Mill Pond Health Campus
Assisted Living

JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ombudsman John Turner 800-489-1561 812-238-1561 ** All activities/ outings are subject to change. Any changes will be announced on LifeShare						**1 New Year's Day** CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room V 1:30 Balloon Volleyball- HC Living Room
2 I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 K 1:30 Bingo - HC Dining Room	**3** I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 2:00 Chef's Circle - AL Living Room GF 3:00 Monday Musical	**4** V 10:00 Strength Training - Activity Room A 10:30 Craft Class - Activity Room K 2:00 BINGO! - HC Dining Room A 3:00 Creative Free Time	**5** V 10:00 Stretches - Activity Room K 10:30 The "Science Girl" Show! - Activity Room CC 2:00 Cooking Club - Activity Room M 3:30 Sunny Side Concert	**6** V 10:30 Stretches and Meditation- Activity Room K 11:00 Puzzle Party/Brain Busters - Activity Room IG 1:30 Just the Guys - Activity Room	**7** GF 10:30 Mill Pond Mall - Activity Room S 2:30 Bubble Bath Day Happy Hour-AL Dining Room K 3:30 Euchre - Activity Room	**8** CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room V 1:30 Balloon Volleyball- HC Living Room
9 I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 K 1:30 Bingo - HC Dining Room	**10** I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 2:00 Chef's Circle - AL Living Room GF 3:00 Monday Musical	**11** V 10:00 Strength Training - Activity Room A 10:30 Craft Class - Activity Room K 2:00 BINGO! - HC Dining Room A 3:00 Creative Free Time	**12** M 10:00 Drum Circle CC 2:00 Cooking Club - Activity Room M 3:30 Sunny Side Concert Series- Channel 2	**13** V 10:30 Stretches and Meditation- Activity Room K 11:00 Puzzle Party/Brain Busters - Activity Room IG 1:30 Just the Guys - Activity Room	**14** V 10:30 Seated Soccer -HC Living Room K 11:00 Keeping it Sharp S 2:30 Chocoholic Happy Hour-AL Dining Room K 3:30 Euchre - Activity Room	**15** CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room V 1:30 Balloon Volleyball- HC Living Room
16 I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 K 1:30 Bingo - HC Dining Room	**17 Martin Luther King Day** I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 2:00 Chef's Circle - AL Living Room GF 3:00 Monday Musical	**18** V 10:00 Strength Training - Activity Room A 10:30 Craft Class - Activity Room K 2:00 BINGO! - HC Dining Room A 3:00 Creative Free Time	**19** V 10:00 Stretches - Activity Room K 10:30 The "Science Girl" Show! - Activity Room CC 2:00 Cooking Club - Activity Room M 3:30 Sunny Side Concert	**20** V 10:30 Stretches and Meditation- Activity Room K 11:00 Puzzle Party/Brain Busters - Activity Room IG 1:30 Just the Guys - Activity Room	**21** V 10:30 Seated Soccer -HC Living Room K 11:00 Keeping it Sharp S 2:30 Luau Happy Hour-AL Dining Room K 3:30 Euchre - Activity Room	**22** CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room V 1:30 Balloon Volleyball- HC Living Room
23 I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 K 1:30 Bingo - HC Dining Room	**24** I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 2:00 Chef's Circle - AL Living Room GF 3:00 Monday Musical	**25** V 10:00 Strength Training - Activity Room A 10:30 Craft Class - Activity Room S 12:00 Taste Of Town - Olive Garden K 3:00 BINGO! - HC Dining	**26** V 10:00 Stretches - Activity Room K 10:30 The "Science Girl" Show! - Activity Room CC 2:00 Cooking Club - Activity Room M 3:30 Sunny Side Concert	**27** V 10:30 Stretches and Meditation- Activity Room K 11:00 Puzzle Party/Brain Busters - Activity Room IG 1:30 Just the Guys - Activity Room	**28** V 10:30 Seated Soccer -HC Living Room K 11:00 Keeping it Sharp S 2:30 January Birthday's Happy Hour-AL Dining Room K 3:30 Euchre - Activity Room	**29** CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room V 1:30 Balloon Volleyball- HC Living Room
30 I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 K 1:30 Bingo - HC Dining Room	**31** I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 2:00 Chef's Circle - AL Living Room GF 3:00 Monday Musical	**Birthdays**				

Mill Pond Health Campus
Health Center

JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ombudsman John Turner 800-489-1561 812-238-1561 ** All activities/ outings are subject to change. Any changes will be announced on Lifeshare	AR- Activity Room HC- Health Center AL- Assisted Living					**1 New Year's Day** MM 9:30 Mindful Moments CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room 11:30 Healthy Hands - HC
2 MM 9:30 Mindful Moments I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 11:30 Healthy Hands - HC	**3** MM 9:30 Mindful Moments I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 11:30 Healthy Hands - HC	**4** MM 9:30 Mindful Moments V 10:00 Strength Training - Activity Room A 10:30 Craft Class - Activity Room 11:30 Healthy Hands - HC	**5** MM 9:30 Mindful Moments V 10:00 Stretches - Activity Room K 10:30 The "Science Girl" Show! - Activity Room 11:30 Healthy Hands - HC	**6** MM 9:30 Mindful Moments V 10:30 Stretches and Meditation- Activity Room K 11:00 Puzzle Party/Brain Busters - Activity Room	**7** MM 9:30 Mindful Moments GF 10:30 Mill Pond Mall - Activity Room 11:30 Healthy Hands - HC Dining Room GG 1:30 Bingo - HC Dining	**8** MM 9:30 Mindful Moments CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room 11:30 Healthy Hands - HC
9 MM 9:30 Mindful Moments I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 S 11:00 Family Brunch	**10** MM 9:30 Mindful Moments I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 11:30 Healthy Hands - HC	**11** MM 9:30 Mindful Moments V 10:00 Strength Training - Activity Room A 10:30 Craft Class - Activity Room 11:30 Healthy Hands - HC	**12** MM 9:30 Mindful Moments M 10:00 Drum Circle 11:30 Healthy Hands - HC Dining Room CC 2:00 Cooking Club - Activity Room	**13** MM 9:30 Mindful Moments V 10:30 Stretches and Meditation- Activity Room K 11:00 Puzzle Party/Brain Busters - Activity Room	**14** MM 9:30 Mindful Moments V 10:30 Seated Soccer -HC Living Room K 11:00 Keeping it Sharp 11:30 Healthy Hands - HC Dining Room	**15** MM 9:30 Mindful Moments CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room 11:30 Healthy Hands - HC
16 MM 9:30 Mindful Moments I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 11:30 Healthy Hands - HC	**17 Martin Luther King Day** MM 9:30 Mindful Moments I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 11:30 Healthy Hands - HC	**18** MM 9:30 Mindful Moments V 10:00 Strength Training - Activity Room A 10:30 Craft Class - Activity Room 11:30 Healthy Hands - HC	**19** MM 9:30 Mindful Moments V 10:00 Stretches - Activity Room K 10:30 The "Science Girl" Show! - Activity Room 11:30 Healthy Hands - HC	**20** MM 9:30 Mindful Moments V 10:30 Stretches and Meditation- Activity Room K 11:00 Puzzle Party/Brain Busters - Activity Room	**21** MM 9:30 Mindful Moments V 10:30 Seated Soccer -HC Living Room K 11:00 Keeping it Sharp 11:30 Healthy Hands - HC Dining Room	**22** MM 9:30 Mindful Moments CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room 11:30 Healthy Hands - HC
23 MM 9:30 Mindful Moments I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 11:30 Healthy Hands - HC	**24** MM 9:30 Mindful Moments I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 11:30 Healthy Hands - HC	**25** MM 9:30 Mindful Moments V 10:00 Strength Training - Activity Room A 10:30 Craft Class - Activity Room 11:30 Healthy Hands - HC	**26** MM 9:30 Mindful Moments V 10:00 Stretches - Activity Room K 10:30 The "Science Girl" Show! - Activity Room 11:30 Healthy Hands - HC	**27** MM 9:30 Mindful Moments V 10:30 Stretches and Meditation- Activity Room K 11:00 Puzzle Party/Brain Busters - Activity Room	**28** MM 9:30 Mindful Moments V 10:30 Seated Soccer -HC Living Room K 11:00 Keeping it Sharp 11:30 Healthy Hands - HC Dining Room	**29** MM 9:30 Mindful Moments CC 9:30 Nails with Jodi & Laura- Activity Room A 10:00 Craft Class - Activity Room 11:30 Healthy Hands - HC
30 MM 9:30 Mindful Moments I 10:00 Greencastle Christian Church- Channel 2 M 10:00 Hymns with GCC- Channel 2 11:30 Healthy Hands - HC	**31** MM 9:30 Mindful Moments I 10:30 Bible Study- Activity Room M 11:00 Hymn Sing - Activity Room 11:30 Healthy Hands - HC	**Birthdays**				

Mill Pond Health Campus
Memory Care

JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 **New Year's Day** V Roll in the New Year K New Year Word Poem K This or That? CC Cranberry Pecan Cheese Balls L Read from Chicken Soup for the Soul
2 V Balance K Guess the Animal Church on Channel 2 CC Sausage & Peppers Hawaiian Sliders L Read from Chicken Soup for the	3 V What a Wonderful World Chair Yoga K Shake Loose a Memory CC Peanut Butter Cookie Cups K Hangman L Read from Chicken Soup for the	4 O Scenic Drive L Read from Chicken Soup for the Soul Relax & Recharge A Aquapainting A Pinecone Penguin	5 V Quick Qigong K Famous Pairs K Lifeshare Games CC Monster Cookie Energy Bites L Read from Chicken Soup for the Soul	6 V 80s Flashback K Life Story CC Pizza Quesadillas L Read from Chicken Soup for the Soul Relax & Recharge	7 V Mindfulness Matters K Rolling 31 Days K Funny Fridays CC Chocolate Truffles K Relaxing Puzzle Time L Read from Chicken Soup for the	8 V Roll in the New Year K New Year Word Poem K This or That? CC Bacon Cheese Balls L Read from Chicken Soup for the Soul
9 V Balance K Guess the Animal Church on Channel 2 CC Ham, Egg & Cheese Hawaiian Sliders L Read from Chicken Soup for the	10 V What a Wonderful World Chair Yoga K Shake Loose a Memory CC Chocolate Cookie Cups K Hangman L Read from Chicken Soup for the	11 O Scenic Drive L Read from Chicken Soup for the Soul Relax & Recharge A Aquapainting A Newspaper Winter Landscape	12 V Quick Qigong K Famous Pairs K Lifeshare Games CC Blueberry Muffin Energy Bites L Read from Chicken Soup for the Soul	13 V 80s Flashback K Life Story CC Strawberry Peanut Butter Quesadilla L Read from Chicken Soup for the Soul	14 V Mindfulness Matters K Rolling 31 Days K Funny Fridays CC Nutty Truffles K Relaxing Puzzle Time L Read from Chicken Soup for the	15 V Roll in the New Year K New Year Word Poem K This or That? CC Chocolate Chip Cheesecake Balls L Read from Chicken Soup for the
16 V Balance K Guess the Animal Church on Channel 2 CC Philly Cheesesteak Hawaiian Sliders L Read from Chicken Soup for the	17 **Martin Luther King Day** V What a Wonderful World Chair Yoga K Shake Loose a Memory CC Caramel Cookie Cups K Hangman L Read from Chicken Soup for the	18 O Scenic Drive L Read from Chicken Soup for the Soul Relax & Recharge A Aquapainting A Snowman Craft	19 V Quick Qigong K Famous Pairs K Lifeshare Games CC Peanut Butter Chocolate Chip Energy Bites L Read from Chicken Soup for the	20 V 80s Flashback K Life Story CC Veggie Quesadillas L Read from Chicken Soup for the Soul Relax & Recharge	21 V Mindfulness Matters K Rolling 31 Days K Funny Fridays CC Candy Truffles K Relaxing Puzzle Time L Read from Chicken Soup for the	22 V Roll in the New Year K New Year Word Poem K This or That? CC Salami Cheese Balls L Read from Chicken Soup for the Soul
23 V Balance K Guess the Animal Church on Channel 2 CC Caprese Hawaiian Sliders L Read from Chicken Soup for the Soul	24 V What a Wonderful World Chair Yoga K Shake Loose a Memory CC Cookies & Cream Cookie Cups K Hangman L Read from Chicken Soup for the	25 O Scenic Drive L Read from Chicken Soup for the Soul Relax & Recharge A Aquapainting A Paper Plate Penguins	26 V Quick Qigong K Famous Pairs K Lifeshare Games CC Sweet and Salty Energy Bites L Read from Chicken Soup for the Soul	27 V 80s Flashback K Life Story CC PB & J S'mores Quesadilla L Read from Chicken Soup for the Soul Relax & Recharge	28 V Mindfulness Matters K Rolling 31 Days K Funny Fridays CC Cranberry Truffles K Relaxing Puzzle Time L Read from Chicken Soup for the	29 V Roll in the New Year K New Year Word Poem K This or That? CC Nutty Pimento Cheese Balls L Read from Chicken Soup for the Soul
30 V Balance K Guess the Animal Church on Channel 2 CC Roasted Veggie Hawaiian Sliders L Read from Chicken Soup for the	31 V What a Wonderful World Chair Yoga K Shake Loose a Memory CC Dark Chocolate Cookie Cups K Hangman L Read from Chicken Soup for the					