



January 2022

The Heritage
at Fox Run

Indepedent Living

SUN

MON

TUE

WED

THU

FRI

SAT

		Activities are subject to change. We will notify you as soon as possible if we are expecting a change to occur on the activity calendar. Thank you!		Activities are held in the Wellness Room, Dining Room, Community Room, Café and Beauty Shop. Keep an eye on the calendar for times and locations!		Let us love winter for it is the Spring of genius. -Pietro Arentino		<u>Resident Birthdays</u> 6th Sandy H 24th Betty J		1 <u>Happy New Year!</u> 10:30 Self Lead Exercise Class in the Wellness Room 12:00 New Years Eve Lunch in the Dining Room 2:00 Card Games in the Cafe			
2 10:30 Exercise Class-Self Lead-WR 11:00 Walking Club-2nd Floor 2:30 Card Games in the Community Room 3:00 Talk Current Happenings in the Café		3 10:30 Exercise Class-WR 11:00 Walking Club-2nd Floor 11:00 Nail Care in the Beauty Shop 2:00 Hang Man Competition in the Dining Room 3:00 Name 5 Trivia Game in the Community Room		4 10:30 Exercise Class-WR 11:00 Walking Club on 2nd Floor 11:00 Bowling-CR 2:00 Bingo in the Dining Room 3:00 Bean Bag Competition in the Community Room 6:30 BYOB-Tuesday Night Cap in the Community Room		5 <u>Library Book Drop Off/Pick Up Day!</u> 10:30 Exercise Class-WR 11:00 Walking Club on 2nd Floor 2:00 Toss Em' Card Bingo Game-Dining Room 3:00 Town Hall Meeting-DR 5:00 Community Pot Luck-Please RSVP at Front Desk		6 10:30 Exercise Class-WR 11:00 Walking Club-2nd Floor 10:45 Crossword Puzzles in the Community Room 2:00 The Price is Right Game in the Dining Room 3:00 Fresh Fruit in the Cafe 3:30 Card Games in the Community Room		7 10:30 Exercise-WR 11:00 Walking Club-2nd Floor 2:00 Country Music with Walt Werre in the Dining Room 3:00 Who Wants Pie in the Cafe 5:00 Community Room Reserved		8 10:30 Exercise Class-Self Lead -WR 11:00 Walking Club-2nd Floor 11:00 Coloring Pages-CR 2:00 Watch Football Games Together-CR 3:00 Puzzle Hour-CR	
9 10:30 Exercise Class-Self Lead-WR 11:00 Walking Club-2nd Floor 2:00 Ice Cream in the Café 3:00 Kings on the Corner in the Community Room		10 10:30 Exercise-WR 11:00 Walking Club-2nd Floor 11:00 Nail Care in the Beauty Shop 2:00 Wine and Cheese Social in the Café 3:00 UNO in the Community Room		11 <u>Jeans Day!</u> 10:30 Exercise in the Wellness Room 11:00 Walking Club-2nd Floor 11:00 Bowling-CR 2:00 Bingo in the Dining Room 3:30 Hot Cocoa with Marshmallows-Cafe 6:30 BYOB-Tuesday Night Cap in the Cafe		12 10:30 Exercise Class in the Wellness Room 11:00 Walking Club-2nd Floor 2:00 Sock Snow Man Craft Time in the Dining Room 3:00 Puzzle Club in the Community Room		13 10:30 Exercise in the Wellness Room 11:00 Walking Club 10:45 Word Searches-CR 2:00 Name 5 Trivia in the Dining Room 3:00 Fresh Veggies in the Cafe		14 10:30 Walking Club-2nd Floor 11:00 Walking Club-2nd Floor 2:00 Wine Glass Snow Man Craft in the Community Room 3:00 Root Beer Floats-Cafe 6:30 Movie in the Theater		15 10:30 Exercise Class-Self Lead 11:00 Walking Club-2nd Floor 11:00 Bridge Club-CR 2:00 Watch Football Games Together-CR 3:00 Talk Current Events in the Café	
16 10:30 Exercise Class-Self Lead-WR 11:00 Walking Club-2nd Floor 2:00 Card Games in the Community Room 6:00 Fireside Chat		17 10:30 Exercise Class-WR 11:00 Walking Club on 2nd Floor 11:00 Nail Care in the Beauty Shop 2:00 Wine and Cheese in the Cafe 4:15 Out to Dinner at Cracker Barrel-Please RSVP		18 10:30 Exercise Class-WR 11:00 Walking Club 10:45 Keep It Sharp Trivia-CR 2:00 Bingo in the Dining Room 3:00 Trivia in the Café 6:30 BYOB-Tuesday Night-Cap-Cafe		19 10:30 Exercise in the Wellness Room 11:00 Walking Club-2nd Floor 2:00 Scatter Joy Acres Animal Visits in the Dining Room 3:00 Food Town Hall Meeting in the Dining Room		20 <u>Wear Your Favorite Stocking Hat Day!</u> 10:30 Exercise Class-WR 11:00 Walking Club 11:00 Word Finds 2:00 Piggy Bank Bingo in the Dining Room 3:00 Hot Cocoa in the Cafe		21 10:30 Exercise Class-Wellness Room 11:00 Walking Club 11:00 Trivia-CR 2:00 Deer Hunting Game in the Dining Room 3:00 Choose Your Favorite Sundae-Cafe		22 10:30 Exercise Class-Self Lead 11:00 Walking Club-2nd Floor 11:00 Puzzle Club in the CR 2:00 Yahtzee in the CR 3:00 Talk Current Events in the Café	
23 10:30 Exercise Class-Self Lead-WR 11:00 Walking Club-2nd Floor 2:30 Share Daily Devotions-Cafe 3:00 Talk Current Events 30 10:30 Exercise Class-Self Lead-WR 11:00 Walking		24 10:30 Exercise-WR 11:00 Walking Club-2nd Floor 11:00 Nail Care in the Beauty Shop 2:00 Back Where I Am From-Cafe 31 10:30 Exercise-WR 11:00 Walking Club-2nd Floor 11:00 Nail Care in the Beauty Shop 2:00 Music with Billy Troy-DR		25 10:30 Exercise Class-WR 11:00 Walking Club-2nd Floor 10:45 Bowling in the Hallway 1:45 Bingo in the Dining Room 3:00 Music with Ric Darrel in the Dining Room 6:30 Tuesday Night Cap-Cafe		26 10:30 Exercise in the Wellness Room 11:00 Yahtzee in the Community Room 11:00 Walking Club on 2nd Floor 2:00 Card Games in the Community Room 3:00 Kings on the Corner in the Community Room		27 10:30 Exercise in the Wellness Room 11:00 Walking Club 11:00 Word Finds 1:00 Leave for Trip to Desoto Bend Bertrand Museum-Please RSVP for this Outing and Bring a Mask 3:00 Kings on the Corner Card Game in the Community Room		28 10:30 Exercise Class in the Wellness Room 10:30 Walking Club-2nd Floor 2:00 Music with Rich Patton in the Dining Room 3:00 Sweet Treats-Cafe 6:30 Movie in the Community Room-You Choose!		29 10:30 Exercise Class-Self Lead -WR 11:00 Walking Club 2:00 UNO in the Community Room 3:00 Let's Play Scrabble in the Community Room	

