>I</b> 10:15 Inspirations  <b>CC</b> 10:45 Chocolate Chip Cookies!  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll</p>	<p><b>14</b>  <b>V</b> 10:00 Noodle Ball  <b>K</b> 10:30 Fast 4  <b>I</b> 10:45 Hymns and Songs  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>A</b> 2:00 Splatter Paint</p>	<p><b>15</b>  <b>V</b> 10:00 Saturday Stretch  <b>K</b> 10:30 Guess the Animal  <b>CC</b> 10:45 Chocolate Chip Cheesecake Balls  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll</p>
<p><b>16</b>  <b>V</b> 10:00 Sunday Stretch  <b>K</b> 10:30 Name 10  <b>CC</b> 10:45 Sunday Cinnamon Rolls  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>A</b> 2:00 No Sew Fleece</p>	<p><b>17</b> <b>Martin Luther King Day</b>  <b>I</b> 10:00 Songs with Hope Church  <b>CC</b> 10:45 Cake Mix Monday  <b>V</b> 11:00 Monday Movement  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll</p>	<p><b>18</b>  <b>I</b> 10:00 Church with Rob and Jenny  <b>V</b> 10:00 Yoga Stretch  <b>K</b> 10:30 Toss and Talk  <b>CC</b> 10:45 Winter Fudge  12:45 Relax &amp; Recharge</p>	<p><b>19</b>  <b>CC</b> 10:00 Pet Therapy with Athena!  <b>I</b> 10:30 Hymns  <b>M</b> 10:30 Cheering Voices!  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll</p>	<p><b>20</b>  <b>V</b> 10:00 Weight Lifting  <b>I</b> 10:15 Inspirations  <b>CC</b> 10:45 Fruit Dip  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>S</b> 2:00 Wine and Cheese</p>	<p><b>21</b>  <b>V</b> 10:00 Noodle Ball  <b>K</b> 10:30 Fast 4  <b>CC</b> 10:30 Pie Day Friday!  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>GG</b> 2:00 Bingo with Jill</p>	<p><b>22</b>  <b>V</b> 10:00 Saturday Stretch  <b>I</b> 10:30 Hymn Songs  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>S</b> 2:00 Family Day with Magician John Louis!</p>
<p><b>23</b>  <b>V</b> 10:00 Sunday Stretch  <b>K</b> 10:30 Name 10  <b>I</b> 10:45 Communion with Kathy  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>S</b> 2:00 Showboat Cloggers</p>	<p><b>24</b>  <b>I</b> 10:00 Songs with Hope Church  <b>CC</b> 10:45 Cake Mix Monday  <b>V</b> 11:00 Monday Movement  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll</p>	<p><b>25</b>  <b>I</b> 10:00 Church with Rob and Jenny  <b>V</b> 10:00 Yoga Stretch  <b>K</b> 10:30 Toss and Talk  <b>CC</b> 10:45 Winter Fudge  12:45 Relax &amp; Recharge</p>	<p><b>26</b>  <b>V</b> 10:00 Dancing Bands  <b>I</b> 10:30 Hymns  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>M</b> 1:30 Accordion with Nermic!  <b>GG</b> 4:00 Throwing Horseshoes</p>	<p><b>27</b>  <b>V</b> 10:00 Weight Lifting  <b>I</b> 10:15 Inspirations  <b>CC</b> 11:00 Chocolate Cake Day!  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>M</b> 2:00 Music with Tamil!</p>	<p><b>28</b>  <b>V</b> 10:00 Noodle Ball  <b>K</b> 10:30 Fast 4  <b>CC</b> 10:30 Pie Day Friday!  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>GG</b> 2:00 Bingo</p>	<p><b>29</b>  <b>V</b> 10:00 Saturday Stretch  <b>K</b> 10:30 Guess the Animal  <b>CC</b> 10:45 Salami Cheese Balls  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>A</b> 2:00 Puzzle Art for Puzzle</p>
<p><b>30</b>  <b>V</b> 10:00 Sunday Stretch  <b>K</b> 10:30 Name 10  <b>CC</b> 10:45 Sunday Cinnamon Rolls  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll  <b>A</b> 2:00 Bubble Wrap Stamping</p>	<p><b>31</b>  <b>I</b> 10:00 Songs with Hope Church  <b>CC</b> 10:45 Cake Mix Monday  <b>V</b> 11:00 Monday Movement  12:45 Relax &amp; Recharge  <b>M</b> 1:15 Walk and Roll</p>					