Harrison	Springs	Health	Campus
Assisted	Living		



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						New Year's Day  V 10:00 Noodle Ball "HC"  K 11:30 President Trivia  GF 1:00 Movie Time "Ch. 3"  GG 2:00 Bingo  M 3:00 Music with Residents  MM 3:30 Mindful Moments
2 10:00 Recipes from Home 1 11:00 Inspired Sundays A 1:00 Color Me A Picture G 2:00 Nailed It Manicures M 3:00 Music w/ Residents MM 3:30 Mindful Moments	9:15 Morning Social 10:00 Chair Yoga "Ch. 2" 1:00 Movie Time "CH.3" M 4:00 Music with Residents	9:15 Morning Social 10:00 Bible Study GG 11:00 Bonus Bingo GG 1:30 Bunco 1 3:30 Crochet with Joyce GG 5:30 Game Night "HC"	9:15 Morning Social V 10:00 Let's Move "Ch. 2" CC 10:00 Hand Bells GG 2:00 Bing o S 3:00 Chefs Circle M 3:30 Kenny's Jukebox	O 10:00 Scenic Cruise I 11:30 Let's Talk Tech "HC" I:00 Scenic Cruise "LL" I:30 Balance Class 2:30 Jewelry Making "HC" IS 5:30 Just the Guys	MM 9:15 Morning Social 10:00 Card Class "AL" GF 11:00 Bonus Bingo "HC" K 1:00 Spelling Bee "AL" S 2:00 Resident Council S 3:00 Happy Hour w/ Otis	V 10:00 Bowling "HC"  K 11:30 Name That State  GF 1:00 Movie Time "Ch. 3"  GG 2:00 Bingo  M 3:00 Music with Residents  MM 3:30 Mindful Moments
MM 3:30 Mindful Moments	9:15 Morning Social 10:00 Chair Yoga "Ch. 2" 1:00 Movie Time "CH.3" M 4:00 Music with Residents	9:15 Morning Social 10:00 Bible Study GG 11:00 Bonus Bingo 3:30 Crochet with Joyce GG 5:30 Game Night "HC"	9:15 Morning Social 10:00 Master Gardening V 10:00 Let's Move "Ch. 2" GG 2:00 Bingo S 3:00 Chefs Circle M 3:30 Kenny's Jukebox	13 O 10:00 Scenic Cruise V 11:30 Let's Move "HC/DR" O 1:00 Scenic Cruise "LL" V 1:30 Balance Class A 2:30 W. Bottle Craft "AL" GG 5:30 Game Night "AL"	MM 9:15 Morning Social 10:00 Outing "Meijer" CC 10:00 Animal Shelter Visit GF 11:00 Bonus Bingo "HC" K 1:00 Scrabble "AL" S 3:00 Happy Hour "Karaoke"	I 10:00 Church Service "HC"  K 11:30 Name The Celebrity  GF 1:00 Movie Time "Ch. 3"  GG 2:00 Bingo  M 3:00 Music with Residents  MM 3:30 Mindful Moments
I 10:00 Pictionary "HC" I 11:00 Inspired Sundays A 1:00 Color Me A Picture G 2:00 Nailed It Manicures M 3:00 Music/ Sam Curran MM 3:30 Mindful Moments	Martin Luther King Day  9:15 Morning Social 10:00 Chair Yoga "Ch. 2" 1:00 Movie Time "CH.3" 4:00 Music with Residents	MM 9:15 Morning Social 1 10:00 Bible Study GG 11:00 Bonus Bingo 1 3:30 Crochet with Joyce GG 5:30 Game Night "HC"	19  MM 9:15 Morning Social  V 10:00 Let's Move "Ch. 2"  S 10:00 Insp. Liv. Com. (HC)  GG 2:00 Bingo  S 3:00 Chefs Circle  M 3:30 Kenny's Jukebox	10:00 Scenic Cruise CC 11:30 Let's Talk Tech "HC" 1:00 Scenic Cruise "LL" V 1:30 Balance Class 2:30 Frosted Trees "HC" GG 5:30 Game Night "AL"	9:15 Morning Social 10:30 Outing "Olive Garden"  GF 11:00 Bonus Bingo "HC"  K 1:00 Uno Tournament S 3:00 Happy Hour w/ Vikki &	1 10:00 Church Service "HC"  K 11:30 Name That Food  GF 1:00 Movie Time "Ch. 3"  GG 2:00 Bingo  M 3:00 Music with Residents  MM 3:30 Mindful Moments
K 10:00 Charades I 11:00 Inspired Sundays A 1:00 Color Me A Picture G 2:00 Nailed It Manicures GF 3:00 Movie Time MM 3:30 Mindful Moments	9:15 Morning Social 10:00 Chair Yoga "Ch. 2" 1:00 Movie Time "CH.3" M 4:00 Music with Residents	9:15 Morning Social 1 10:00 Bible Study GG 11:00 Bonus Bingo 1 3:30 Crochet with Joyce GG 5:30 Game Night "HC"	26  MM 9:15 Morning Social  V 10:00 Let's Move "Ch. 2"  GG 2:00 Bing o  S 3:00 Chefs Circle  M 3:30 Kenny's Jukebox	O 10:00 Scenic Cruise V 11:30 Let's Move "HC/DR" O 1:00 Scenic Cruise "LL" V 1:30 Balance Class A 2:30 Bead Snowflake "AL" GG 5:30 Game Night "AL"	MM 9:15 Morning Social GF 11:00 Bonus Bingo "HC" CC 1:00 Mary Kay Facials O 1:00 Outing "Strike & Spare" S 3:00 Happy Hour "Pizzeria"	I 10:00 Church Service "HC"  K 11:30 What Am I?  GF 1:00 Movie Time "Ch. 3"  GG 2:00 Bingo  M 3:00 Music with Residents  MM 3:30 Mindful Moments
X 10:00 Who Am I? I 11:00 Inspired Sundays A 1:00 Color Me A Picture G 2:00 Nailed It Manicures GF 3:00 Movie Time MM 3:30 Mindful Moments	9:15 Morning Social V 10:00 Chair Yoga "Ch. 2" 1 1:00 Movie Time "CH.3" M 4:00 Music with Residents					

	Harrison Springs	Health	Campus	Page 1
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations IG - Just the Guys	K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality					New Year's Day  10:00 Noodle Ball "HC"  11:30 President Trivia  1:00 Movie Time "Ch. 3"  2:00 Bingo  3:00 Music w/ Residents  3:30 Mindful Moments
2 10:00 Recipes from Home 1 11:00 Inspired Sundays A 1:00 Color Me A Picture G 2:00 Nailed It Manicures M 3:00 Music w/ Residents MM 3:30 Mindful Moments	1:00 Movie Time "Ch.3" 4:00 Music with Residents	9:15 Morning Social 10:00 Bible Study GG 11:00 Bonus Bingo GG 1:30 Bunco 1 3:30 Crochet with Joyce GG 5:30 Game Night "HC"	MM 9:15 Morning Social CC 10:00 Hand Bells S 1:30 Resident Council GG 2:00 Bingo S 3:00 Chefs Circle M 3:30 Kenny's Jukebox	9:30 Mindful Moments 10:00 Scenic Cruise 10:00 Let's Move "Ch. 2" 11:30 Let's Talk Tech "HC" 2:30 Jewelry Making "HC" 5:30 Just the Guys	7 MM 9:15 Morning Social V 10:00 Senior Dance "HC" GG 11:00 Bonus Bingo K 1:00 Spelling Bee "AL" S 3:00 Happy Hour w/ Otis	V 10:00 Bowling "HC"  11:30 Name That State  1:00 Movie Time "Ch. 3"  2:00 Bingo  3:00 Music w/ Residents  3:30 Mindful Moments
MM 3:30 Mindful Moments	1:00 Outing "T.J. Maxx"	9:15 Morning Social 1 10:00 Bible Study GG 11:00 Bonus Bingo 1 3:30 Crochet with Joyce GG 5:30 Game Night "HC"	MM 9:15 Morning Social CC 10:00 Master Gardening V 10:00 Let's Move "Ch. 2" GG 2:00 Bingo S 3:00 Chefs Circle M 3:30 Kenny's Jukebox	9:30 Mindful Moments 10:00 Scenic Cruise V 11:30 Let's Move "HC/DR" 2:30 W. Bottle Craft "AL" 5:30 Game Night "AL"	9:15 Morning Social CC 10:00 Animal Shelter Visit GG 11:00 Bonus Bingo K 1:00 Scrabble "AL" S 3:00 Happy Hour "Karaoke"	15  1 10:00 Church Service "HC"  11:30 Name The Celebrity  1:00 Movie Time "Ch. 3"  2:00 Bingo  3:00 Music w/ Residents  MM 3:30 Mindful Moments
I 10:00 Pictionary "HC" I 11:00 Inspired Sundays A 1:00 Color Me A Picture G 2:00 Nailed It Manicures M 3:00 Music/ Sam Curran MM 3:30 Mindful Moments	1:00 Movie Time "Ch.3"	9:15 Morning Social 10:00 Bible Study GG 11:00 Bonus Bingo 13:30 Crochet with Joyce GG 5:30 Game Night "HC"	19 MM 9:15 Morning Social 5 10:00 Insp. Liv. Com. (HC) V 10:00 Strong Fit "HC" GG 2:00 Bingo S 3:00 Chefs Circle M 3:30 Kenny's Jukebox	9:30 Mindful Moments 10:00 Scenic Cruise CC 11:30 Let's Talk Tech "HC" 2:30 Frosted Trees "HC" 5:30 Game Night "AL"	9:15 Morning Social V 10:00 Senior Dance "HC" GG 11:00 Bonus Bingo K 1:00 Uno Tournament S 3:00 Happy Hour w/ Vikki & Mike	1 10:00 Church Service "HC"  11:30 Name That Food  1:00 Movie Time "Ch. 3"  2:00 Bingo  3:00 Music w/ Residents  M 3:30 Mindful Moments
K 10:00 Charades I 11:00 Inspired Sundays A 1:00 Color Me A Picture G 2:00 Nailed It Manicures GF 3:00 Movie Time MM 3:30 Mindful Moments	1:00 Outing "Dollar Tree	9:15 Morning Social 10:00 Bible Study GG 11:00 Bonus Bingo 13:30 Crochet with Joyce GG 5:30 Game Night "HC"	26  MM 9:15 Morning Social V 10:00 Strong Fit "HC" GG 2:00 Bingo S 3:00 Chefs Circle M 3:30 Kenny's Jukebox	9:30 Mindful Moments 10:00 Scenic Cruise 11:30 Let's Move "HC/DR" 2:30 Bead Snowflake "AL" 5:30 Game Night "AL"	9:15 Morning Social V 10:00 Senior Dance "HC" GG 11:00 Bonus Bingo CC 1:00 Mary Kay Facials S 3:00 Happy Hour "Pizzeria"	I 10:00 Church Service "HC"  I 11:30 What Am I?  I 1:00 Movie Time "Ch. 3"  I 2:00 Bingo  M 3:00 Music w/ Residents  M 3:30 Mindful Moments
X 10:00 Who Am I? I 11:00 Inspired Sundays A 1:00 Color Me A Picture G 2:00 Nailed It Manicures GF 3:00 Movie Time MM 3:30 Mindful Moments	9:15 Morning Social V 10:00 Chair Yoga "Ch. 2" O 11:00 Outing "Country Style Plaza" I 1:00 Movie Time "Ch.3" M 4:00 Music with Residents					Outings may be canceled due to inclement weather.

#### Harrison Springs Health Campus Legacy Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality						1 New Year's Day  9:00 Roll in the New Year  9:30 New Year Word Poem  10:45 Cranberry Pecan Cheese Balls  12:45 Relax & Recharge  2:00 Creative Storytelling
9:00 Balance 9:30 Guess the Animal 10:45 Sausage & Peppers Hawaiian Sliders 11:00 Inspired Sundays 12:45 Relax & Recharge	9:00 What a Wonderful World Chair Yoga  8 9:30 Memory Box  10:45 Peanut Butter Cookie Cups 12:45 Relax & Recharge	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Cookies & Cream Ice Cream 12:45 Relax & Recharge	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Monster Cookie Energy Bites 12:45 Relax & Recharge 2:00 Squeegee Canvas Paint	9:00 80s Flashback 9:30 Life Story 10:45 Pizza Quesadillas 12:45 Relax & Recharge 2:00 Life Timeline Creative Writing	7  V 9:00 Mindfulness Matters 9:30 Rolling 31 Days C 10:45 Chocolate Truffles 12:45 Relax & Recharge A 2:00 Winter Sugar Painting M 3:30 Float With Me Happy	9:00 Roll in the New Year  9:30 New Year Word Poem  10:45 Bacon Cheese Balls  12:45 Relax & Recharge  2:00 Art Appreciation-Renoir  3:30 Making Music
9 9:00 Balance K 9:30 Guess the Animal C 10:45 Ham, Egg & Cheese Hawaiian Sliders 1 11:00 Inspired Sundays 12:45 Relax & Recharge	9:00 What a Wonderful World Chair Yoga  K 9:30 Memory Box 10:45 Chocolate Cookie Cups 12:45 Relax & Recharge A 2:00 Watercolor Snowman	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Strawberry Ice Cream 12:45 Relax & Recharge A 2:00 Newspaper Winter	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Blueberry Muffin Energy Bites 12:45 Relax & Recharge 2:00 Winter Scenery	9:00 80s Flashback 9:30 Life Story 10:45 Strawberry Peanut Butter Quesadilla 12:45 Relax & Recharge 2:00 To Be Creative Writing	<ul> <li>9:00 Mindfulness Matters</li> <li>9:30 Rolling 31 Days</li> <li>10:45 Nutty Truffles</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Splatter Paint</li> <li>3:30 Float With Me Happy</li> </ul>	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Chocolate Chip Cheesecake Balls 12:45 Relax & Recharge 2:00 Art Appreciation-
9:00 Balance 9:30 Guess the Animal 10:45 Philly Cheesesteak Hawaiian Sliders 11:00 Inspired Sundays 12:45 Relax & Recharge	17 Martin Luther King Day  V 9:00 What a Wonderful World Chair Yoga  K 9:30 Memory Box  C 10:45 Caramel Cookie Cups 12:45 Relax & Recharge  A 2:00 Watercolor Bubble Art	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Chocolate Ice Cream 12:45 Relax & Recharge 2:00 Snowman Craft	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Peanut Butter Chocolate Chip Energy Bites 12:45 Relax & Recharge	9:00 80s Flashback 9:30 Life Story 10:45 Veggie Quesadillas 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Hippy Dance	<ul> <li>9:00 Mindfulness Matters</li> <li>9:30 Rolling 31 Days</li> <li>10:45 Candy Truffles</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Snow Sensory Bottle</li> <li>3:30 Float With Me Happy</li> </ul>	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Salami Cheese Balls 12:45 Relax & Recharge 2:00 Art Appreciation-Starry Night
9:00 Balance 9:30 Guess the Animal 10:45 Caprese Hawaiian Sliders 11:00 Inspired Sundays 12:45 Relax & Recharge	9:00 What a Wonderful World Chair Yoga  Solution 9:30 Memory Box Cookies & Cream Cookie Cups 12:45 Relax & Recharge	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Caramel Ice Cream 12:45 Relax & Recharge 2:00 Paper Plate Penguins	9:00 Quick Qigong 9:30 Famous Pairs 10:45 Sweet and Salty Energy Bites 12:45 Relax & Recharge 2:00 Paint Pouring	9:00 80s Flashback 9:30 Life Story 10:45 PB & J S'mores Quesadilla 12:45 Relax & Recharge 2:00 Creative Storytelling	<ul> <li>9:00 Mindfulness Matters</li> <li>9:30 Rolling 31 Days</li> <li>10:45 Cranberry Truffles</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Winter Process Art</li> <li>3:30 Float With Me Happy</li> </ul>	9:00 Roll in the New Year 9:30 New Year Word Poem 10:45 Nutty Pimento Cheese Balls 12:45 Relax & Recharge 2:00 Art Appreciation-Mona
9:00 Balance 9:30 Guess the Animal 10:45 Roasted Veggie Hawaiian Sliders 11:00 Inspired Sundays 12:45 Relax & Recharge	9:00 What a Wonderful World Chair Yoga  9:30 Memory Box 10:45 Dark Chocolate Cookie Cups 12:45 Relax & Recharge					

Harrison	Springs	Health	Campus
Villas			



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GF - Gathering of Friends S - Signature Events						1 New Year's Day 6:00 Movie Night- Clubhouse
10:00 Recipes from Home- Main Campus 11:00 Inspired Sundays Service on Channel 2 2:00 Manicures- Main Campus	2:30 Games- Clubhouse	1:00 Villa Lifestyle Meeting- Clubhouse 2:30 Bingo- Clubhouse 5:30 Game Night- Main Campus	5	GF 10:00 Coffee and Donuts- Clubhouse 1:30 Exercises- Clubhouse 2:00 Clubhouse Hours 5:30 Just the Guys- Main Campus	1:00 Card Class- Clubhouse 3:00 Happy Hour w/ Otis	6:00 Movie Night- Clubhouse
11:00 Inspired Sundays Service on Channel 2 2:00 Manicures- Main Campus	2:30 Games- Clubhouse	2:30 Bingo- Clubhouse 5:30 Game Night- Main Campus	1:00 Craft- Clubhouse	GF 10:00 Coffee and Donuts- Clubhouse 1:30 Exercises- Clubhouse 2:00 Clubhouse Hours 5:30 Game Night- Main Campus	10:00 Animal Shelter- Main Campus 10:00 Meijer Outing 3:00 Happy Hour "Karaoke"	6:00 Movie Night- Clubhouse
11:00 Inspired Sundays Service on Channel 2 2:00 Manicures- Main Campus	17 Martin Luther King Day 2:30 Games- Clubhouse	2:30 Bingo- Clubhouse 5:30 Game Night- Main Campus	1:30 National Popcorn Day- Clubhouse	GF 10:00 Coffee and Donuts- Clubhouse 1:30 Exercises- Clubhouse 2:00 Clubhouse Hours 5:00 Birthday Party- Clubhouse	10:30 Olive Garden Outing 3:00 Happy Hour w/ Vikki & Mike	6:00 Movie Night- Clubhouse
11:00 Inspired Sundays Service on Channel 2 2:00 Manicures- Main Campus	2:30 Games- Clubhouse	2:30 Bingo- Clubhouse 5:30 Game Night- Main Campus	26	GF 10:00 Coffee and Donuts- Clubhouse 1:30 Exercises- Clubhouse 2:00 Clubhouse Hours 5:30 Game Night- Main Campus	1:00 Bowling Outing 3:00 Happy Hour "Pizzeria"	6:00 Movie Night- Clubhouse
11:00 Inspired Sundays Service on Channel 2 2:00 Manicures- Main Campus	2:30 Games- Clubhouse					