

ARBOR GLEN CONNECTION

*HAPPY.
New Year*

11020 39th St. N. Lake Elmo, MN 55042 |
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January 2022



January Events and Activities

All activities subject to change due to COVID

Tuesdays and Thursdays = pet visits

Every Monday @ 11am = Drama Club with Charley

Every Tuesday = Yoga with Marilyn @ 10am

Every Friday = Bible study & Church Services

Every Wednesday = Happy Hour @ 2pm

Every Tuesday and Thursday = BINGO @ 11am

Every Monday and Friday = Movie Matinee @ 3pm

Every Thursday = Downton Abbey showing @ 3pm

1st and 3rd Tuesday of the month = Lake Elmo Bank @ 10am

1st and 3rd Wednesday of the month = Acupuncture @ 3-4pm

Every other Tuesday = Massage with Shawnah @ 1-3pm

Performances will be:

David Jones = 1/5 @ 10am for JFK presentation

Vinnie Rose = 1/5 @ 2pm for Happy Hour

Time Patrick = 1/12 @ 2pm for Happy Hour

Chaplain George = 1/14 @ 10am for Africa presentation

Diane Zilverberg = 1/26 @ 2pm for Happy Hour

Resident Council = 1/27 @ 1:30pm

January Outings

Thursday, January 13th - Lunch outing to Lake Elmo Inn 12:00

Please sign up a head of time so I can make the proper reservation

Thursday, January 20th - Target Shopping Outing 1:00-2:30

Sign up at the front desk

***Please note: As of January 1, 2022 Essential Beauty will be adding a convenience fee of 3.7% to all credit card transactions. This is not an employee gratuity.

Kudos Winner!!

This month's Kudos winner is Colleen! Colleen has only been part of our team for a couple of months but she has made a positive impression on everyone here, always willing to help wherever she is needed and working hard to keep Arbor Glen a beautiful place to live. She helped Chelsea decorate for Christmas this year, adding extra cheer to our Holiday and helping us feel the joy of the season. Thank you for all you do, Colleen! You are appreciated!

**Colleen
Bergmann**
Housekeeper



Executive Spotlight



Ann Grode
Executive Director

Merry Christmas and Happy New Year!! What a wonderful month of activity and celebration. I hope everyone was able to find joy somewhere along the way. Apartment inspections and filter changes are now complete. Thank you for your patience with this and for your help in keeping our community safe. If you haven't checked out the greenhouse yet, I encourage you to do so. Spending a few minutes a day in this beautiful space is sure to perk you up and help pass the long winter days.

JANUARY KUDOS

Our kudos tree was full this month! That is wonderful to see and makes such a big impact on our staff. Thank you for showing your support and appreciation for others during this Holiday season! Let us continue to build each other up as we enter the New Year!

Nicole (Nurse)- You are the best! Dave and I are so thankful for all the care and laughs you give our Mom's! ~Dave and Tracy Davidson
Sarah (RA)- Thanks for making sure I got here when I needed to be! And for just being a sweet person. Glad we work together!
Azmera (RA)- Thank you for being so good to our Mom's! We know they can be a handful 😊 You are amazing! ~Dave and Tracy Davidson
Azmera (RA)- Went above and beyond when I needed a little extra help. Made living here that much more special. ~Audrey
Brenda (RA)- Thanks for being cheerful and in tune to those around you. I am always grateful for your presence. ~Maggie
Chelsea (Activities)- Chelsea decorated for Christmas so wonderfully! Don't know if others were involved but I do know that Chelsea is so talented! ~Kathy C.
Chelsea (Activities)- Decorated all the trees and lights in the facility and made sure I had a power source for booster.
Chelsea (Activities)- Wishing you joy and laughter this Holiday and thanks for all the good work you do. Merry Christmas! ~Tom Berube
Maggie (Reception)- You are such a great front desk employee! Always smiling and eager to assist families! ~The Davidsons
Rhonda (Reception)- Wishing you and family a Merry Christmas. Thank you for all you do for me! ~Tom Berube
Jack (environmental Services)- Wishing you joy and laughter this Holiday! Merry Christmas and thank you for all the work you did for me! ~Tom Berube
Colleen (Housekeeping)- Thank you for helping decorate the building for Christmas! ~Chelsea
Colleen (Housekeeping)- Thank you for all you've already done to help us out in your time here! You are very much appreciated! ~Maggie
Richie (Housekeeping)- Thank you for helping decorate the building for Christmas! ~Chelsea
Mark (Chef)- You are so chill and I am always glad you are in the kitchen when I am running late with dinner orders! Thanks for being flexible! ~Maggie
Asher (Culinary)- Meets me every day at the table with coffee and menu.
Dante (Culinary)- Thank you for being such a genuinely kind person. You make a difference. ~Maggie
Kasarah (Culinary)- You are so efficient and yet still so good at interacting with the residents and recognizing their needs. You're awesome! ~Maggie

Kudos Tree is at reception for any and all to submit when an employee is due for some appreciation :)

Resident Spotlight



Resident Spotlight done by:
Maggie Spitzer, Reception

Name: Kathy

Favorite Color: Pink

Favorite Drink: Herbal Tea

Originally From: Wales

Meet a wonderful lady, loved by all of us here at Arbor Glen. Kathy is fondly known as "Grandma" by many and spreads her kindness and good spirits to everyone she meets. She has a love for the beautiful things in life and fondly recalls all the joys of her adventures and family. I have many times sat with her while she drinks her cup of tea, showing me pictures of her best memories and telling me stories. She never hesitates to remind us we are special and appreciated

January Horoscope

In astrology, those born from January 1–19 are Capricorn's Goats. Like goats that perch on mountain crags, Capricorns are masters of self-control and responsibility. Intense focus and fortitude help them reach their goals. Those born from January 20–31 are the Water Bearers of Aquarius. Just as water gives life to the land, Aquarians are the humanitarians of the zodiac. Their heightened compassion and empathy compel them to help those in need.

WELCOME TO THE TEAM



Becca Farnham
Resident Assistant



Mya Pena Sevilla
Culinary Assistant



Residents

Thomas "Tom" Berube = 1/2
Darlene Mogren = 1/3
Flo Gibson = 1/12

Staff

Azmera Melake = 1/1
Abigail Mueller = 1/3
Brenda Large = 1/5
Kari Huckels = 1/11
Jack Larson = 1/18
Asher Ryan = 1/22

Point of Contact

Chelsea Solfest, Activities Director
Chelsea.solfest@fairview.com
(651) 704 – 1424
(Her office is also located by the front door)

December FUN



Wunder Years Day Care



Christmas Light outing

