

# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*ALL ACTIVITIES ARE SUBJECT TO CHANGE*	<b>Birthdays</b> 1/16 - Gene Miller	1/23 NATIONAL PIE DAY!! 1/30 NATIONAL CROISSANT DAY!!				<b>1</b> <b>New Year's Day</b> 9:15 Meditation Breathing 9:30 Exercise w/Danette 10:00 Daily Chronicle & Coffee 1:00 Ring Toss 3:00 Bingo 5:00 Movie- Residents Choice
<b>2</b> 8:30 Church w/Chuck & Sally 9:30 Exercise w/Danette 10:00 Hot Cocoa Social 1:00 Manicures w/Danette 3:00 Trivia 5:00 Movie- Residents Choice	<b>3</b> 10:00 Morning Walk 10:30 History Podcast 1:00 Game- Name That 2:00 Reminiscing & Snack 3:00 Bean Bag Toss 5:30 Classic Shows	<b>4</b> 9:30 Exercise Class 10:00 Songbird Crossword 1:30 Afternoon Walk 2:00 Brain Boost 3:00 Aromatherapy 5:30 Movie- Residents Choice	<b>5</b> 9:30 Exercise Class 10:00 Tea Social w/Olivia 1:00 Lifeshare Game 2:00 Baking Class 5:30 Western Movie	<b>6</b> 9:30 Exercise w/Danette 10:00 Snack & Chat 10:30 Crafts 1:00 Bus Outing- Scenic Drive 3:00 Famous Bears Trivia 5:30 Classic Shows	<b>7</b> 9:30 Morning Walk 10:00 Daily Chronicle & Hot Tea 1:00 Bounce Baseball 2:00 Circle of Friends 3:00 Ray Durkee Podcast 5:00 Classic Shows	<b>8</b> 9:15 Meditation Breathing 9:30 Exercise w/Danette 10:00 Daily Chronicle & Coffee 1:00 Balloon Toss 3:00 Bingo 5:00 Movie- Residents Choice
<b>9</b> 8:30 Church w/Chuck & Sally 9:30 Exercise w/Danette 10:00 Hot Cocoa Social 1:00 Manicures w/Danette 3:00 Trivia 5:00 Movie- Residents Choice	<b>10</b> 10:00 Morning Walk 10:30 History Podcast 1:00 Game- Name That 2:00 Reminiscing & Snack 3:00 Bean Bag Toss 5:30 Classic Shows	<b>11</b> 9:30 Exercise Class 10:00 Bear Crossword 1:30 Afternoon Walk 2:00 Brain Boost 3:00 Aromatherapy 5:30 Movie- Residents Choice	<b>12</b> 9:30 Exercise Class 10:00 Tea Social w/Olivia 1:00 Lifeshare Game 2:00 Baking Class 5:30 Western Movie	<b>13</b> 9:30 Exercise w/Danette 10:00 Snack & Chat 10:30 Crafts 1:00 Bus Outing- Scenic Drive 3:00 National Park Trivia 5:30 Classic Shows	<b>14</b> 9:30 Morning Walk 10:00 Daily Chronicle & Hot Tea 1:00 Bounce Baseball 2:00 Circle of Friends 3:00 Ray Durkee Podcast 5:00 Classic Shows	<b>15</b> 9:15 Meditation Breathing 9:30 Exercise w/Danette 10:00 Daily Chronicle & Coffee 1:00 Balloon Toss 3:00 Bingo 5:00 Movie- Residents Choice

# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>16</b></p> <p><b>8:30</b> Church w/Chuck &amp; Sally  <b>9:30</b> Exercise w/Danette  <b>10:00</b> Hot Cocoa Social  <b>1:00</b> Manicures w/Danette  <b>3:00</b> Trivia  <b>5:00</b> Movie- Residents Choice</p>	<p><b>17</b> Martin Luther King Day</p> <p><b>10:00</b> Morning Walk  <b>10:30</b> History Podcast  <b>1:00</b> Game- Name That  <b>2:00</b> Reminiscing &amp; Snack  <b>3:00</b> Bean Bag Toss  <b>5:30</b> Classic Shows</p>	<p><b>18</b></p> <p><b>9:30</b> Exercise Class  <b>10:00</b> Arkansas Nat. Park Crossword  <b>1:30</b> Afternoon Walk  <b>2:00</b> Brain Boost  <b>3:00</b> Aromatherapy  <b>5:30</b> Movie- Residents Choice</p>	<p><b>19</b></p> <p><b>9:30</b> Exercise Class  <b>10:00</b> Tea Social w/Olivia  <b>1:00</b> Lifeshare Game  <b>1:30</b> ENTERTAINER- TOM BOYD  <b>3:00</b> Baking Class  <b>5:30</b> Western Movie</p>	<p><b>20</b></p> <p><b>9:30</b> Exercise w/Danette  <b>10:00</b> Snack &amp; Chat  <b>10:30</b> Crafts  <b>1:00</b> January Trivia  <b>2:00</b> ALL STAFF MEETING 2- 4PM  <b>5:30</b> Classic Shows</p>	<p><b>21</b></p> <p><b>9:30</b> Morning Walk  <b>10:00</b> Daily Chronicle &amp; Hot Tea  <b>1:00</b> Bounce Baseball  <b>2:00</b> Circle of Friends  <b>3:00</b> Ray Durkee Podcast  <b>5:00</b> Classic Shows</p>	<p><b>22</b></p> <p><b>9:15</b> Meditation Breathing  <b>9:30</b> Exercise w/Danette  <b>10:00</b> Daily Chronicle &amp; Coffee  <b>1:00</b> Balloon Toss  <b>3:00</b> Bingo  <b>5:00</b> Movie- Residents Choice</p>
<p><b>23</b></p> <p><b>8:30</b> Church w/Chuck &amp; Sally  <b>9:30</b> Exercise w/Danette  <b>10:00</b> Slice of Pie &amp; Reminisce  <b>1:00</b> Manicures w/Danette  <b>3:00</b> Trivia  <b>5:00</b> Movie- Residents Choice</p>	<p><b>24</b></p> <p><b>10:00</b> Morning Walk  <b>10:30</b> History Podcast  <b>1:00</b> Game- Name That  <b>2:00</b> Reminiscing &amp; Snack  <b>3:00</b> Bean Bag Toss  <b>5:30</b> Classic Shows</p>	<p><b>25</b></p> <p><b>9:30</b> Exercise Class  <b>10:00</b> Formula one Crossword  <b>1:30</b> Afternoon Walk  <b>2:00</b> Brain Boost  <b>3:00</b> Aromatherapy  <b>5:30</b> Movie- Residents Choice</p>	<p><b>26</b></p> <p><b>9:30</b> Exercise Class  <b>10:00</b> Tea Social w/Olivia  <b>1:00</b> Lifeshare Game  <b>2:00</b> Baking Class  <b>5:30</b> Western Movie</p>	<p><b>27</b></p> <p><b>9:30</b> Exercise w/Danette  <b>10:00</b> Snack &amp; Chat  <b>10:30</b> Crafts  <b>1:00</b> Bus Outing- Scenic Drive  <b>3:00</b> Australian Animal Trivia  <b>5:30</b> Classic Shows</p>	<p><b>28</b></p> <p><b>9:30</b> Morning Walk  <b>10:00</b> Daily Chronicle &amp; Hot Tea  <b>1:00</b> Bounce Baseball  <b>2:00</b> Circle of Friends  <b>3:00</b> Ray Durkee Podcast  <b>5:00</b> Classic Shows</p>	<p><b>29</b></p> <p><b>9:15</b> Meditation Breathing  <b>9:30</b> Exercise w/Danette  <b>10:00</b> Daily Chronicle &amp; Coffee  <b>1:00</b> Balloon Toss  <b>3:00</b> Bingo  <b>5:00</b> Movie- Residents Choice</p>
<p><b>30</b></p> <p><b>8:30</b> Church w/Chuck &amp; Sally  <b>9:30</b> Exercise w/Danette  <b>10:00</b> Hot Cocoa &amp; Croissants  <b>1:00</b> Manicures w/Danette  <b>3:00</b> Trivia  <b>5:00</b> Movie- Residents Choice</p>	<p><b>31</b></p> <p><b>10:00</b> Morning Walk  <b>10:30</b> History Podcast  <b>1:00</b> Game- Name That  <b>2:00</b> Reminiscing &amp; Snack  <b>3:00</b> Bean Bag Toss  <b>5:30</b> Classic Shows</p>					