



January 2022

The Heritage  
at Fox Run

Assisted Living

SUN

MON

TUE

WED

THU

FRI

SAT

		Activities are subject to change. We will notify you as soon as possible if we are expecting a change to occur on the activity calendar. Thank you!	CH-Chapel CS-Coffee Shop CY-Court Yard D-Dining Room L-Library TH-Theatre Exercise Class is in the Wellness Room	Resident Birthdays  4 Lois S  9 Linda F  11 Nadine A  26th Shirley W	Staff Birthdays  1 Alicia R  21 Tiera G  28 Ira W  31 Alisa W	<sup>1</sup> Happy New Year! 10:30 Self Lead Exercise Class in the Wellness Room 12:00 New Years Eve Lunch in the Dining Room 2:00 Card Games in the Coffee Shop
2 9:30 Sunday Morning Church Service with First Christian Church 11:00 Trivia in the Coffee Shop 1:30 Piggy Bank Bingo in the Coffee Shop 2:30 Ice Cream Treats in the Coffee Shop 3:30 Card Games in the Library	3 9:30 Catholic Communion-CH 10:00 Exercise Class-WR 10:30 Walking Club-2nd Floor 10:45 Nail Care in the Library for 1st Floor Residents 2:00 Toss Em' Card Bingo in the Coffee Shop 3:00 Nail Care in the Coffee Shop for 2nd Floor	4 9:00 Snapshots Program 10:00 Exercise Class-WR 10:30 Walking Club on 2nd Floor 11:00 Bowling-H 2:00 Bingo in the Coffee Shop 3:00 Bean Bag Competition in the Coffee Shop 6:30 Tuesday Night Cap in the Coffee Shop	5 9:00 Rosary-CH 10:00 Exercise Class in the Wellness Room 10:30 Walking Club on 2nd Floor 10:45 Chapel with Pastor Blodgett 11:00 Out to Lunch at Tish's 2:00 Town Hall Meeting in the Coffee Shop 3:00 Sundaes in the Coffee Shop	6 10:00 Exercise Class-WR 10:30 Walking Club-2nd Floor 10:45 Crossword Puzzles in the Coffee Shop 2:00 JINGO Bingo Game in the Coffee Shop 3:00 Fresh Fruit in the Coffee Shop 3:30 Card Games in the Library	7 9:00 Shopping at Hy-Vee-Masks Must be worn-Please RSVP 10:00 Self Lead Exercise-WR 2:00 Deer Hunting Game in the Coffee Shop 3:00 Afternoon Trivia Tease in the Coffee Shop 6:00 Movie in the Theater-You Choose!	8 10:00 Exercise Class in the Wellness Room 11:00 Snapshots Programming 1:30 Bingo in the Coffee Shop and Library 2:30 Trivia in the Coffee Shop 6:00 Fireside Chat on 1st Floor by the Fireplace
9 9:30 Sunday Morning Church Service with First Christian Church 11:00 Making Popcorn-CS 1:30 Piggy Bank Bingo in the Coffee Shop 2:30 January Trivia in the Coffee Shop America's Funniest Videos-CS	10 9:30 Catholic Communion-CH 10:00 Exercise-WR 10:30 Walking Club-2nd Floor 10:45 Nail Care in the Library for 1st Floor Residents 2:00 Sing A Long with Rick Darrell-Coffee Shop 3:00 Nail Care in the Library for 1st Floor	11 Jeans Day! 9:00 Snapshots Programming 10:00 Exercise in the Wellness Room 11:00 Bowling in the Hallway 2:00 Bingo in the Coffee Shop 3:30 Hot Cocoa with Marshmallows-CS 6:30 Tuesday Night Cap in the Coffee Shop	12 9:00 Rosary-CH 10:00 Exercise Class in the Wellness Room 10:45 Chapel with Pastor Blodgett 11:00 Lunch at Pizza Ranch 2:00 Scatter Joy Acres Animal Visits in the Coffee Shop 3:00 Card Games in the Library	13 10:00 Exercise in the Wellness Room 10:30 Walking Club 10:45 Word Searches in the Coffee Shop 1:00 Leave for Trip to Desoto Bend Bertrand Museum-Please RSVP for this Outing and Bring a Mask 3:00 Card Games in the Library	14 9:00 Shopping at Target-Masks Must be worn 10:30 Walking Club-2nd Floor 2:00 Country Music with Walt Werre in the Coffee Shop 3:00 Root Beer Floats-CS 6:30 Movie in the Theater-Come and Enjoy!	15 10:00 Exercise Class in the Wellness Room 11:00 Snapshots Programming 1:30 Bingo in the Coffee Shop and Library 2:30 Football Toss Competition-CS 6:00 Fireside Chat on 1st Floor by the Fireplace
16 9:30 Sunday Morning Church Service with First Christian Church 10:30 Trivia-CS 1:30 Piggy Bank Bingo in the Coffee Shop 2:30 Sunday Sundaes in the Coffee Shop 6:00 America's Funniest Videos-CS	17 9:30 Catholic Mass-CH 10:00 Cookie with Father Jacob-CS 10:00 Exercise Class-WR 10:30 Walking Club on 2nd Floor 10:45 Nail Care in the Library 2:00 Music of Billy Troy-Coffee Shop 3:00 Nail Care in the Library	18 10:00 Exercise Class-WR 10:30 Walking Club 10:45 Bowling in the Hallway 2:00 Bingo in the Coffee Shop 4:00 Order Take Out from Long John Silvers 6:30 Tuesday Night-Night Cap-CS	19 9:00 Rosary-CH 10:00 Exercise in the Wellness Room 10:45 Chapel with Pastor Blodgett 11:00 Leave for Lunch at Long Horn Steakhouse 2:00 Food Town Hall Meeting in the Coffee Shop 3:00 UNO-CS	20 Wear Your Favorite Stocking Hat Day! 9:00 Custom Hearing Solutions-Movie Theater 10:00 Exercise Class-WR 10:30 Walking Club 10:45 Word Finds 2:00 Winter Country Drive-Please RSVP 6:30 Hot Cocoa in the Coffee Shop	21 9:00 Shopping at Walmart Pharmacy-Masks Must be worn 10:00 Self Lead Exercise Class-Wellness Room 2:00 Music with Ben Tomasello in the Coffee Shop 3:00 Choose Your Favorite Sundae-CS	22 10:00 Exercise Class-WR 11:00 Snapshots Programming 1:30 Bingo in the Coffee Shop and Library 2:30 Frozen Treats in the Coffee Shop 6:00 Fireside Chat on 1st Floor by the Fireplace
23 9:30 Church-First Christian Church 10:30 Trivia-CS 1:30 Piggy Bank Bingo-CS 2:30 Daily Devotions-CS 30 Church-First Christian Church 10:30 Popcorn-CS 1:30 Piggy Bank Bingo-CS 2:30 Ice Cream Treats-CS	24 9:30 Catholic Communion-CH 10:00 Exercise-WR 10:45 Nail Care-CS 2:00 Where I Am From Conversations-CS 3:00 Nail Care-CS 31 9:30 Catholic Communion-CH 10:00 Exercise-WR 10:45 Nail Care-CS 2:00 -CS 3:00 Nail Care-CS	25 9:00 Snapshots Programming 10:00 Exercise Class-WR 10:30 Walking Club-2nd Floor 10:45 Bowling in the Hallway 2:00 Bingo in the Coffee Shop 3:00 Bean Bag Bash Competition in the Coffee Shop 6:30 Tuesday Night Cap-CS	26 9:00 Rosary in the Chapel 10:00 Exercise-WR 10:45 Chapel with Pastor Blodgett 10:30 Walking Club on 2nd Floor 11:00 Lunch at Village Inn 2:00 Card Games in the Coffee Shop 3:00 Kings on the Corner-CS	27 10:00 Exercise in the Wellness Room 10:30 Walking Club 10:45 NYE Coloring Pages-CS 2:00 Music with Father James in the Coffee Shop 3:00 Fresh Buttery Popcorn in the Coffee Shop 3:00 Kings on the Corner Card Game in the Library	28 9:00 Shopping at Hy-Vee-Mask Must Be Worn-Please RSVP 10:00 Self Lead Exercise Class 10:30 Walking Club-2nd Floor 2:00 The Price is Right Game in the Coffee Shop 6:30 Listen to Alexa in the Coffee Shop	29 10:00 Exercise Class in the Wellness Room 11:00 Snapshots Programming 1:30 Bingo in the Coffee Shop and Library 2:30 Poetry Reading in the Coffee Shop 6:00 Fireside Chat on 1st Floor by the Fireplace

