



*Jan M Gallweith*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Bacon* French Toast* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine	Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine	Egg of Choice Sausage & Gravy Fresh Fruit* Biscuit Coffee Milk of Choice, 8oz Juice of Choice Salt/Pepper	Breakfast Sandwich* Hash Browns* Fresh Fruit* Muffin Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Egg of Choice* Sausage Patty Fresh Fruit* Toast* Coffee Milk of Choice, 8oz Juice of Choice Syrup	Egg of Choice Breakfast Meat Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine	Cereal of Choice* Toast* Fresh Fruit* Milk, 2%* Juice of Choice*
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pork Roast Savory Baked Sweet Potato Broccoli & Cauliflower Dinner Roll Pic	Beef Steak w/ Mushrooms* Mashed Potatoes* Yellow Squash* Raspberry Dream Cake*	Ham w/ Pineapple Glazed Au Gratin Potato Baby Carrots Fudge Macaroon*	Macaroni Beef Bake Tossed Salad w/ Dressing Bread Sticks Pudding	Enchilada Cheese Fried Rice Seasoned Broccoli Dinner Roll Gingerbread Cake w/ Whipped Topping	Fish Battered Boiled Potatoes Buttered Corn Frosted Brownie	Pork Cutlet Baked Roasted Potatoes Mixed Vegetables Lemon Layer Dessert*
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Grilled Cheese Sandwich Tomato Soup Crackers Frosted Cherry Cake*	Turkey Bacon & Swiss Sandwich Soup of the Day Chips Potato Congo Bars*	Pork Pulled Sandwich Soup of the Day Coleslaw German Chocolate Cake*	Chicken Caesar Salad Soup of the Day Crackers Key Lime Pic*	Chicken Grilled Sandwich Soup of the Day Frosted Chocolate Chip Cake*	Deli Sandwich Broccoli Cheese Soup Gelatin	Beef Steak Fingers Mashed Potatoes w/ Gravy Seasoned Spinach Ice Cream

Date: 11/3/2021

RD:

Week: 2

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<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Sausage* French Toast* Fresh Fruit* Coffee Milk of Choice, 8oz Juice of Choice Margarine	Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine	Ham & Egg Casserole Fresh Fruit* Homestyle Biscuit Coffee Milk of Choice, 8oz Juice of Choice Margarine	Breakfast Sandwich* Hash Browns* Fresh Fruit* Coffee Milk of Choice, 8oz Juice of Choice	Egg of Choice Bacon* Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine	Sausage Link Fresh Fruit* Pancakes Coffee Milk of Choice, 8oz Juice of Choice Syrup	Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Roast Beef Baked Potato Broccoli w/ Cheese Dinner Roll Fruit Pic	Turkey Open Faced Sandwich Mashed Potatoes Green Peas Dinner Roll Pineapple Upside Down Cake	Lasagna Italian Style Tossed Salad w/ Dressing Whole Kernel Corn Garlic Bread* Vanilla Pudding	Chicken BBQ Mashed Sweet Potatoes Buttered Carrots Peanut Butter Bar	Beef Tips w/ Mushroom Sauce Buttered Noodles Steamed Vegetable Strawberry Upside Down Cake*	Fish Baked Rice Pilaf Green Peas & Onions* Lemon Bar	Corned Beef and Cabbage Red Skin Potatoes* Carrots/Potatoes* Chocolate Eclair Bar*
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Penne Pasta and Chicken Side Salad Italian Vegetables Snickerdoodle Cookie*	Chicken Patty Potato Wedges Lettuce/Tomato* Rhubarb Crumble*	Smoked Sausage Red Skin Potatoes Sauerkraut Cornbread Lime Dream Cake*	Rotini Pasta w/ Meat Sauce Beans Green* Tossed Salad w/ Dressing Crackers Cream Pie	Chicken Breast Filet Mashed Potatoes w/ Gravy Steamed Zucchini Sherbet	Philly Steak on Bun French Fries Steamed Peppers & Onions Gelatin Cream*	Chili Tossed Salad w/ Dressing Crackers Cheesecake*



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Sausage* French Toast* Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine	Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine	Sausage & Gravy Cereal of Choice Fresh Fruit* Homestyle Biscuit Coffee Milk of Choice, 8oz Juice of Choice Salt/Pepper	Egg of Choice Breakfast Meat Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine	Sausage Patty Pancakes* Fresh Fruit* Coffee Milk of Choice, 8oz Juice of Choice Syrup	Egg N Cheese Muffin* Cereal of Choice Fresh Fruit* Toast Coffee Milk of Choice, 8oz Juice of Choice Margarine	Cereal of Choice Fresh Fruit* Toast* Coffee Milk of Choice, 8oz Juice of Choice Salt/Pepper
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chicken Oven Fried Mashed Potatoes w/ Gravy California Vegetable Blend Apple Pie	Beef Stroganoff Buttered Noodles Buttered Corn* Brownie*	Ham Glazed Homestyle Au Gratin Potato Glazed Carrots Chocolate Chip Cookie	Chicken and Dumplings Buttered Green Beans Chocolate Cake/Chocolate Icing*	Meatloaf Homestyle Mashed Potatoes w/ Gravy Marinated Vegetable Salad Fruit Crisp	Fish of the Day* Red Skin Potatoes Creamy Cucumbers Dinner Roll Oreo Cake*	Chicken Breast Filet Fluffy Steamed Rice Oriental Vegetables Berry Trifle*
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Shrimp Popecorn Steak Fries Coleslaw Frosted Carrot Cake*	Egg Salad Sandwich* Soup of the Day Ice Cream*	Spaghetti Sauce w/Meat Spaghetti Italian Vegetables Bread Sticks Banana Dessert*	Corn Chowder Tossed Salad w/ Dressing Combread Ambrosia	Turkey Sliced w/ Gravy Stuffing Savory Mixed Vegetables Ice Cream	Hamburger on Bun Potato Salad Lettuce/Tomato/Onion* Vanilla Pudding	Macaroni & Cheese (Entree) Kielbasa* Tossed Salad w/ Dressing Cream Puff*

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<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Turkey Roasted Mashed Potatoes w/ Gravy Green Bean Casserole Pumpkin Pie	Rotini w/ Meat Sauce Italian Green Beans Garlic Bread* Chocolate Pudding w/ Topping	Chicken Breast w/ Broccoli & Cheese* Wild Rice Blend* Gelatin Cream*	Pork Roast* Red Bliss Potatoes Peas & Carrots* Dinner Roll Apple Brown Betty*	Swedish Meatballs w/Gravy Buttered Noodles California Vegetable Blend Red Velvet Cake*	Fish w/ Lemon Pepper Wild Rice Blend Broccoli w/ Cheese Dinner Roll Sherbet	Shrimp Scampi Fettuccini* Italian Vegetables Garlic Bread Mandarin Oranges
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Ham Salad* Soup of the Day Chips Potato Emerald Pears*	Chicken Salad* Potato Leek Soup* Tiramisu*	Sloppy Joe Cottage Cheese, 2 oz* Potato Chips* Bun German Chocolate Bar*	Turkey Chef Salad Vegetable Soup Gelatin	Chicken Grilled w/ Swiss Soup of the Day Crackers Ice Cream*	Ham and Bean Soup Deli Sandwich* Butterscotch Pudding*	Turkey & Provolone Sandwich Soup of the Day Oatmeal Cookie