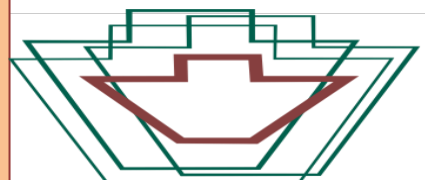




# INDEPENDENT LIVING JANUARY 2022



## Keystone Commons

*A Life Fulfilling Retirement Community*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p> <p style="text-align: center;"><b>PANCAKES &amp; PAJAMAS</b></p>	<p style="text-align: center;">*Activities are Subject to Change Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p><b>Monthly Birthdays</b></p> <p>Jan 2<sup>nd</sup> - Debbie Walsh Jan. 13<sup>th</sup>- Sophie Gazda Jan. 18<sup>th</sup>- Josephine Carter Jan. 22<sup>nd</sup>- Pat Young Jan. 26<sup>th</sup>- Bobbie Kelley Jan. 30<sup>th</sup>- John Lanczycki</p>	<p style="text-align: center;"><i>Wear your Pajamas to Dinner for a Pajama Party on Jan. 27<sup>th</sup></i></p>	<p style="text-align: center;"><b>Men's Pancake Breakfast January 20<sup>th</sup> at 9:00am Sign up with Activities</b></p>	<p style="text-align: center;"><b>SUPER BOWL POOL</b> See Activities for More Information 75.00- Half Time Pay Out 150.00 End of Game Pay Out Tickets 2.00 a square Super Bowl is Feb. 13<sup>th</sup></p>	<p style="text-align: center;">1</p>
<p style="text-align: center;">2</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Pub</p> <p style="text-align: center;"><i>Day of Rest and Face Timing with Families</i></p>	<p style="text-align: center;">3</p> <p>9:30- Shopping- Ludlow 10:30- Communion w/Deacon Tom IL Dining Room 1:00- Scrabble-Billiards Room 2pm- Balloon Volleyball-3A 3:15- Wii Bowling-Theater 3:30- Cycling Class 6:30- Pitch- Pub</p>	<p style="text-align: center;">4</p> <p>9:15- Pet Therapy w/Winter- Vestibule 9:30- Billiards 10:30- Letter By Letter-3A 10:30- Knitting Corner- 1<sup>st</sup> Floor 1:00- Canasta- Billiards Room 2:00- Painting and Sip-3A 3:30- Blackjack "GOLD"- 25.00 pot 6:30-Popcorn Club-Theater</p>	<p style="text-align: center;">5</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Meditation w/Rob-3A 12:00- Take-out from Milanos for Lunch in the Pub 12:30- Rosary- 3A 2:30- Sarah the Fiddler Performs 3:30- Wii Bowling- Theater 3:45 1<sup>st</sup> Floor Exercises 6:30- Rummikub-Pub</p>	<p style="text-align: center;">6</p> <p>10:30- Drumming Class-3A 1pm- Winter Spa Manicures-3A 2pm- Willie Ninger Performs-3A 3:15- Meditation and Relaxations-3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">7</p> <p>9:30- Billiards 10:30- Zumba Gold Fitness-3A 12:30- Rosary-3A 1pm- Jukebox Jackpot-3A 2pm- Hollywood Game-3A 3:00-Pokeno-3A 4pm- Happy Hour-Pub 6:30- Scrabble- Billiards</p>	<p style="text-align: center;">8</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo-3A</p>
<p style="text-align: center;">9</p> <p>Mass at St Elizabeth's 2pm- Rummikub- Pub</p> <p style="text-align: center;"><i>Day of Rest and Face Timing with Families</i></p>	<p style="text-align: center;">10</p> <p>10:30- Communion w/Deacon Tom- IL Dining Room 1:00- Scrabble- Billiards Room 3<sup>rd</sup> Floor Act Room 1pm- Scenic Ride- Winter Wonderland 2:00- Balloon Volleyball- 3A 3:15- Wii Bowling- Theater 3:30- Cycling Class-3A 6:30- Pitch-Pub</p>	<p style="text-align: center;">11</p> <p>9:15- Pet Therapy w/Winter-Vestibule 9:30- Billiards 10:30- Chef's Club-3A Breakfast Casserole, and Hashbrowns 11:30- Family Style Luncheon-3A 3:30- Blackjack (dollar buy-in)-3A 6:30- Mexican Train Dominos- Pub 6:30- Popcorn Club-Theater</p>	<p style="text-align: center;">12</p> <p>Passport to Fun: Pancakes around the World 9:30- Hubbard Coffee Chat-3A 10:30- What Pancakes look like in different countries/ tasting 12:30- Rosary-3A 1pm- Chorus Practice w/Don Live 2pm- Pajama Bingo-Pub 3pm- Hot Cocoa Bar for Staff and Residents 3:30- Wii Bowling- Theater 6:30- Rummikub-Pub</p>	<p style="text-align: center;">13</p> <p>10:30- Drumming Class-3A 2pm- Teddy Bear Tea-3A</p> <p style="text-align: center;">3:00- Meditation and Relaxation-3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">14 Movie Trip TBA</p> <p>9:30- Billiards 10:30-Chair Zumba w/Daisy-3A 12:30- Rosary-3A 1pm- Quiddler-B 3pm- Pokeno-3A 4pm-Happy Hour- Mimosas 6:30- Scrabble-Billiards</p>	<p style="text-align: center;">15</p> <p>1:00- Wii Bowling for Newbies 2pm- Gary "Honky Tonk" Piano-3A 3:00- Dime Bingo-3A</p>
<p style="text-align: center;">16</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Pub</p> <p style="text-align: center;"><i>Day of Rest and Face Timing with Families</i></p>	<p style="text-align: center;">17 Martin Luther King Day</p> <p>9:30- Shopping- Chicopee 10:30- Communion w/Deacon Tom- II Dining Room 10:30- Berkshire Hills Performs-3A 1:00- Scrabble- Billiards Room 2pm- Balloon Volleyball-3A 3:15-Wii Bowling- Theater- 3:30- Cycling Class-3A 4:15- Wilbraham Country Club Dinner-\$6.00 6:30-Pitch- Pub</p>	<p style="text-align: center;">18 Massage Therapist- 1-4</p> <p>9:15- Pet Therapy w/Winter- Vestibule 9:30- Billiards 10:30- Jeopardy-3A 10:30- Knitting Corner- 1<sup>st</sup> Floor 1pm- Canasta- Billiards Room 1pm- Line Dancing w/Jen-3A 2:00- Painting Class-3A 3:30- Blackjack-(dollar buy-in)- Pub 6:30- Mexican Train Dominos-Pub 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">19</p> <p>9:30-Hubbard Coffee Chat 10:30- Christmas Tree Shops and Unos for Lunch Trip 10:30- Meditation and Yoga w/Rob 12:30- Rosary- 3<sup>rd</sup> Floor 2:00- Dime Bingo-Pub 3:00- Food Committee Meeting-P 3:45- 1<sup>st</sup> Floor Exercise 6:30- Rummikub-Billiards Room</p>	<p style="text-align: center;">20</p> <p>9:00- Men's Pancake Breakfast 10:30- Drumming Class-3A 1pm- Manicures-3A 1pm- Poker- Billiards Room 2pm- Karaoke Party-3A 3:00- Meditation and Relaxation-3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">21</p> <p>9:30- Billiards 10:00- Coffee House-3A 10:30- Larry Batter Performs- 3A 12:30- Rosary-3A 1pm- Making Dream Catchers-3A 3pm- Pokeno-3A 4pm- Happy Hour- Bloody Mary's 6:30- Scrabble- Billiards</p>	<p style="text-align: center;">22</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo-3A</p>
<p style="text-align: center;">23/30</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Pub</p> <p style="text-align: center;">Mass at St Elizabeth's 2pm- Rummikub-P</p>	<p style="text-align: center;">24/31</p> <p>10:30- Communion - IL Dining Room 1pm- Scrabble-B 2pm- Volleyball 3pm- Golf 6pm- Pitch</p> <p style="text-align: center;">9:30- Shopping 10:30- Communion 1pm- Scrabble-B 2pm- Balloon Volley-3A 3pm- Cycling Class-3A 6pm- Pitch- Pub</p>	<p style="text-align: center;">25</p> <p>9:15- Pet Therapy w/Winter- Vestibule 9:30- Billiards 10:30- Knitting Corner- 1<sup>st</sup> Floor 10:30- Where in the World-3A 1:00- Manicures-3A 1:00- Canasta- Billiards Room 2:00- Painting Class- 3A 3:30- Blackjack- (Dollar Buy-in)- 3A 6:30- Mexican Train Dominos-Pub 6:30- Popcorn Club-Theater</p>	<p style="text-align: center;">26</p> <p>9:30- Hubbard Coffee Chat 10:30- Pajama Party Bunco-3A 1:30- Chorus Concert- 3A 2:30- Dime Bingo-Pub 3:45- 1<sup>st</sup> Floor Exercise-1<sup>st</sup> Floor 6:30- Rummikub-Pub</p>	<p style="text-align: center;">27 Wear your Pajamas to Dinner</p> <p>10:30- Drumming Class-3A 11:30- Monthly Birthday Luncheon- 1pm- Manicures-3A 1pm- Hollywood Card Game-3A 2pm- The Brain Game-3A 3:30- Writing Club-Pub 5:15- Pancakes and Pajamas Dinner 6:45- T- Bone Performs-3A</p>	<p style="text-align: center;">28</p> <p>9:30- Billiards 10:30- Yankee Candle Trip and Luncheon 12:30- Rosary-3A 1pm-Pancake Relay Game-3A 3pm-Pokeno-3A 4pm- Happy Hour-Pub 6:30- Scrabble- Billiards</p>	<p style="text-align: center;">29</p> <p>1:00- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo-3A</p>