Avalon Springs Health Campus Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 New Year's Day
						 8:00 Hospitality Cart 10:00 What's in the News! 10:30 Balloon Volley 11:00 Adult Color Sheets 1:00 Saturday Movies Ch.41 4:00 Inspirational Visit from
2	3	4	5	6	7	8
 8:00 Hospitality Cart 10:30 Church with Pastor Scott 11:00 Hymns 11:30 Quote of the Day 1:00 Religious Channels 57 	 A 1:30 Snowy Winter Wreath Craft GF 2:30 Coffee & Cookie Social 	 8:00 Hospitality Cart 10:30 Balloon Volley 11:00 Just the Guys 1:30 Music and Singing 2:30 Rootbeer Float Social 3:00 Game Time: 4-Suits 	 8:00 Hospitality Cart 10:30 Catholic Mass 1:30 BINGO 2:30 Soda Pop & Popcorn Social 3:00 Game Time: Cards 	 8:00 Hospitality Cart 10:30 Balloon Volley 1:30 Sarah Hawkins Piano and Sing A-long 2:30 Canvas Painting Winter Tree 	 8:00 Hospitality Cart 10:30 Balloon Volley 1:30 Inspired Living Meeting 2:30 Happy Hour Piano Music by Gloria, Drinks & Snacks 	 8:00 Hospitality Cart 10:00 What's in the News! 10:30 Balloon Volley 11:00 Adult Color Sheets 1:00 Saturday Movies Ch.41 4:00 Inspirational Visit from
9	10	11	12	13	14	15
 8:00 Hospitality Cart 10:30 Church with Pastor Scott 11:00 Hymns 11:30 Quote of the Day 1:00 Religious Channels 57 	 A 1:30 Pine Cone Snowy Owls Craft GF 2:30 Coffee & Cookie Social 	 8:00 Hospitality Cart 10:30 Balloon Volley 11:00 Just the Guys 1:30 Music and Singing 2:30 Rootbeer Float Social 3:00 Games Sharpen Your 	 8:00 Hospitality Cart 10:30 Noodle Ball 1:30 BINGO 2:30 Soda Pop & Popcorn Social 3:00 Game Time: Cards 	 8:00 Hospitality Cart 10:30 Balloon Volley 1:30 Sarah Hawkins Piano and Sing A-long 2:30 Canvas Painting Winter Gnome 	 8:00 Hospitality Cart 10:30 Balloon Volley 1:30 Travel the World Virtually in 2022 2:30 Happy Hour Piano Music by Gloria, Drinks 	 8:00 Hospitality Cart 10:00 What's in the News! 10:30 Balloon Volley 11:00 Adult Color Sheets 1:00 Saturday Movies Ch.41 4:00 Inspirational Visit from
16	17 Martin Luther King Day	18	19	20	21	22
 8:00 Hospitality Cart 10:30 Church with Pastor Scott 11:00 Hymns 11:30 Quote of the Day 1:00 Religious Channels 57 	Craft GF 2:30 Coffee & Cookie Social	 8:00 Hospitality Cart 10:30 Balloon Volley 11:00 Just the Guys 1:30 Music and Singing 2:30 Rootbeer Float Social 3:00 Game Time: 4-Suits 	 8:00 Hospitality Cart 10:30 Noodle Ball 1:30 BINGO with Cathy 2:30 Soda Pop & Popcorn Social 3:00 Game Time: Cards 	 8:00 Hospitality Cart 10:30 Balloon Volley 1:30 Sarah Hawkins Piano and Sing A-long 2:30 Canvas Painting Snowman 	 8:00 Hospitality Cart 10:30 Balloon Volley 1:30 Travel the World Virtually in 2022 2:30 Happy Hour Music by Vern & Vern, Drinks & 	 8:00 Hospitality Cart 10:00 What's in the News! 10:30 Balloon Volley 11:00 Adult Color Sheets 1:00 Saturday Movies Ch.41 4:00 Inspirational Visit from
23	24	25	26	27	28	29
 8:00 Hospitality Cart 10:30 Church with Pastor Scott 11:00 Hymns 11:30 Quote of the Day 1:00 Religious Channels 57 	 A 1:30 Gnome On Skis Craft GF 2:30 Coffee & Cookie Social GG 3:00 Game Time: Dice 	 8:00 Hospitality Cart 10:30 Balloon Volley 11:00 Just the Guys 1:30 Music and Singing 2:30 Rootbeer Float Social 3:00 Games Sharpen Your 	 8:00 Hospitality Cart 10:30 Noodle Ball 1:30 BINGO 2:30 Soda Pop & Popcorn Social 3:00 Game Time: Cards 	 8:00 Hospitality Cart 10:30 Balloon Volley 1:30 Sarah Hawkins Piano and Sing A-long 2:30 Canvas Painting Winter Night Sky & Bling 	 8:00 Hospitality Cart 10:30 Balloon Volley 1:30 Resident Council Meeting 2:30 Happy Hour Piano Music by Gloria, Drinks 	 8:00 Hospitality Cart 10:00 What's in the News! 10:30 Balloon Volley 11:00 Adult Color Sheets 1:00 Saturday Movies Ch.41 4:00 Inspirational Visit from
30 K 8:00 Hospitality Cart I 10:30 Church with Pastor Scott M 11:00 Hymns	31 K 8:00 Hospitality Cart V 10:30 Balloon Volley A 1:30 Planter Penguin Craft GF 2:30 Coffee & Cookie Social					
 11:30 Quote of the Day 1:00 Religious Channels 57 	GG 3:00 Game Time: Dice Game Shake Loose A					

Avalon Springs Health Campus Health Center

JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L ifelong Learning 	MI - Mindful Moments M - Music to My Ears V - Vitality					1New Year's DayK8:00Hospitality CartL10:00What's in the News!V10:30Balloon VolleyA11:00Adult Color SheetsL1:00Saturday Movies Ch.41L4:00Inspirational Visit from
 2 8:00 Hospitality Cart 10:30 Church with Pastor Scott 11:00 Hymns 11:30 Quote of the Day 1:00 Religious Channels 57 	3 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up V 10:30 Balloon Volley A 1:30 Snowy Winter Wreath Craft GF 2:30 Coffee & Cookie Social	4 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up V 10:30 Balloon Volley G 11:00 Just the Guys M 1:30 Music and Singing GF 2:30 Rootbeer Float Social	5 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up I 10:30 Catholic Mass K 1:30 BINGO GF 2:30 Soda Pop & Popcorn Social	 6 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up ✓ 10:30 Balloon Volley M 1:30 Sarah Hawkins Piano and Sing A-long A 2:30 Canvas Painting Winter 	 7 8:00 Hospitality Cart 10:00 Sensory Wake-Up 10:30 Balloon Volley 1:30 Inspired Living Meeting 2:30 Happy Hour Piano Music by Gloria, Drinks 	8 K 8:00 Hospitality Cart D 10:00 What's in the News! V 10:30 Balloon Volley A 11:00 Adult Color Sheets D 1:00 Saturday Movies Ch.41 J 4:00 Inspirational Visit from
 9 8:00 Hospitality Cart 10:30 Church with Pastor Scott 11:00 Hymns 11:30 Quote of the Day 1:00 Religious Channels 57 			12 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up V 10:30 Noodle Ball K 1:30 BINGO GF 2:30 Soda Pop & Popcorn Social	 13 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up V 10:30 Balloon Volley M 1:30 Sarah Hawkins Piano and Sing A-long A 2:30 Canvas Painting Winter 	 14 8:00 Hospitality Cart 10:00 Sensory Wake-Up 10:30 Balloon Volley 1:30 Travel the World Virtually in 2022 2:30 Happy Hour Piano 	 15 K 8:00 Hospitality Cart 10:00 What's in the News! V 10:30 Balloon Volley A 11:00 Adult Color Sheets 1:00 Saturday Movies Ch.41 4:00 Inspirational Visit from
 16 8:00 Hospitality Cart 10:30 Church with Pastor Scott 11:00 Hymns 11:30 Quote of the Day 1:00 Religious Channels 57 	 Martin Luther King Day 8:00 Hospitality Cart 10:00 Sensory Wake-Up 10:30 Balloon Volley 1:30 Winter Wooden Sled Craft 2:30 Coffee & Cookie Social 		19 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up V 10:30 Noodle Ball K 1:30 BINGO with Cathy GF 2:30 Soda Pop & Popcorn Social	 20 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up V 10:30 Balloon Volley M 1:30 Sarah Hawkins Piano and Sing A-long A 2:30 Canvas Painting 	 21 8:00 Hospitality Cart 10:00 Sensory Wake-Up 10:30 Balloon Volley 1:30 Travel the World Virtually in 2022 2:30 Happy Hour Music by 	 8:00 Hospitality Cart 10:00 What's in the News! 10:30 Balloon Volley 11:00 Adult Color Sheets 1:00 Saturday Movies Ch.41 4:00 Inspirational Visit from
 23 8:00 Hospitality Cart 10:30 Church with Pastor Scott 11:00 Hymns 11:30 Quote of the Day 1:00 Religious Channels 57 	MM 10:00 Sensory Wake-Up 10:30 Balloon Volley	M 10:00 Sensory Wake-Up 10:30 Balloon Volley IG 11:00 Just the Guys	26 K 8:00 Hospitality Cart MM 10:00 Sensory Wake-Up V 10:30 Noodle Ball K 1:30 BINGO GF 2:30 Soda Pop & Popcorn Social	 27 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up V 10:30 Balloon Volley M 1:30 Sarah Hawkins Piano and Sing A-long A 2:30 Canvas Painting Winter 	 28 8:00 Hospitality Cart 10:00 Sensory Wake-Up 10:30 Balloon Volley 1:30 Resident Council Meeting 2:30 Happy Hour Piano 	29 K 8:00 Hospitality Cart 10:00 What's in the News! V 10:30 Balloon Volley A 11:00 Adult Color Sheets 1:00 Saturday Movies Ch.41 4:00 Inspirational Visit from
 30 K 8:00 Hospitality Cart I 10:30 Church with Pastor Scott M 11:00 Hymns I 11:30 Quote of the Day I 1:00 Religious Channels 57 	31 K 8:00 Hospitality Cart M 10:00 Sensory Wake-Up V 10:30 Balloon Volley A 1:30 Planter Penguin Craft GF 2:30 Coffee & Cookie Social GG 3:00 Game Time: Dice					

Avalon Springs Health Campus Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	
 Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce Music to My Ears V - Vitality 					llona (94) Barbara H Barb B. (9
 2 Balance Guess the Animal Corn Bread Relax & Recharge No Sew Fleece Blankets Lift Your Voices 	 What a Wonderful World Chair Yoga Memory Box Sugar Cookies Relax & Recharge Watercolor Snowflake Art 	 4 Drum Circle T ell Me Something Good Good Blueberry Muffins Relax & Recharge Pinecone Penguin T oe T apping T uesday 	 5 Quick Qigong Famous Pairs Lemon Pound Cake Relax & Recharge Squeegee Canvas Paint Dance Your Own Way 	 6 80s Flashback K Life Story Snickerdoodle Cookies Relax & Recharge Life Timeline Creative Writing Hippy Dance 	7 Mindfu K Rolling C Happy Relax & Winter M Float V
 9 V Balance K Guess the Animal C Banana Bread Relax & Recharge A Kindness Flowers M Lift Your Voices 	 What a Wonderful World Chair Yoga Memory Box Chocolate Chip Cookes Relax & Recharge Watercolor Snowman 	 Drum Circle Tell Me Something Good Cinnamon Muffins Relax & Recharge Newspaper Winter Landscape Toe Tapping Tuesday 	 12 Quick Qigong Famous Pairs Ghirardelli Double Chocolate Brownies Relax & Recharge Winter Scenery 	 13 80s Flashback Life Story Banana Nut Muffins Relax & Recharge To Be Creative Writing Hippy Dance 	14 Mindfu Rolling C Happy Relax & Splatte Float W
 Balance Guess the Animal Chocolate Cupcakes Relax & Recharge No Sew Fleece Blankets Lift Your Voices 	 Martin Luther King Day What a Wonderful World Chair Yoga Memory Box Cinnamon Swirl Crumb Cake Relax & Recharge Watercolor Bubble Art Tree 	 Drum Circle Tell Me Something Good Funfetti Sugar Cookies Relax & Recharge Snowman Craft Toe Tapping Tuesday 	 19 Quick Qigong Famous Pairs Ghirardelli Caramel Turtle Brownies Relax & Recharge Snowman Painting 	 20 80s Flashback Life Story Ginger Bread Cookies Relax & Recharge Creative Storytelling Hippy Dance 	21 Mindfu Rolling C Happy Relax & Snow S Float V
 23 Balance Guess the Animal Lemon Pound Cake Relax & Recharge Kindness Flowers Lift Your Voices 	 24 What a Wonderful World Chair Yoga Memory Box Pumpkin Bread Relax & Recharge Watercolor Coffee Filter 	 25 Drum Circle T ell Me Something Good Wild Berry Muffins Relax & Recharge Paper Plate Penguins T oe Tapping Tuesday 	 26 Quick Qigong Famous Pairs Oatmeal Cookies Relax & Recharge Paint Pouring Dance Your Own Way There is the second second	 27 80s Flashback K Life Story C Peanut Butter Cookie Brownie Relax & Recharge A Creative Storytelling M Hippy Dance 	28 W Mindfu K Rolling C Happy Relax & Winter M Float V
 Balance Guess the Animal Banana Nut Muffins Relax & Recharge No Sew Fleece Blankets Lift Your Voices 	 31 What a Wonderful World Chair Yoga Memory Box Ghirardelli Double Chocolate Brownies Relax & Recharge 				