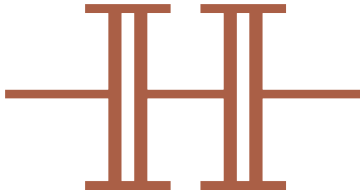


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>January cont'd</b> <b>30</b> 10:30 <b>PE</b> Gentle Chair Yoga [W] 11:00 <b>LL</b> Mahjong [LR] 1:00 <b>SS</b> Sunday Service [T] 2:00 <b>AE</b> Musical Moments [CR] 3:00 <b>LL</b> Sundae Sundays [B] 4:00 <b>AE</b> Smart Art [B] 5:00 <b>PE</b> Fitness in 15 [W] 6:30 <b>LL</b> Evening Movie [T]	<b>31</b> 9:00 <b>SS</b> Devotions [CR] 10:00 <b>PE</b> Yardzee [W] 11:00 <b>CE</b> YouTube University [B] 1:00 <b>LL</b> Fresh Baked! [B] 2:00 <b>CE</b> Current Events [L] 3:00 <b>LL</b> Cards and Games [T] 5:00 <b>PE</b> Tap your Toes [W] 6:30 <b>LL</b> Evening Movie [T]		<b>AE</b> Artistic Expression <b>CC</b> Community Connection <b>CE</b> Continuing Education <b>LL</b> Lifestyle & Leisure <b>PE</b> Physical Engagement <b>SS</b> Spiritual Support	<b>Location Keys</b> Around the Neighborhood N Bistro B Club Room CR Living Room LR Lobby L Resident Apartments RA Restaurant R Shuttle S Theater T Wellness Center W	<b>New Year's Day</b> <b>1</b> 11:30 <b>CE</b> YouTube University [B] 1:00 <b>LL</b> Fresh Baked! [B] 2:00 <b>CE</b> Current Events [L] 3:00 <b>LL</b> Cards and Games [T] 5:00 <b>PE</b> Tap your toes [W] 6:00 <b>SS</b> Devotions [CR] 6:30 <b>LL</b> Evening Movie [T]	
<b>2</b> 10:30 <b>PE</b> Gentle Chair Yoga [W] 11:00 <b>LL</b> Mahjong [LR] 1:00 <b>SS</b> Sunday Service [T] 2:00 <b>AE</b> Musical Moments [CR] 3:00 <b>LL</b> Sundae Sundays [B] 4:00 <b>AE</b> Smart Art [B] 5:00 <b>PE</b> Fitness in 15 [W] 6:30 <b>LL</b> Evening Movie [T]	<b>3</b> 9:00 <b>SS</b> Devotions [CR] 10:00 <b>PE</b> Yardzee [W] 11:00 <b>CE</b> YouTube University [B] 1:00 <b>LL</b> Fresh Baked! [B] 2:00 <b>CE</b> Current Events [L] 3:00 <b>LL</b> Cards and Games [T] 5:00 <b>PE</b> Tap your Toes [W] 6:30 <b>LL</b> Evening Movie [T]	<b>4</b> <b>Medical Transportation</b> 10:00 <b>PE</b> Strength & Balance [W] 11:00 <b>CE</b> Cranium Crunches [B] 1:00 <b>PE</b> Balloon Volleyball Challenge [W] 2:00 <b>LL</b> Bingo [B] 3:00 <b>LL</b> Happy Hour [B] 4:00 <b>CE</b> Let's Discuss! [T] 6:30 <b>LL</b> Docuseries: Dogs [T]	<b>5</b> <b>Errands 10:00-12:30</b> 9:10 <b>PE</b> Standing Pilates [W] 10:30 <b>CE</b> Chess [T] 2:00 <b>SS</b> Bible Study [T] 3:00 <b>PE</b> Theraband Training [W] 3:30 <b>CC</b> Volunteer Project [B] 4:00 <b>AE</b> Adult Color & Sip [B] 6:30 <b>LL</b> Evening Movie [T]	<b>6</b> <b>Medical Transportation</b> 9:25 <b>SS</b> Guided Meditation [CR] 10:30 <b>PE</b> Gentle Chair Yoga [W] 11:00 <b>CC</b> Give Back Club [B] 11:30 <b>CE</b> Historical Moment [LR] 2:00 <b>LL</b> Bingo [B] 3:00 <b>LL</b> Happy Hour [B] 5:00 <b>PE</b> Simple Stretches [W] 6:30 <b>LL</b> Evening Movie [T]	<b>7</b> 10:30 <b>PE</b> Strength & Balance with Taylor [W] 11:00 <b>CE</b> Ted Talk [B] 11:30 <b>LL</b> Game Night in the Morning <b>1:00 LL Activity Committee Meeting [B]</b> 2:00 <b>CE</b> Jeopardy Challenge [B] 3:00 <b>AE</b> Poetry Appreciation [R] 4:00 <b>PE</b> Ladder Golf [W] 6:30 <b>LL</b> Docuseries: Conspiracies [CR]	<b>8</b> <b>Grocery Trip 1:00-3:00pm</b> 10:30 <b>PE</b> Tai Chi [W] 11:00 <b>CE</b> Crossword Corner [LR] 2:00 <b>CE</b> Live at the Museum [B] 3:00 <b>AE</b> Diamond Art [B] 4:00 <b>AE</b> Activity workshop with Nancy [B] 5:00 <b>PE</b> Fitness in 15 [W] 6:30 <b>LL</b> Evening Movie [T]
<b>9</b> 10:30 <b>PE</b> Gentle Chair Yoga [W] 11:00 <b>LL</b> Mahjong [LR] 1:00 <b>SS</b> Sunday Service [T] 2:00 <b>AE</b> Musical Moments [CR] 3:00 <b>LL</b> Sundae Sundays [B] 4:00 <b>AE</b> Puzzle Perfect [B] 5:00 <b>PE</b> Fitness in 15 [W] 6:30 <b>LL</b> Evening Movie [T]	<b>10</b> 9:00 <b>SS</b> Devotions [CR] 10:00 <b>PE</b> Yardzee [W] 11:00 <b>CE</b> YouTube University [B] 1:00 <b>LL</b> Fresh Baked! [B] 2:00 <b>CE</b> Current Events [L] 3:00 <b>LL</b> Cards and Games [T] 5:00 <b>PE</b> Tap your Toes [W] 6:30 <b>LL</b> Evening Movie [T]	<b>11</b> <b>Medical Transportation</b> 10:00 <b>PE</b> Strength & Balance [W] 11:00 <b>CE</b> Cranium Crunches [B] 1:00 <b>PE</b> Balloon Volleyball Challenge [W] 2:00 <b>LL</b> Bingo [B] 3:00 <b>LL</b> Happy Hour [B] 4:00 <b>CE</b> Let's Discuss! [T] 6:30 <b>LL</b> Docuseries: Dogs [T]	<b>12</b> 9:10 <b>PE</b> Standing Pilates [W] 10:00 <b>LL</b> Scenic Drive [S] <b>12:00 LL Out to Lunch Bunch [N]</b> 2:00 <b>SS</b> Bible Study [T] 3:00 <b>PE</b> Theraband Training [W] 3:30 <b>CC</b> Volunteer Project [B] 4:00 <b>AE</b> Adult Color & Sip [B] 6:30 <b>LL</b> Evening Movie [T]	<b>13</b> <b>Medical Transportation</b> 9:25 <b>SS</b> Guided Meditation [CR] 10:30 <b>PE</b> Gentle Chair Yoga [W] 11:00 <b>CC</b> Give Back Club [B] 11:30 <b>CE</b> Historical Moment [LR] 2:00 <b>LL</b> Bingo [B] 3:00 <b>LL</b> Happy Hour [B] 5:00 <b>PE</b> Simple Stretches [W] 6:30 <b>LL</b> Evening Movie [T]	<b>14</b> 10:30 <b>PE</b> Strength & Balance with Taylor [W] 11:00 <b>CE</b> Ted Talk [B] 11:30 <b>LL</b> Game Night in the Morning <b>1:00 LL Resident Council [T]</b> 2:00 <b>CE</b> Jeopardy Challenge [B] 3:00 <b>AE</b> Poetry Appreciation [R] 4:00 <b>PE</b> Ladder Golf [W] 6:30 <b>LL</b> Docuseries: Conspiracies [CR]	<b>15</b> <b>Grocery Trip 1:00-3:00pm</b> 10:30 <b>PE</b> Tai Chi [W] 11:00 <b>CE</b> Crossword Corner [LR] 2:00 <b>CE</b> Live at the Museum [B] <b>2:30 CC House Warming Party [RA]</b> 3:00 <b>AE</b> Diamond Art [B] 4:00 <b>AE</b> Activity workshop with Nancy [B] 5:00 <b>PE</b> Fitness in 15 [W] 6:30 <b>LL</b> Evening Movie [T]
<b>16</b> 10:30 <b>PE</b> Gentle Chair Yoga [W] 11:00 <b>LL</b> Mahjong [LR] 1:00 <b>SS</b> Sunday Service [T] 2:00 <b>AE</b> Musical Moments [CR] 3:00 <b>LL</b> Sundae Sundays [B] 4:00 <b>AE</b> Smart Art [B] 5:00 <b>PE</b> Fitness in 15 [W] 6:30 <b>LL</b> Evening Movie [T]	<b>17</b> <b>Martin Luther King, Jr. Day</b> 9:00 <b>SS</b> Devotions [CR] 10:00 <b>PE</b> Yardzee [W] 11:00 <b>CE</b> YouTube University [B] 1:00 <b>LL</b> Fresh Baked! [B] 2:00 <b>CE</b> Current Events [L] 3:00 <b>LL</b> Cards and Games [T] 5:00 <b>PE</b> Tap your Toes [W] 6:30 <b>LL</b> Evening Movie [T]	<b>18</b> <b>Medical Transportation</b> 10:00 <b>PE</b> Strength & Balance [W] 11:00 <b>CE</b> Cranium Crunches [B] 1:00 <b>PE</b> Balloon Volleyball Challenge [W] 2:00 <b>LL</b> Bingo [B] 3:00 <b>LL</b> Happy Hour [B] 4:00 <b>CE</b> Let's Discuss! [T] 6:30 <b>LL</b> Docuseries: Dogs [T]	<b>19</b> <b>Errands 10:00-12:30</b> 9:10 <b>PE</b> Standing Pilates [W] 10:30 <b>CE</b> Chess [T] 2:00 <b>SS</b> Bible Study [T] 3:00 <b>PE</b> Theraband Training [W] 3:30 <b>CC</b> Volunteer Project [B] 4:00 <b>AE</b> Adult Color & Sip [B] 6:30 <b>LL</b> Evening Movie [T]	<b>20</b> <b>Medical Transportation</b> <b>9:00 LL Men's Breakfast [CR]</b> 9:25 <b>SS</b> Guided Meditation [CR] 10:30 <b>PE</b> Gentle Chair Yoga [W] 11:00 <b>CC</b> Give Back Club [B] 11:30 <b>CE</b> Historical Moment [LR] 2:00 <b>LL</b> Bingo [B] 3:00 <b>LL</b> Happy Hour [B] 5:00 <b>PE</b> Simple Stretches [W] 6:30 <b>LL</b> Evening Movie [T]	<b>21</b> 10:30 <b>PE</b> Strength & Balance with Taylor [W] 11:00 <b>CE</b> Ted Talk [B] 11:30 <b>LL</b> Game Night in the Morning 2:00 <b>AE</b> Chef's Corner [B] 2:00 <b>CE</b> Jeopardy Challenge [B] 3:00 <b>AE</b> Poetry Appreciation [R] 4:00 <b>PE</b> Ladder Golf [W] 6:30 <b>LL</b> Docuseries: Conspiracies [CR]	<b>22</b> <b>Grocery Trip 1:00-3:00pm</b> 10:30 <b>PE</b> Tai Chi [W] 11:00 <b>CE</b> Crossword Corner [LR] 2:00 <b>CE</b> Live at the Museum [B] 3:00 <b>AE</b> Diamond Art [B] 4:00 <b>AE</b> Activity workshop with Nancy [B] 5:00 <b>PE</b> Fitness in 15 [W] 6:30 <b>LL</b> Evening Movie [T]
<b>23</b> 10:30 <b>PE</b> Gentle Chair Yoga [W] 11:00 <b>LL</b> Mahjong [LR] 1:00 <b>SS</b> Sunday Service [T] 2:00 <b>AE</b> Musical Moments [CR] 3:00 <b>LL</b> Sundae Sundays [B] 4:00 <b>AE</b> Puzzle Perfect [B] 5:00 <b>PE</b> Fitness in 15 [W] 6:30 <b>LL</b> Evening Movie [T]	<b>24</b> 9:00 <b>SS</b> Devotions [CR] 10:00 <b>PE</b> Yardzee [W] 11:00 <b>CE</b> YouTube University [B] 1:00 <b>LL</b> Fresh Baked! [B] 2:00 <b>CE</b> Current Events [L] 3:00 <b>LL</b> Cards and Games [T] 5:00 <b>PE</b> Tap your Toes [W] 6:30 <b>LL</b> Evening Movie [T]	<b>25</b> <b>Medical Transportation</b> 10:00 <b>PE</b> Strength & Balance [W] 11:00 <b>CE</b> Cranium Crunches [B] 1:00 <b>PE</b> Balloon Volleyball Challenge [W] 2:00 <b>LL</b> Bingo [B] 3:00 <b>LL</b> Happy Hour [B] 4:00 <b>CE</b> Let's Discuss! [T] 6:30 <b>LL</b> Docuseries: Dogs [T]	<b>26</b> 9:10 <b>PE</b> Standing Pilates [W] 10:00 <b>LL</b> Scenic Drive [S] 2:00 <b>SS</b> Bible Study [T] 3:00 <b>PE</b> Theraband Training [W] 3:30 <b>CC</b> Volunteer Project [B] 4:00 <b>AE</b> Adult Color & Sip [B] 6:30 <b>LL</b> Evening Movie [T]	<b>27</b> <b>Medical Transportation</b> 9:25 <b>SS</b> Guided Meditation [CR] 10:30 <b>PE</b> Gentle Chair Yoga [W] 11:00 <b>CC</b> Give Back Club [B] 11:30 <b>CE</b> Historical Moment [LR] 2:00 <b>LL</b> Bingo [B] 3:00 <b>LL</b> Happy Hour [B] 5:00 <b>PE</b> Simple Stretches [W] 6:30 <b>LL</b> Evening Movie [T]	<b>28</b> 10:30 <b>PE</b> Strength & Balance with Taylor [W] 11:00 <b>CE</b> Ted Talk [B] 11:30 <b>LL</b> Game Night in the Morning <b>12:15 LL Resident Birthday Celebration [R]</b> 2:00 <b>CE</b> Jeopardy Challenge [B] 3:00 <b>AE</b> Poetry Appreciation [R] 4:00 <b>PE</b> Ladder Golf [W] 6:30 <b>LL</b> Docuseries: Conspiracies [CR]	<b>29</b> <b>Grocery Trip 1:00-3:00pm</b> 10:30 <b>PE</b> Tai Chi [W] 11:00 <b>CE</b> Crossword Corner [LR] 2:00 <b>CE</b> Live at the Museum [B] 3:00 <b>AE</b> Diamond Art [B] 4:00 <b>AE</b> Activity workshop with Nancy [B] 5:00 <b>PE</b> Fitness in 15 [W] 6:30 <b>LL</b> Evening Movie [T]