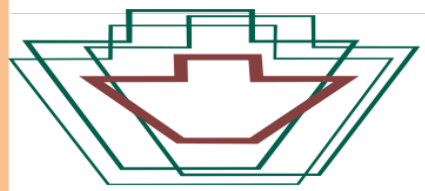



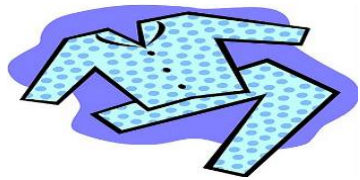






# ASSISTED LIVING JANUARY 2022



## Keystone Commons

*A Life Fulfilling Retirement Community*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p> <p><b>PANCAKES &amp; PAJAMAS</b></p> 	<p>*Activities are Subject to Change</p> <p>Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p><b>Monthly Birthdays</b></p> <p>Jan 2<sup>nd</sup> - Debbie Walsh Jan. 13<sup>th</sup>- Sophie Gazda Jan. 18<sup>th</sup>- Josephine Carter Jan. 22<sup>nd</sup>- Pat Young Jan. 26<sup>th</sup>- Bobbie Kelley Jan. 30<sup>th</sup>- John Lanczycki</p>	<p><i>Wear your Pajamas to Lunch for a Pajama Party on Jan. 27<sup>th</sup></i></p> 	 <p><b>Men's Pancake Breakfast</b> January 20<sup>th</sup> at 9:00am <i>Sign up with Activities</i></p>	<p><b>SUPER BOWL POOL</b> See Activities for More Information 75.00- Half Time Pay Out 150.00 End of Game Pay Out Tickets 2.00 a square Super Bowl is Feb. 13<sup>th</sup></p> 	<p style="text-align: center;">1</p> 
<p>2</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p>	<p>3</p> <p>9:30- Shopping- Ludlow 10:30- Communion w/Deacon Tom- IL Dining Room 1:00- Scrabble- Billiards Room 2pm- Balloon Volleyball-3A 3:15- Wii Bowling-Theater 3:30- Cycling Class-3A 6:30- Pitch- Pub</p>	<p>4</p> <p>9:15- Pet Therapy w/Winter-vestibule 9:30- Billiards 10:30- Letter By Letter-3A 10:30- Knitting Corner- 1<sup>st</sup> Floor 1:00- Canasta- Billiards Room 2:00-Paint and Sip-3A 3:30- Blackjack "GOLD"- 25.00 pot 6:30-Popcorn Club-Theater</p>	<p>5</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Meditation w/Rob-3A 12:00- Take-Out from Milanos for Lunch in the Pub 12:30- Rosary- 3A 2:30- Sarah the Fiddler Performs 3:30- Wii Bowling- Theater 3:45 1<sup>st</sup> Floor Exercises 6:30- Rummikub-Pub</p>	<p>6</p> <p>9:30- News and Views-3A 10:30- Drumming Class-3A 2pm- Willie Ninger Performs-3A 3:15-Meditation and Massage-3A 3:45- Yappy Hour w/ Keeper-3A 6:30- Popcorn Club- Theater</p>	<p>7</p> <p>9:30- Billiards 10:30- Zumba Gold Fitness-3A 12:30- Rosary-3A 1pm- Jukebox Jackpot-3A 2pm- Hollywood Game-3A 3:00-Pokeno-3A 6:30- Puzzle Making-L 6:30- Scrabble- Billiards</p>	<p>8</p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynns Choice-T 3:00- Dime Bingo-3A</p>
<p>9</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p>	<p>10</p> <p>10:30-Communion w/ Deacon Tom-IL Dining Room 1:00- Scrabble-Billiards Room 1pm- Chorus w/Don-3A 1pm- Scenic Ride- Winter Wonderland 3:15- Wii Bowling-Theater 3:30- Golf-Billiards Room 6:30- Pitch-Pub</p>	<p>11</p> <p>9:15- Pet Therapy w/Winter-Vestibule 9:30- Billiards 10:30- Chef's Club-3A Breakfast Casserole, and Hashbrowns 11:30- Family Style Luncheon-3A 3:30- Blackjack (dollar buy-in)-3A 6:30- Popcorn Club-Theater</p>	<p>12</p> <p><b>Passport to Fun:</b> Pancakes around the World 9:30- Hubbard Coffee 10:30- What Pancakes look like in different countries/ tasting 12:30- Rosary-3A 1pm- Chorus Practice w/Don Live 2pm- Pajama Bingo-3A 3pm- Hot Cocoa Bar for Staff and Residents 3:45- 1<sup>st</sup> Floor Exercises 6:30- Rummikub- Pub</p>	<p>13</p> <p>9:30- News and Views-3A 10:30- Drumming Class-3A 2pm- Teddy Bear Tea-3A</p>  <p>3:00- Meditation and Massage-3A 3:45- Yappy Hour with Keeper-3A 6:30- Popcorn Club- Theater</p>	<p>14</p> <p>9:30- Billiards 10:30-Chair Zumba w/Daisy-3A 12:30- Rosary-3A 1pm- Quiddler-B 3pm- Pokeno-3A 6:30- Puzzle Making-L 6:30- Scrabble- Billiards</p>	<p>15</p> <p>12:30- Wii Bowling for Newbies 2pm- Gary "Honky Tonk" Piano-3A 3:15- Dime Bingo-Pub</p>
<p>16</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p>	<p>17 Martin Luther King Day</p> <p>9:30- Shopping- Chicopee 10:30- Communion w/Deacon Tom- IL Dining Room 10:30- Berkshire Hills Music Performance-3A 1:00- Scrabble-Billiards Room 2pm- Balloon Volleyball-3A 3:15-Wii Bowling- Theater- 3:30- Cycling Class-3A 6:30-Pitch- Pub</p>	<p>18 Massage Therapist- 1-4</p> <p>9:15- Pet Therapy w/Winter- Vestibule 10:30- Knitting Corner- 1<sup>st</sup> Floor 10:30- Jeopardy- 3A 1pm- Canasta-Billiards Room 1pm- Line Dancing w/Jen-3A 2pm- Painting Class-3A 3:30- Blackjack- (Dollar Buy-in)- 3A 6:30- Popcorn Club- Theater</p>	<p>19</p> <p>9:30- Coffee Chat-3A 10:30- Mediation and Yoga w/Rob 10:30- Christmas Tree Shop and Unos Luncheon Trip 12:30- Rosary- 3<sup>rd</sup> Floor 2:00- Dime Bingo-3A 3:30- Wii Bowling-Theater 3:45- 1<sup>st</sup> Floor Exercises 6:30- Rummikub-Billiards Room</p>	<p>20</p> <p>9:00- Men's Pancake Breakfast 10:30- Drumming Class-3A 1pm- Manicures-3A 1pm- Pitch- Billiards Room 2pm-Karoke Party-3A 3:00- Meditation and Massage-3A 3:45- Yappy Hour with Keeper-3A 6:30- Popcorn Club- Theater</p>	<p>21</p> <p>9:30- Billiards 10:00- Coffee House-3A 10:30- Larry Batter Performs- 3A 12:30- Rosary-3A 1pm- Making Dream Catchers-3A 3pm- Pokeno-3A 6:30- Scrabble- Billiards 6:30- Puzzle Making-L</p>	<p>22</p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynns Choice-T 3:00- Dime Bingo-3A</p>
<p>23/30</p> <p>10:30- Adult Coloring - Billiards Room 1pm- Puzzle Making Library 2pm- Billiards</p>	<p>24/31</p> <p>10:30- Communion - IL Dining Room 1:00- Scrabble 2:30 pm-Volleyball Competition- 3A 3:30-Wii Bowling 3:30- Golf 6:30- Pitch</p> <p style="text-align: right;">9:30 Shopping 10:30- Communion 1pm- Scrabble- B 2pm- Balloon Volley 3:30- Wii Bowling-T 3:30- Cycling Class-T</p>	<p>25</p> <p>9:30- Billiards 10:30- Where in the World-3A 10:30- Knitting Corner-1<sup>st</sup> Floor 1:00- Manicures-3A 1:00- Canasta- Billiards Room 2:00- Painting Class- 3A 3:30- Blackjack- (Dollar Buy-in)- 3A 6:30- Popcorn Club- Theater</p>	<p>26</p> <p>9:30- Hubbard Coffee Chat 10:30- Pajama Party Bunco-3A 1:30- Chorus Concert- 3A 2:30pm- Dime Bingo-3A 3:45- 1<sup>st</sup> Floor Exercise-1<sup>st</sup> Floor 6:30- Rummikub-Pub</p>	<p>27</p> <p><i>Wear your Pajamas to Dinner</i></p> <p>10:30- Drumming Class-3A 11:30- Pancakes and Pajamas Luncheon-Dining Room- 1pm- Manicures-3A 1pm- Hollywood Card Game-3A 2pm- The Brain Game-3A 3:00- Writing Club-Pub 3:45- Yappy Hour w/Keeper-3A 6:45- T- Bone Performs-3A</p>	<p>28</p> <p>9:30- Billiards 12:30- Rosary-3A 1pm- Pancake Relay Race-3A 3pm- Pokeno-3A 6:30- Scrabble- Billiards</p>	<p>29</p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynns Choice-T 3:00- Dime Bingo-3A</p>