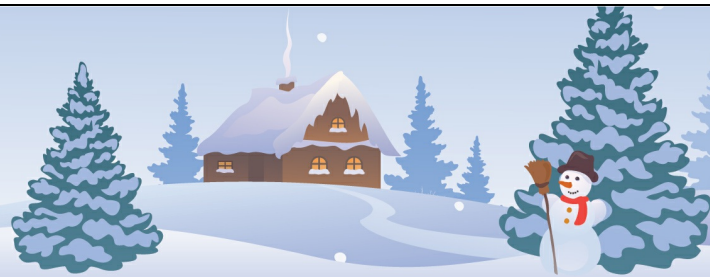




# JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b>	Activities will be held in the Health Center Activities Room (Recreation Room) unless otherwise specified	Has a team member gone above and beyond?  Nominate them for STARS!  Ask for details!	<b>A</b> - Artisans <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>IG</b> - Just the Guys <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>M</b> - Music to My Ears	<b>O</b> - Out & About <b>S</b> - Signature Events <b>V</b> - Vitality		<b>1</b> <b>New Year's Day</b> <b>V</b> Morning exercise <b>M</b> Musical Showcase - Channel 2 <b>A</b> Saturday Paint & Sip <b>K</b> Pub Trivia
<b>2</b> <b>V</b> Morning exercise <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2 <b>I</b> Catholic Holy Communion card club	<b>3</b> <b>V</b> Morning exercise <b>L</b> Virtual Museum Tours - Channel 2 <b>A</b> Art Cart <b>K</b> Trivia	<b>4</b> <b>V</b> Morning exercise Bingo Chef's Circle <b>O</b> Residents choice	<b>5</b> <b>V</b> Morning exercise <b>O</b> Community Outing <b>K</b> Cards Club <b>GG</b> board games	<b>6</b> <b>V</b> Morning exercise <b>I</b> SoulFit (Assisted Living Activities Room) Home made Picture frames <b>A</b> Countdown Calendar	<b>7</b> <b>V</b> Morning exercise <b>K</b> Word Puzzle Packet <b>S</b> Happy Hour <b>GF</b> Keep Paying It Forward	<b>8</b> <b>V</b> Morning exercise <b>M</b> Musical Showcase - Channel 2 <b>A</b> Saturday Paint & Sip <b>K</b> Pub Trivia
<b>9</b> <b>V</b> Morning exercise <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2 <b>I</b> Catholic Holy Communion Paper Flowers	<b>10</b> <b>V</b> Morning exercise <b>L</b> Virtual Museum Tours - Channel 2 <b>A</b> Art Cart <b>V</b> Hand Weights	<b>11</b> <b>V</b> Morning exercise Bingo Chef's Circle <b>O</b> Residents choice	<b>12</b> <b>V</b> Morning exercise <b>IG</b> Woodworking <b>O</b> Community Outing <b>GG</b> board games	<b>13</b> <b>V</b> Morning exercise <b>I</b> SoulFit (Assisted Living Activities Room) Gratitude game <b>K</b> Pub Trivia	<b>14</b> <b>V</b> Morning exercise <b>K</b> Word Puzzle Packet <b>S</b> Happy Hour <b>GF</b> Keep Paying It Forward	<b>15</b> <b>V</b> Morning exercise <b>M</b> Musical Showcase - Channel 2 <b>A</b> Saturday Paint & Sip <b>K</b> Pub Trivia
<b>16</b> <b>V</b> Morning exercise <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2 <b>I</b> Catholic Holy Communion Confetti Champagne Glasses	<b>17</b> <b>Martin Luther King Day</b> <b>V</b> Morning exercise <b>L</b> Virtual Museum Tours - Channel 2 <b>A</b> Art Cart <b>K</b> Trivia	<b>18</b> <b>V</b> Morning exercise Bingo Chef's Circle <b>O</b> Residents choice	<b>19</b> <b>V</b> Morning exercise <b>O</b> Community Outing <b>K</b> Cards Club <b>GG</b> board games	<b>20</b> <b>V</b> Morning exercise <b>I</b> SoulFit (Assisted Living Activities Room) magnet making <b>A</b> Countdown Calendar	<b>21</b> <b>V</b> Morning exercise <b>K</b> Word Puzzle Packet <b>S</b> Happy Hour <b>GF</b> Keep Paying It Forward	<b>22</b> <b>V</b> Morning exercise <b>M</b> Musical Showcase - Channel 2 <b>A</b> Saturday Paint & Sip <b>K</b> Pub Trivia
<b>23</b> <b>V</b> Morning exercise <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2 <b>I</b> Catholic Holy Communion creative cooking	<b>24</b> <b>V</b> Morning exercise <b>L</b> Virtual Museum Tours - Channel 2 <b>A</b> Art Cart <b>V</b> Hand Weights	<b>25</b> <b>V</b> Morning exercise Bingo Chef's Circle <b>O</b> Residents choice	<b>26</b> <b>V</b> Morning exercise <b>IG</b> Woodworking <b>O</b> Community Outing <b>GG</b> board games	<b>27</b> <b>V</b> Morning exercise <b>I</b> SoulFit (Assisted Living Activities Room) Resident Council	<b>28</b> <b>V</b> Morning exercise <b>K</b> Word Puzzle Packet <b>S</b> Happy Hour <b>GF</b> Keep Paying It Forward	<b>29</b> <b>V</b> Morning exercise <b>M</b> Musical Showcase - Channel 2 <b>A</b> Saturday Paint & Sip <b>K</b> Pub Trivia
<b>30</b> <b>V</b> Morning exercise <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2 <b>I</b> Catholic Holy Communion <b>A</b> Creative Writing-AL Activities Room	<b>31</b> <b>V</b> Morning exercise <b>L</b> Virtual Museum Tours - Channel 2 <b>A</b> Art Cart <b>K</b> Trivia					



# JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> <b>New Year's Day</b> V Roll in the New Year K New Year Word Poem CC Cake pops A Relax & Recharge M Creative Storytelling CC Making Music
<b>2</b> V Balance K Spiritual Eldercare Virtual Church Service K Guess the Animal CC Hawaiian Sliders A Relax & Recharge	<b>3</b> V What a Wonderful World Chair Yoga K Memory Box CC Peanut Butter Cookie Cups A Relax & Recharge A Watercolor Snowflake Art	<b>4</b> V Drum Circle K Tell Me Something Good CC Cookies & Cream Ice Cream A Relax & Recharge A Pinecone Penguin M Toe Tapping Tuesday	<b>5</b> V Quick Qigong K Famous Pairs CC Monster Cookie Energy Bites A Relax & Recharge A Squeegie Canvas Paint M Dance Your Own Way	<b>6</b> V 80s Flashback K Life Story CC Pizza Quesadillas A Relax & Recharge A Life Timeline Creative Writing M Hippy Dance	<b>7</b> V Mindfulness Matters K Rolling 31 Days CC Chocolate T ruffles A Relax & Recharge A Winter Sugar Painting M Float With Me Happy Hour	<b>8</b> V Roll in the New Year K New Year Word Poem CC Bacon Cheese Balls A Relax & Recharge A Art Appreciation-Renoir M Making Music
<b>9</b> V Balance K Spiritual Eldercare Virtual Church Service K Guess the Animal CC Ham& Cheese Hawaiian Sliders A Relax & Recharge	<b>10</b> V What a Wonderful World Chair Yoga K Memory Box CC Chocolate Cookie Cups A Relax & Recharge A Watercolor Snowman	<b>11</b> V Drum Circle K Tell Me Something Good CC Strawberry Ice Cream A Relax & Recharge A Newspaper Winter Landscape M Toe Tapping Tuesday	<b>12</b> V Quick Qigong K Famous Pairs CC Blueberry Muffin Energy Bites A Relax & Recharge A Winter Scenery M Dance Your Own Way	<b>13</b> V 80s Flashback K Life Story CC Strawberry Peanut Butter Quesadilla A Relax & Recharge A To Be Creative Writing	<b>14</b> V Mindfulness Matters K Rolling 31 Days CC Nutty T ruffles A Relax & Recharge A Splatter Paint M Float With Me Happy Hour	<b>15</b> V Roll in the New Year K New Year Word Poem CC Chocolate Chip Cheesecake Balls A Relax & Recharge A Art Appreciation-American
<b>16</b> V Balance K Spiritual Eldercare Virtual Church Service K Guess the Animal CC Pizza Sliders A Relax & Recharge	<b>17</b> <b>Martin Luther King Day</b> V What a Wonderful World Chair Yoga K Memory Box CC Caramel Cookie Cups A Relax & Recharge A Watercolor Bubble Art Tree	<b>18</b> V Drum Circle K Tell Me Something Good CC Chocolate Ice Cream A Relax & Recharge A Snowman Craft M Toe Tapping Tuesday	<b>19</b> V Quick Qigong K Famous Pairs CC Peanut Butter Chocolate Chip Energy Bites A Relax & Recharge A Snowman Painting	<b>20</b> V 80s Flashback K Life Story CC Quesadillas A Relax & Recharge A Creative Storytelling M Hippy Dance	<b>21</b> V Mindfulness Matters K Rolling 31 Days CC Candy T ruffles A Relax & Recharge A Snow Sensory Bottle M Float With Me Happy Hour	<b>22</b> V Roll in the New Year K New Year Word Poem CC Pizza Dip A Relax & Recharge A Art Appreciation-Starry Night M Making Music
<b>23</b> V Balance K Spiritual Eldercare Virtual Church Service K Guess the Animal CC mini pizzas A Relax & Recharge	<b>24</b> V What a Wonderful World Chair Yoga K Memory Box CC Cookies & Cream Cookie Cups A Relax & Recharge A Watercolor Coffee Filter	<b>25</b> V Drum Circle K Tell Me Something Good CC Caramel Ice Cream A Relax & Recharge A Paper Plate Penguins M Toe Tapping Tuesday	<b>26</b> V Quick Qigong K Famous Pairs CC apple pie cupcakes A Relax & Recharge A Paint Pouring M Dance Your Own Way	<b>27</b> V 80s Flashback K Life Story CC PB & J S'mores Quesadilla A Relax & Recharge A Creative Storytelling M Hippy Dance	<b>28</b> V Mindfulness Matters K Rolling 31 Days CC oreo cheesecake A Relax & Recharge A Winter Process Art M Float With Me Happy Hour	<b>29</b> V Roll in the New Year K New Year Word Poem CC Chocolate Covered Oreos A Relax & Recharge A Art Appreciation-Mona Lisa M Making Music
<b>30</b> V Balance K Spiritual Eldercare Virtual Church Service K Guess the Animal CC rice krispy treats A Relax & Recharge	<b>31</b> V What a Wonderful World Chair Yoga K Memory Box CC Dark Chocolate Cookie Cups A Relax & Recharge A Tape Resist Watercolor Painting					



# JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p> <b>A</b> - Artisans  <b>GF</b> - Gathering of Friends  <b>GG</b> - Group Games  <b>I</b> - Inspirations  <b>IG</b> - Just the Guys  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning  <b>M</b> - Music to My Ears         </p>	<p> <b>O</b> - Out &amp; About  <b>S</b> - Signature Events  <b>V</b> - Vitality         </p>	<p>Come to our Inspired Living Committee meeting to give input on next month's activities calendar!</p> <p>We want your creative ideas!</p>	<p><u>Birthdays</u></p>			<p>1 <b>New Year's Day</b></p> <p> <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub T rivia         </p>
<p>2</p> <p> <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion card club         </p>	<p>3</p> <p> <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2            paint by number  <b>K</b> T rivia         </p>	<p>4</p> <p> <b>V</b> Morning exercise            Bingo            Chef's Circle  <b>O</b> Residents choice         </p>	<p>5</p> <p> <b>V</b> Morning exercise  <b>O</b> Community Outing  <b>K</b> Cards Club  <b>GG</b> board games         </p>	<p>6</p> <p> <b>V</b> Morning exercise            Home made Picture frames  <b>A</b> Countdown Calendar  <b>K</b> Giving and Kindness T rivia         </p>	<p>7</p> <p> <b>V</b> Morning exercise            Creative Cooking  <b>S</b> Happy Hour  <b>GF</b> Keep Paying It Forward         </p>	<p>8</p> <p> <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub T rivia         </p>
<p>9</p> <p> <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion Paper Flowers         </p>	<p>10</p> <p> <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2  <b>I</b> Creative Storytelling  <b>V</b> Hand Weights         </p>	<p>11</p> <p> <b>V</b> Morning exercise            Bingo            Chef's Circle  <b>O</b> Residents choice         </p>	<p>12</p> <p> <b>V</b> Morning exercise  <b>IG</b> Woodworking  <b>O</b> Community Outing  <b>GG</b> board games         </p>	<p>13</p> <p> <b>V</b> Morning exercise            Gratitude game            Dice Game  <b>K</b> Pub T rivia         </p>	<p>14</p> <p> <b>V</b> Morning exercise            Cooking demonstrations channel 2  <b>S</b> Happy Hour  <b>GF</b> Keep Paying It Forward         </p>	<p>15</p> <p> <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub T rivia         </p>
<p>16</p> <p> <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion Confetti Champagne Glasses         </p>	<p>17 <b>Martin Luther King Day</b></p> <p> <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2            Rock painting  <b>K</b> T rivia         </p>	<p>18</p> <p> <b>V</b> Morning exercise            Bingo            Chef's Circle  <b>O</b> Residents choice         </p>	<p>19</p> <p> <b>V</b> Morning exercise  <b>O</b> Community Outing  <b>K</b> Cards Club  <b>GG</b> board games         </p>	<p>20</p> <p> <b>V</b> Morning exercise            magnet making  <b>A</b> Countdown Calendar  <b>K</b> Giving and Kindness T rivia         </p>	<p>21</p> <p> <b>V</b> Morning exercise            Vase making  <b>S</b> Happy Hour  <b>GF</b> Keep Paying It Forward         </p>	<p>22</p> <p> <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub T rivia         </p>
<p>23</p> <p> <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion creative cooking         </p>	<p>24</p> <p> <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2  <b>I</b> Creative Storytelling  <b>V</b> Hand Weights         </p>	<p>25</p> <p> <b>V</b> Morning exercise            Bingo            Chef's Circle  <b>O</b> Residents choice         </p>	<p>26</p> <p> <b>V</b> Morning exercise  <b>IG</b> Woodworking  <b>O</b> Community Outing  <b>GG</b> board games         </p>	<p>27</p> <p> <b>V</b> Morning exercise            cooking demonstration on channel 2            DIY painting  <b>K</b> Pub T rivia         </p>	<p>28</p> <p> <b>V</b> Morning exercise            button art  <b>S</b> Happy Hour  <b>GF</b> Keep Paying It Forward         </p>	<p>29</p> <p> <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub T rivia         </p>
<p>30</p> <p> <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion  <b>A</b> Creative Writing-AL Activities Room         </p>	<p>31</p> <p> <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2            button dolls  <b>K</b> T rivia         </p>					





# JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p> <b>A</b> - Artisans  <b>GF</b> - Gathering of Friends  <b>GG</b> - Group Games  <b>I</b> - Inspirations  <b>IG</b> - Just the Guys  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning  <b>M</b> - Music to My Ears         </p>	<p> <b>O</b> - Out &amp; About  <b>S</b> - Signature Events  <b>V</b> - Vitality         </p>	<p>Come to our Inspired Living Committee meeting to give input on next month's activities calendar!</p> <p>We want your creative ideas!</p>	<p><u>Birthdays</u></p>			<p> <b>1</b> <b>New Year's Day</b>  <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub Trivia         </p>
<p> <b>2</b>  <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion card club         </p>	<p> <b>3</b>  <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2            paint by number  <b>K</b> Trivia         </p>	<p> <b>4</b>  <b>V</b> Morning exercise            Bingo            Chef's Circle  <b>O</b> Residents choice         </p>	<p> <b>5</b>  <b>V</b> Morning exercise  <b>O</b> Community Outing  <b>K</b> Cards Club  <b>GG</b> board games         </p>	<p> <b>6</b>  <b>V</b> Morning exercise            Home made Picture frames  <b>A</b> Countdown Calendar  <b>K</b> Giving and Kindness Trivia         </p>	<p> <b>7</b>  <b>V</b> Morning exercise            Creative Cooking  <b>S</b> Happy Hour  <b>GF</b> Keep Paying It Forward         </p>	<p> <b>8</b>  <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub Trivia         </p>
<p> <b>9</b>  <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion Paper Flowers         </p>	<p> <b>10</b>  <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2  <b>I</b> Creative Storytelling  <b>V</b> Hand Weights         </p>	<p> <b>11</b>  <b>V</b> Morning exercise            Bingo            Chef's Circle  <b>O</b> Residents choice         </p>	<p> <b>12</b>  <b>V</b> Morning exercise  <b>IG</b> Woodworking  <b>O</b> Community Outing  <b>GG</b> board games         </p>	<p> <b>13</b>  <b>V</b> Morning exercise            Gratitude game            Dice Game  <b>K</b> Pub Trivia         </p>	<p> <b>14</b>  <b>V</b> Morning exercise            Cooking demonstrations channel 2  <b>S</b> Happy Hour  <b>GF</b> Keep Paying It Forward         </p>	<p> <b>15</b>  <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub Trivia         </p>
<p> <b>16</b>  <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion Confetti Champagne Glasses         </p>	<p> <b>17</b> <b>Martin Luther King Day</b>  <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2            Rock painting  <b>K</b> Trivia         </p>	<p> <b>18</b>  <b>V</b> Morning exercise            Bingo            Chef's Circle  <b>O</b> Residents choice         </p>	<p> <b>19</b>  <b>V</b> Morning exercise  <b>O</b> Community Outing  <b>K</b> Cards Club  <b>GG</b> board games         </p>	<p> <b>20</b>  <b>V</b> Morning exercise            magnet making  <b>A</b> Countdown Calendar  <b>K</b> Giving and Kindness Trivia         </p>	<p> <b>21</b>  <b>V</b> Morning exercise            Vase making  <b>S</b> Happy Hour  <b>GF</b> Keep Paying It Forward         </p>	<p> <b>22</b>  <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub Trivia         </p>
<p> <b>23</b>  <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion creative cooking         </p>	<p> <b>24</b>  <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2  <b>I</b> Creative Storytelling  <b>V</b> Hand Weights         </p>	<p> <b>25</b>  <b>V</b> Morning exercise            Bingo            Chef's Circle  <b>O</b> Residents choice         </p>	<p> <b>26</b>  <b>V</b> Morning exercise  <b>IG</b> Woodworking  <b>O</b> Community Outing  <b>GG</b> board games         </p>	<p> <b>27</b>  <b>V</b> Morning exercise            cooking demonstration on channel 2            DIY painting  <b>K</b> Pub Trivia         </p>	<p> <b>28</b>  <b>V</b> Morning exercise            button art  <b>S</b> Happy Hour  <b>GF</b> Keep Paying It Forward         </p>	<p> <b>29</b>  <b>V</b> Morning exercise  <b>M</b> Musical Showcase - Channel 2  <b>A</b> Saturday Paint &amp; Sip  <b>K</b> Pub Trivia         </p>
<p> <b>30</b>  <b>V</b> Morning exercise  <b>I</b> Spiritual Eldercare Virtual Church Service - Channel 2  <b>I</b> Catholic Holy Communion  <b>A</b> Creative Writing-AL Activities Room         </p>	<p> <b>31</b>  <b>V</b> Morning exercise  <b>L</b> Virtual Museum Tours - Channel 2            button dolls  <b>K</b> Trivia         </p>					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>*MORNING ACTIVITIES*</b></p> <p>-Vitality -Keeping It Sharp -Creative Cooking</p>	<p><b>*AFTERNOON ACTIVITIES*</b></p> <p>-Artisans -Musical Celebration -Group Games</p>	<p><b>*EVENING ACTIVITY*</b></p> <p>-Gathering of Friends</p>	<p><b>*FAMOUS BIRTHDAYS*</b></p> <p>Julie Andrews (actress) October 1, 1935</p> <p>Mahatma Gandhi (spiritual leader) October 2, 1869</p>			<p><b>1 New Year's Day</b></p> <p><b>V</b> Roll in the New Year <b>K</b> New Year Word Poem <b>CC</b> cake pops Relax &amp; Recharge <b>A</b> Creative Storytelling <b>M</b> Making Music <b>CC</b> Roll the Dice and Break the Ice</p>
<p><b>2</b></p> <p><b>V</b> Balance <b>K</b> Spiritual Eldercare Virtual Church Service <b>K</b> Guess the Animal <b>CC</b> Hawaiian Sliders Relax &amp; Recharge <b>A</b> No Sew Flower Pot Holders</p>	<p><b>3</b></p> <p><b>V</b> What a Wonderful World Chair Yoga <b>K</b> Memory Box <b>CC</b> Peanut Butter Cookie Cups Relax &amp; Recharge <b>A</b> Watercolor Snowflake Art <b>M</b> Creative Storytelling</p>	<p><b>4</b></p> <p><b>V</b> Drum Circle <b>K</b> Tell Me Something Good <b>CC</b> Cookies &amp; Cream Ice Cream Relax &amp; Recharge <b>A</b> Pinecone Penguin <b>M</b> Toe Tapping Tuesday <b>CC</b> Baked Apples</p>	<p><b>5</b></p> <p><b>V</b> Quick Qigong <b>K</b> Famous Pairs <b>CC</b> Monster Cookie Energy Bites Relax &amp; Recharge <b>A</b> Squeegie Canvas Paint <b>M</b> Dance Your Own Way <b>CC</b> Thanksgiving Baked Apples</p>	<p><b>6</b></p> <p><b>V</b> 80s Flashback <b>K</b> Life Story <b>CC</b> Pizza Quesadillas Relax &amp; Recharge <b>A</b> Life Timeline Creative Writing <b>M</b> Hippy Dance <b>CC</b> Wash Wash Wash</p>	<p><b>7</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Rolling 31 Days <b>CC</b> Chocolate Truffles Relax &amp; Recharge <b>A</b> Winter Sugar Painting <b>M</b> Float With Me Happy Hour <b>CC</b> Baked Apples</p>	<p><b>8</b></p> <p><b>V</b> Roll in the New Year <b>K</b> New Year Word Poem <b>CC</b> Bacon Cheese Balls Relax &amp; Recharge <b>A</b> Art Appreciation-Renoir <b>M</b> Making Music <b>CC</b> Roll the Dice and Break the Ice</p>
<p><b>9</b></p> <p><b>V</b> Balance <b>K</b> Spiritual Eldercare Virtual Church Service <b>K</b> Guess the Animal <b>CC</b> Ham, &amp; Cheese Hawaiian Sliders Relax &amp; Recharge <b>A</b> No Sew Flower Pot Holders</p>	<p><b>10</b></p> <p><b>V</b> What a Wonderful World Chair Yoga <b>K</b> Memory Box <b>CC</b> Chocolate Cookie Cups Relax &amp; Recharge <b>A</b> Watercolor Snowman <b>M</b> Creative Storytelling</p>	<p><b>11</b></p> <p><b>V</b> Drum Circle <b>K</b> Tell Me Something Good <b>CC</b> Strawberry Ice Cream Relax &amp; Recharge <b>A</b> Newspaper Winter Landscape <b>M</b> Toe Tapping Tuesday <b>CC</b> Baked Apples</p>	<p><b>12</b></p> <p><b>V</b> Quick Qigong <b>K</b> Famous Pairs <b>CC</b> Blueberry Muffin Energy Bites Relax &amp; Recharge <b>A</b> Winter Scenery <b>M</b> Dance Your Own Way <b>CC</b> Thanksgiving Baked Apples</p>	<p><b>13</b></p> <p><b>V</b> 80s Flashback <b>K</b> Life Story <b>CC</b> Strawberry Peanut Butter Quesadilla Relax &amp; Recharge <b>A</b> To Be Creative Writing <b>M</b> Hippy Dance <b>CC</b> Wash Wash Wash</p>	<p><b>14</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Rolling 31 Days <b>CC</b> Nutty Truffles Relax &amp; Recharge <b>A</b> Splatter Paint <b>M</b> Float With Me Happy Hour <b>CC</b> Baked Apples</p>	<p><b>15</b></p> <p><b>V</b> Roll in the New Year <b>K</b> New Year Word Poem <b>CC</b> Chocolate Chip Cheesecake Balls Relax &amp; Recharge <b>A</b> Art Appreciation-American <b>M</b> Making Music <b>CC</b> Roll the Dice and Break the Ice</p>
<p><b>16</b></p> <p><b>V</b> Balance <b>K</b> Spiritual Eldercare Virtual Church Service <b>K</b> Guess the Animal <b>CC</b> Pizza Sliders Relax &amp; Recharge <b>A</b> No Sew Flower Pot Holders</p>	<p><b>17 Martin Luther King Day</b></p> <p><b>V</b> What a Wonderful World Chair Yoga <b>K</b> Memory Box <b>CC</b> Caramel Cookie Cups Relax &amp; Recharge <b>A</b> Watercolor Bubble Art Tree <b>M</b> Creative Storytelling</p>	<p><b>18</b></p> <p><b>V</b> Drum Circle <b>K</b> Tell Me Something Good <b>CC</b> Chocolate Ice Cream Relax &amp; Recharge <b>A</b> Snowman Craft <b>M</b> Toe Tapping Tuesday <b>CC</b> Baked Apples</p>	<p><b>19</b></p> <p><b>V</b> Quick Qigong <b>K</b> Famous Pairs <b>CC</b> Peanut Butter Chocolate Chip Energy Bites Relax &amp; Recharge <b>A</b> Snowman Painting <b>M</b> Dance Your Own Way <b>CC</b> Thanksgiving Baked Apples</p>	<p><b>20</b></p> <p><b>V</b> 80s Flashback <b>K</b> Life Story <b>CC</b> Chicken Quesadillas Relax &amp; Recharge <b>A</b> Creative Storytelling <b>M</b> Hippy Dance <b>CC</b> Wash Wash Wash</p>	<p><b>21</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Rolling 31 Days <b>CC</b> pigs in a blanket Relax &amp; Recharge <b>A</b> Snow Sensory Bottle <b>M</b> Float With Me Happy Hour <b>CC</b> Baked Apples</p>	<p><b>22</b></p> <p><b>V</b> Roll in the New Year <b>K</b> New Year Word Poem <b>CC</b> Pizza Dip Relax &amp; Recharge <b>A</b> Art Appreciation-Starry Night <b>M</b> Making Music <b>CC</b> Roll the Dice and Break the Ice</p>
<p><b>23</b></p> <p><b>V</b> Balance <b>K</b> Spiritual Eldercare Virtual Church Service <b>K</b> Guess the Animal <b>CC</b> mini pizzas Relax &amp; Recharge <b>A</b> No Sew Flower Pot Holders</p>	<p><b>24</b></p> <p><b>V</b> What a Wonderful World Chair Yoga <b>K</b> Memory Box <b>CC</b> Cookies &amp; Cream Cookie Cups Relax &amp; Recharge <b>A</b> Watercolor Coffee Filter <b>M</b> Creative Storytelling</p>	<p><b>25</b></p> <p><b>V</b> Drum Circle <b>K</b> Tell Me Something Good <b>CC</b> Caramel Ice Cream Relax &amp; Recharge <b>A</b> Paper Plate Penguins <b>M</b> Toe Tapping Tuesday <b>CC</b> Baked Apples</p>	<p><b>26</b></p> <p><b>V</b> Quick Qigong <b>K</b> Famous Pairs <b>CC</b> apple pie cupcakes Relax &amp; Recharge <b>A</b> Paint Pouring <b>M</b> Dance Your Own Way <b>CC</b> Thanksgiving Baked Apples</p>	<p><b>27</b></p> <p><b>V</b> 80s Flashback <b>K</b> Life Story <b>CC</b> PB &amp; J S'mores Quesadilla Relax &amp; Recharge <b>A</b> Creative Storytelling <b>M</b> Hippy Dance <b>CC</b> Wash Wash Wash</p>	<p><b>28</b></p> <p><b>V</b> Mindfulness Matters <b>K</b> Rolling 31 Days <b>CC</b> oreo cheesecake Relax &amp; Recharge <b>A</b> Winter Process Art <b>M</b> Float With Me Happy Hour <b>CC</b> Baked Apples</p>	<p><b>29</b></p> <p><b>V</b> Roll in the New Year <b>K</b> New Year Word Poem <b>CC</b> Chocolate Covered Oreos Relax &amp; Recharge <b>A</b> Art Appreciation-Mona Lisa <b>M</b> Making Music <b>CC</b> Roll the Dice and Break the Ice</p>
<p><b>30</b></p> <p><b>V</b> Balance <b>K</b> Spiritual Eldercare Virtual Church Service <b>K</b> Guess the Animal <b>CC</b> rice krispy treats Relax &amp; Recharge <b>A</b> No Sew Flower Pot Holders</p>	<p><b>31</b></p> <p><b>V</b> What a Wonderful World Chair Yoga <b>K</b> Memory Box <b>CC</b> Dark Chocolate Cookie Cups Relax &amp; Recharge <b>A</b> Tape Resist Watercolor Painting <b>M</b> Creative Storytelling</p>					